1st EHS

EHS
مؤسسة الإمارات للخدمات الصحية
Emirates Health Services

مجموعة جراحة الاصابات الرياضية والمناظير الاردنية
Jordanian Group of sport injuries and arthroscopic surgeries

AO SPINE

FUJAIRAH INTERNATIONAL ORTHOPEDIC CONGRESS
FIOC

جمعية الإمارات لجراحة العظام
Emirates Orthopaedic Society

INTERNATIONAL ORTHOPEDIC CONGRESS

Fujairah International Orthopedic Congress

DoubleTree by **Hilton Fujairah City**

13-14th JANUARY 2024

CPD CERTIFIED
The CPD Certification Service
Collective Mark
13 Hrs

https://fiocongress.com

1st EHS INTERNATIONAL ORTHOPEDIC CONGRESS

Fujairah International Orthopedic Conference

EHS مؤسسة الإمارات للخدمات الصحية Emirates Health Services

مجموعة جراحة الاصابات الرياضية والمناظير الاردنية Jordanian Group of sport injuries and arthroscopic surgeries

AO SPINE

FIOC FUJAIRAH INTERNATIONAL ORTHOPEDIC CONGRESS

Emirates Osteoporosis Society



REGISTRATION 08:00 -09:00

13TH, JANUARY, 2024

Hall 1

SPINE

MODERATORS:
Sameh Abolfotouh - Omar Alnori - Ziad Aljian

09:00-09:15

Spine trauma highlights **Wael Alsammak**

09:15- 09:30

Tips and Tricks in Adult Spine deformity **Omar Alnori**

09:30-09:45

Proximal Junctional Kyphosis, is it avoidable? **Sameh Abolfotouh**

09:45-10:00

Instrumentation strategies in the osteoporotic bone
Nayef Bin Dajim

10:00-10:15

Dural tears: What are my best options? **Nader Hebala**

10:15-10:30

Discussion **All Speakers**

10:30- 10:50

Break

10:50–11:05

C1-C2 instability **Marcus Head**

11:05–11:20

OPLL: Surgical options **Anas Dyab**

11:20 –11:35

Degenerative Cervical Myelopathy, Current concepts and future directions **Tarek Rayyan**

11:35–11:50

C5 palsy
Imad Hashim

11:50 – 12:05

Cervical Spine Tumours: Comprehensive Approach.
Mohamed Al Asha

12:05 -12:20

Discussion **All Speakers**

Hall 2

SPORT

MODERATORS:
Ziyad EL-Qirem- Ashraf Abdelkafy -Ali Alfar

09:00-09:15

Bucket handle meniscus tear, my prefer management **Loiy Alkhatib**

09:15- 09:30

Ramp lesion: The missed injury **Hashem Al Qdhah**

09:30-09:45

LET with ACLR: when and how? **Ashraf Abdelkafy**

09:45-10:00

Graft options for ACL
Rik kundra

10:00-10:15

All-inside ACLR: technique and outcome results **Ashraf Abdelkafy**

10:15-10:25

Discussion **All Speakers**

10:25- 10:35

Break

10:35- 10:50

Current updates in shoulder instability management
Ali Alsuwaidi

10:50-11:05

10 points for successful Bankart repair **Bhuvan Machani**

11:05 -11:20

How I do bone block procedure tips and tricks **Ziyad EL-Qirem**

11:20-11:35

AC joint Reconstruction **Bhuvan Machani**

11:35-11:50

Tips and tricks in cuff repair **Ziyad EL-Qirem**

11:50-12:10

Case presentation **Sultan Shobaki**

12:10-12:20

Discussion **All Speakers**

Hall 3

TRAUMA 1 WORKSHOP

09:00- 13:00

FACULTY
- *Mahmoud Abdulkarim*
- *Yasser Hannout*
- *Wesam Ali Nasrallah*
- *mohammed khattab*
- *Hayder Alsaadi*

PRACTICALS :
- » *InFIx pelvis*
- » *External fixation options*
- » *MIS pelvis fixation options*
- » *plating pelvis options*
- » *Tibia intramedualry nailing*
- » *Femur interamedually nailing*

