2ND CONGRESS OF
NUTRI EGYPT

Nutri Egypt 2024

8 AUG 2024
ASSIUT UNIVERSITY



Conference Presidents

DR. HEBA ELGALFY

Physical Therapy & Nutrition Consultant
MSc Nutrition, Cairo University
Certified Health Coach ICF

DR. AMY ANIS

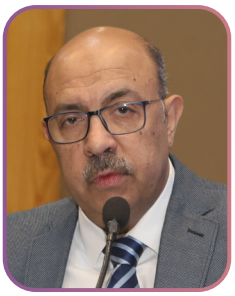
Physical therapist consultant
Master degree of nutrition Cairo university
Nutrition diploma Cairo university
Nutrition diploma AinShams university

PURE SPOT
EVENTS MANAGEMENT

THURSDAY | AUGUST 8, 2024

Registration:
08:00-09:00

OPENING CERMONY



Prof. **Mohamed Zein**
Ministry of Health
Cheif Deputy, Assiut



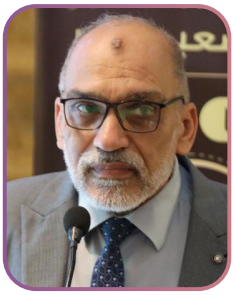
Prof. **Hala Abdel Gawad**
Faculty of Physical Therapy Dean,
Sphinx University



Dr. **Mohamed Gamal**
General Manager of Therapeutic Medicine, Assiut



Dr. **Essam Nabil**
Deputy Directorate for Medical Affairs



Dr. **Ahmed Ragheb**
Head of the Physical Therapy Syndicate in Sohag



Dr. **Mohamed Hassan**
Head of Physical Therapy Syndicate, Assiut



Dr. **Adham Talaat**
Manager of New Eman General Hospital, Assiut

Session 01:
09:00-11:10

CHAIR-PERSONS


Dr. **Walid Riad**


Dr. **Hanan Bahaa El Deen**


Dr. **Fatma Ismail**



09:00-09:15
Weight changes with thyroid disorders.
Dr. **Marian Magdy**





09:15-09:30
Diabetes Nutritioal Trick Diabetic Gastropathy; How to Predict, Detect and Reactn? (Panel Discussion).
Panelists
Dr. **Wael Mortagy**
Dr. **Paula Rofaeel Sedky**
Dr. **Emy Anis**



09:30-09:45
Impact of Nutra ergonomics on work place productivity.
Dr. **Nisreen Abbas**



09:45-10:00
Leave the Weight platu .. or leave the patient.
Prof. **Ahmed El Khateeb**



11:00-11:15
Dietary Insights in Neurological Diseases.
Prof. **Ahmed Nasr El Dien**



10:15-10:30

Primary Prevention of Type 2 DM
Prof. **Magdy Mostafa**



10:30-10:45

Eating for your happiness - (Food for your mood).
Dr. **Walaa El Kobessy**



10:45-11:00

What is the Link between endometriosis and nutrition?
Dr. **Thoria Hassan Thabet**

Health Life

11:00-11:10

Health Life Symposium

Session 02:
11:15-13:00

CHAIR-PERSONS



Dr. **Nabila Ahmed**



Dr. **Samia Shwkat Abul Magd**



Prof. **Doaa Maximos**



11:15-11:30

Unlocking Nutritional Challenges in Short Bowel Syndrome.
Prof. **Heba Abdel Latif Zien**



11:30-11:45

Does Obesity raises cancer risk Evidence based facts?
Prof. **Mohga Samy**



11:45-12:00

Nutrition for Osteoarthritis.
Dr. **Samar Hamdoun**



12:00-12:15

Insulin resistance true or trend.
Dr. **Mohamed Abdel Samad**



12:15-12:30

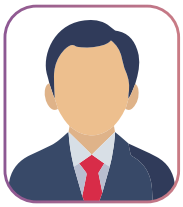
Dietary supplements for obesity.
Dr. **Aya Khattab**



12:30-12:45

Toxic Diet
كيف عالجت الدراما و السينما مشكلة السمنة
Dr. **Azza Abdallah**





12:45-12:55

Zyma slim , lose weight ... feel great.
Dr. **Samar Hamdoun**
Dr. **Ahmed Helmy**

