18th International Conference Of
Diabetes And Endocrinology In Childhood And Adolescence

31 July - 1 Aug 2025- Semiramis Intercontinental, Cairo - Egypt

Organized By

The Egyptian Society Of Pediatric Endocrinology And Diabetes

ESPED

HAND IN HAND FOR A BETTER FUTURE



ESPED And Conference President

Mona Salem

ESPED General Secretary

Nermin Salah

Conference General Secretary

Mona Mamdouh Hassan

Day 1

31st July 2025



09:00 – 09:30 AM **Registration**

09:30 – 10:00 AM **Welcome**
Mona Mamdouh
Nermine Salah
Mona Salem

Neonatal Endocrinology

10:00 – 11:15

Chairpersons **Ahmed El Awwa**, **Amira Idris**, **Hesham Awad**, **Nadia Badrawi**, **Nermine Salah**, **Sameh Tawfik**

Session 1

10:00 – 10:15	**Persistent hypoglycemia in a full term newborn** **Remon Magdy**
10:15 – 10:20	**Discussion**
10:20 – 10:35	**Neonatal thyroid dysfunction - (One train may hide another)** **Shaymaa Raafat**
10:35 – 10:40	**Discussion**
10:40 – 10:50	**Transient neonatal diabetes** **Ali Reyad**
10:50 – 11:00	**Neonatal diabetes associated with brain ischemia** **Hadeer Abdelhamied**
11:00 – 11:05	**Discussion**
11:05 – 11:15	**Q and A**

Day 1

31st July 2025



Session 2

11:15 - 12:00

Chairpersons **Amina AbdelWahab** **Ashraf Elsharkawy**
Ghada Anwar **Hadeel Abuelenein**
Mahmoud El-Helaly **Magdy Omar**

11:15 – 11:30	**The multidisciplinary approach for Prader-Willi Syndrome (PWS)** **Yomna Ahmed**
11:30 - 11:45	**Advocacy from the mother of a child with PWS** **Walaa Mohamed Abdelhameed**
11:45 – 12:00	**Discussion** —

Day 1

31st July 2025



Session 3

Transition in Type 1 Diabetes (NovoNordisk Symposium)

12:00 PM - 01:00 PM

novo nordisk®

Moderator: **Ibrahim El Ibrashy**

Chairpersons **Mona Attia** **Mona Elsamahy**

12:00 - 12:15	**Adolescent Diabetes: Challenges and Barriers** **Mona Salem**
12:15 - 12:30	**Resources and tools for effective transition** **Mona Mamdouh**
12:30 - 12:45	**Shedding the light on the ideal insulin regimen for adolescents with T1D** **Mohamed Halawa**
12:45 - 01:00	**Discussion** —

01:00 - 01:30 **Coffee Break**

Session 4

Sanofi Symposium

sanofi

01:30 PM - 02:30 PM

Chairpersons & Panelists

Doaa Khater **Mona Salem**

Mona Mamdouh

01:30 - 01:50	**Navigating basal insulins: Differences that matter in T1D clinical practice** **Doaa Khater**
01:50 - 02:20	**Panel Discussion**
02:20 - 02:30	**Q and A** —

Day 1

31st July 2025



Session 5

Continuous Blood Glucose Monitoring

02:30 PM- 03:15 PM

Chairpersons

Abed Shehata | **Hossam Kadry**
Iman Munir | **Mohamed Abukefo**
Nermine Haider | **Shereen Abdelghafar**

02:30 - 02:50	**What's new in continuous blood glucose monitoring (Abbott Symposium)** **Mona Salem**
02:50 - 03:05	**The use of Freestyle Libre in type 1 diabetes: Ain Shams diabetes clinic experience** **Randa Matter**
03:05 - 03:15	**Discussion** —

Session 6

Chairpersons

03:15 PM – 04:45 PM

Basma Abdelmoez | **Hend Mehawed**
Hoda Attwa | **Nanees Salem**
Shaymaa Elrifaey | **Tarek Farid**