Trauma 1 workshop

Johnson&Johnson MedTech

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13TH, JANUARY, 2024

Hall 1

12:20 -12:50

Amgen Symposium – common hall

MODERATOR: *Khalil Matrooshi*

Building Bone First with Evenity in Very High Risk Osteoporosis Patients

Sameh Abolfotouh

13:00 - 14:00

Lunch

14:00 -14:30

Future spine therapy **Sameh Abolfotouh**

SPINE DEBATE

MODERATORS:

Sameh Abolfotouh - Omar Alnori- Imad Hashim

14:30 -15:30

Degenerative spondylolisthesis, What's the best approach?

- *Posterolateral Fusion* - **Khaled Aneiba**
- *TLIF* - **Anas Dyab**
- *ATP* - **Firas Al Husban**
- *ALIF* - **Marcus Head**

15:30 -16:00

Central Cord Syndrome:

- *I will operate immediately.* - **Sameh Abolfotouh**
- *I will Conserve, they get better anyways* - **Waseem Aziz**

16:00 -16:15

Break

16:15- 16:45

Adolescent Idiopathic Scoliosis:

- *Fusion is the gold-standard.* **Ziad Al Jian**
- *VBT is the best option.* **Mason Alnori**

16:45-17:30

Cervical Radiculopathy, What's the best option?

- *ACDF* - **Nayef Bin Dajim**
- *ADR* - **Nicandro Figueiredo**
- *Laminoforamintomy* - **Omar Alnori**

Hall 2

12:20 -12:50

Amgen Symposium – common hall

MODERATOR: *Khalil Matrooshi*

Building Bone First with Evenity in Very High Risk Osteoporosis Patients

Sameh Abolfotouh

13:00 - 14:00

Lunch

14:00 -14:30

Future therapy Cartilage repair **Ahmed Elmenshawy** *(Virtual)*

SPORT DEBATE

MODERATORS:

Loiy Alkhatib - Sultan Shobaki - Ziyad EL-Qirem

14:30 -15:00

ACLR vs ACL repair

1. *Reconstruction* -- **Ashraf Abdelkafy**
1. *Repair* -- **Loiy alkhatib**

15:00 -15:30

Hamstrings vs BTB grafts for ACLR in professional athletes

1. *Hamsting --* ***Rik kundra***
2. *BTB --* ***Wail Tilakh***

15:30 -16:00

1st time patellar dislocation, management updates

Ashraf Abdelkafy- Sultan Shobaki

16:00- 16:30

Management of recurrent shoulder instability with 15% bone loss

1. *Latarjet is my choice --* ***Ali Alsuwaidi***
1. *Bankart + Remplissage --* ***Ziad El Qerim***

16:30 -17:00

Management of acute high grade AC joint separation

1. *Open is the gold standard* -- **Bhuvan Machani**
1. *Arthroscopic repair is the way to go* -- **Azzam Fayyad**

17:00- 17:30

Management of cuff repair

1. *Single row is cheaper and same clinical outcome --* ***Loiy Alkhatib***
1. *Double row is my way --****Ali Alsuwaidi***

17:30-17:45

Fujairah Hospital sports cases **Ali Alfar**

Hall 3

TRAUMA 2 WORKSHOP

14:00- 17:00

FACULTY :

- ***Medhat Khafajy***
- ***Yasser Hannout***
- ***Mohammed Refaee***
- ***Kareem Khaleil***
- ***Issam Hozayem***

PRACTICALS :

- ***Pelvic fixation options.***
- ***Deformity correction.***
- ***Elbow fixator.***
- ***Long bone fixators.***

Trauma 2 Workshop

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ORTHOFIX

FREE PAPER SESSION

MODERATORS:

Luay Tapponi - Abdulbary Hassan

17:00-17:20

Limb reconstruction case study use of ring fixator and orthoplastic approach **Issam Hozayem**

17:20- 17:40

Treatment of Hip Osteonecrosis Using Adipose Tissue-Derived Mesenchymal Stem Cells: From clinical applications **Mohammed Elfatih Elbadri**

17:40-18:00

Short-term Complications of Open Latarjet Procedure for Recurrent Anterior Shoulder Dislocation **Shayan Amiri**

