جامعة القاهرة
CAIRO UNIVERSITY

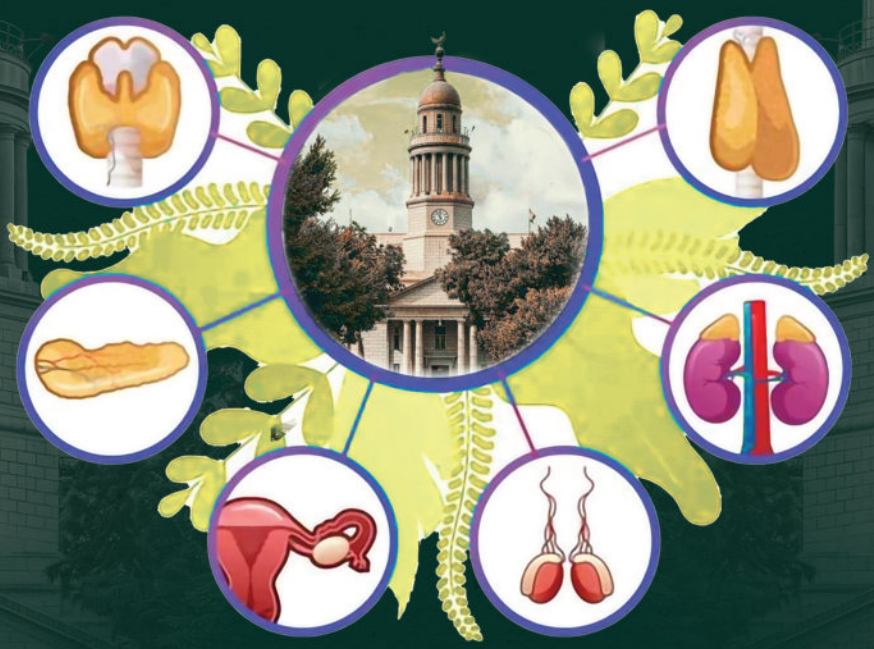
ANNUAL CONFERENCE OF
DIABETES, ENDOCRINOLOGY, METABOLISM & CLINICAL NUTRITION

كلية الطب
FACULTY OF MEDICINE

EndoDia Kasr 2026
(Back to Basics)

Internal Medicine Department
Faculty of Medicine, Cairo University

8-9 July 2026 | KASR ALAINI, LRC (MAIN HALL)



Under The Patronage of

Prof. Dr. **MOHAMED SAMY ABDELSADEK**
President of Cairo University

Prof.Dr. **HUSAM SALAH MOURAD**
Dean of Kasr Al-Ainy Faculty of Medicine, Cairo University

Conference President
Prof.Dr. **SAHAR ALWAKIL**
Professor of Internal Medicine, Head of Internal Medicine Department . Head of Diabetes Endocrinology, Metabolism & Clinical Nutrition Speciality

PURE SPOT
EVENTS MANAGEMENT

Day 1: Wednesday July 8th

Registration - 08.30 – 10.00 AM

Session 1 I 09.30 – 10.30 AM

Advances in Diabetes Care: from Guidelines to Practice

Chairpersons (In alphabetical order)

Prof. Ebtissam Zakaria - Prof. Heba Sherif Kareem - Prof. Ibrahim Elebrash
Prof. Khadiga Alashmawy - Prof. Mona Radwan

Moderators

Prof. Heba Sherif Kareem
Professor of Internal Medicine, Diabetes and Endocrinology – Cairo University

Aging with Diabetes: The Art of Personalized Management I 09.30 – 09.45 AM

Prof. Shrook Moussa
Professor of Internal Medicine, Diabetes and Endocrinology – Cairo University

AI and Technology in Diabetes: From Data to Decisions I 09.45 – 10.00 AM

Dr. Dina Ghoweba
Lecturer of Internal Medicine, Diabetes and Endocrinology – Cairo University

Diabetic Neuropathy: Why to Screen? When? How? I 10.00 – 10.15 AM

Dr. Mirette Makram
Lecturer of Internal Medicine, Diabetes and Endocrinology – Cairo University

Discussion 10.15 – 10.30 AM

Opening Ceremony I 10.30 – 11.00 AM

Chairpersons (In alphabetical order)

Prof. Amr ElMeligi - Prof. Rawya Khater - Prof. Sahar Alwakil

Day 1: Wednesday July 8th

Session 2 I 11.00 AM – 12.00 PM

Chairpersons (In alphabetical order)

Prof. Aasem Saif - Prof. Amr ElMeligi - Prof. Hala Ali Gamal Eldin - Prof. Inass Shaltout - Prof. Mohamed Eissa