ZYMA

12:55-13:30 Break

Session 03:
13:30-14:30

CHAIR-PERSONS


Prof. **Adel Gabr**


Prof. **Mayada Fawzy**


Prof. **Ahmed Refaat**


Prof. **Maged Abdel Fattah**


Dr. **Rabab Mohamed**


Dr. **Abdallah Hedaya**



13:30-13:45

Impact of nutrition in cancer survival

Prof. **Hanan Ahmed El Tayeb**



13:45-14:00

Awareness of cancer related malnutrition

Dr. **Nada Mohammad Hussien**



14:00-14:15

Special Diet in Cancer Patients

Dr. **Lama Ali**



14:15-14:30

Enteral and Parental nutrional support in cancer patients

Dr. **Fatma Zakaria**

Session 04:
14:30-16:10

CHAIR-PERSONS


Dr. **Asmaa Maraaey**


Dr. **Ashraf Makram**


Dr. **Remon Ramsis**



14:30-14:45

Eva Symposium

Prof. **Ghada El Khateeb**

EVA PHARMA



14:45-15:00

Carbohydrates, Eat or Cut ?!

Dr. **Besohy Nan**



15:00-15:15

WT gain with pcos.

Dr. **Mina Safwat**



15:15-15:30

Physical Therapy Rehabilitation Post Prostatectomy.

Dr. **Andrew Anis**



15:30-15:45

Fibromyalgia what to eat what to avoid.

Dr. **Amy Anis**



15:45-15:55

Head of geriatric care unit in Eleman General hospital.
Dr. **Shery Yousif**

15:55-16:05

Ultimate Solution Symposium

Session 05:
16:05-17:50

CHAIR-PERSONS



Dr. **Mary Mikhail**



Dr. **Rada Bahnous**



Dr. **Lucienda Ibrahim**



16:05-16:20

Tips for Clinic & Time Management.
Dr. **Mohamed El Shafie**



16:20-16:35

Fueling or Fooling? Sports Supplements and Ergogenic Aids.
Dr. **Fady Nagy**

16:35-16:50

Jouva Symposium



16:55-17:10

Globe Symposium



17:10-17:25

Foster your Meso-practices.
Dr. **Mohamed El Deeb**



17:25-17:40

Coaching challenges for weight management
Dr. **Heba El Galfy**

17:40-17:50

Bee Group Symposium

13:30-15:00
Workshops

17:50
CLOSING

Distributing Gifts

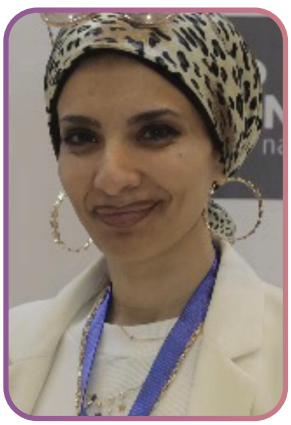
THE WORKSHOP
13:30-15:00



13:30-14:00
Management of Underweight Workshop
Dr. **Yahya Sadek**



14:00-14:30
Local Obesity Workshop
Dr. **Enas Kamer**



14:30-15:00
New Era in Body Contouring Workshop
Dr. **Nada M. Darwish**

NANOSTETIC

nanotherapy technology

Aesthetic Quality Certifications

ISO 9001
ISO 22716
GMP

Lipolysis

Metabolic Enhancer

Face Contouring



Skin Firming

NEW ERA

Lymphatic Drainage Enhancer

Anti-Cellulite

Weight Gainer

www.nanostetic.com
www.facebook.com/nanostetic
www.instagram.com/nanostetic

EDA Registered

More and More...

NANOSTETIC

nanotherapy technology



METABO

BOOSTING METABOLIC RATE

METABO® has a unique formula that helps increase energy expenditure through burning of fats, regulate fat absorption, and reuse energy to build lean body mass.



MAXSEEP

LYMPHATIC DRAINAGE IMPROVEMENT

MAXSEEP® provides a highly qualified mixture ofunique active ingredients that helps improve lymphatic drainage in order to get rid of accumulated fats that cause obesity for unknown reasons without losing weight after a diet.



BODYLOCK

FIGHTING STUBBORN FATS AND FAT REBOUND PREVENTION

BODYLOCK® offers a specific, unique mixture for fighting stubborn fats, which are mainly hormonal or enzymatic disturbances causing storage of fats and difficulty getting rid of them. On the other hand, it prevents fat rebound by reducing fat absorption and increasing energy expenditure.



GAINTONE

WEIGHT GAINER

GAINTONE® provides a highly qualified mixture of unique active ingredients indicated for underweight patients. GAINTONE® helps increase weight by improving intestinal absorption, increasing lean body mass via providing amino acids, and supporting the body with vitamins.