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14TH, JANUARY,2024

	Hall 1	Hall 2	Hall 3
	KNEE ARTHROPLASTY	**ORTHOPEDIC EDUCATION**	**ORTHOPEDIC NURSING**
	SESSION 1 KNEE ARTHROPLSTY (Planning and preoperative)		
	MODERATORS: ***Mahmoud Abdel Karim -Khalid Alhamadi - Shaher Hasanain***	**MODERATORS:** ***Abdulbary Hassan - Hayder ALSaadi - Khaleil Almatrooshi***	**MODERATORS:** ***Saieda Abu Doulah / Amina Ahmed***
	8:30-8:45	**08:30-08:45**	**09:00-09:15**
	Alignment & Preoperative Planning for Primary TKA **Sebastien Paratte**	***Orthopedic teaching from college to fellowship*** **Hayder AlSaadi**	***Journey of orthopedic nurse*** **Samer Alshrydah**
	8:45-9:00	**08:45- 09:00**	**09:14 -09:30**
	My Choice of material and fixation in TKR and why? **Ibraheem Hijazi**	***Undergraduate student experience (student)*** **Lakshmi Pemmasani**	***Orthopedic instrument handling*** **Brian Balan**
	9:00-9:15	**09:00-09:15**	**09:30 -09:45**
	Fast Track TKA **Shaher Hasanain**	***Resident experience (Resident)*** ***Abdulla Maged Abdelwahab***	***SSI prevention*** **Fatima Al Hefaity**
	9:15-9:30	**09:15-09:30**	**09:45-10:00**
	AI in total knee arthroplasty, current and possible future applications **Mohamed Elfekky**	***Women in Orthopedics*** **Dalal Bubshait**	***Pin site care*** **Mohammed Hazzam**
	9:30-9:45	**09:30-09:45**	**10:00- 10:15**
	Hypotensive anesthesia in TKA **Ahmed Khalaf**	***Pediatric Orthopedic challenging cases*** **Dalal Bubshait**	***Whom to scrub and whom to circulate*** **Mohamed Ghazouani**
	9:45-10:00	**09:45-10:00**	**10:15 –10:30**
	Pain management in TKR **Ibraheem Hijazi**	***Modified Ponseti techniques for club foot*** **Kareem Khalil**	***Wound care for orthopedic cases*** **Aisha Mostafa**
	10:00-10:15	**10:00-10:15**	**10:30 -10:45**
	Knee replacement ...the bad scenarios! **Mohamed Khattab**	***Fragility fractures*** **Hashem Al Qdhah**	***Orthopedic Cast care*** **Oni Adebayo**
	10:15-10:30	**10:15-10:25**	**10:45: 11:00**
	Discussion	***Discussion***	***Discussion***
	10:30-10:45	**10:25- 10:40**	**Trauma Session**
	Coffee break	***Break***	**MODERATORS:** ***Ahammed Jabir - Abdulbary Hassan - Tarek Tawfek***
	SESSION 2 KNEE ARTHROPLASTY (Surgical Technique, Challenges)		
	MODERATORS: ***Mohamed Muath Ali - Mohammed El Fekky - Abdmoneim Kablan***		
	10:45-11:00	**10:40- 11:00**	**11:00 - 11:15**
	A novel algorithm to balance Varus knee without compromising the superficial MCL. **Samih Tarabichi**	***Peripheral Nerve Blocks Overview and complications*** **Ahmed El Tanahy**	***Elbow terrible triad preferred approach*** **Madhat A. Al-Khafajy**
	11:00-11:15	**11:00-11:15**	**11:15 - 11:30**
	Knee soft tissue balance, problems and solutions **Oussama Chaar**	***Sport injuries current education and future*** **Tarek Sadek**	***Distal radius dorsal fixation when to do*** **Hashem Al Qdhah**
	11:15-11:30	**11:15 -11:30**	**11:30 - 11:45**
	Tibia component rotation...the ways to do it right! **Ahmed Elnaggar**	***Limb reconstruction principles*** **Kareem Khalil**	***Calcaneus fracture MIS updates*** **Abdelbagy Handous**

