EISPEDN

Egyptian Institution of Scientific Pediatrics Endocrinology Diabetes and Nutrition

ENDOCRINE CLUB

GROWTH EDITION

29 OCTOBER 2026

FAIRMONT NILE CITY HOTEL, CAIRO

9 AM- 5 PM



PRESIDENT

PROF. SHEREEN ABDELGHAFFAR

PROF. OF PEDIATRICS,
PEDIATRIC DIABETES AND
ENDOCRINOLOGY, CAIRO UNIVERSITY
PRESIDENT OF EISPEDN

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10.00 - 10.15 am **Welcome Note**

Prof. Shereen Abdelghaffar

Session 1 10.15 - 11.15 am

Chairpersons (alphabetically)

Dr. Faten Emara

Dr. Maha Shalan

Dr. Sahar Bakar

Moderator

Prof. Ghada Anwar

Case Presentation:
Prof. Hend Mehawed

Group Work - Presentation by Participants
Recommendations by Moderator

11.15 - 11.30 am **Discussion - Q&A**

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Session 2 11.30 - 12.00 pm

Chairpersons (alphabetically)

Prof. Amina Abdelwahab

Assis Prof. Mona Karem

Prof. Soha Abdeldayem

Prof. Tarek Farid

Optimizing Outcomes in Management of Growth Disorders

Prof. Shereen Abdelghaffar

Discussion - Q&A



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Session 3 12.30 - 01.30 pm

Chairpersons (alphabetically)

Dr. Abed Shehata

Dr. Ahmed Ghita

Assis Prof. Ramy Saleh

Dr. Sally Mounir

Moderator

Prof. Ghada Anwar

Case Presentation:
Dr. Engy Nasr

Group Work - Presentation by Participants
Recommendations by Moderator

01.30 - 01.45 pm Discussion - Q&A

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Session 4 01.45 - 02.45 pm

Chairpersons (alphabetically)

Dr. Hossam Kadry

Dr. Manar Elsharkawy

Dr. Mohammed Abou Keifo

Prof. Nermin Amr

Moderator

Assis Prof. Randa Khalaf

Case Presentation:
Prof. Ihab Abdelhamid

Group Work - Presentation by Participants
Recommendations by Moderator

02.45 - 03.00 pm Discussion - Q&A

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Session 5 03.00 - 03.15 pm

Chairpersons (alphabetically)

Dr. Abeer Hamed

Dr. Aya Abdelkader

Dr. Randa Darwish

The Optimum ONS for growth and Wellbeing

Prof. Shereen Abdelghaffar

03.15 - 03.30 pm Discussion - Q&A

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Session 6 03.30 - 04.30 pm

Chairpersons (alphabetically)

Dr. Ashraf Makram

Prof. Maha Hashish

Prof. Nermin Amr

Dr. Tamer Selim

Moderator

Assis Prof. Randa Khalaf

Case Presentation:

Prof. Mona Rashad

Group Work - Presentation by Participants
Recommendations by Moderator

04.30 - 04.45 pm Discussion - Q&A

04.45 - 05.00 pm Final Recommendations
Assis Prof. Mona Karem



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PROJECT MANAGER

MS. NOURHAN BAHAA

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