3rd EHS
INTERNATIONAL ORTHOPEDIC CONGRESS

DoubleTree by **Hilton Fujairah City**

Workshops **Conference**

16th JANUARY **17-18th JANUARY** **2026**



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شعبة الامارات لجراحة اليد
Emirates Hand Surgery Society

مجموعة جراحة الاصابات الرياضية والمناظير الارطية
Jordanian Group of sport injuries and arthroscopic surgeries

الجمعية الاردنية لجراحة العظام
JORDAN ORTHOPEDIC ASSOCIATION

EAST COAST ORTHOPEDIC GROUP

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Dr. Wael Alsammak



- Board in Orthopedics
- Diploma in spine surgery
- Orthopedic spine consultant
- Head of Orthopedic Department Fujairah Hospital

Congress Co-Chairman and Organizing Committee Chairman

Dr. khaleil Almatrooshi



- Orthopedic consultant
- Swedish board certified
- Director of Kalba Hospital
- Head of orthopedic committee at Emirates health services
- Member of the Emirates Orthopedic Society's board

Scientific Committee Chairman

Dr. Hayder Alsaadi



- Chairman of Emirati Board Orthopedics
- Director of Orthopedic Residency Program -SSMC
- Associate Professor -Khalifa University
- Associate Professor -GMU
- International AOTRAUMA Faculty
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MEET THE EXPERTS



+ MORE

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Workshops 16th JANUARY
Conference 17-18th JANUARY 2026
DoubleTree by Hilton Fujairah City

Workshops

Friday 16th January					
#	Hall No.	Workshop Name	Time	Sponsored by	Faculty
1	Hall 1	Pediatric Limb Deformity	15:00 – 18:30	Proxy Medical Trading	Michael Uglow - Mohamed Kenawey Edward Gent - Yasser Kandil
2	Hall 2	Pelvis	15:00 – 18:30	Synthes	Sherif Khaled - Ahmed El-Bakoury Joseph AlSousou - Ali Jarragh
3	Hall 3	Hybrid External Fixation - Tibial Fractures	15:00 – 18:30	Orthofix	Medhat Khafaji - Kareem Khalil Mohammed Sanad - Ahmed Elgammal
4	Hall 4	Adult Trauma (Fracture Around the Knee)	15:00 – 18:30	Synthes	Hayder AlSaadi -Ahmed Musa Akrm Shobaki - Sultan Shoubaki
Saturday 17th January					
#	Hall No.	Workshop Name	Time	Sponsored by	Faculty
5	Hall 3	Nurses (ORP)	11:00 -13:00	Synthes	Hashem Al Qdhah - Sultan Shoubaki - Muhammed Khalifa
6	Hall 4	Pediatric Spine	14:00 -17:00	Synthes	Khalifa Al Ghafri - Zaid Al-Aubaidi Alaaeldin Azmi - Wallead Al-Jaeafee
Sunday 18th January					
#	Hall No.	Workshop Name	Time	Sponsored by	Faculty
7	Hall 3	Femur and Tibia fractures	11:00- 13:00	Stryker	Omar Sabri -Hassan Rifae
8	Hall 4	Casting Principles	09:00 -13:00	InnoSpec	Usama Saleh -Rabia Elsayed-Oni Adeniyi
9	Hall 4	High Tibial Osteotomy	14:00 -17:00	Synthes	Ahmed El-Bakoury – Mohammed Abdmonsef - Rik Kundra

This congress will be running in 4parallel-running Halls

REGISTRATION 08:00 -09:00

Congress Day 1		
Hall #	Session Name	Time
Morning Sessions		
Hall 1	Complex Trauma - Session1	09:00- 13:00
Hall 2	Pediatric deformities - Session1	09:00- 10:30
Hall 2	Pediatric Spine Session	11:00-13:00
Hall 3	Nurses (ORP) Workshop	11:00 - 13:00
Hall 4	East Coast Orthopedic Group	11:00 - 13:00
Hall 1 Opening Ceremony 10:30-11:00		
Evening sessions		
Hall 1	Complex Trauma – Session 2	14:00 – 18:00
Hall 2	Pediatric deformities -Session 2	14:00 - 18:00
Hall 3	Osteoporosis updates module	14:00- 17:00
Hall 3	Free paper Session 1	17:00– 18:00
Hall 4	Pediatric Spine Workshop	14:00 -17:00

