ANNUAL CONFERENCE OF

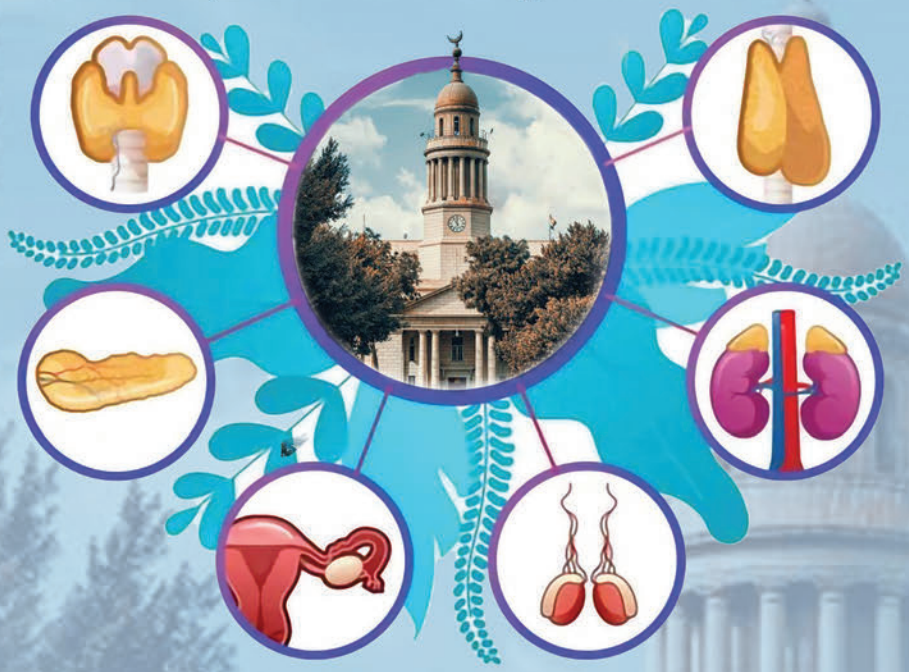
DIABETES, ENDOCRINOLOGY, METABOLISM & CLINICAL NUTRITION

EndoDia Kasr 2025

(Second Restart)

Internal Medicine Department
Faculty of Medicine, Cairo University

18-19 June , 2025 Kasr Al-ainy, Main Conference Hall



Under The Patronage of

Prof. Dr. MOHAMED SAMY ABDELSADEK
President of Cairo University

Prof.Dr. HUSAM SALAH MOURAD
Dean of Kasr Al-ainy Faculty of Medicine, Cairo University

Prof.Dr. Amany Abdelmaqsod Sholkamy
Head Of Internal Medicine Department

Conference President

Prof.Dr. Sahar AlWakil
Professor of Internal Medicine, Head of Diabetes Endocrinology, Metabolism & Clinical Nutrition Speciality

WELCOME MESSAGE:

Dear Esteemed Guests and Colleagues,
On behalf of the organizing committee, it is with great pleasure and enthusiasm that we welcome you to the *Second Annual Conference of Diabetes, Endocrinology, Metabolism and Clinical Nutrition* **'EndoDia Kasr 2025'.**
This year's theme *(Evidence-Based Practice in Diabetes and Endocrinology)*, reflects our commitment to advancing knowledge, fostering innovation, promoting evidence-based practice, and improving patient outcomes in the ever-evolving field of Diabetes and Endocrinology.

This conference serves as a pivotal platform for distinguished endocrinologists and pioneering researchers to converge, exchange knowledge, and illuminate the latest scientific advances and best clinical practices transforming our field.The program has been meticulously curated to deliver high impact scientific sessions, cutting-edge research presentations, symposia and workshops that provide enriching opportunities for learning, and professional development. We sincerely thank all the speakers, organizing committee, sponsors, members and delegates for their invaluable contribution and participation. We look forward to an enriching, inspiring and a productive memorable experience.



WITH SINCERE APPRECIATION

CONFERENCE PRESIDENT

PROF. SAHAR ALWAKIL

HEAD OF DIABETES, ENDOCRINOLOGY, METABOLISM AND CLINICAL NUTRITION SPECIALITY

Registration
(08.30 – 10.00 AM)

Session 1 (09.30 – 10.30 AM)

TYPE 1 DIABETES: WHAT CHALLENGES ARE WE FACING?

