19TH International Conference of Diabetes and Endocrinology in Childhood and Adolescence

Hand In Hand For A Better Future

25-26 June 2026

Sofitel Cairo Downtown Nile Egypt

ESPED



Organized by

The Egyptian Society of Pediatric Endocrinology and Diabetes [ESPED]

ESPED and Conference President
Mona Salem

ESPED Secretary General
Nermine Salah

Conference General Secretary
Mona Mamdouh Hassan

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Welcome

Dear Colleagues and Honored Guests

We are delighted to welcome you to the **19th Annual Conference of the Egyptian Society for Pediatric Endocrinology and Diabetes (ESPED)**. As we gather again this year under the unifying theme "Hand in Hand for a Better Future" to share clinical expertise, therapeutic advancements, and emerging technological tools in pediatric endocrinology, our shared mission remains steadfast: optimizing the lives of children and adolescents living with diabetes and endocrine disorders.

While available therapeutics are currently more advanced, we continue to face a critical, entirely preventable challenge in our field: Diabetic Ketoacidosis (DKA). DKA remains a leading cause of pediatric diabetes hospitalizations, morbidity, and healthcare strain. Together we need to change this narrative.

During this year's meeting, we are officially calling upon all attendees, partner organizations, and healthcare institutions to unite in a dedicated campaign to prevent diabetic ketoacidosis.

Let us use this conference as a catalyst for community outreach and clinical excellence. Together, we can equip families and frontline providers with the knowledge to eliminate preventable DKA cases.

Thank you for your dedication, your expertise, and your commitment to the health of our patients all around our beloved Egypt.

We wish you all an inspiring and collaborative conference.

President of ESPED & Conference

Mona Salem

Mona Salem

Conference General Secretary

Mona Mamdouh Hassan

Mona Mamdouh

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Day 1: 25th June 2026

09:00 - 09:30 AM	**Registration**
09:30 - 10:00 AM	**Welcome** Prof. Mona Mamdouh Prof. Nermine Salah Prof. Mona Salem – Prof. Ahmed Elsaeed Younis

10:00 - 11:00 AM	**Session 1**

Chairpersons:

Prof. Heba Elsedfy,

Prof. Mohamed Elsawy

Prof. Mona Hafez

Prof. Nermine Salah

Prof. Sameh Tawfik

10:00 – 10:20 AM	**Do all thyroid nodules need surgeon?** Prof. Hossam Ghazi
10:20 – 10:25 AM	**Discussion**
10:25 – 10:55 AM	**Corticotropin-Releasing Factor 1 (CRF-1) receptor antagonists: A new era in Congenital Adrenal Hyperplasia management** Prof. Ahmed Khattab
10:55 – 11:00 AM	**Discussion**

11:00 - 11:55 AM	Session 2

Chairpersons:

Prof. Hanan Fathy

Prof. Mahmoud Elhelaly

Prof. Mohamed Genena

Prof. Mostafa AlHodhod

Prof. Olfat Fawzy

11:00 – 11:20 AM	**Functional Dyspepsia: The Forgotten** Prof. Hatem Hussein
11:20 – 11:40 AM	**Constipation in children with diabetes…Too much pee and Too little poo.** Dr. Abeer Hussein
11:40 – 11:55 AM	**Discussion**

11:55 - 12:55 PM	Session 3

Chairpersons:

Prof. Amira Abdelmenem

Prof. Hossam Kamal

Prof. Mohamed Abuelasrar

Moderator:

Prof. Mona Salem

11:55 – 12:25 PM	**First vs Second Generation Basal Insulins: An Evidence-Based Debate.** Prof. Mohamed Abuelasrar *(15 min)* Prof. Nancy Elbarbary *(15 min)*
12:25 – 12:45 PM	**Use of insulin from school age to adolescence: Challenges on the ground.** Prof. Hossam Kamal
12:45 – 12:55 AM	**Discussion**

12:55 - 01:20 PM

Coffee Break



01:20 - 02:10 PM	Session 4

Chairpersons:

Prof. Eman Mounir

Dr. Hossam Kadry

Dr. Mohamed Abu Kefo

Dr. Nermine Haider

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01:20 - 01:50 PM	**Mastering Insulin: From Prescription to Precision (Panel discussion)** Prof. Abeer Abdel Maksoud Prof. Nouran Youssef Prof. Soha Abdeldayem
01:50 - 02:05 PM	**Frequently asked questions with Semaglutide 2.4mg** Prof. Mona Salem
02:05 - 02:10 PM	**Discussion**

02:10 - 02:50 PM	Session 5

Chairpersons:

