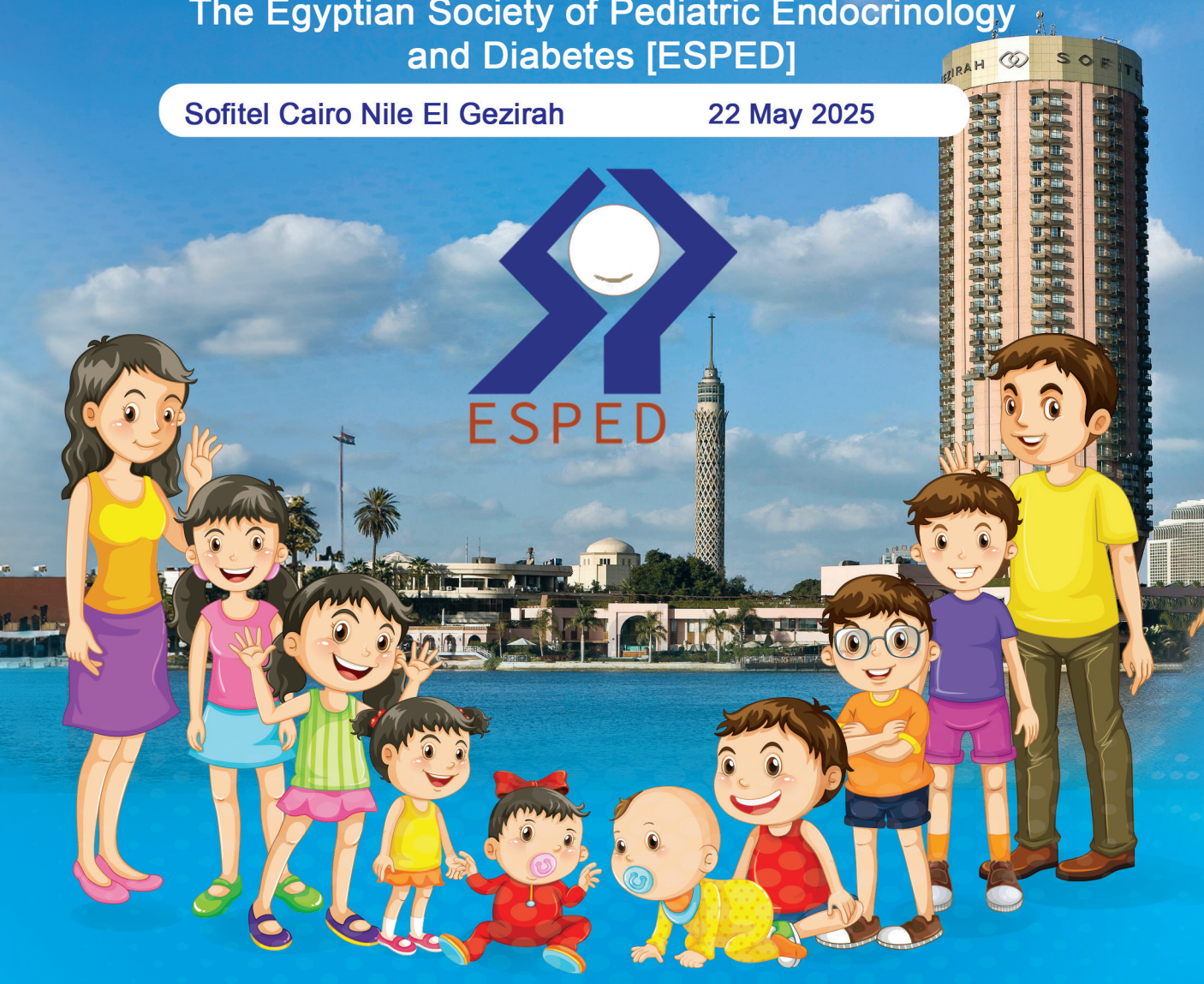
MANAGEMENT OF PUBERTY

CHALLENGES AND CONTROVERSIES.