Chairpersons *(in alphabetical order)*

Prof. **Ebtissam Zakaria**
Prof. **Heba Sherif Kareem**
Prof. **Ibrahim Elebrashy**
Prof. **Khadiga Alashmawy**
Prof. **Mona Radwan**

Moderator:

Prof. **Heba Sherif Kareem**
Professor of Internal Medicine, Diabetes and Endocrinology – Cairo University

Tech.-Driven Diabetes Care: CGM and Insulin Pumps in Focus
Dr. **Salma Mohamed** (09.30 – 09.45 AM)
Lecturer of Internal Medicine, Diabetes and Endocrinology – Cairo University

The Fragile Balance: Exploring Brittle Diabetes
Dr. **Noha Tarek** (09.45 – 10.00 AM)
Lecturer of Internal Medicine, Diabetes and Endocrinology – Cairo University

The New Face of Type 1 Diabetes (Confronting Obesity with T1DM)
Dr. **Dina Farouk** (10.00 – 10.15 AM)
Lecturer of Internal Medicine, Diabetes and Endocrinology – Cairo University

Discussion
(10.15 – 10.30 AM)

Opening Ceremony (10.30 – 11.00 AM)

Chairpersons *(in alphabetical order)*

***Prof.* Amany Abdelmaqsod Sholkamy**
***Prof.* Rawya Khater**
***Prof.* Sahar Alwakil**

Session 2 (11.00 AM – 12.00 PM)

Diabetes Unboxed: From Early Risk to Endocrine Roots

Chairpersons *(in alphabetical order)*

***Prof.* Aasem Saif**
***Prof.* Hala Ali Gamal Eldin**
***Prof.* Amr ElMeligi**
***Prof.* Inass Shaltout**

Moderator:

***Prof.* Nehal Hamdy**
Professor of Internal Medicine, Diabetes and Endocrinology – Cairo University

Phenotypes of Prediabetes
***Prof.* Inass Shaltout** (11.00 – 11.15 AM)
Professor of Internal Medicine, Diabetes and Endocrinology – Cairo University

Secondary Diabetes in Endocrine Disorders
***Prof.* Amr ElMeligi** (11.15 – 11.30 AM)
Professor of Internal Medicine, Diabetes and Endocrinology – Cairo University

C-Peptide Significance in Clinical Practice
***Prof.* Maha Assem** (11.30 – 11.45 AM)
Professor of Internal Medicine, Diabetes and Endocrinology – Cairo University

Discussion
(11.45 AM – 12.00 PM)

Session 3 (12.00 – 01.00 PM)

Endocrine Journey: From Here and There

Chairpersons *(in alphabetical order)*

Prof. **Hebatallah Moustafa**
Prof. **Hemmat Elhaddad**
Prof. **Hesham Magdeldin**
Prof. **Roqaya Abdelaziz**

Moderator:

Prof. **Naglaa Elsayed**
Professor of Internal Medicine, Diabetes and Endocrinology – Cairo University

Dyslipidemia in Special Populations: Elderly, Women and Youth
Prof. **Mary Nabil** (12.00 – 12.15 PM)
Professor of Internal Medicine, Diabetes and Endocrinology – Cairo University

Prolactinoma Unplugged: From Symptoms to Solutions
Prof. **Salah Elhalawany** (12.15 – 12.30 PM)
Professor of Diabetes and Endocrinology Ain Shams University

A Story of Twisted Clocks (Metabolic Consequences)
Prof. **Naglaa Elsayed** (12.30 – 12.45 PM)
Professor of Internal Medicine, Diabetes and Endocrinology – Cairo University

Break

(12.45 – 01.00 PM)



Session 4 (01.00 – 02.15 PM)

Crossing Boundaries in Thyroid Care: Interdisciplinary Approach

Chairpersons *(in alphabetical order)*

Prof. **Ahmed Kandil**
Prof. **Hala Naguib Hosni**
Prof. **Mona Mansour**
Prof. **Nehal Hamdy**
Prof. **Soad Sultan**
Prof. **Ula Algarhi**

Moderator:

Prof. **Ula Algarhi**
Professor of Internal Medicine, Diabetes and Endocrinology – Cairo University

A Diagnostic Approach to Thyroid Nodules: The Role of Ultrasound and FNA
Dr. **Salma Mohamed** (01.00 – 01.15 PM)
Lecturer of Internal Medicine, Diabetes and Endocrinology – Cairo University

Thyroid FNAC, the Dilemma of Bethesda System indeterminate Categories
Prof. **Samar Elsheikh** (01.15 – 01.30 PM)
Professor of Anatomic Pathology Cairo University

