3RD ANNUAL FORUM OF ENDOCRINE AND DIABETES LIAISON

29 July 2026 - El Dakahlia Medical Syndicate

30 - 31 July 2026 *Helnan Hotel - Port Fouad*

In collaboration with

ELDAKAHLIA MEDICAL SYNDICATE &
DAKAHLIA INTERNAL MEDICINE ASSOCIATION. (DIMA)



ACCREDIT
16 HOURS

CONFERENCE PRESIDENT

PROF. **ALAA WAFA**

PROFESSOR OF ENDOCRINOLOGY AND DIABETES
VICE DEAN FOR POSTGRADUATE STUDIES AND RESEARCH, FACULTY OF MEDICINE
HEAD OF DAKAHLIA INTERNAL MEDICINE ASSOCIATION (DIMA) &
HEAD OF ENDOCRINE AND DIABETES LIAISON&

PURE SPOT EVENTS MANAGEMENT

3RD ANNUAL FORUM OF ENDOCRINE AND DIABETES LIAISON

Welcome Message:

Dear Esteemed Colleagues and Participants,

it is with great pleasure for me and the organizing committee of the ENDOCRINE AND DIABETES LIAISON, in collaboration with the DAKAHLIA INTERNAL MEDICINE ASSOCIATION, welcomes all board members, professors, and participants to the

3rd ANNUAL FORUM. Endocrine disorders and diabetes

are prevalent in our country. Physicians interested in endocrinology require continuous updates across various aspects of these conditions. In our era of evidence-based medicine and clinical guidelines, staying updated is essential. Our association and liaison have already initiated a series of seminars, workshops, and scientific days. These sessions cover diverse aspects of the endocrine system and diabetes. Our education includes other healthcare providers, pharmacists, and nurses. Additionally, patient education remains a priority. The seminars designed for patient education will be organized through the years to educate the educators (facilitators) and educate the patients.

Our mission is to help physicians involved in the management of endocrine disorders and diabetes to be aware of a latest developments and guidelines updates through different scientific activities covering over the year. these scientific waves and seminars will cover all aspects of endocrine disorders and diabetes in a clear and interactive ways that help participating physicians be to the point in dealing will the various patient's problems. As we embark on this journey, we seek divine assistance and guidance. Together, let us advance our understanding with the latest developments and guideline updates, address real-world patient challenges through interactive discussions, improve patient care, and contribute to the well-being of those we serve.

Our goal is to equip physicians. We extend a warm welcome to our eminent professors from various universities , including Alexandria, Cairo, Tanta, Zagazig, Mansoura, Benha, and Damietta in different specialties who work with endocrinologists as a multi-disciplinary team as nephrology, cardiology, endocrinal surgery, neurosurgery, diagnostic radiology & radiotherapy. Your expertise and guidance are invaluable to us. Thank you for being part of this educational journey. Together, we strive to elevate patient care and advance our understanding of these critical health conditions. Finally, we ask our God for all help and guidance to achieve our noble goal for the benefits of our patients. With gratitude and anticipation



Prof. Alaa Wafaa

Professor of Endocrinology and Diabetes
Vice Dean for Postgraduate Studies and Research, Faculty of Medicine
Head of Dakahlia Internal Medicine Association (DIMA)
Head of Endocrine and Diabetes Liaison

3RD ANNUAL FORUM OF ENDOCRINE AND DIABETES LIAISON

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Prof. Alaa Wafa

Conference Secretary

Prof. Hanan Abdel Hay **Prof. Basma Zakaria**

Head of Organizer Committee

Organizer Committee

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3RD ANNUAL FORUM OF ENDOCRINE AND DIABETES LIAISON

DM TECHNOLOGY WORKSHOP

(WEDNESDAY 29 JULY 2026)

3RD ANNUAL FORUM OF ENDOCRINE AND DIABETES LIAISON

WEDNESDAY 29 JULY 2026

DM TECHNOLOGY WORKSHOP

MODERATOR:

