ASSOCIATION OF CLINICAL NUTRITION PHYSICIANS
SHARKIA GOVERNORATE
رابطة أطباء التغذية العلاجية محافظة الشرقية

Sharkia Medical Association

1st Annual NUTRI - CRM Conference 2024

In collaboration with

Association of Clinical Nutrition Physicians, Sharkia Governorate

The First Wealth is Health

Nutrition Tips for Improving Your Cardio-Renal and Metabolic Health

Under patronage of

Sharkia Medical Association

Prof. Khaled Safwat

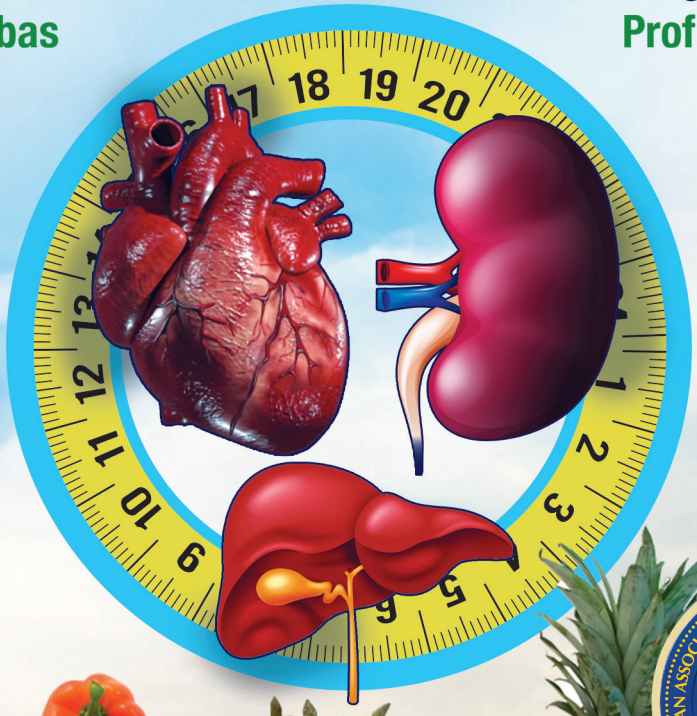
Head of Sharkia Medical Association

Congress President

Prof. Noha Abbas

Congress Vice President

Prof. Mohamed Awad



AMERICAN ASSOCIATION of CONTINUING MEDICAL EDUCATION
AACME

8 March 2024 - Golden Jewel Alexandria - Egypt

PURE SPOT EVENTS MANAGEMENT

ORGANIZING COMMITTEE

Association of Clinical Nutrition Physicians, Sharkia Governorate, Zagazig University

Nadine Ahmed Raafat

Rania Ahmed Moawad

Eman Ramadan

Walaa Mohamed Samy

Sara Fouad

Aliaa Talat

Abdel Moneim Mohamed El Shamy

Shimaa Hadhood



1ST ANNUAL NUTRI - CRM CONFERENCE 2024

09:00 – 10:00 AM
Registration

10:00 – 10:30 AM
Welcome & Opening Ceremony

10:30 - 11:45 AM | SESSION 1

Chairperson :- *Alphabetical*

Prof. Doaa Abdelrahman	*Assiut University*
Prof. Mahmoud Meslhy	*Behaira University*
Prof. Noshy Yosef	*Assuit University*
Prof. Safaa Tawfeek	*NNI*

10:30 - 11:15 AM - Scientific lectures: Nutrition and General Health

10:30 – 10:45 AM	**Lipocrinology: new concept in clinical practices** *Prof.* **Medhat El Arby** Assiut University
10:45 – 11:00 AM	**Keto diet and intermittent fasting in cardiac patients: use or refuse.** *Prof.* **Nilly Shams** Alexandria University
11:00 – 11:15 AM	**Nutritional interventions to fibromyalgia: Hope or Hype?** *Prof.* **Doaa Genena** Alexandria University

11:15 – 11:45 AM - Ask the Expert Session: Nutrition and Physical Activity for Management of Cancer Patients.

