Thursday 2nd March, 2023
Sofitel Hotel, Cairo

19th Fasting & Diabetes 2023

Arabic Association for the Study of Diabetes and Metabolism (AASD)

Member of

International Diabetes Federation, (IDF)



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Prof. **Hisham Magd Eldin**
Prof. **Mohamed Naguib Wifi**
Prof. **Nehal Hamdy**
Prof. **Sherin Abdelghaffar**

Thursday, **2 March 2023**

10:00 - 11:15

Session (1)
Opening Session

Chairpersons: (Alphabetically)
Prof. Abdel khalek Hamed
Prof. Inass Shaltout
Prof. Raafat Rashwan
Dr. Sayed Gad

Speakers:

20 Min.	**Challenging Ramadan Fasting in Diabetics** Prof. **Inass Shaltout**
20 Min.	**General considerations and highlights on injectable therapy in ramadan fasting** Prof. **Amr Miligy**
20 Min.	**To fast or not to fast? In type 1 D** Prof. **Shereen Abdel Ghaffar**
15 Min.	**Discussion**

11:20 - 12:30

Session (2)

Chairpersons: (Alphabetically)
Prof. Amr Miligy
Dr. Ayman Elmenoufy
Prof. Hazem Ashmawy
Prof. Hisham Magd Eldin
Prof. Nehal Hamdy

Speakers:

20 Min.	**Fasting & hypoglycemia** Prof. **Hisham Magd Eldin**
20 Min.	**Fasting Ramadan in CKD patients** Prof. **Hany Hamad**
20 Min.	**Inverted Sleep patterns in Ramadan and diabetes control** Prof. **Iman Elsherif**
10 Min.	**Discussion**

Thursday, **2 March 2023**

12:35 - 01:35

Session (3)

Chairpersons: (Alphabetically)
Dr. Ayman Elmenoufy
Prof. Iman Elsherif
Prof. Raafat Rashwan
Dr. Sayed Gad

Speakers:

20 Min.	**MSD** Prof. **Inass Shaltout**
20 Min.	**Servier** "Management of T2D patients in Ramadan; focus on SU" Prof. **Hisham Magd Eldin**
20 Min.	**BI** "Tailoring treatment for T2D in Ramadan, What Synjardy can add?" Prof. **Amr Miligy**
15 Min.	**Coffee Break**

02:00 - 02:50

Session (4)
Egyptian Fatwa House
بين الطب والدين صيام مريض السكر
مع فضليه الدكتور محمد وسام خضر
مستشار فضيلة مفتي الديار المصرية

Chairpersons: (Alphabetically)
Prof. Abdel khalek Hamed
Prof. Hebatallah Mostafa
Prof. Inass Shaltout
Prof. Mohamed Naguib Wifi
Prof. Raafat Rashwan

Thursday, **2 March 2023**

03:00 - 04:15

Session (5)

Chairpersons: (Alphabetically)
Prof. Ghada Rabeia
Prof. Hazem Ashmawy
Prof. Hebatollah Mostafa
Prof. Magdy El-Dahshan
Prof. Mahmoud Ezzat

Speakers:

20 Min.	**Practical Case scenarios (interactive): diabetes and fasting with and without comorbidities.** Prof. **Ahmed Hamam**
20 Min.	**Clinical tips in managing type II diabetes in Ramadan.** Prof. **Rasha Sobh**
20 Min.	**Exercise and fasting Ramadan** Prof. **Maha Rakha**
15 Min.	**Coffee Break**

04:30 – 05:45

Session (6)
Fasting and Hepatogastroenterology in Diabetes

Moderator:
Prof. Mohamed Naguib Wifi

Chairpersons: (Alphabetically)
Prof. Ahmed Hamam
Prof. Hisham Magd Eldin
Prof. Mahmoud Ezzat
Prof. Nehal Hamdy

Speakers:

20 Min.	**Fasting Ramadan, gut Microbiota and diabetes** Prof. **Abdel-Khalek Hamed**
20 Min.	**Fasting Ramadan and Liver diseases in diabetics** Prof. **Magdy El-Dahshan**
20 Min.	**Fasting Ramadan and NASH in diabetics** Prof. **Nevine Sherif**
15 Min.	**Discussion**

Thursday, **2 March 2023**

05:45 - 07:15

Session (7)

Chairpersons: (Alphabetically)
Prof. Amira Ahmed
Prof. Maha Rakha
Prof. Rasha Sobh
Prof. Zeinab Sabra

Speakers:

20 Min.	**Fasting in diabetic elderly patients benefits versus harms** Prof. **Amira Ahmed**
20 Min.	**Modification of insulin dosage and fasting Ramadan** Prof. **Ghada Rabeia**
20 Min.	**Impact of pre-ramadan education on glycemic control in type 2 diabetic patients** Prof. **Zeinab Sabra**
20 Min.	**How modern technology can help fasting diabetic?** Prof. **Evgenia Patrakeeva**
10 Min.	**Discussion**
07:15	**Lunch**

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