NutriPolice Conference

قسم التغذية الاكلينيكية
Clinical Nutrition Department
مستشفى الشرطة بالعجوزة
Agouza - Police Hospital

وزارة الداخلية
قطاع الخدمات الطبية

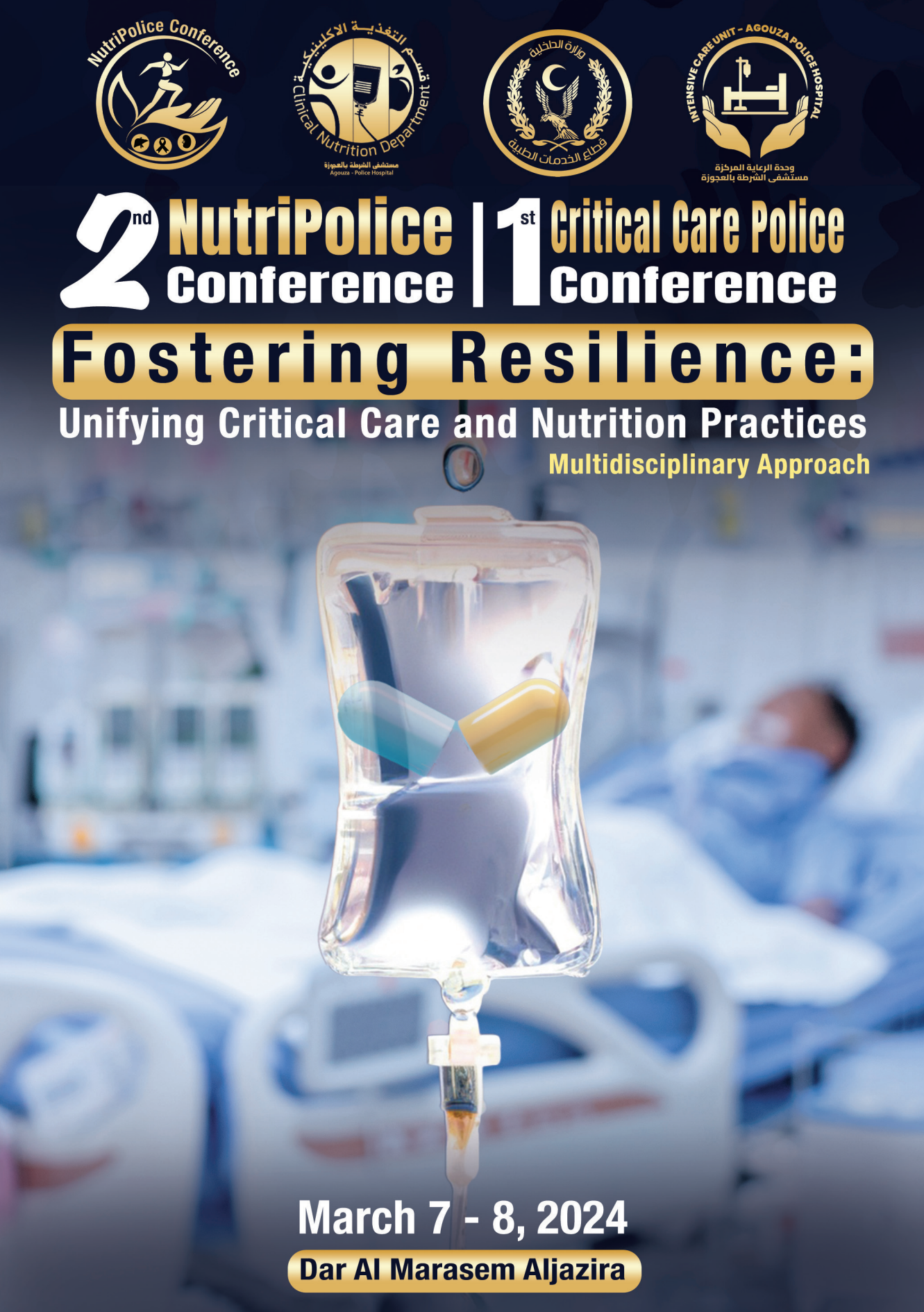
INTENSIVE CARE UNIT - AGOUZA POLICE HOSPITAL
وحدة الرعاية المركزة
مستشفى الشرطة بالعجوزة