Moderators

Prof. Nehal Hamdy
Professor of Internal Medicine, Diabetes and Endocrinology – Cairo University

GLP 1 Agonists: Beyond Hyperglycemia and Obesity Management I 11.00 – 11.15 AM

Prof. Amr ElMeligi
Professor of Internal Medicine, Diabetes and Endocrinology – Cairo University

The Antibody Trab: A Hidden Cause of Recurrent Hypoglycemia I 11.15 – 11.30 AM

Prof.Salah Elhalawany
Professor of Diabetes and Endocrinology, Ain Shams University

Insulin Resistance: The Hidden Driver of MASLD Severity in Egypt I 11.30 – 11.45 AM

Prof. Mona Hegazy
Professor of Internal Medicine, Hepatology and Gastroenterology – Cairo University Head of Scientific Council of the Egyptian Board of Clinical Nutrition

Rameda Symposium 11.45 AM - 12.00PM

Prof. Elham Youssef

Day 1: Wednesday July 8th

Session 3 I 12.00 – 01.00 PM

Endocrine Journey: From Here and There



Chairpersons (In alphabetical order)

Prof. Hebatallah Moustafa - Prof. Hemmat Elhaddad - Prof. Hesham Magdeldin - Prof. Roqaya Abdelaziz

Moderators

Prof. Naglaa Elsayed
Professor of Internal Medicine, Diabetes and Endocrinology – Cairo University

Hypoglycemia: Low Sugar, Big Problem 12.00 – 12.15 PM

Prof. Shaimaa Fathy
Ass. Professor of Internal Medicine, Diabetes and Endocrinology - Cairo Univercity

Beyond Prolactin: Decoding Galactorrhea 12.15 – 12.30 PM

Dr. Sara Asal
Lecturer of Internal Medicine, Diabetes and Endocrinology – Cairo University

When Imaging Leads the Way: Decoding Endocrine Incidentalomas I 12.30 – 12.45 PM

Dr. Christina Samir
Lecturer of Internal Medicine, Diabetes and Endocrinology – Cairo University

Break 12.45 – 01.00 PM



Day 1: Wednesday July 8th

Session 4 I 01.0 – 02.15 PM

Chairpersons (In alphabetical order)

Prof. Mona Mansour - Prof. Nehal Hamdy - Prof. Soad Sultan - Prof. Ula Algarhi

Moderators

Prof. Ula Algarhi
Professor of Internal Medicine, Diabetes and Endocrinology – Cairo University

Disorders of Sexual Differentiation 01.00 – 01.15 PM

Prof. Ahmed Haroun
Professor of Internal Medicine, Diabetes and Endocrinology – Cairo University

From Axis Disruption to Systemic Collapse: The Mechanics of Low Cortisol 01.15 - 01.30 PM

Dr. Zeinab Sabra
Lecturer of Internal Medicine, Diabetes and Endocrinology – Cairo University

Young -Onset Hypertension a Familial Cluster: A Mineralocorticoid excess diagnostic dilemma 01.30 - 01.45 PM

Dr. Ahmed Atef
Lecturer of Internal Medicine, Diabetes and Endocrinology – Cairo University
Dr. Rana Sherif Elaini
Ass.Lecturer of Internal Medicine, Diabetes and Endocrinology – Cairo University

Approach to Primary Amenorrhea: A Case Based Diagnostic Pathway 01.45 - 02.00 PM

Dr. Areej Mansour
Assistant Lecturer of Internal Medicine, Diabetes and Endocrinology – Cairo University

Minapharm symposium 02.00 – 02.15 PM

Prof. Elham Youssef



Closure and Lunch 02.15 - 02.30 PM

Day 2: Thursday July 9th

Session 1 I 09.30 – 10.30 AM

Chairpersons (In alphabetical order)

Prof. Hoda Elrawy - Prof. Rasha Abdellah - Prof. Maha Assem - Prof.Meram Bekhet - Prof. Mona Mansour - Prof.Shrook Moussa

Moderators

Prof. Hoda Elrawy
Professor of Internal Medicine, Diabetes and Endocrinology – Cairo University

Hyperthyroidism in Special Population 09.30 – 09.45 AM

Dr.Mona Khozam
Lecturer of Internal Medicine, Diabetes and Endocrinology – Cairo University

Subclinical Hyperthyroidism 09.45 – 10.00 AM

Dr.Amira Nashat
Lecturer of Internal Medicine, Diabetes and Endocrinology – Cairo University

