Egyptian Society Of Pediatric Endocrinology & Diabetes

ESPED

16th International Conference Of Diabetes & Endocrinology In Childhood & Adolescence



Hand In Hand For A Better Future

President of ESPED & Conference
Prof. Mona Salem

Secretary General of ESPED
Prof. Nermine Salah

Conference Secretary General
Prof. Mona Mamdouh Hassan

10 & 11 Aug 2023

InterContinental Cairo Semiramis

@L.HELAL2



This Program is certified with

13.25

TOTAL GRANTED HOURS

Welcome

On behalf of the Egyptian Society of Pediatric Endocrinology and Diabetes [ESPED], we are delighted to announce

The 16th international conference of the society,

Which will be held in Cairo on the 10th and 11th of August 2023.

Again under the uniting and motivating theme

"Hand in Hand for a Better Future",

We invite all colleagues from around Egypt in the field of pediatric diabetes and endocrinology to attend and engage in the interactive sessions of the conference.

We aim at utmost interaction and exchange of expertise and views regarding current and future perspectives of pediatric and adolescent diabetes and endocrinology.

We are looking forward to a fruitful scientific and social interaction that brings together all health care professionals caring for children and adolescents living with diabetes and endocrinal disorders all around our beloved nation.

President of ESPED & Conference
Mona Salem

Vice President of ESPED
Nermine Salah

Conference Secretary General
Mona Mamdouh Hassan

SCIENTIFIC COMMITTEE

(Alphabetical Order):

- Abed Shehata
- Abeer AbdelMaksoud
- Abeer Atef
- Ahmad Elawwa
- Ahmed Arafa
- Aliaa Atteya
- Amany Elhawary
- Amina AbdelWahab
- Amira Abdelmenem
- Ashraf Abdelfadeel
- Ashraf Elsharkawy
- Basant Ahmad
- Basma Abdelmoez
- Dalia Toema
- Doaa Khater
- Faten Emara
- Ghada Anwar
- Hadeel Abuelenein
- Hanaa AbdelLatif
- Hanan Hassan
- Hend Mehawed
- Hesham ElHefnawy
- Hoda Attwa
- Hossam Kamal
- Ihab Abdelhameed
- Iman Munir
- Khaled Elkhashab
- Kotb Abbass
- Lubna Fawaz
- Magdy Omar
- Mahmoud Helaly
- Mamdouh Shaaban
- Mohamed AboKefo
- Mohamed Abuelasrar
- Mona Atteya
- Mona El-Samahy
- Mona Hafez
- Mona Hosny
- Mona Mamdouh
- Mona Rashad
- Mona Salem
- Nancy Elbarbary
- Nanees Salem
- Nermine Abdelmonem
- Nermine Heider
- Nermine Salah
- Nora Badawi
- Nouran Saleh
- Omneya Magdy
- Radwa Shamma
- Randa Matter
- Rasha Tarif
- Remon Magdy
- Safinaz Elhabashy
- Sameh Tawfik
- Sara ElShal
- Shaymaa Elrefaay
- Shaymaa Elsayed
- Shereen Abdelghafaar
- Soha Abdeldayem
- Tarek Farid
- Thanaa Amer
- Wesam Muharam
- Wiam Younis
- Yasmine Abdelaziz
- Yasmine Elhenawy

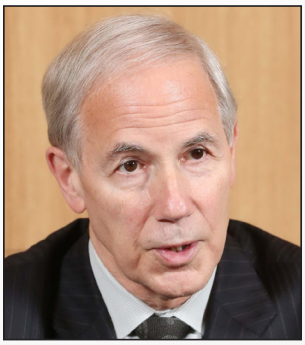
INVITED INTERNATIONAL SPEAKERS
(Alphabetical Order):



Kuben Pillay



Manal El Gamal



Robert Vigersky



Steven Victor Edelman

DAY 1

THURSDAY
10th August 2023



Registration
08:00 -0900 AM

WELCOME AND OPENING

09:00 - 10:00 AM

MONA MAMDOUH - NERMINE SALAH - MONA SALEM

1 SESSION

GROWTH AND GROWTH HORMONE THERAPY (PANEL DISCUSSION)

CHAIRPERSONS

Faten Emara - Magdy Omar - Mahmoud Helaly - Mona Salem

Panel (1)
(Each speaker 12 min each followed by 10 min Q&A)

Moderators of Panel (1)

Mona Atteya - Nermine Salah

10:00 – 11:30	When to refer for GH therapy? *Amany Elhawary*
	How to titrate dose of GH in growth hormone deficiency? *Doaa Khater*
	Safety of GH therapy. *Hossam Kamal*
	Transition to adult GH therapy. *Ahmed Arafa.*

Panel (2)

(Each speaker 12 min each followed by 10 min Q&A)

Moderators of Panel (2)

Basma Abdelmoez - Mona Hafez

11:30 – 12:45	**Constitutional growth delay and Idiopathic short stature need GH therapy?** *Abeer Atef*
	GH therapy in Turner syndrome. *Mona Hosny*
	The appropriate use of bone age for GH therapy. *Tarek Farid.*
12:45- 13:15	**Coffee Break**