Management of Thyrotoxicosis: An Update
Dr. **Fady Nagy** (01.30 – 01.45 Pm)
Lecturer of Internal Medicine, Diabetes and Endocrinology – Cairo University

Beyond the Dose of RAI Therapy: What Every Clinician Should Know?
Prof. **Alshaymaa Hussein** (01.45 – 02.00 Pm)
Professor of Nuclear Medicine – Cairo University

Biofactor Marcyrl Symposium (02.00 – 02.15 Pm)
Diglifloz .., Meet the Future today Beyond Numbers
Dr. **salma Mohamed**

Session 5 (02.15 – 03.30 PM)

Clinical Pearls

Chairpersons *(in alphabetical order)*

Prof. **Hazem Abdelbadiea** *Prof.* **Heba Morad** *Prof.* **Nashwa Ghanem**

Prof. **Randa Fayez** *Prof.* **Shrook Moussa**

Moderator:

Prof. **Heba Morad** *Professor of Internal Medicine, Diabetes and Endocrinology – Cairo University*

Disorders of Sex Development: A Diagnostic Challenge

Dr. **Tasneem Halaby** (02.15 – 02.30 PM)

Lecturer of Internal Medicine, Diabetes and Endocrinology – Cairo University

Dr. **Bassant Said**

Assistant Lecturer of Internal Medicine, Diabetes and Endocrinology – Cairo University

Think Outside the Gland: Rare Cushing Stories

Dr. **Mirette Makram** (02.30 – 02.45 PM)

Assistant Lecturer of Internal Medicine, Diabetes and Endocrinology – Cairo University

A Complicated Pheochromocytoma Case

Dr. **Nahla Radwan** (02.45 – 03.00 PM)

Lecturer of Diabetes and Endocrinology – Menoufia University

Recurrent Pituitary Cushing

Dr. **Mona Khozam** (03.00 – 03.15 PM)

Lecturer of Internal Medicine, Diabetes and Endocrinology – Cairo University

Management of Brain Sellar & Suprasellar Tumors: Neurosurgeon Perspective

Dr. **Ahmed Adel Ezzat** (03.15 – 03.30 PM)

Lecturer of Neurosurgery – Cairo University

Closure and Lunch (03.30 – 04.00 Pm)

Session 1 (09.30 – 10.30 AM)

Modern Horizons in Endocrinology: Technology, Toxins and Tension

Chairpersons *(in alphabetical order)*

Prof. **Hoda Elrawy**
Prof. **Maha Assem**
Prof. **Shrook Moussa**
Prof. **Rasha Abdella**
Prof. **Meram Bekhet**

Moderator:

Prof. **Hoda Elrawy**
Professor of Internal Medicine, Diabetes and Endocrinology – Cairo University

Artificial Intelligence: From Predictive Algorithms to Clinical Decision

Prof. **Elham Youssef** (09.30 – 09.45 AM)
Assistant Professor of Internal Medicine, Diabetes and Endocrinology – Cairo University

Impact of Endocrine Disruptors on Human Health

Prof. **Meram Bekhet** (09.45 – 10.00 AM)
Professor of Diabetes and Endocrinology, Armed Forces Medical College

Stress and Hormonal Imbalance

Dr. **Shaimaa Fathy** (10.00 – 10.15 AM)
Lecturer of Internal Medicine, Diabetes and Endocrinology – Cairo University

Discussion
(10.15 – 10.30 AM)

Session 2 (10.30 – 11.30 AM)

Navigating Diabetic Complications

Chairpersons *(in alphabetical order)*

Prof. **Adel Hassanein**
Prof. **Hend Elsheimy**
Prof. **Noha Taha**
Prof. **Shereen Alsawy**

Moderator:

Prof. **Randa Fayez**
Professor of Internal Medicine, Diabetes and Endocrinology – Cairo University

Diabetic Kidney Disease: Prevention Is Always Better Than Cure
Dr. **Eslam Abu-Naeima** (10.30 – 10.45 AM)
Lecturer of Internal Medicine and Nephrology – Cairo University

'From Risk to Recovery' Managing the Diabetic Foot
Prof. **Ahmed Sayed** (10.45 – 11.00 AM)
Professor of Vascular Surgery – Cairo University

Diabetic Neuropathy: Diagnosis and Treatment
Prof. **Rania Shehata** (11.00 – 11.15 AM)
Professor of Neurology – Cairo University

Discussion
(11.15 – 11.30 AM)

Session 3 (11.30 AM – 12.30 PM)

Between Highs and Lows: Curious Cases in Parathyroid Disorders

Chairpersons *(in alphabetical order)*

Prof. **Ahmed Rabie**
Prof. **Elham Youssef**
Prof. **Hatem Saeed**
Prof. **Noha Adly**