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Hall 1

11:30-11:45

My Recipe for Correction of Flexion Deformity **Mohamed Muath Adi**

11:45-12:00

Management of Extra-Articular Deformities **Samih Tarabichi**

12:00-12:15

Periprosthetic Fractures: Fix or Replace? **Mahmoud Abdel Karim**

12:15-12:30

Diagnosis of PJI **Feras Ya'ish**

12:30-12:45

Local use of Antibiotics in PJI **Oussama Chaar**

12:45 -13:00

Discussion

13:00-14:00

Lunch

14:00 -14-30

Robotic Assisted Partial Knee Arthroplasty **Sammy Hanna**

Session 3 - Knee Arthroplasty Debates (Ask the experts)

MODERATORS:

Samih Tarabichi - Mahmoud Abdul Karim
Feras Ya'ish - Sebastien Paratt - Basil Al Arabid

14:30-15:00

Mechanical vs Kinematic Alignment
Oussama Chaar - Sebastien Paratte

15:00-15:30

Tourniquet vs Tourniquet-Less
Shaher Hasanain - Sammy Hanna

15:30-16:00

Simultaneous bilateral vs Unilateral TKR
Samih Tarabichi -Yassir Hussain Pengatteeri

16:00-16:30

CR vs PS TKA
Mohamed Muath Adi - Mohamed Elfekky

Hall 2

11:30-11:45

Polytrauma management DCO vs ETC **Sultan Shobaki**

11:45-12:00

EHS Orthopedic Education current and future
Khaleil Almatrooshi

12:00-12:15

Osteoporosis from college teaching to practice **Medhat Khafaji**

12:15-12:30

Discussion

12:30-13:00

Future of Medical education **Ismail Matalka**

13:00 -14:00

Lunch

Pelvis Module

MODERATORS:

Wesam Ali Nasrallah - Girgis Latif - Tarek Tawfik

14:00 -14:15

Acute management pelvic ring disruption, hemorrhage control and resuscitation **Girgis Latif**

14:15 -14:30

Fixation of geriatric acetabular fracture and roof impaction
Mahmoud Abdul Karim

14:30 -14:45

Sacral fractures reduction, fixation and lumbopelvic fixation
Wesam Ali Nasrallah

14:45- 15:00

Biologic fixation of pelvic ring and acetabular fractures
Yasser Hannout

15:00 –15:15

Minimal invasive pelvic fixation options **Madhat A. Al-Khafajy**

Hall 3

11:45 - 12:00

Lisfanc fracture-dislocation **Daniel Manfred Thull**

12:00 -12:15

Syndesmotic ankle injury update **Muhammad Khalifa**

12:15 -12:30

Neck femur fracture updates **Ali Hegazi**

12:30 -12:45

Paediatric supracondylar fractures- what causes deformity?
Ammunje S Nayak

12:45-13:00

Discussion

13:00 -14:00

Lunch

ORTHOPEDIC NURSES WORKSHOP

14:00 – 18:00

FACULTY :

- *Hashem al Qdhah*
- *Muhammad Khalifa*
- *Ali Higazi*
- *Abdulbagy Handous*
- *Samer Alshrydeh*
- *Erwin Arnas*

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PRACTICALS :

- *Tibia intramedullary nailing*
- *Femur intramedullary nailing*
- *Absolute stability*
- *Relative stability*

CASTING TECHNIQUES

- *Wood Cast Materials*
- *Practical Applications*
- *1 Station*
- *16:00 -17:00*

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Orthopedic Nurses Workshop

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14TH, JANUARY,2024

Hall 1

16:30-17:00

Patellar resurfacing vs No resurfacing in Primary TKA
Sebastien Paratte - Mahmoud Abdel Karim

17:00-17:30

One-stage vs two-stage revision in PJI
Feras Ya'ish - Mahmoud Abdel Karim

Hall 2

15:15 15:25

Acetabular fracture Umm Alquwain experience
Ammunje S Nayak

Free Paper Session

MODERATORS:
Mohammed Kamal - Abdulbary Hassan - Tarek Tawfek

16:00 -16:20

***Minimally Invasive Distal Chevron Osteotomy for Symptomatic Bunionette: Clinical and Radiologic Results of a 31-Case Retrospective Study* Daniel Manfred Thull**