Congress Day 2		
Hall #	Session Name	Time
Morning Sessions		
Hall 1	Knee Arthroplasty Session1	09:00-11:00
Hall 1	Knee Arthroplasty Session2	11:00-13:00
Hall 2	Knee Sport Session	09:00- 13:00
Hall 3	Femur and Tibia fractures Stryker Workshop	11:00- 13:00
Hall 4	Casting Principles Workshop	09:00 -13:00
Evening sessions		
Hall 1	Knee arthroplasty debates	14:00-14:50
Hall 1	Orthopedic Oncology	15:00 - 17:00
Hall 2	Shoulder session	14:00 – 17:00
Hall 3	Free paper Session 2	14:00-17:00
Hall 4	High Tibial Osteotomy workshop	14:00-17:00
Hall 1 closing ceremony 17:00-17:30		

Day 1 (17th January, 2026)	
Morning Session	
Hall 1	
Complex trauma- session 1 **09:00- 13:00**	
Moderators Sherif Khaled - Hayder Alsaadi – Yasser Hannout - Akrm Shobaki	
09:00-9:15 Treatment algorithms for the polytrauma patient	**Ahmad Mousa**
09:15-9:30 Effect of patient factors and injury mechanism on fracture Management: Case examples (How injury & patient factors change decision of treatment)	**Hashem Al Qdhah**
09:30-09:45 Sacroiliac screws tips and tricks	**Wesam Ali Nasrallah**
09:45-10:00 Emergency management of pelvic fractures	**Girgis Latif**
10:00-10:15 Posterior pelvic ring injuries: new concepts of fixation	**Sherif Khaled**
10:20 -10:30 **Discussion**	**All**
10:30 - 11:00 Opening Ceremony	
11:00-11:15 Sacral fracture cases: IS screws vs Spinopelvic fixation	**Ali Jarragh**
11:15-11:30 Sacroiliac disruptions: how to reduce? How to fix? What to do for cases with Sacral Dysmorphism?	**Joseph Alsousou**
11:30-11:45 Quadrilateral plate fx Acetabulum; does it deserve special attention	**Ahmed El-Bakoury**
11:45-12:00 Transverse Acetabular fractures: single versus dual approach	**Joseph Alsousou**
12:00-12:15 Associated both columns, tips and tricks	**Sherif Khaled**
12:15-12:30 T-shaped fx acetabulum: how to decide sequence of fixation?	**Joseph Alsousou**
12:30-12:45 Geriatric acetabular fx: Fix vs fix and replace? Case discussion	**Ahmed El-Bakoury**
12:45 -13:00 **Discussion**	**All**
13:00 – 14:00 **Lunch**	

