FASTING RAMADAN SAFELY

FRS

صيام رمضان الامن



12 FEBRUARY 2026

CONFERENCE PRESIDENTS

PROF. ABBAS ORABI

PROF. ALI ABDEL RAHIM

NOVOTEL CAIRO AIRPORT HOTEL

PURE SPOT
EVENTS MANAGEMENT

ADF Honorary President

Prof. Ahmed Dirar

Prof. Ibrahim El Sherif

ADF Co-President

Dr. Awad ElGhweiry

ADF Vice Presidents

Prof. Eman Rushdy

Prof. Sir El Khatem Siri

ADF Coordinators

Prof. Amal El Gharary

Prof. Hala Ali Gamal El Din

Prof. Zeinab Abdel Rahman

09:30 – 10:30 AM **Registration**

10:30 – 11:00 AM **Opening Ceremony**

Prof. Abbas Orabi

Prof. Ali Abdel Rahim

Dr. Awad ElGhweiry

Prof. Eman Rushdy

Prof. Hala Ali Gamal El Din

Prof. Sir El Khatem Siri

Session 1

11:00 AM – 02:50 PM

Chairpersons:

Prof. Abbas Orabi

Prof. Ali Abdel Rahim

11:00 – 11:20 AM **The religious fasting**

Prof. Sir El Khatem Siri

11:20 – 11:40 AM **ADF-FRS recommendations for fasting Ramadan**

Dr. Awad ElGhweiry

11:40 – 12:00 PM **Risk stratification of diabetic patients in Ramadan, does it matter?**

Prof. Abbas Orabi

12:00 – 12:40 PM **The applicability of ADF-FRS recommendations for the management of diabetic patients during Ramadan**

Prof. Ali Abdel Rahim

12:40 – 01:00 PM	Oral hypoglycemic drugs in Ramadan Prof. Zeinab Abdel Rahman
01:00 – 01:20 PM	Insulin therapy in Ramadan Prof. Noha Gaber
01:20 – 01:40 PM	Blood glucose monitoring in Ramadan Prof. Eman Rushdy
01:40 – 02:00 PM	The impact of fasting on kidney functions in health and diabetes Prof. Abeer Zakaria
02:00 – 02:20 PM	Dietary advices for diabetic patients during Ramadan fasting Prof. Hala Ali Gamal El Din
02:20 – 02:50 PM	Discussion
02:50 – 03:20 PM	Coffee Break

Session 2

Companies Symposia

03:20 – 05:05 PM

Chairpersons:

Prof. Adel Eletrebi

Prof. Mohamed Reda Halawa

03:20 – 03:35 PM	**From Good to Great: The Transformative Benefits of Next-Gen Basal Insulins** **Prof. Mina Michael**	sanofi
03:35 – 03:50 PM	**Diabetes and Heart Failure** **Prof. Ali Abdel Rahim**	sanofi
03:50 – 04:05 PM	**Evaluating the efficacy of combination therapy in Dyslipidemia management.** **Prof. Abbas Orabi**	sanofi
04:05 – 04:20 PM	**Rameda Symposium 1** **Prof. Hala Ali Gamal El Din**	rameda
04:20 – 04:35 PM	**Rameda Symposium 2** **Prof. Abeer Zakaria**	rameda
04:35 – 04:50 PM	**Positioning of Linagliflozin in management of T2DM during Ramadan** **Prof. Eman Rushdy**	Xeedia Caring for life
04:50 – 05:05 PM	**Utopia Symposium** **Prof. Noha Gaber**	UTOPIA THE LIFE YOU DESERVE
05:05 PM	**Lunch**	