Moderator:

Prof. **Nashwa Ghanem**
Professor of Internal Medicine, Diabetes and Endocrinology – Cairo University

When Doubt Delays the Cure: A Patient's Dilemma in Primary Hyperparathyroidism

Dr. **Amira Nashat** (11.30 AM – 11.45 PM)
Lecturer of Internal Medicine, Diabetes and Endocrinology – Cairo University

Familial Hypoparathyroidism: Case Study and Review

Dr. **Heba Habib** (11.45 AM – 12.00 PM)
Lecturer of Internal Medicine, Diabetes and Endocrinology – Cairo University

Dr. **Engy Barakat**
Assistant Lecturer of Internal Medicine, Diabetes and Endocrinology – Cairo University

'Eyeing the Parathyroids': A Case of Hypoparathyroidism with Ocular Manifestations

Dr. **Menna Mostafa** (12.00 – 12.15 PM)
Assistant Lecturer of Internal Medicine, Diabetes and Endocrinology – Cairo University

Dr. **Shaimaa Fathy**
Lecturer of Internal Medicine, Diabetes and Endocrinology – Cairo University

Prof. **Mariam Raouf Fadel**
Professor of Ophthalmology – Cairo University

Break

(12.15 – 12.30 PM)



Session 4 (12.30 – 01.30 PM)

Nutrition Myths Busted

Chairpersons *(in alphabetical order)*

Prof. **Ahmed Haroun**
Prof. **Jehan Elkholy**
Prof. **Maha Youssef**
Prof. **Sahar Alwakil**
Prof. **Yasmine Abdelfattah**

Moderator:

Prof. **Sahar Alwakil**
Professor of Internal Medicine, Diabetes, Endocrinology and Clinical Nutrition – Cairo University

Vitamin D Status Assessment and Supplementation: Whys, Whens and Hows

Prof. **Sahar Alwakil** (12.30 – 12.45 PM)
Professor of Internal Medicine, Diabetes, Endocrinology and Clinical Nutrition – Cairo University

Dietary Supplements: To Supplement or not To Supplement

Dr. **Mohamed Magdy** (12.45 – 01.00 PM)
Lecturer of Internal Medicine, Diabetes , Endocrinology and Clinical Nutrition – Cairo University

The Optimum BMI: Does it Exist?

Prof. **Dina Soliman** (01.00 – 01.15 PM)
Professor of Anesthesiology and Clinical Nutrition – Cairo University

Pharco Symposium

(01.15 – 01.30 PM) PHARCO CHRONIC SPECIALITY CARE

Session 5 (01.30 – 03.00 PM)

Evidence Based Practice: Clinical Algorithms in Action

Chairpersons *(in alphabetical order)*

Prof. **Ahmed Haroun**
Prof. **Nashwa Ghanem**
Prof. **Naglaa Elsayed**
Prof. **Ula Algarhi**

Moderator:

Prof. **Ahmed Haroun**
Assistant Professor of Internal Medicine, Diabetes and Endocrinology – Cairo University

Diagnostic Approach for Primary Aldosteronism
Prof. **Ahmed Haroun** (01.30 – 01.45 PM)
Assistant Professor of Internal Medicine, Diabetes and Endocrinology – Cairo University

Clinical Approach to Hypoglycemia in Nondiabetic Patients
Dr. **Tasneem Halaby** (01.45 – 02.00 PM)
Lecturer of Internal Medicine, Diabetes and Endocrinology – Cairo University

Clinical Approach to Adrenal Incidentaloma
Dr. **Dina Ghoweba** (02.00 – 02.15 PM)
Assistant Lecturer of Internal Medicine, Diabetes and Endocrinology – Cairo University

Clinical Approach to Hirsutism
Dr. **Mona Khozam** (02.15 – 02.30 PM)
Lecturer of Internal Medicine, Diabetes and Endocrinology – Cairo University

Clinical Approach to Primary Amenorrhea
Dr. **Sobhy Eid Rizk** (02.30 – 02.45 PM)
Lecturer of Internal Medicine, Diabetes and Endocrinology – Cairo University

Clinical Approach to Hypertension in Young Age (Focus on Endocrine Causes)
Dr. **Areej Mansour** (02.45 – 03.00 PM)
Assistant Lecturer of Internal Medicine, Diabetes and Endocrinology – Cairo University

Closure (03.00 – 03.30 PM)

THANKS TO OUR SPONSORS.





































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