PROF. ALAA WAFA, (MANSOURA UNIVERSITY)

11:00– 11:30 AM	**Insulin: The Past, Present & Future of Diabetes Therapy** **Dr. Khaled Wafeek,** (MANSOURA UNIVERSITY)
11:30 –12:00 PM	**Beyond HbA1c: The Hidden Burden of Glycemic Variability** **Prof. Marwa Khalil,** (MANSOURA UNIVERSITY)
12:00 –12:30 PM	**CGM Unlocked: Devices, Data & Decisions** (Abott Symposium) **Prof. Basma Zakria,** (MANSOURA UNIVERSITY) Abbott
12:30 - 01:00 PM	**Read the pattern, change the plan: A case-based Approach to CGM** **Prof. Mohamed Elsayed,** (MANSOURA UNIVERSITY)
01:00 - 01:15 PM	(Adwia Symposium) **Prof. Ahmed Elbehairy ,** (MANSOURA UNIVERSITY) ADWIA

3RD ANNUAL FORUM OF ENDOCRINE AND DIABETES LIAISON

DAY 1

(THURSDAY , 30 JULY 2026)

3RD ANNUAL FORUM OF ENDOCRINE AND DIABETES LIAISON

THURSDAY, 30 JULY 2026

Registration: 09:00 – 10:30 AM

SESSION 1: DM UPDATES

CHAIRPERSONS:

PROF. ALAA WAFA
(MANSOURA UNIVERSITY)

PROF. YEHIA GHANEM
(ALEXANDRIA UNIVERSITY)

PROF. TALAAT ABDEL-ATY
(ALEXANDRIA UNIVERSITY)

10:30 – 10:45 AM	**Islet transplantation & stem cell in 2026: can type I DM be cured** **Dr. Rasha Wafeek,** (MANSOURA UNIVERSITY)
10:45– 11:00 AM	**The next generation differentiator: why GLA U300 leads the evolution of advanced basal insulin?** (Sanofi symposium) **Prof. Talaat Abdel-Aty,** (ALEXANDRIA UNIVERSITY) sanofi
11:00 – 11:15 AM	**Comprehensive CV risk management in patients with type2 DM: case-based scenario** (Xeedia symposium) **Prof. Yehia Ghanem ,** (ALEXANDRIA UNIVERSITY) Xeedia Caring for life

3RD ANNUAL FORUM OF ENDOCRINE AND DIABETES LIAISON

THURSDAY , 30 JULY 2026

SESSION 2: NEUROENDOCRINE TUMORS SESSION

CHAIRPERSONS:

PROF. EHAB ABDEL-KHALEK, (MANSOURA UNIVERSITY)

PROF. OSAMA SHIHA, (MANSOURA UNIVERSITY)

PROF. HYTHAM BADR, (MENOUFIA UNIVERSITY)

PROF. ENGY ABDEL-WAHAB, (TANTA UNIVERSITY)

11:15 -11:30 AM	**Gastrinoma in the Era of Potent Acid Suppression: Are We Missing Cases?** **Prof. Amr El Rabat,** (MANSOURA UNIVERSITY)
11:30 – 11:45 AM	**Insulinoma Vs Factious hypoglycemia** **Prof. Wael Farag,** (TANTA UNIVERSITY)
11:45 – 12:00 PM	**Practical insight (EUS focus) in diagnosis of NET; case-based approach** **Prof. Ahmed Fekry,** (TANTA UNIVERSITY)
12:00 – 12:10 PM	**Synergistic solutions for premium multimorbidity care** (Servier Symposium) **Prof. Hytham Badr,** (MENOUFIA UNIVERSITY) SERVIER
12:10 – 12:30 PM	**Opening Ceremony**

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THURSDAY , 30 JULY 2026

SESSION 3: REDEFINING MASLD

CHAIRPERSONS:

PROF. EHAB ABDEL-KHALEK, (MANSOURA UNIVERSITY)

PROF. MOHAMED ABDEL-RAOUF, (ALEXANDRIA UNIVERSITY)