Day 1 (17th January, 2026)	
Evening session	
Hall 1	
Complex Trauma – session 2 **14:00- 18:30**	
Moderators **Sherif Khaled – Yasser Hannout - Saeed Al Thani - Akrm Shobaki**	
14:00-14:15 Femoral neck fracture reduction: Percutaneous vs Open	**Hayder Al Saadi**
14:15-14:30 Tibial plateau cases: how to approach? Case examples	**Saeed Al Thani**
14:30-14:45 Treatment of associated ligamentous injury with tibial plateau	**Ahmad Mousa**
14:45-15:00 Pilon fracture: challenges in approach and reduction	**Ali Jarragh**
15:00-15:15 Posterior malleolus fracture	**Muhammed Khalifa**
15:15 – 15:30 Elbow fracture dislocation: concomitant fixation & soft tissue repair	**Girgis Latif**
15:30 – 15:45 **Discussion**	
15:45-16:00 Proximal humerus fractures Nailing vs plating	**Abdelbagy Handous**
16:00- 16:15 Proximal humeral fracture: fix versus replace	**Sherif khaled**
16:15-16:30 Intra-articular distal radius: column fixation concept	**Hashem Al Qdhah**
16:30 -16:45 Mangled extremity: amputation vs limb salvage	**Ahmed Elgammal**
16:45 – 17:00 Fracture related infection	**Ali Jarragh**
17:00 -17:15 **Discussion**	
17:15- 17:30 Reconstruction ladder, salvage plan for lower extremity injuries	**Hamed Badawi**
17:30 – 17:45 Post traumatic bone defects	**Mohammed Sanad**
17:45- 18:00 Non-union in long bone: Biology vs Mechanics (refixation or graft or both?)	**Hayder Al Saadi**
18:00-18:15 AI in future of trauma in management	**Saeed Al Thani**
18:15 -18:30 **Conclusion**	

Day 1 (17th January, 2026)

Morning Session

Hall 2

Pediatric deformities session 1
09:00- 10:30

Moderators
Micheal Uglow - Nuha Alzaabi – Hind Hassan - Edward Gent

09:00- 09:15 Planovalgus & Skew foot	**Daniel Thull**
09:15- 09:30 Posttraumatic deformities of the upper limb	**Edward Gent**
09:30-09:45 Madelung`s Deformity	**Christiana Savvidou**
09:45 - 10:00 Deformities due to Hereditary Exostoses	**Michael Uglow**
10:00 – 10:15 Surgical management of childhood hip dysplasia	**Assad Qureshi**
10:15 – 10:30 **Discussion**	

10:30 - 11:00 Opening Ceremony

Pediatric spine
11:00-13:00

Moderators
Zaid Al-Aubaidi - Fawaz Al-Hazaa – Khalifa Al Ghafri

11:00- 11:15 Basics of Pediatric spine deformity	**Antony Michael**
11:15 – 11:30 3D printing pre-planning – cases experience	**Charbel Moussallem**
11:30 – 11:45 VBT vs Hybrid surgery	**Ziad Aljian**
11:45- 12:00 Tips in severe deformity	**Waleed Hekal**
12:00 – 12:15 Active Apical Correction techniques	**Alaaeldin Azmi**
12:15 - 12:30 The continuing relevance of VCR in pediatric deformity	**Firas Husban**
12:30 -12:45 Complications in scoliosis surgery	**Zaid Al-Aubaidi**
12:45 – 13:00 **Discussion**	

13:00 – 14:00
Lunch

Day 1 (17th January, 2026)	
Evening Session	
Hall 2	
14:00 – 18:00 **Pediatric deformities session 2**	
Moderators **Michael Uglow - Nuha Alzaabi – Issam Hozayen - Mohamed Kenawey**	
14:00 -14:15 Coxa Valga & Coxa Vara	**Sherif Galal**
14:15 -14:30 Anticipating leg length discrepancy in Children	**Mohamed Kenawey**
14:30 -14:45 Distal tibial deformities	**Daniel Thull**
14:45 -15:00 Perthes disease Patho-mechanics and concepts of management	**Yasser Kandil**
15:00 -15:15 Cross union protocol for treatment of congenital tibia pseudoarthrosis	**Ahmed Hammouda**
15:15 - 15:30 **Discussion**	**All**
15:30 – 15:45 Osteogenesis Imperfecta	**Michael Uglow**
15:45 – 16:00 Slipped capital femoral epiphysis	**Mohamed Elbaz**
16:00- 16:15 Proximal tibia epiphyseal fractures	**Mohamed Kenawey**
16:15 -16:30 Post-traumatic deformities of the knee	**Sherif Galal**
16:30 – 16:45 Supracondylar fracture audit report	**Mohammed Elbadri**
16:45-17:00 **Discussion**	**All**
17:00- 17:15 Challenging cases discussion 1	**Michael Uglow**
17:15-17:30 Challenging cases discussion 2	**Mohamed Kenawey**
17:30 – 17:45 Challenging cases discussion 3	**Edward Gent**
17:45 – 18:00 **Conclusion**	**Michael Uglow**