2 SESSION — GLUCOSE MONITORING IN DIABETES CARE

(Each speaker 15 min each followed by 5 min Q&A)

Moderators of Panel

Abeer AbdelMaksoud - Ahmad Elawwa

13:15 – 14:35	**Glucose monitoring in diabetes care.** *Ghada Anwar.*
	Introducing the concept of continuous glucose monitoring (CGM). *Khaled Elkhashab.*
	CGM, Evidence for use, Specific features, Appropriate candidates & Misconceptions. *Mohamed Abuelasrar*
	Continous glucose monitoring: from dream to reality *Randa Matter*
14:35 -14:50	**The role of freestyle libre flash and Libre View in Diabetes Care** *Manal ElJamal* Abbott
14:50 – 15:00	**Discussion**

3 SESSION

CASE PRESENTATION

CHAIRPERSONS

Mona El-Samahy - Shaymaa Elrefaaey - Shaymaa Elsayed - Rasha Tarif

(Each 15 min presentation and 5 min discussion)

15:00 - 16:00	**Case 1** *Nouran Saleh*
	Case 2 *Remon Magdy*
	Case 3 *Yasmine Abdelaziz*

4 SESSION

CHAIRPERSONS

Amira Abdelmenem - Hesham ElHefnawy - Iman Munir - Mona Salem - Nancy Elbarbary - Shereen Abdelghafaar

16:00– 16:20	**Updates and the future in insulin therapy** *Dalia Toema* novo nordisk
16:20 – 17:00	**Past Present and Future in Diabetes Management** *Prof. Robert Vigersky (USA)- Medtronic Stuff* Medtronic
17:00 -17:15	**Discussion and Closing** *Mona Salem*
17:15	**Lunch**

DAY 2 **FRIDAY** 11th August, 2023

5 SESSION — QUERIES IN ENDOCRINAL DISORDERS

CHAIRPERSONS

Kotb Abbass - Mamdouh Shaaban - Mohamed AboKefo - Mona Mamdouh

(15 min each followed by 5 min Q&A)

10:00 -11:00	**Practical approach to management of late rickets.** *Ihab Abdelhameed.*
	Management of transient congenital hypothyroidism. *Hend Mehawed.*
	Early puberty in girls. To treat or not to treat? *Radwa Shamma.*

6 SESSION

CHAIRPERSONS

Hanaa AbdelLatif - Nora Badawi - Safinaz Elhabashy - Sameh Tawfik

11:00 – 11:45	***Debate*** **Fluid therapy in DKA: which guidelines to follow?** *Ashraf Abdelfadeel (15 min)* *Hanan Hassan (15 min)*
	Discussion (15 min)

7 SESSION

CASE PRESENTATION

CHAIRPERSONS

Abed Shehata - Hadeel Abuelenein - Nanees Salem - Wesam Muharam

(Each 15 min presentation and 5 min discussion).

11:45 – 12:45	**Case 1** *Basant Ahmad*
	Case 2 *Sara ElShal*
	Case 3 *Aliaa Atteya*
12:45- 13:45	**Coffee Break and Friday Prayers**

8 SESSION

CHAIRPERSONS

Lubna Fawaz - Mona Salem - Wiam Younis

13:45 – 14:15	**Type 2 diabetes in developing countries** *Dr. Kuben Pillay (South Africa)*
	Discussion (10 min)

9 SESSION

OBESITY AND ENDOCRINAL DISORDERS. CAUSE OR EFFECT?

CHAIRPERSONS

Amina AbdelWahab - Mona Mamdouh - Mona Rashad - Soha Abdeldayem

(Each 15 min presentation and 5 min discussion).

14:25 – 15:45	**Thyroid dysfunction with obesity.** *Omneya Magdy.*
	Obesity with congenital adrenal hyperplasia. *Nermine Abdelmonem*
	Obesity in type 1 diabetes. *Ashraf Elsharkawy.*
	Obesity and insulin resistance. *Yasmine Elhenawy.*
15:45 –16:00	**Management of exogenous obesity in adolescents.** *Mona Mamdouh.* novo nordisk

10 SESSION

DIABETES CARE IN ADOLESCENTS

CHAIRPERSONS

Hoda Attwa - Nermine Heidar - Mona Salem - Thanaa Amer

16:00 - 16:30	**Optimizing diabetes care in adolescents and establishing transition to adult care.** *Prof. Steven Victor Edelman (USA)* sanofi
16:30	**Discussion and Closing**

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Note



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HEADQUARTER

CAIRO: 62 MAKRAM EBEID ST., 6TH ZONE, NASR CITY, 4TH & 5TH FLOOR

(+20) 226718421 - 226721944 INFO@EGYPURE.ORG

ALEXANDRIA LUXOR DELTA ASYUT DUBAI

IAPCO ACCREDITED

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19 YEARS OF EXCELLENCE

PROJECT MANAGER MS. WESSAM HATEM 01009110644 WESAM.HATEM@EGYPURE.ORG