2nd NutriPolice Conference | 1st Critical Care Police Conference

Fostering Resilience:

Unifying Critical Care and Nutrition Practices

Multidisciplinary Approach



March 7 - 8, 2024

Dar Al Marasem Aljazira

Welcome Message

Dear Colleagues and Friends,

We are thrilled to extend our warmest invitation to you for the **1st Critical Care Conference and 2nd International Nutripolice**, to be held on the ***7th-8th of March 2024*** at ***Dar Almarasem Aljazira.*** This conference, titled «**Fostering Resilience: Unifying Critical Care and Nutrition Practices - Multidisciplinary Approach**» promises to be a groundbreaking event, bringing together experts and enthusiasts from around the globe to explore a multidisciplinary approach to healthcare.

This conference aims to provide a platform for rich discussions and knowledge exchange on critical care and nutrition practices. Our distinguished speakers will delve into the latest advancements in the field, presenting insights and innovations that will shape the future of healthcare.

We look forward to your valuable participation, contributing to the success of this conference and collectively advancing the frontiers of intensive care and nutritional strategies.

Thank you for being part of this transformative event. Together, let›s foster resilience and unite in the pursuit of excellence in critical care and nutrition.

Conference Organizing Committee

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Prof. Olfat Abdel Halim

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Prof. Dr. **Adel Elansary**
Colonel Dr. **Ahmed Abd El-Moaty**
Prof. **Ahmed Abdel Aziz**
Colonel Dr. **Ahmed Abdrabo**
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Prof. **Ahmed Lofty**
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Nurse Captain **Amany Saeed**
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Lieutenant Colonel Dr. **Amr Diasty**
Prof. **Amr Elhadidy**
Prof. Dr. **Amr Mattar**
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Prof. Dr. **Gehan Foaad**
Dietitian **Ghada Abdallah Ibrahim**
Dr. **Ghada Saber**
Dr. **Gihan Rabeh**
Clinical Dietitian **Hagar Saeed**
Prof. **Hala Kahla**
Prof. Dr. **Hany Nematallah**
Lieutenant Colonel Dr. **Hassan Aboellil**
Prof. Dr. **Hassan Khaled**
Prof. **Hatem Soliman**
Dr. **Heba Abdellatif**
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Prof. **Heba Omar**
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Dr. **Marwa M. Abd El Aziz**
Dr. **Marwa Osman**
Dr. **Marwa Othman**
Dr. **Marwa Sabry**
Prof. Dr. **Moataz Elhallaj**
Lieutenant Colonel Dr. **Mohamed Abo Srea**
Dr. **Mohamed Alaa**
Lieutenant Colonel Dr. **Mohamed Badr**
Prof. **Mohamed Fathy**
Prof. **Mohamed Fawzy**
Prof. **Mohamed Mahmoud**
Dr. **Mohamed Naem Badr**
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Prof. Dr. **Sherry Nabil**
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Major General Dr. **Tamer Ali**
Dr. **Tarek Ali**
Prof. **Walid Bassiouny**
Prof. **Weal Attia**
Prof. **Yasmine Saad**

DAY 1 | THURSDAY | 7th March 2024 | HALL (A)

Registration & Soft Opening (8:00 - 9:00 AM)

1 "Fluids and Nutrition Therapy in ICU"

(Integrated Session)