The Egyptian Society of Pediatric Endocrinology and Diabetes [ESPED]

Sofitel Cairo Nile El Gezirah 22 May 2025



ESPED President

Prof. Mona Salem

ESPED General Secretary

Prof. Nermin Salah

Workshop Moderator

Prof. Mona Mamdouh

PURE SPOT EVENTS MANAGEMENT

Workshop **Thursday – May 22, 2025**

8:30 – 9:30	REGISTRATION
9:30 – 10:00	WELCOME AND OPENING

SESSION 1

10:00 10:55

Management of Pubertal Disorders (1)

CHAIRPERSONS: *Alphabetically*

Basma Abdelmoez - Doaa Khater
Heba Elsedfy - Mahmoud El-Helaly
Mona Atteya - Soha Abdeldayem

10:00 – 10:20	***Premature adrenarche: a common condition with variable presentations*** *Ihab Abdelhamid*
10:20 - 10:50	***Role of radiology in diagnosis and decision making in pubertal disorders*** *Mona Rashad - Shorok Mohamed*
10:50 - 10:55	*Q&A*

SESSION 1

11:00 12:25

Management of Pubertal Disorders (2)

CHAIRPERSONS: *Alphabetically*

Ahmad Arafa - Ghada Anwar - Hadeel Abuelenein
Mona Hafez - Nermine Salah - Rasha Tarif - Sameh Tawfik

11:00 – 11:30	***All about the use of LHRH analogue in pubertal disorders*** *Mona Salem*
11:30 – 11:50	***Role of aromatase inhibitors in cases with accelerated puberty and advanced bone age*** *Hossam Kamal*
11:50 – 12:10	***Hypogonadism during the transition period to adult care*** *Hanaa AbdelLatif*
12:10 – 12:25	*Discussion*

SESSION II

12:3 1:20 — *The effect of Nutrition and Endocrine disruptors on puberty*

CHAIRPERSONS: *Alphabetically*
Amina Abdelwahab - Randa Mattar - Hoda Attwa
Shereen Abdelghafar - Tamer Selim - Wessam Muharam

12:30 – 12:50	*The role of micronutrients and diets in pubertal timing: precocious,normal and delayed pubberty* *Omneya Magdy*
12:50 – 1:10	*Impact of endocrine disruptors on puberty* *Amany Elhawary*
1:10 – 1:20	*Q&A*

30 MIN
COFFEE BREAK

SESSION III

1:50 3:00 — *Relation of puberty to diabetes and common endocrine disorders*

CHAIRPERSONS: *Alphabetically*
Hend Mehawed - Mohammed Abukefo
Mona Karem - Nanees Salem - Nermine Amr
Rasha Wafik - Shaimaa El Sayed- Tarek Farid

1:50 – 2:05	*Diabetes and puberty interrelation* *Ashraf Elsharkawy*
2:05 – 2:20	*Thyroid disorders and puberty* *Samah Ahmad*
2:20 – 2:35	*Unexpected association in a girl with delayed puberty* *Mona Hosny*
2:35 – 2:50	*DSD presenting with puberty disorder* *Engy Nasr*
2:50 – 3:00	*Discussion*

SESSION III

3:00 3:30 — *Moderated Q&A with Discussion*

3:00 – 3:30	*Moderated Q&A with Discussion* *Mona Salem, Nermine Salah*
3:30 – 3:35	*Recommendations and closing*
03:35	*Coffee break & End of the day*



PROJECT MANAGER

MS. WESSAM HATEM

01009110644 WESAM.HATEM@PURESPOT.ORG

HEADQUARTER: 62 MAKRAM EBEID ST., 6TH ZONE, NASR CITY, 4TH & 5TH FLOOR.

CAIRO ALEXANDRIA LUXOR DELTA ASYUT DUBAI

ICCA member

IAPCO ACCREDITED

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