Prof. Amina Abdewahab

Prof. Hanaa Abdel-Latif

Prof. Mona Attia

Prof. Safinaz Elhabashy

02:10 - 02:25 PM	**Dyslipidemia in Pediatric Diabetes: Common Pitfalls Pitfalls and Clinical Pearls** Prof. Hend Mehawed
02:25 - 02:40 PM	**PCO beyond the ovaries** A.Prof. Mona Karem
02:40 - 02:50 PM	**Discussion**

02:50 - 03:50 PM	Session 6	Cases presentation and discussion

Chairpersons:

Prof. Ashgan Elghobashy

Prof. Marwa Farouk

Prof. Noha Musa

Prof. Tarek Farid

02:50 - 03:05 PM	**A.Prof. Remon Magdy**
03:05 - 03:20 PM	**Dr. Nada Gamal**
03:20 - 03:35 PM	**Dr. Hadeer Helmy**
03:35 - 03:50 PM	Discussion

03:50 - 04:30 PM	Session 7

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Chairpersons:

Prof. Dalia Toema

Prof. Shereen Abdelghafaar

Prof. Thanaa Amer

Dr. Taghreed Elwakeel

A.Prof. Shimaa Elrifaey

03:50 - 04:05 PM	**Real time glucose monitoring for better decision making.** Prof. Mona Salem
04:05 - 04:10 PM	**Discussion**
04:10 - 04:25 PM	**Innovation in dual continuous monitoring of glucose and ketones.** Dr. Manal El-JAMMAL (Regional Medical Director, Great Region).
04:25 - 04:30 PM	**Discussion**
04:30 - 04:50 PM	**Open discussion and Closing**

04:50 Lunch

Day 2: 26th June 2026

09:30 - 10:00 AM	**Registration**
10:00 - 11:30 AM	**Session 1** **Prevention of DKA: Call for an ESPED Campaign (Panel)**

Moderators:

Prof. Basma Abdelmoez,

Prof. Mona Mamdouh

10:00 - 10:15 AM	**Prof. Ghada Anwar**
10:15 - 10:30 AM	**Prof. Hanan Hassan**
10:30 - 10:45 AM	**Prof. Randa Matter**
10:45 - 11:00 AM	**Dr. Rasha Wafik**
11:00 - 11:15 AM	**Dr. Tamer Selim**
11:15 - 11:30 AM	Discussion

11:30 - 12:20 PM	Session 2

Chairpersons:

Dr. Abed Shehata

Prof. Ehsan Wafa Mowafy

Prof. Mamdouh Shaaban

A.Prof. Samar Farid

11:30 - 11:55 AM	**The Future is Closer Than Ever from Today's Innovations to Tomorrow's Minimed Solutions** Prof. Yasmine El Henawy Med Consult Egypt For Medical Services
11:55 - 12:00 PM	Discussion
12:00 - 12:15 AM	**From Innovation to Accessibility: Biosimilar Long-acting Insulin in Type 1 Diabetes** Prof. Amany Elhawary EVA PHARMA
12:15 - 12:20 AM	Discussion

12:30 - 01:30 PM

Gomaa Prayer & Coffee Break



01:30 - 03:00 PM	Session 3

Chairpersons:

Dr. Ashraf Makram

Prof. Basma Abdelmoez

Prof. Hadeel Abuelenein

Prof. Hoda Attwa

Moderator:

Prof. Mona Salem

01:30 - 01:45 PM	**Navigation of GH therapy Beyond GH deficiency** A.Prof Shaymaa Elsayed novo nordisk®
01:45 - 01:50 PM	**Discussion**
01:50 - 02:05 PM	**Rational, Effectiveness and Safety of the Biosimilar Growth Hormone** Prof. Mona Mamdouh SANDOZ
02:05 - 02:20 PM	**Unlocking Growth Hormone Secrets** Prof. Wessam Moharam SANDOZ
02:20 - 02:25 PM	**Discussion**
02:25 - 02:40 PM	**Approach to the child with short stature with poor response to growth hormone therapy** Prof. Ihab Abdelhameed
02:40 - 02:55 PM	**Kidney-endocrine interplay** Prof. Ashraf Elsharkawy
02:55 - 03:00 PM	**Discussion**

03:00 - 04:15 PM	**Session 4** **Cases presentation and discussion**

Chairpersons:

A.Prof. Ahmad Arafa

Prof. Galila Mokhtar

Prof. Nanees AbdelBadie

Prof. Mona Mamdouh

03:00 - 03:15 PM	Case 1: **Dr. Mona Hosny**
03:15 - 03:30 PM	Case 2: **A.Prof. Shaymaa Raafat**
03:30 - 03:45 PM	Case 3: **A.Prof. Zeinab Sbri**
03:45 - 04:00 PM	Discussion
04:00 -04:15 PM	Final Recommendations and Closing

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