PROF. KHALED EL-FAYOMY, (AL AZHAR DAMIETTA)

PROF. OMNIA STATE, (MANSOURA UNIVERSITY)

12:30 –12:45 PM	**MASLD as a multi hormonal metabolic disease: lean but not safe** **Prof. Ahmed Abdel-Hakeem,** (MANSOURA UNIVERSITY)
12:45 – 01:00 PM	**Diagnosis of MASLD: from suspicion to staging.** **Prof. Tarek Sheta,** (MANSOURA UNIVERSITY)
01:00– 01:15 PM	**Wegovy: goes beyond** (Novo symposium) **Prof. Aya Elbeialy,** (Mansoura University) wegovy novo nordisk
01:15– 01:30 PM	**"Ozempic: safe lives, heart and kidneys"** (Novo symposium) **Prof. Hanan Abdel-Hay,** (Mansoura University) novo nordisk

SESSION 4: PRECISION THYROID MANAGEMENT: MULTIDISCIPLINARY DECISION-MAKING (01:30 – 02:00 PM)

EXPERT PANEL: 2-MINUTES ANSWER

CHAIRPERSONS:

PROF. OSAMA SHIHA, (MANSOURA UNIVERSITY)

PROF. TAMER YOUSSEF , (MANSOURA UNIVERSITY)

PROF. NEVEEN ABOU-TOUQ, (MANSOURA UNIVERSITY)

PROF. TAMER EL-SHERBIN, (MANSOURA UNIVERSITY)

MODERATOR

PROF. ALAA WAFA , (MANSOURA UNIVERSITY)

3RD ANNUAL FORUM OF ENDOCRINE AND DIABETES LIAISON

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SESSION 5: CARDIOLOGY SESSION (CARDIOMETABOLIC MDT: ONE PATIENT, MULTIPLE SPECIALISTS)

CHAIRPERSONS:

PROF. MOHAMED SHAWKY EL SAYED, (BANHA UNIVERSITY)

PROF. SHERIF SAKR, (MANSOURA UNIVERSITY)

PROF. OMNIA STATE, (MANSOURA UNIVERSITY)

PROF. AYMEN GAD, (MANSOURA UNIVERSITY)

02:00 - 02:15 PM	ECG abnormalities in endocrine disorders Prof. Ibrahim Youssery, (MANSOURA UNIVERSITY)
02:15 – 02:30 PM	HF in endocrine clinic; Hidden Clues, Better Outcomes Prof. Sherif Saqr, (MANSOURA UNIVERSITY)
02:30 – 02:45 PM	Evolving landscape for Dyslipidaemia management (Xeedia symposium) Prof. Ayman Gad, (AL – AZHAR DAMIETTA)
02:45 – 02:55 PM	Utopia Symposium Dr. Mahmoud EL-Lewaa (Utopia teams)
2:55- 3:15 PM	Coffee Break

SESSION 6: OBESITY MDT PANEL: (03:15 – 03:45 PM)
THE FUTURE OF OBESITY TREATMENT: GLP1 RA VS SURGERY; RIVALS OR PARTNERS

EXPERT PANEL: 2-MINUTES ANSWER

CHAIRPERSONS:

PROF. ALAA WAFA, (MANSOURA UNIVERSITY)

PROF. HOSSAM HAMED, (MANSOURA UNIVERSITY)

PROF. MOHAMED H. ASHOUR, (ALEXANDRIA UNIVERSITY)

PROF. MOHAMED ABDEL-RAOUF, (ALEXANDRIA UNIVERSITY)

MODERATOR

PROF. BASMA ZAKARIA, (MANSOURA UNIVERSITY)

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THURSDAY , 30 JULY 2026

SESSION 7: METABOLIC BONE DISEASE (03:45 – 04:15 PM)

METABOLIC BONE DISEASE MDT: FROM DIAGNOSIS TO FRACTURE PREVENTION

EXPERT PANEL: 2-MINUTES ANSWER

CHAIRPERSONS:

- PROF. AMANY MOUSSA, (MANSOURA UNIVERSITY)
- PROF. HESHAM HABIB (MANSOURA UNIVERSITY)
- PROF. MOHAMMED KAMMAL NASSAR (MANSOURA UNIVERSITY)
- PROF. MOHAMED SHAWKY ELSAYED (MANSOURA UNIVERSITY)
- PROF. TAMER EL-SHERBINY, (MANSOURA UNIVERSITY)

MODERATOR

- PROF. HANAN ABDEL-HAY, (MANSOURA UNIVERSITY)

SESSION 8: PITUITARY MDT PANEL

CHAIRPERSONS:

- PROF. KHALED EL-FAYOMY, (AL – AZHAR DAMIETTA)
- PROF. MOHAMED SHAWKY ELSAID, (BANHA UNIVERSITY)
- PROF. NADER ELGARHY , (MANSOURA UNIVERSITY)
- PROF. WAEL FARAG, (TANTA UNIVERSITY)

04:15 – 04:30 PM	Role of Stereotactic radiosurgery in pituitary tumors? **Prof. Hussain Hamdy,** (TANTA UNIVERSITY)
04:30 – 04:45 PM	"Role of surgery in management of pituitary adenomas in correlations with tumor biology & function" **Prof. Ahmed Naguib,** (MANSOURA UNIVERSITY)
04:45– 05:00 PM	Endocrinologist decision making in pituitary tumour management **Prof. Yasser Abdel-Raouf,** (TANTA UNIVERSITY)
05:00 – 05:15 PM	Diabetic peripheral neuropathy and vit. B12: what's new? **Prof. Mohamed Abdel-Raouf,** (Alexandria University)

PHARCO CHRONIC SPECIALITY CARE

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THURSDAY , 30 JULY 2026

SESSION 9: THE ENDOCRINE–GYNECOLOGY INTERFACE: HORMONE CROSSROADS

CHAIRPERSONS:

PROF. RANIA BAHRIZ,
(MANSOURA UNIVERSITY)

PROF. NADER EL GARHY
(MANSOURA UNIVERSITY)

PROF. MOHAMED HELALY,
(MANSOURA UNIVERSITY)

PROF. OSAMA WARDA,
(ALEXANDRIA UNIVERSITY)

05:15 – 05:30 PM	PCOS/ POCM: more than a Reproductive Disorder **Prof. Osama Warda,** (ALEXANDRIA UNIVERSITY)
05:30 – 05:45 PM	Uncovering the hidden causes of Hyperandrogenism; case-based approach **Prof. Yasmeen Atwa,** (Mansoura University)
05:45 – 06:00 PM	New ATA guidelines 2026 in Thyroid with pregnancy **Prof. Walaa Khalifa,** (Assiut University)
06:00 – 06:15 PM	GDM; Challenging case report **Prof. Ibrahim El Sehily,** (Mansoura University)

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DAY 2

(FRIDAY , 31 JULY 2026)

3RD ANNUAL FORUM OF ENDOCRINE AND DIABETES LIAISON

FRIDAY , 31 JULY 2026

Registration: 09:00 – 10:00 AM

OBESITY WORKSHOP

CHAIRPERSONS: PROF. RANIA BAHRIZ, (Mansoura University)
PROF. MOHAMED HELALY, (Mansoura University)
PROF. MOHAMED SHAWKY EL SAYED, (Banha University)

