11th Annual Conference of Health Insurance "Sharkia Branch"

From Guidelines to Practice

Workshop - 5 March 2024 - El Mabara Hospital, Zagazig

Conference 6-7 March 2024 - Scientific Center Faculty of Medicine, Zagazig University Hospital

Under The Patronage of
Al-Sharkia's Governor
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WELCOME MESSAGE

On behalf of the Health Insurance Organization, it is a great pleasure to welcome you at

The 11th Conference of Sharkia Branch

The aim of the conference this year will be the review of the latest issues and recent guidelines on diagnosis and management of most diseases in internal medicine and cardiology we face in our daily practice.

The conference is honored by active participation of professors of internal medicine and Cardiology from most universities of Delta and Canal. We are looking forward to see you at the meeting which will be a fruitful event to our efforts in contentious medical education and optimizing the care given to our patients.

Our conference welcomes the participation of all health care providers interested in diabetes all over Egypt. In this conference and all our seminars, we welcome our colleagues from Cairo, Alexandria and Upper Egypt and we look forward to their help and advice.

Finally, we ask our God for his help and guidance to achieve our noble goal for the benefit of our patients.



Dr Reda El Deeb



Prof Hanaa Rashid



Dr Ahmed El-Ahmady

Workshop | **Day 1** | **5 March 2024**

Registration	09.00 – 09.30 AM
Workshop	09.30 – 10.30 AM

Time	Topic	Speaker
09.30 AM 10.00 AM	**Nutrition in Ramadan**	*Dr.* **Ahmed El-Ahmady** Zagazig
10.00 AM 10.30 AM	**Type 1 Diabetes & Type 2 Diabetes**	*Prof.* **Ahmed Shawky** Zagazig



Conference | **Day 2** | **6 March 2024**

Registration	09.00 – 09.30 AM
Opening Ceremony	09.30 – 10.00 AM
Session 1	10.00 – 11.35 AM

Chairpersons, *In alphabetical order*

Prof. **Ahmed Ramadan**, Zagazig / *Prof.* **Fawzy Al Mossalamy**, Zagazig / *Prof.* **Hamed Diraz**, Zagazig.

Time	Topic	Speaker
10.00 AM 10.20 AM	**Subclinic hypothyroidism treat or not to treat**	*Prof.* **Mohamed Sallam** Zagazig
10.20 AM 10.40 AM	**Practicalities of safe Ramadan fasting with IDegAsp.** *Novo Nordisk Symposium*	*Prof.* **Mohamed El Assy** Zagazig
10.40 AM 10.55 AM	**Forxiga .. Revolutionizing Heart Failure EG-7597** *AstraZeneca Symposium*	*Prof.* **Gamal Fahim** Mansoura
10.55 AM 11.10 AM	**Introducing lokelma – A new Era For HK management EG-5390** *AstraZeneca Symposium*	*Prof.* **Yaser Abdelglil** Al Azhar
11.10 AM 11.25 AM	**ACS management Bringing guidelines to practice EG-4311** *AstraZeneca Symposium*	*Prof.* **Fathy Nada** Suez Canal
11.25 AM 11.35 AM	**Discussion**	

Session 2	11.35 AM – 01.45 PM

Chairpersons, *In alphabetical order*

Prof. **Hany Elshafey**, Zagazig / *Prof.* **Hesham Shouman**, Zagazig / *Prof.* **Mohamed Emam**, Zagazig.

Time	Topic	Speaker
11.35 AM 11.55 AM	**Combination of lipid lowering therapies from Start**	*Prof.* **Hassan Hassanein** Zagazig
11.55 AM 12.15 PM	**Time is now for entresto** *Novartis Symposium*	*Prof.* **Tamer Mostafa** Zagazig
12.15 PM 12.35 PM	**Pompe Disease; a treatable myopathy** *Sanofi Symposium*	*Prof.* **Wessam Abdelmoneem** Zagazig
12.35 PM 12.55 PM	**Managing Diabetic Dyslipidemia: optimum approach** *Viatris Symposium*	*Prof.* **Abdel Moneam Zeid** Zagazig
12.55 PM 01.15 PM	**Janssen Symposium**	*Prof.* **Ahmed Shafie Ammar** Zagazig
01.15 PM 01.35 PM	**Management of hypertension in patients with diabetes mellitus** *Novartis Symposium*	*Prof.* **Arafa Elshabrawy** Zagazig
01.35 PM 01.45 PM	**Discussion**	

01.45 PM 02.05 PM	COFFEE BREAK

Session 3 — 02.05 – 03.35 PM

Chairpersons, *In alphabetical order*

Prof. **Ashraf Soliman**, Zagazig / *Prof.* **Doaa El Mohamady**, Zagazig / *Prof.* **Salah Zaghloul**, Zagazig.