16:20 -16:40

Moderately elevated erythrocyte sedimentation rate (ESR) or C-reactive protein (CRP) in patients with no clinical signs or symptoms of infection is not a contraindication for total knee arthroplasty: a retrospective cohort study
Shayan Amiri

16:40 -17:00

Benign Neutropenia in Orthopaedics
Miodrag Milenkovic

17:00 - 17:20

Early Outcome of large curve scoliosis surgery in Sudan
Yasir Gashi

17:20 - 17:40

uncommon but important disorder of femoral head
Abdelbary Hassan

17:40 - 18:00

***Span , Scan & Plan , still valid?* Shankar Sagar**

Hall 3

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SPINE WORKSHOP

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ANT. CERVICAL

- Real Spine Model
- ACDF

POST. CERVICAL

- Real Spine Model
- Lateral Mass
- Laminectomy

MIS LUMBAR

- Real Spine Model
- MIS Pedicle Screw Insertion
- TLIF

POSTERIOR LUMBAR

- Synbone
- Kyphoplasty

ROUND	TIMING
1st Round	One Hour
2nd Round	One Hour
Break for Changing Models	
3rd Round	One Hour
4th Round	One Hour

JANUARY 14

AL FUJAIRAH HOSPITAL

09:00- 16:00

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TRAUMA 1 WORKSHOP – SURGEONS

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IM NAILING - TIBIA

- Synbone
- Expert Tibial Nail
- 4 Stations
- 1 Hour

IM NAILING - FEMUR

- Synbone
- Expert Lateral Femoral Nail
- 4 Stations
- 1 Hour

PELVIC INTERNAL FIXATION

- Synbone
- MIS / plating
- 4 Stations
- 1 Hour

PELVIC EXTERNAL FIXATOR

- Synbone
- Large External Fixator
- 3 Stations
- 1 Hour

PELVIC INFIX

- Synbone
- Infix pelvis
- 1 Station
- 1 Hour

JANUARY 13

Doubletree BY HILTON DUBAI FUJAIRAH CITY

09:00- 13:00

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TRAUMA 2 WORKSHOP – SURGEONS

Delma Al-Redwan Trading

ORTHOFIX

ELBOW FIXATOR

- Synbone
- Elbow fixator
- 1 Hour

LIMB RECONSTRUCTION

- Synbone
- Limb reconstruction set
- 1 Hour

LONG BONE FIXATORS

- Synbone
- Low Profile 3.5 Recon Plate
- 1 Hour

PELVIC EXTERNAL FIXATOR

- Synbone
- Large External Fixator
- 1 Hour

JANUARY 13

Doubletree BY HILTON DUBAI FUJAIRAH CITY

14:00 - 16:00

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NURSING WORKSHOP – ORP

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IM NAILING - TIBIA

- Synbone
- Expert Tibial Nail
- 4 Stations
- 1 Hour

IM NAILING - FEMUR

- Synbone
- Expert Lateral Femoral Nail
- 4 Stations
- 1 Hour

ABSOLUTE STABILITY

- Synbone
- Lag Screw & LCP Techniques
- 4 Stations
- 1 Hour

RELATIVE STABILITY

- Synbone
- LCP Technique with locking Screws
- 4 Stations
- 1 Hour

JANUARY 14

Doubletree BY HILTON DUBAI FUJAIRAH CITY

14:00 – 18:00

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CASTING TECHNIQUES

- Wood Cast Materials
- Practical Applications
- 1 Station
- 15:00 -16:00

Chairperson

Dr.Wael Alsammak

Congress Co-Chairman and Organizing Committee Chairman

Dr. Khaleil Almatrooshi

Scientific Committee Chairman

Dr. Hayder Alsaadi

Scientific Committee

Dr. Ali Alfar
Prof. Ashraf Abdelkafy
Dr. Luay Tapponi
Prof. Mahmoud Abdel Karim
Dr. Sameh Abolfotouh
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Dr. Usama Saleh
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