ASSOCIATION OF CNPS
CLINICAL NUTRITION PHYSICIANS
SHARKIA GOVERNORATE
رابطة أطباء التغذية العلاجية محافظة الشرقية

Sharkia Medical Association

3rd Annual NUTRI - CRM Conference 2026

In collaboration with

Association of Clinical Nutrition Physicians, Sharkia Governorate

THE FIRST WEALTH IS HEALTH

Excess turns beneficial nutrition into harm

1 May 2026 - Cairo Marriott Zamalek - Egypt

Under Patronage of Sharkia Medical Association

Prof. Khaled Safwat

Head of Sharkia Medical Association

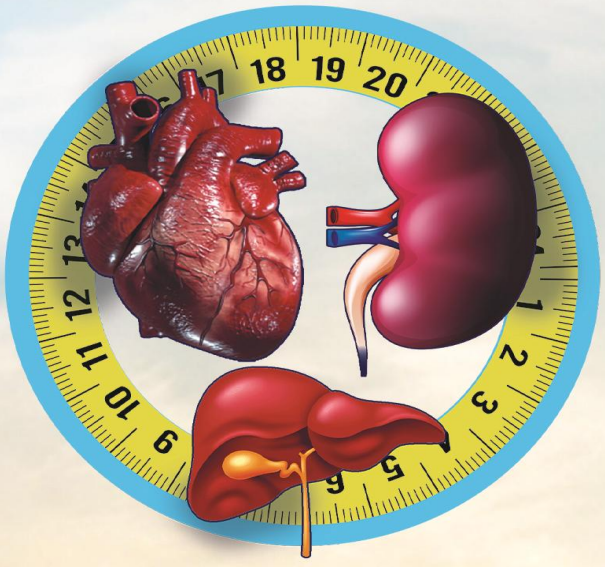
Congress President

Prof. Noha Abbas

Congress Vice President

Prof. Mohamed Awad





PURE SPOT
EVENTS MANAGEMENT

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Conference

Scientific Program

Aida Hall (Radames)





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09:00 - 10:00 AM **Registration**

Session 1: Excess and Beyond (10:00 – 11:00)

Chairpersons: (alphabetically)

Dr. Eman El-Shorbagy | Dr. Hanan Gawish | Dr. Noha Abbas

10:00–10:15 **Dr. Gehan Fouad**
How Can Breastfeeding in Excess Concern Infant Health?

10:15–10:30 **Dr. Amr Abdelmonem**
Obesity and Workouts — Too Much of a Good Thing Can Still Be a Bad Thing

10:30–10:45 **Dr. Mohamed Awad**
The Hidden Traps in Endocrine Labs and Therapy

10:45–11:00 **Dr. Medhat El-Araby**
Too much of a good things: Does it matter prognosis in the hepatic nutrition clinics





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Session 2: GIT Panel Session - (11:00 – 12:00)

Moderator:

Dr. Amira Nassar

Panelists (alphabetically)

Dr. Afifi Fahmy

Dr. Gulsen Saleh

Dr. Heba Omar

Dr. Mona Hegazy





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Session 3 (12:00 – 12:45)

Chairpersons: (alphabetically)

Dr. Abeer Bayoumi | Dr. Mai Nahla | Dr. Yasmin Nour

12:00–12:15	**Dr. Eman Sultan**	*The Nephrotoxic Ceiling – Beyond Anabolism, the Harms of Excess Protein on Kidney Health*
12:15–12:30	**Dr. Amr Shaarawy**	*Oncology Nutrition: Balancing Benefits and Risks.*
12:30–12:45	**El-Esraa Symposium**	





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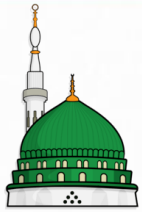
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Jumaa Prayer & Coffee Break

(12:45 – 1:30)

Session 4: Success Session & Opening (1:30 – 2:30)

Moderator: Dr. Heba Morris

Panelists (alphabetically)

Dr. Eman Kamel

Dr. Nelly Shams

Dr. Safaa El-Husseiny

Dr. Shery Nabil





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Session 5 (2:30 – 3:30)

Chairpersons: (alphabetically)

Dr. Ahmed Amer | Dr. Doaa El-Shahaby | Dr. Malik Etman | Dr. Noha Omar

2:30–2:45	**Dr. Noha Abbas** *Excess Body Fat Impacts the Road to Conception*
2:45–3:00	**Dr. Marian Ragi** *In insulin dependent diabetes does carbohydrate only matter or excess fat and ptn can play a role?*
3:00–3:15	**Dr. Hanaa Abdelwahab** *Smart Nutrition: How AI is Reshaping Dietary Science and Public Health*
3:15–3:30	**Dr. Doaa Geneina** *Obesity-CRM: Rethinking Risk, Transforming Care*





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Session 6: Hospital Nutrition (3:30 – 4:30)

Moderator: Dr. Mai Mostafa

Panelists (alphabetically)

Dr. Magdy Khalil

Dr. Olfat Abdelhaleem

Dr. Soheir Soliman

Session 7: Sport Session (4:30 – 5:30)

Moderator: Dr. Samer Essam

Panelists (alphabetically)

Dr. Amr Saeed

Dr. Ibrahim El-Zeheiry

Dr. Shehab Kamal





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05:30 - 05:45 **Dr. Mohamed Awad**
Global Napi Symposium

Session 8: Healthy Lifestyle & Quality of Life

(5:45 – 6:45)

Moderator: Dr. Nehal Ghoneimy

Panelists (alphabetically)

Dr. Heba Hosny

Dr. Mai Magdy

Dr. Nardeen Samir

Dr. Walaa Kebeisy





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Workshops Program

Verdi Hall







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Workshop 1

Time: 10:00 – 11:20
Speaker: Dr. Tamer Salloum
Title: *Beyond Scale: From Old School to InBody Tool Workshop*

Workshop 2

Time: 11:20 – 12:40
Speaker: Dr. Hagar Saied
Title: *Weight Regain After Bariatric Surgery: Failure, Physiology, or Follow-Up?*





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Workshop 3

Time: 13:30 – 14:30
Speaker: Dr. Bakr Mahmoud Bakr
Title: *Clinical Nutrition in Hospital Practice*

Workshop 4

Time: 14:30 – 16:00
Speakers: Dr. Eman Rashed & Dr. Eman Abo Zaid
Title: *Does CGM Technology & Nutrition Management Help Achieve Better Glycemic Control?*





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Workshop 5

Time: 16:00 – 17:00
Speaker: Dr. Doaa Hamed El-Sabakhawi
Title: *From Science to Practice: Innovative, Evidence-Based Renal Nutrition Strategies*

Workshop 6

EVANSA PHARMA

Time: 17:00 – 18:30
Speakers: Dr. Mai Ramadan & Dr. Walaa Basiony
Moderator: Dr. Walaa Hosney
Title: *Non-Surgical Body Contouring: Mesotherapy, RF & Beyond*







PROJECT MANAGER

MS. WESSAM HATEM

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CAIRO ALEXANDRIA LUXOR DELTA ASYUT DUBAI

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