Thyroid in pregnancy 10.00 – 10.15 AM

Dr.Noha Tarek
Lecturer of Internal Medicine, Diabetes and Endocrinology – Cairo University

Discussion 10.15 – 10.30 AM

Day 2: Thursday July 9th

Session 2 I 10.30 – 11.30 AM

Challenges in Thyroid Nodules

Chairpersons (In alphabetical order)

Prof. Amr Mohsen - Prof. Rokaya Abdelaziz

Moderators

Prof. Maha Assem
Professor of Internal Medicine, Diabetes and Endocrinology– Cairo University

Challenges in Thyroid Nodules 10.30 – 11.30 AM

Prof. Rokaya Abdelaziz
Professor of Internal Medicine, Diabetes and Endocrinology– Cairo University

Prof. Amr Mohsen
Professor of General Surgery,Cairo University

Prof. Yasmine Fathy El-Essawy
Ass. Professor of Pathology,Cairo University

Day 2: Thursday July 9th

Session 3 I 11.30 AM – 12.30 PM

Chairpersons (In alphabetical order)

Prof. Elham Youssef - Prof. Hend Alsheimy - Prof. Noha Adly

Moderators

Prof.Nashwa Ghanem
Professor of Internal Medicine,Diabetes and Endocrinology-Cairo University

GLP1 Based Therapy:What is New? 11.30 AM – 11.45 PM

Prof.Ibrahim Elebrashy
Professor of Internal Medicine, Diabetes and Endocrinology – Cairo University

Sarcopenia and Cardiometabolic Disease I 11.45 AM – 12.00 PM

Prof. Inass Shaltout
Professor of Internal Medicine, Diabetes and Endocrinology – Cairo University

The Kidney as a Driver of Cardiovascular Risk in Type2 Diabetes I 12.00 – 12.15 PM

Prof .Elham Youssef
Ass. Professor of Internal Medicine, Diabetes and Endocrinology – Cairo University

Beyond the Growth Chart:When to Test for Growth Hormone? I 12.15 – 12.30 PM

Prof. Ula Algarhi
Professor of Internal Medicine, Diabetes and Endocrinology – Cairo University

Special Situations in Short Stature:Lessons from the Clinic I 12.30 – 12.45 PM

Dr.Salma Mohamed
Lecturer of Internal Medicine, Diabetes and Endocrinology – Cairo University

Obesity and Exercise 12.45 – 01.00 PM

Dr. Mohamed Magdi
Lecturer of Internal Medicine, Diabetes and Endocrinology – Cairo University

Day 2: Thursday July 9th

Session 4 I 01.15 PM– 02.15 PM

Chairpersons (In alphabetical order)

Prof. Ahmed Haroun - Prof.Maha Youssef - Prof.Mona Mansour - Prof. Sahar Alwakil - Prof. Yasmine Abdelfattah

Moderators

Prof. Sahar Alwakil
Professor of Internal Medicine, Diabetes, Endocrinology and Clinical Nutrition – Cairo University

When The Thyroid Looks Sick..But is Not I 01.15 – 01.30 PM

Dr.Fady Nagy
Lecurer of Internal Medicine, Diabetes and Endocrinology – Cairo University

Subclinical Hypothyroidism 01.30-01.45 PM

Dr.Reham El-Emam
Lecturer of Internal Medicine, Diabetes and Endocrinology– Cairo University

Scarless Natural Orifice Transoral Endoscopic Thyroidectomy Vestibular Approach 01.45 – 02.00 PM

Dr.Mohamed Yacoub
Lecturer of General Surgery

Otsuka Symposium 02.00 – 02.15 PM

Prof. Sahar Alwakil
Professor of Internal Medicine, Diabetes and Endocrinology– Cairo University

Day 2: Thursday July 9th

Session 5 I 02.15 – 02.45 PM

House Officers Session



Chairpersons (In alphabetical order)

Prof. Ahmed Haroun - Prof. Naglaa Elsayed -Prof. Nashwa Ghane - Prof. Ula Algarhi

Moderators

Prof. Ahmed Haroun
Assistant Professor of Internal Medicine,
Diabetes and Endocrinology – Cairo University

Autoimmune Protocol Diet

Nouran Khalifa, Yara Ali Elmaghraby

Genetics in Endocrinology

Marwah Ezzat, Hoda sherif

Alternative Medicine in Endocrinology

Hania Ahmed Mostafa, Nouran Omar

Beyond HbA1C: Time in Range in Diabetes Management

Abdelrahman Saleh

Closure 02.45 – 03.00 PM



PROJECT MANAGER

MR. ALI MANSOUR

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