9:00 – 10:30 am

CHAIRPERSONS	*Prof.* **Ahmed Mokhtar** - *Prof.* **Amr Mattar** *Prof.* **Bassem Bolis** - *Prof.* **Sahar Khairy** *Lieutenant Colonel Dr.* **Mohamed Abo Srea**
9:00 - 9:20	**Fluid therapy in critically ill patients** *Prof. Dr.* **Ahmed Hassanin**
9:20 - 9:40	**Optimizing of protein delivery in ICU** *Prof. Dr.* **Amr Mattar**
9:40 - 10:00	**Top published studies in vitamins In ICU patients** *Major Dr.* **Angie Magdy**
10:15 - 10:30	**Discussion**

Panel Discussion

10:30-11:00 am

CHAIRPERSONS	*Prof.* **Weal Attia** - *Dr.* **Mostafa Fathy** *Brigadier Dr.* **Batool Ismail** - *Lieutenant Colonel Dr.* **Mohamed Abo Srea** *Lieutenant Colonel. Dr.* **Asmaa Abd El Hamid**
10:30-11:00	**Role of Echo in ICU** *Prof.* **Hatem Soliman**

SANOFI SYMPOSIUM

11:00 - 11:20 am

11:00 - 11:20	**VTE Thromboprophylaxis risk assessment** *Prof.* **Ahmed Mokhtar**

Grand Opening



11:30 - 12:00 pm

Interactive Session

12:00 - 12:45 pm

CHAIRPERSONS	*Colonel Dr.* **Ahmed Abd El-Moaty** - *Lieutenant Colonel Dr.* **Ahmed Adel Merekeb** *Lieutenant Colonel Dr.* **Mohamed Salah** - *Prof.* **Mohamed Mahmoud** *Prof.* **Ramy Hassan**
12:00 - 12:45	**Airway management in critically ill patients** *Prof. Dr.* **Ahmed Mokhtar**

Coffee Break

12:45 - 1:15

2 "Infection Management Master Plans"

(Critical Care Session)

1:15-2:50 pm

CHAIRPERSONS	*Prof.* **Khaled Teama** - *Prof.* **Mostafa El-Shazly** *Prof.* **Adel El-Ansary** - *Prof.* **Salwa El-Khatab** *Lieutenant Colonel Dr.* **Hassan Aboellil**
1:15 – 1:35	**Updated management of pneumonia** *Prof. Dr.* **Mostafa Elfeshawy**
1:35 - 1:55	**New definitions of ARDS and phenotyping** *Prof. Dr.* **Moustafa Elshazly**
1:55 - 2:15	**Diagnosis of sepsis: clinical and biomarkers challenges** *Prof. Dr.* **Adel Elansary**
2:15 - 2:30	**Discussion**
2:30 - 2:50	**Sanofi Symposium** **Treat to target - PCSK9i way forward.** *Major Dr.* **Alaa Fathy Elsaid**

3 "Hemodynamic Challenges in acute circulatory failure"

(Critical Care Session)

3:00 – 4:35 pm

CHAIRPERSONS	*Prof.* **Amr Elhadidy** - *Major General Dr.* **Nady Micheal** *Major General Dr.* **Gamal Abdelhafiz** - *Colonel Dr.* **Ahmed Abdrabo** *Lieutenant Colonel Dr.* **Mohamed Badr**
3:00 - 3:20	**Frequently asked questions about the use of vasopressors in septic shock** *Prof. Dr.* **Ahmed Mokhtar**
3:20 - 3:40	**ACS & Cardiogenic Shock Challenging Case** *Lieutenant Colonel Dr.* **Samer Fawzy Aziz**
3:40 - 4:00	**Interactive case presentation** *Brigadier Dr.* **Batool Ismail**
4:00 - 4:15	**Discussion**
4:15 - 4:35	**Sanofi Symposium** **Aspirin-free antiplatelet strategies: Is the evidence supporting a paradigm shift?** *Prof.* **Amr Elhadidy**

4 "Tactile Management Strategies for Medical Emergencies"