GLUTAGLOW

EVEN SKIN TONE

GLUTAGLOW® specific product for unifying all body skin colour by reducing melanin synthesis in the body, acting as an exfoliator, and helping keep the skin healthy and hydrated.



MAXTRIM

LIPOLYSIS OF LOCALIZED FAT SERUM

MAXTRIM PPC SERUM® considers the first serum that contains PPC the main active ingredient for lipolysis of localized fats and helps in body reshaping.

www.nanostetic.com

NANOSTETIC
nanotherapy technology

2nd CONGRESS OF NUTRI EGYPT
Nutri Egypt 2024

You are always winner with Nanostetic



Put your name
Win your Gold

2nd CONGRESS OF NUTRI EGYPT

Nutri Egypt 2024

Premier International Pharmaceuticals

BETTER Health BETTER Life

JOIN NOW
& BE THE WINNER

1ST PRIZE : **TV SCREEN**
2ND PRIZE : **AIR FRYER**
3RD PRIZE : **COFFEE MACHINE**







Premier **GIVEAWAY**

ORGANIC 100% طبيعي



www.premierpharmaco.com

DH for Weight Loss & Detox
مجموعة التخسيس والديتوكس

انتظرونا في
مؤتمر

2ND CONGRESS OF NUTRI EGYPT
Nutri Egypt 2024

مع أقوى منتجات شركة
دكتور هيلث

مفاجات ومسابقات
خاصة للمؤتمر



DOCTOR HEALTH
UNLOCK THE POWER OF NATURE

نقدم ١٠ جوائز على كورس جو الكامل

GO Fiber
GO Green Coffee
GO Slimming Herbs
GO Stevia

GO

اشترك في السحب في اول يوم المؤتمر
لتكون واحد من سعداء الحظ

2nd CONGRESS OF NUTRI EGYPT

Nutri Egypt 2024

Globe International

Who is the winner ?





IVYBEARS®
We Love Your Inner Beauty

Mazora
Tailor your weight

D·DEP Vitamin D3
1000 IU | 5000 IU | 10000 IU

Zymaslim Symposium

H.G. Capsules

ZYMA PHARMA

Who Is The Gold... Winner ?

WIN GIFTS

Prize Draw!





Be a winner with BEE Group



Don't miss our valuable prizes

GROUP Bee pharmaceutical

JOIN US

2nd CONGRESS OF NUTRI EGYPT

Nutri Egypt 2024

الخميس
٨ أغسطس ٢٠٢٤

THANKS FOR SUCCESS PARTNERS

NANOSTETIC® nanotherapy technology

BROTHER PHARMA Because we care

UBM FOR PHARMACEUTICAL INDUSTRIES

Health Life

ZYMA

Globe International healthcare

فيوتشر ميديكال د. حازم عطية www.futuremedicalpt.com

GROUP Bee pharmaceutical

penta pharma Egypt your healthcare partner

Jouva

EVA PHARMA

dB Slimming Products YOUR PREFERRED SLIMMING PARTNER

INFINITY SUPPLEMENTS

INTERNOVO

DOCTOR HEALTH UNLOCK THE POWER OF NATURE

xeedia Caring for life

Cosmo Medica

ULTIMATE SOLUTIONS

ONEXA Pharmaceuticals Healthy life is our priority

BME Healthcare Every day

PRAXO Care & Cure www.praxopharm.com Tulango-Slim

4E PHARMA

HYGINT

Sweetal® Zero calories sweetner

SAFEHEARTS For Medical Supplies We Help You To Be Safe

COPAD PHARMA™

Premier International Pharmaceuticals

Tetracare limited

Pharma ATOS

CORE PHARM

MPC®

SKINIUM CARE

LEVANA PHARMA Well-being of Medicine

SPHINX UNIVERSITY



2ND CONGRESS OF NUTRI EGYPT

Nutri Egypt 2024

8 AUG 2024

ASSIUT UNIVERSITY

PROJECT MANAGER

MRS . OLIVIA HOSNY

01011162209 OLIVIA.HOSNY@PURESPOT.ORG

HEADQUARTER: 62 MAKRAM EBEID ST., 6TH ZONE, NASR CITY, 4TH & 5TH FLOOR.

CAIRO ALEXANDRIA LUXOR DELTA ASYUT DUBAI

FOLLOW US

20 YEARS OF EXCELLENCE

PURE SPOT EVENTS MANAGEMENT

www.purespot.org