Day 1 (17th January, 2026)	
Morning Session	
Hall 3	
Nurses (ORP) Workshop **11:00 -13:00**	DePuy Synthes
Faculty **Hashem Al Qdhah - Sultan Shobaki – Muhammed Khalifa**	
Synthes practicals	

Day 1 (17th January, 2026)	
Evening Session	
Hall 3	
Osteoporosis updates module **14:00 – 17:00**	
Moderators Luay Tapponi - Ramadan Arafa - Khaleil Almatroshi – Mohammed Aldahi	
Amgen Symposium **14:00 -14:30**	
14:30 – 14:45 Secondary causes of osteoporosis	**Asma Aljaberi**
14:45 – 15:00 Treatment of very high-risk patients and sequential therapy	**Amel Ginawi**
15:00 – 15:15 AI IN IMAGING: PROMISE, PARADOX AND PARTNERSHIP	**Ahmed ElSerafi**
15:15 – 15:30 Imaging in Osteoporosis since beginning	**AbdulRahim AlSuhaili**
15:30 – 15:40 Discussion	
15:40 – 15:55 Osteoporosis from Surgical point of view	**Medhat Khafajy**
15:55 – 16:10 EHS protocol Osteoporosis	**Suad Hannawi**
16:10 – 16:25 Fragility fractures	**Khaleil Almatroshi**
16:25 – 16:40 Discussion	
16:40 – 17:00 **closing remarks**	**Luay Tapponi** **Ramadan Arafa**

Day 1 (17th January, 2026)	
Evening Session	
Hall 3	
Free paper session 1 **17:00 - 18:00**	
Moderators Khaleil Almatroshi - Mohamed Kamal - Ahammed Jabir – Mohamed Ferig	
17:00 – 17:15	
17:15 – 17:30	
17:30 – 17:45	
17:45 – 18:00	

Day 1 (17th January, 2026)	
Morning Session	
Hall 4	
East Coast Orthopedic Group **11:00-13:00**	
Moderators Sultan Shobaki – Khaleil Almatroshi – Mohamed Kamal Salih	
11:00- 11:15 Emergency prospectives for Orthopedic Emergencies	**Firasat Khan**
11:15 – 11:30 Fujairah hospital MIS pelvic cases	**Ahmed Barakat**
11:30 – 11:45 Power Dril Kickback fracture (isolated metacarpal fracture)	**Reni Paulose**
11:45 – 12:00 **Discussion**	
12:00 – 12:15 Isolated lesser tuberosity fracture of humerus – case report	**Ameerjan John**
12:15 - 12:30 Spine dislocation – challenges	**Wael Alsammak**
12:30 –12:45 Challenging knee meniscal	**Sultan Shobaki**
12:45 – 13:00 **Discussion**	**ALL**

Day 1 (17th January, 2026)	
Evening Session	
Hall 4	
Pediatric Spine Workshop **14:00 -17:00**	DePuy Synthes
Faculty **Khalifa Al Ghafri – Zaid Al-Aubaidi**	
14:00 – 14:20 **Key Vertebrae - principles of surgical planning**	**Khalifa Al Ghafri**
Stations starts 14:30 **Station 1: APC principles**	**Alaaeldin Azmi**
Stations 2: Correction methods	**Zaid Al-Aubaidi**
Station 3: Thoracic pedicle screw insertion	**Khalifa Al Ghafri**
Station 4: Magic rods principles	**Wallead Al-Jaeafee**