4:40 - 6:15 pm

CHAIRPERSONS	*Prof.* **Hassan Khaled** - *Prof.* **Khaled Hussein** *Prof.* **Mohamed Fawzy** - *Prof.* **Amir Gad** *Colonel Dr.* **Mostafa Khalifa** - *Lieutenant Colonel Dr.* **Omran Mohamed**
4:40 - 5:00	**ECG challenges in ICU** *Prof. Dr.* **Hassan Khaled**
5:00-5:20	**Updated guidelines in Atrial fibrillation** *Prof. Dr.* **Moataz Elhallaj**
5:20-5:40	**Chest Pain and Dyspnea: Echocardiography in Critical Care and Emergency** *Prof. Dr.* **Hany Nematallah**
5:40 - 5:55	**Discussion**
5:55 - 6:15	**Novartis Symposium** **ENTRESTO: Bringing Evidence to Practice** *Prof.* **Amr Elhadidy**

Dinner

6:15

HALL (B)

Nutrition Workshops

1 (Enteral Nutrition Workshop)

12:00 – 3:30 pm

12:00 - 12:30	Coffee Break
12:30 - 1:00	**Enteral Nutrition Overview + Handling and Application of EN** *Dr.* Gihan Rabeh - *Dr.* Dina Atif
1:00 - 1:20	**Which ROUTE in Which Patient?** *Prof.* Mohamed Fathy
1:20 - 1:50	**Case Study: Enteral Nutrition (Calculations and Formula Selection)** *Dr.* Maie Naga - *Dr.* Ghada Saber
1:50 - 2:20	**Troubleshooting in Enteral Nutrition (Complications)** *Dr.* Rania Elmahdy
2:20 - 2:50	**Case Study: Enteral Complications (Interactive)** *Dr.* Nashwa Samir Abdelfatah, - *Dr.* Sally Fouad
2:50 - 3:30	**Blenderized Food: Practical Tips and Interactive Cases** *Clinical Dietitian* Hagar Saeed - *Dr.* Omnia Waleed - *Dietitian* Ghada Abdallah Ibrahim

2 "Parenteral Nutrition Workshop"

3:30 – 6:00 pm

3:30 - 4:00	**Parenteral Nutrition Checklist & Handling And Application Of PN** *Dr.* Nermine Ezzat Mofreh - *Dr.* Marwa M. Abd El Aziz
4:00 - 4:30	**Troubleshooting In PN** *Dr.* Hoda Abd Elmoneim
4:30 - 5:00	**The art of PN formulation "hidden pearls** *Prof.* Heba Anees
5:00 - 5:40	**Case Interactive Q &A** *Dr.* Jiihan Abdelmoneim - *Dr.* Shaimaa Fathelbab
5:40 -6:00	Discussion

Dinner
6:00

DAY 2 | FRIDAY 8th March 2024 | HALL (A)

1 Nutrition Session

Nutritional Strategies in the ICU: Tailoring Interventions for Diverse Disease States

10:00-11:15 am

CHAIRPERSONS	*Prof.* **Enas Megawer** - *Prof.* **Fardoos Soliman** *Colonel. Dr.* **Maha Abd Elhamid** - *Colonel. Dr.* **Rasha Shaltot** *Prof.* **Yasmine Saad**
10:00 - 10:15	**Nutritional Consideration in Post-Renal Transplant** *Dr.* **Marwa Sabry**
10:15 - 10:30	**Dietary Management of Renal Transplant: From Guidelines to Practice** *Dr.* **Doaa Hamed**
10:30 - 10:45	**Microbiome in ICU** *Prof.* **Doaa Zakaria**
10:45 - 11:00	**Nutritional Intervention to Achieve Euglycemia in ICU Patients** *Dr.* **Marwa Othman**
11:00 – 11:15	**Oncology Patients in ICU: Different Obstacles Case Scenarios** *Dr.* **Heba Abdellatif**