10:00 – 10:10 AM	Redefining obesity: moving beyond BMI Prof. Mohamed Roshdy, (Mansoura University)
10:10 – 10:20 AM	Precision Phenotyping: heterogenicity of obesity Prof. Rania Bahriz, (Mansoura University)
10:20 – 10:30 AM	When isn't it simple? referring to endocrinologist Prof. Basma Zakaria, (Mansoura University)
10:30 – 10:40 AM	New pyramids, trending diets and obesity iceberg (what's best for your patient?) Prof. Marwa Khalil, (Mansoura University)
10:40 – 10:50 AM	Psychiatric aspect of obesity: when should psychiatrist interfere? Prof. Ibtihal Mohamed Ali, (Mansoura University)
10:50 – 11:00 AM	Pharmacotherapy of obesity: approved Vs complementary Dr. Khaled Wafeek, (Mansoura University)
11:00- 11:10 AM	Incretin-based therapy: changing the game of obesity Dr. Asmaa El-Weheedy, (Mansoura University)
11:10 – 11:20 AM	GLP1RA journey: safe trip how to reach your destination & controverses Dr. Hadeer Naguib, (Mansoura University)
11:20 – 11:30 AM	The "Quality" of Weight Loss: Sarcopenia & Adipose Dynamics Dr. Mohamed Adel Gweeq , (Mansoura University)

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FRIDAY , 31 JULY 2026

SESSION 10: CHALLENGING ENDOCRINE CASES

CHAIRPERSONS: PROF. ENGY ABD-ELWAHAB , (TANTA UNIVERSITY)
PROF. WAEL FARAG, (TANTA UNIVERSITY)
PROF. YASSER ABDEL-RAOUF, (TANTA UNIVERSITY)

11:30- 11:40 AM	Case 1: thyroid eye disease Dr. Wafaa Sherif, (Tanta University)
11:40 -11:50 AM	Case 2: Hidden source of hypercortisolism Dr. Abdel-Kader Khattal , (Tanta University)
11:50 -12:00 PM	Simplify to amplify fixed ratio combination as a modern standard or glucose optimization (Sanofi Symposium) Prof. Ahmed Eissa, (Mansoura University) sanofi
12:00 - 12:10 PM	Bridging the Treatment Gap and restoring the nerve : Bringing Real-World Relief to Patients with Diabetic peripheral Neuropathy (El-Esraa symposium) Prof. Mohamed ElSayed, (Mansoura University) ALESRAA PHARMACEUTICALS
12:10 -12:20 PM	Vitamin B12 in Diabetic Peripheral Neuropathy: From Pathophysiology to Evidence-Based Clinical Practice (Nerhadou Symposium) Prof. Marwa Khalil, (Mansoura University) NERHADOU INTERNATIONAL For Pharmaceuticals & Nutraceuticals
12:20 - 02:00 PM	Gomaa Prayer & Coffee Break

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FRIDAY , 31 JULY 2026

SESSION 11: DIABETES; FROM NERVES TO NEEDLES, COMPLICATIONS & REAL CASES

CHAIRPERSONS:

PROF. ALAA WAFA, (MANSOURA UNIVERSITY)

PROF. MAMDOUH EL-NAHAS , (PORTSAID UNIVERSITY)

PROF. MOHAMED ABDEL-RAOUF , (ALEXANDRIA UNIVERSITY)

PROF. ASHRAF ELSHARKAWYF , (MANSOURA UNIVERSITY)

02:00 –02:15 PM	**Challenging cases in type1 diabetes** **Prof. Ashraf Elsharkawy,** (MANSOURA UNIVERSITY)
02:15 – 02:30 PM	**The benefit of insulin degludec in meeting diabetes type2 needs** (Novo Symposium) **Prof. Mamdouh El-Nahas,** (PORTSAID UNIVERSITY) novo nordisk®
02:30 – 02:45 PM	**Diabetic neuropathic cachexia; when diabetic patients waste away** **Prof. Mamdouh El-Nahas,** (PORTSAID UNIVERSITY)
02:45 – 03:00 PM	**Diabetic Foot Emergencies Every Clinician Should Recognize** **Prof. Aya Elbeialy,** (MANSOURA UNIVERSITY)
03:00– 03:15 PM	**Can We Reverse Diabetic Neuropathy?** (Elixir symposium) **Prof. Hanan Abdel-Hay,** (MANSOURA UNIVERSITY) ELIXIR

Closing Remark

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PROJECT MANAGER

MR. SAMEH SABRY

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