Day 2 (18th January, 2026)	
Morning Session	
Hall 1	
Knee arthroplasty **09:00-13:00**	
Knee arthroplasty Session 1 **09:00-11:00**	
Moderators Samih Tarabichi · Mohamed Muath Adi - Mohamed Elfekky – Mohamed Zakaria	
09:00 – 09:10 **Opening & Welcome**	
09:10 – 09:20 Balancing the valgus knee	**Samih Tarabichi**
09:20 – 09:30 Balancing the Valgus Knee	**Sherif Khaled**
09:30 – 09:40 Posterior-Stabilized / Semi-Constrained TKA – Indications & Technique	**Mohamed Attia Metwally**
09:40–09:50 TKR in Extra-Articular Deformity	**Mojieb Manzary**
09:50–10:00 Personalized Alignment for Every Knee	**Ali Al Belooshi**
10:00–10:10 Augmented Reality in Total Knee Replacement	**Jaber Alkhyeli**
10:10–10:20 Cryoablation in Knee Replacement Surgery	**Mohamed Elfekky**
10:20–10:40 **Q&A**	
10:40–11:00 **Break**	

Hall 1	
Knee arthroplasty Session 2 **11:00-13:00**	
11:00 – 11:10 Sports after TKR-is self-rehab enough?	**Sherif Khaled**
11:10 – 11:20 Partial Knee Replacement – Patient Selection & Tips	**Ali Al Belooshi**
11:20-11:30 Workup of a painful TKA	**Javad Parvizi**
11:30-11:40 Best Practices for Managing Early Signs of Infection Following TKR	**Mohamed Muath Adi**
11:40-11:50 Management of Fixed Flexion Deformity After TKR	**Ahmed El-Bakoury**
11:50-12:00 Metal Allergy in TKA	**Javad Parvizi**
12:00-12:10 Why Do I Stem My Primary TKR?	**Mojieb Manzary**
12:10-12:20 Can We Avoid Full components Revision in TKR !	**Shaher Hasanain**
12:20–12:30 Management of Bone Defect in Revision TKR	**Samih Tarabichi**
12:30 – 13:00 **Open Panel Discussion**	**All Faculty**
13:00 – 14:00 **Lunch**	
Evening Session	
Hall 1	
14:00- 14:50 **Knee Arthroplasty debates (cases discussion)** **All faculty**	

Day 2 (18th January, 2026)	
Evening Session	
Hall 1	
Orthopedic Oncology **15:00 - 17:00**	
Moderators **Philipp Berdel- Wail Tilakh - Shanker Sagar - Mohamed Zakaria**	
15:00 – 15:15 Diagnostic Approach to Musculoskeletal Neoplasms	**Michael Sean Dudeney**
15:15 – 15:30 Sarcomas of the Upper Extremities	**Philipp Berdel**
15:30 – 15:45 Sarcomas of the Lower Extremities	**Raed Al Saruri**
15:45 – 15:55 Benign Bone Tumors in Children	**Wail Tilakh**
15:55 – 16:00 Discussion	**All**
16:00 – 16:15 Malignant Bone Tumors in Children	**Philipp Berdel**
16:15 – 16:30 Mega prosthesis principles and advances	**Mohamed Mashhour**
16:30 – 16:45 Arthroplasty – distal radius giant cell tumor gy	**Mohamed Fathy Mostafa**
16:45 – 17:00 **Q&A**	
17:00- 17:30 **Closing ceremony** **See You 16-17 January 2027**	

Day 2 (18th January, 2026)	
Morning Session	
Hall 2	
Knee Sport Session **09:00-13:00**	
Moderators Ashraf Abdelkafy- Nader Darwich - Ahmad Hassan – Osama Gamal	
09:00-09:30 Medialization versus anteromedialization TTO in PF instability	**Mohamed Abdelmonsef – Jaber Alkhyeli**
09:30-10:00 Ramp lesion repair via posteromedial portal versus anterior portals	**Sultan Shobaki – Ahmad Hassan**
10:00-10:30 Hamstrings versus peroneus longus tendon grafts in 1ry ACLR	**Rik Kundra – Usama Saleh**
10:30-11:00 ACL repair versus reconstruction	**Loiy Alkhatib - Nader Darwich**
11:00-11:30 Meniscal repair with fibrin clot versus isolated meniscal repair	**Saeed Althani – Ashraf Abdelkafy**
11:30-12:00 Repair versus meniscectomy in complex meniscal tears	**Nader Darwich – Ziyad EL-Qirem**
12:00-12:30 Fixation versus allograft for management of large osteochondral lesions of the femoral condyles.	**Ashraf Abdelkafy – Rik Kundra**
12:30-13:00 Deflection osteotomy plus ACL reconstruction versus isolated ACL reconstruction in ACL deficient knees with high tibial slopes.	**Saeed Althani – Khalid Alkhelaifi**
13:00 – 14:00 **Lunch**	