Time	Topic	Speaker
02.05 PM 02.25 PM	**Misconceptions in management rheumatic fever**	*Prof.* **Fathy Nada** Suez Canal
02.25 PM 02.45 PM	**Misconceptions in management coronary artery disease**	*Prof.* **Mohamed El Merry** Suez Canal
02.45 PM 03.05 PM	**Are two better than one? Initial combination therapy in type 2 diabetes mellitus** *Sanofi Symposium*	*Prof.* **Mayada Moussa** Zagazig
03.05 PM 03.25 PM	**Transforming therapy with second Generation Basal Insulins! Unleash the Potency!** *Sanofi Symposium*	*Prof.* **Nermeen Rashad** Zagazig
03.25 PM 03.35 PM	**Discussion**	

Session 4 — 03.35 – 04.35 PM

Chairpersons, *In alphabetical order*

Prof. **Maysaa Abdallah**, Zagazig / *Prof.* **Mohamed Elkhashab**, Zagazig.

Time	Topic	Speaker
03.35 PM 03.55 PM	**Upper GIT emergencies**	*Prof.* **Hisham Ibrahim** Zagazig
03.55 PM 04.15 PM	**Lower GIT emergencies**	*Prof.* **Mohamed Magdy** Zagazig
04.15 PM 04.25 PM	**Discussion**	

Conference | **Day 3** | **7 March 2024**

Time	Topic	Speaker
09.30 AM 09.45 AM	**Elmabara hospital between past and present**	*Prof.* **Hanaa Rashid** Director of El Mabara Hospital
09.45 AM 10.00 AM	**Sharkia Branch in one year**	*Dr.* **Dalia Eid**

Session 5 — 10.00 – 11.00 AM

Chairpersons, *In alphabetical order*

Prof. **Abdelsalam Sherif**, Zagazig / *Prof.* **Ahmed Fathy**, Zagazig / *Prof.* **Mohamed Elawady**, Zagazig.

Time	Topic	Speaker
10.00 AM 10.20 AM	**Diabetes & Heart Failure, Exploring Definitions & Optimizing Management** *Sanofi Symposium*	*Prof.* **Mohamed Wafaey** Zagazig
10.20 AM 10.35 AM	**Hypertensive and dyslipidemia patients, beyond control with optimum protection EG-5104** *AstraZeneca Symposium*	*Prof.* **Ahmed Shafie Ammar** Zagazig
10.35 AM 10.50 AM	**Diabetes Compass Points Holistic Management "Control & Protect" EG-9210** *AstraZeneca Symposium*	*Prof.* **Khaled Hadhoud** Zagazig
10.50 AM 11.00 AM	**Discussion**	

Session 6		11.00 AM – 12.30 PM

Chairpersons, *In alphabetical order*

Prof. **Neveen Fouad**, Zagazig / *Prof.* **Osama El Gamal**, Benha.

Time	Topic	Speaker
11.00 AM 11.20 AM	**Dar guidelines and Legacy effect of Sitagliptin** *MSD Symposium*	*Prof.* **Hatem Salim** Zagazig
11.20 AM 11.40 AM	**Glucophage XR, The right tool in the right time** Merck Symposium	*Prof.* **Abdel Moneam Zeid** Zagazig
11.40 AM 12.00 PM	**Concor AMLO, When 1 + 1 = 3** Merck Symposium	*Prof.* **Islam Shehata** Zagazig
12.00 PM 12.20 PM	**Anticoagulation for atrial fibrillation who, when and how?** Bayer Symposium	*Prof.* **Mohamed Wafaey** Zagazig
12.20 PM 12.30 PM	**Discussion**	

Session	State of art	12.30 – 01.00 PM

Chairpersons, *In alphabetical order*

Prof. **Ahmed Shawky**, Zagazig.

Time	Topic	Speaker
12.30 PM 01.00 PM	**Diabetes Melletus from then to now**	*Prof.* **Mohamed El Assy** Zagazig

Session 7	01.00 – 02.00 PM

Chairpersons, *In alphabetical order*

Prof. **Ahmed Abdelazim**, Zagazig / *Prof.* **Hermeen Ahmed**, Zagazig.

Time	Topic	Speaker
01.00 PM 01.20 PM	**Diabetes and Ramadan**	*Prof.* **Azza Hassan** Zagazig
01.20 PM 01.40 PM	**GIT and Ramadan**	*Prof.* **Fathy El Ghamry** Al Azhar
01.40 PM 01.50 PM	**Challenge in administration of vitamin B12** *Nerhadou Talk*	*Dr.* **Amr Whadan** Tender marketing manager
01.50 PM 02.00 PM	**Discussion**	

02.00 PM	CLOSING

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