03:15 - 04:15	**Biosimilar recombinant growth hormone therapy in children (Panel Discussion)** **Sandoz Symposium** SANDOZ
Moderator	**Mona Salem** **Ahamed Arafa**	**Shaymaa Elsayed** **Wessam Moharam**
04:15 - 04:30	**Growth hormone treatment in Noonan Syndrome: Special considerations (Novo Nordisk Symposium)** **Rasha Tarif** novo nordisk®
04:30 - 04:45	**Open Discussion & Closing**
04:45	**Lunch & end of the day**

Day 2

1 Aug 2025



10:00 - 10:10 AM Opening 2nd day

Session 7

Adrenal Tumors

10:10 AM – 11:30 AM

Chairpersons: **Amany Elhawary**, **Ashgan Elghobashy**, **Heba Elsedfy**, **Mona Hosny**, **Soha Abdeldayem**

10:10 – 10:25	**Case 1** **Radwa Shamma**
10:25 – 10:40	**Case 2** **Shahenda Shaaban**
10:40 – 10:55	**Case 3** **Marina Adel**
10:55 – 11:10	**Case 4** **Rasha Wafik**
11:10 – 11:30	**Discussion** —

Session 8

Growth Disorders and Obesity - Rare Presentations

11:30 AM – 12:30 PM

Chairpersons: **Hossam Kamal**, **Marwa Farouk**, **Mohamed Abuelasrar**, **Mona Karem**, **Omneya Magdy**, **Thanaa Amer**

11:30 – 11:45	**Case 1** **Yasmin Ashraf**
11:45 – 12:00	**Case 2** **Kholoud Salem**
12:00 – 12:15	**Case 3** **Mai Alattar**
12:15 – 12:30	**Discussion** —

Day 2

1 Aug 2025



12:30- 1:45 **Coffee Break & Friday Prayers**

Session 9

01:45 PM – 02:15 PM

Chairpersons **Mohamed Elsawy** **Mona Rashad**
Solaf Mohamed

1:45 – 2:05 **Diagnosis and treatment of Hypophosphatasia**
Nermine Amr
AstraZeneca Symposium

2:05 – 2:15 **Discussion**

Session 10

02:15 PM – 03:40 PM

Chairpersons **Ashraf Makram** **Mamdouh Shaaban**
Ragaa Abdelshaheed **Safinaz Elhabashy**
Tamer Selim **Wiam Younis**

02:15 – 02:35 **Tailoring insulin therapy for type 1 diabetes (EVA Pharma Symposium)**
Mona Mamdouh

02:35 – 02:45 **Discussion**

02:45 – 03:15 **SMART MDI System, from practice to clinical evidence (Medconsult Symposium)**
Yasmine Elhenawy - Nouran Yousef (15 Min)
Esraa Sleem (15 Min)

03:15 – 03:20 **Discussion**

03:20 – 03:35 **Reset. Reshape. Reduce: The Liraglutide 3.0 mg Strategy for Obese Youth (Novo Nordisk Symposium)**
Nancy Elbarbary

03:35 – 03:40 **Discussion**

03:40 – 03:50 **Recommendations & Closing**
03:50 PM **Lunch & End**

Thanks to Our Sponsors

Platinum Sponsor

sanofi

Gold Sponsors

novo nordisk®

Abbott
life. to the fullest.®

SANDOZ

Silver Sponsors

Med Consult Egypt
For Medical Services

EVA PHARMA
ENRICHING YOUR HEALTH

Bronze Sponsor

AstraZeneca

Success Partners

SEDICO
Pharmaceuticals

ELHODA
TRADE & SUPPLIES
CareSens

معامل البرج
البرج سكان

TownLab

Lifescan
ONETOUCH



PROJECT MANAGER

MS. WESSAM HATEM

01004110644 WESAM.HATEM@PURESPOT.ORG

HEADQUARTER: 62 MAKRAM EBEID ST., 6TH ZONE, NASR CITY, 4TH & 5TH FLOOR.

CAIRO ALEXANDRIA LUXOR DELTA ASYUT DUBAI

FOLLOW US

20 YEARS

PURE SPOT

www.purespot.org