Hall 2	
Shoulder session **14:00 – 17:00**	
Moderators **Saeed Althani - Ghassan Alami – Usama Saleh – Mohamed Babeker**	
14:00-14:10 1st time dislocation, current updates for 2026	**Loiy Alkhatib**
14:10-14:20 Decision making for recurrent shoulder instability, my algorithm.	**Khalid Alkhelaifi**
14:20-14:30 Management of Bony Bankart lesion	**Ziyad EL-Qirem**
14:30-14:40 Posterior instability	**Hasan Baydoun**
14:40-15:00 **Crossfire 1** 22 years old, basketball player, 12% glenoid bone loss, what is your opKon of treatment? **I go for, Bankart plus Remplissage Usama Saleh** **Latarjet is the best opKon Ghassan Alami**	**Usama Saleh** **Ghassan Alami**
15:00-15:20 **Crossfire 2** 18 years old, Tennis player, labral tear plus type 2 SLAP tear, how would you manage the SLAP tear? **I repair it Saeed Althani Tenodesis is more predictable Azzam Fayyad**	**Saeed Althani** **Azzam Fayyad**
15:20-15:40 coffee Break	
Moderators **Loiy Alkhatib - Khaled Alkhleify – Mohamed Ferig**	
15:40-15:50 Posterosuperior cuff tear, my treatment approach	**Ziyad EL-Qirem**
15:50-16:00 Subscapularis, sKll a hidden lesion?	**Hasan Baydoun**
16:00-16:10 Massive, retracted cuff tear, release and repair techniques	**Khalid Alkhelaifi**
16:10-16:20 Management of a failed cuff tear	**Usama Saleh**
16:20-17:00 **Case discussion** **Moderators** Hasan Baydoun / Usama Saleh **Panel** Khalid Alkhelaifi Ziyad EL-Qirem Ghassan Alami Loiy Alkhatib Saeed Althani	
17:00- 17:30 **Closing ceremony** **see you 16-17 January 2027**	

Day 2 (18th January, 2026)	
Morning Session	
Hall 3	
Femur and Tibia fractures Workshop **11:00- 13:00**	stryker
Faculty Omar Sabri -Hassan Rifae	

Day 2 (18th January, 2026)	
Evening Session	
Hall 3	
Free paper session 2 **14:00 - 17:00**	
Moderators Abdelbary Hassan Gouda -Tariq Sadik- Ahmed Barakat	

Day 2 (18th January, 2026)	
Morning Session	
Hall 4	
Casting Principles Workshop **09:00 -13:00**	Innospec
Faculty Oni Adeniyi -Usama Saleh- Rabia Elsayed Elnagar	
Traditional cast materials	**Rabia Elsayed**
Special techniques	**Oni Adeniyi**
Water proof	**Usama Saleh**

Day 2 (18th January, 2026)	
Evening Session	
Hall 4	
High Tibial Osteotomy Workshop **14:00 -17:00**	DePuy Synthes
Faculty Ahmed El-Bakoury – Mohamed Abdelmonsef -Rik Kundra	



PROJECT MANAGER

MS. YASMIN SAEED

+971544103411 YASMINE@PURESPOT.ORG

DUBAI AIRPORT FREE ZONE AREA (DAFZA), BUILDING 8W, 5TH FLOOR, REGUS BUSINESS CENTER OFFICE 511

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