Prof. **Gulsin Salah** 57357 Hospital
Prof. **Marian Ragi** 57357 Hospital
Prof. **Samer Essam** 57357 Hospital

Gomaa Prayer & Coffee Break
11:45 AM – 01:00 PM

01:00 – 02:45 PM SESSION 2

Chairperson :- *Alphabetical*

Prof. Atef Ezzat	*Police Hospital*
Prof. Mohmed Abo El Ghaiet	*Cairo University*
Prof. Nardine Samir	*Alexandria University*
Prof. Nisreen Essam	*Mansoura University*

01:00 -02:15 PM - Scientific lectures: Nutrition in Cardio-Renal, Metabolic and other diseases

01:00 – 01:15 PM	**New Advances in Metabolic Syndrome, from Prevention to Treatment: role of vitamin D and phytochemicals** *Prof.* **Saher Khairy** NNI
01:15 – 01:30 PM	**The risk of malnutrition in patient with chronic kidney disease – implications for low protein intake and nutritional care: A critical review endorsed by ERN-ERA and ESPEN** *Prof.* **Amr Mattar** Cairo University
01:30 – 01:45 PM	**Exploring Nutrigenomics' Impact on Cardiovascular and Renal Health.** *Prof.* **Peter Safwat** NRC
01:45 – 02:00 PM	**Medical management of obesity: challenges and pitfalls.** *Prof.* **Noha Abbas** Zagazig University

02:00 -02:30 PM - Ask the Expert Session: Physical Exercise and Cardiac Disorders

Prof. **Maged Osama** APNA
Prof. **Tamer Mostafa** Zagazig University



02:30 - 04:00 PM SESSION 3

Chairperson :- *Alphabetical*

Prof. Ahmed Amer	*Gharbya*
Prof. Amira Nassar	*NNI*
Prof. Heba Maurice	*Alexandria University*
Prof. Tamer Saloum	*Menofia University*

02:45 – 04:15 PM - Scientific Lectures: Ramadan Nutrition and Health.

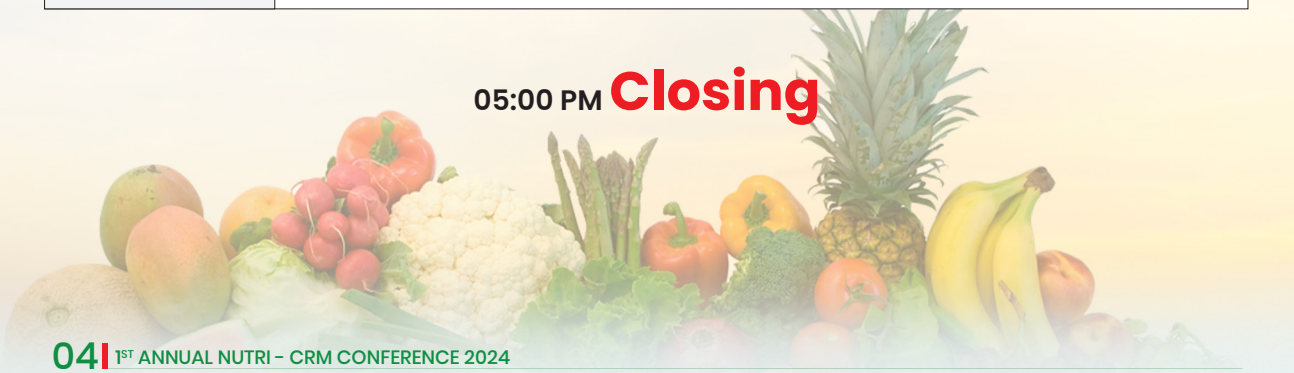
02:30 - 02:45	**Effect of Ramadan fasting on metabolic syndrome.** *Prof.* **Safaa Tawfik** NNI
02:45 - 03:00 PM	**Physiologic adaptation during fasting in Ramadan.** *Prof.* **Amr Abdel Moneim** Cairo University
03:00 - 03:15 PM	**Spiritual Wellness Reversing Obesity in Ramadan.** *Prof.* **Nashwa Fouad**
03:15 - 03:30 PM	**Traditional Egyptian Food Habits in Ramadan** *Prof.* **Iman Kamel** NRC

03:30 - 04:00 PM - Ask the Expert Session: Diabetes and nutrition during fasting Ramadan

Prof. **Eman Sultan** APNA
Prof. **Mohamed Awad** Zagazig University

04:00 - 05:00 PM	**Shape your shape from scratch Workshop** *Dr.* **Asmaa Elshaer** Lecturer in Ain Shams University and Dermatology specialist

05:00 PM Closing



NOTES

SUCCESS PARTNERS

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EVENTS MANAGEMENT
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ICCA Member

MECOMED CERTIFIED

20 YEARS OF EXCELLENCE

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