2 Holistic approach of management of diabetes

11:15-12:05 pm

CHAIRPERSONS	*Prof. Dr.* **Gehan Foaad** - *Prof. Dr.* **Nehal Hamdy** *Prof. Dr.* **Sherry Nabil**
11:15 - 11:30	**New Era in Diabetes with Obesity Management** *Major General Dr.* **Tamer Ali**
11:30 - 11:45	**Effect of Different Types of Diet in Glycemic Control** *Prof.* **Heba Omar**
11:45 - 12:05	**Nestle Symposium** **Health benefits of Semipeptide formula** *Dr.* **Olfat Abd Elhalim**

Prayer and Coffee Break (12:05-1:00 pm)

OBESITY FROM A TO Z

Novo Symposium

1:00 - 2:15 pm

A OBESITY PANEL DISCUSSION

1:00 - 2:15 pm

MODERATOR *Major Dr.* **Angie Magdy**

1:00 - 1:20	**Liraglutide 3.0 mg and Women's Health** *Prof.* **Walid Bassiouny**
1:20 - 1:40	**Liraglutide 3.0 mg: Navigate the Journey of Obesity Care** *Dr.* **Olfat Abd Elhalim**
1:40 - 2:00	**Liraglutide 3.0 mg: Beyond Weight Loss** *Prof.* **Hala Kahla**
2:00 - 2:15	**Discussion**

B BARIATRIC PANEL DISCUSSION

2:15 - 3:15 pm

CHAIRPERSONS *Lieutenant Colonel Dr.* **Amr Diasty**

MODERATOR *Dr.* **Sherine Embaby**

2:15 -2:30	**Recent Advances in Metabolic Surgeries** *Dr.* **Mohamed Alaa**
2:30- 2:45	**Post Bariatric Patients Challenges Through Their Journey** *Dr.* **Maha Shahin**
2:45 - 3:00	**Behavioral Changes: The Road to Success After Bariatric Surgery** *Dr.* **Marwa Osman**
3:00- 3:15	**Discussion**

C Beyond the Scale:Behavioral Strategies for Long-Term Weight Management

3:15-3:35 pm

3:15-3:35	**Behavioral Modification for Weight Loss: A Significant Neglected Hope** *Dr.* **Nilly Shams**

Bayer Symposium

3:35- 3:55 pm

MODERATOR	*Major General Dr.* **Gamal Abd El Hafez**
3:35- 3:55	**Protect VTE patients with cancer** *Prof.* **Ahmed Abdel Aziz, NHI**

Integrated Session 3

Post Intensive Care Recovery Journey

3:55 - 5:30 pm

CHAIRPERSONS	*Dr.* **Ahmed Abouelyazeid Aly** - *Nurse Captain.* **Amany Saeed** *Prof.* **Gamila Nasr** - *Lieutenant Colonel Dr.* **Mohamed Abo Srea** *Lieutenant Colonel Dr.* **Shorouk Fawzy**
3:55 - 4:15	**Post ICU Syndrome** *Prof. Dr.* **Ehab Tarek**
4:15 - 4:35	**Nutrition Consideration in Post-ICU Syndrome** *Dr.* **Olfat Abd El-Halim**
4:35 - 4:55	**Physical therapy for post-intensive care syndrome** *Prof. Dr.* **Ahmed Fathy Samhan**
4:55 - 5:15	**Post ICU Care: What Every Nurse Should Know** *Dr.* **Mohamed Naem Badr**
5:15 - 5:30	**Discussion**

Dinner
5:30

HALL (B)

1 Critical Care Workshops

10:00-12:00 pm

10:00-12:00	**Chest Ultrasonography Workshop** *Prof.* **Heba Assal.**
	Prayer and Coffee Break (12:00-1:15 pm)

2 Critical Care Workshops

1:30-3:30pm

CHAIRPERSON	*Brideger Dr.* **Emil Azer**
1:30 - 3:30	**Mechanical Ventilation Workshop** *Prof.* **Ahmed Lotfy**

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