2ND CONGRESS OF
NUTRI EGYPT

Nutri Egypt 2024

8 AUG 2024
ASSIUT UNIVERSITY



Conference Presidents

DR. HEBA ELGALFY

Physical Therapy & Nutrition Consultant
MSc Nutrition, Cairo University
Certified Health Coach ICF

DR. AMY ANIS

Physical therapist consultant
Master degree of nutrition Cairo university
Nutrition diploma Cairo university
Nutrition diploma AinShams university

PURE SPOT
EVENTS MANAGEMENT

THURSDAY | AUGUST 8, 2024

Registration:
08:00-09:00

OPENING CERMONY



Prof. **Mohamed Zein**
Ministry of Health
Cheif Deputy, Assiut



Prof. **Hala Abdel Gawad**
Faculty of Physical Therapy Dean,
Sphinx University



Dr. **Mohamed Gamal**
General Manager of Therapeutic Medicine, Assiut



Dr. **Essam Nabil**
Deputy Directorate for Medical Affairs



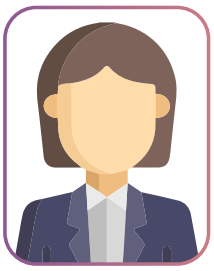
Dr. **Ahmed Ragheb**
Head of the Physical Therapy Syndicate in Sohag



Dr. **Mohamed Hassan**
Head of Physical Therapy Syndicate, Assiut



Dr. **Adham Talaat**
Manager of New Eman General Hospital, Assiut



Dr. **Doaa Emad El Deen**
Director of Physical Therapy, Health Directorate, Assiut

Session 01:
09:00-11:10

CHAIR-PERSONS


Dr. **Walid Riad**


Dr. **Hanan Bahaa El Deen**


Dr. **Fatma Ismail**



09:00-09:15

Weight changes with thyroid disorders.
Dr. **Marian Magdy**





09:15-09:30

Diabetes Nutritioal Trick Diabetic Gastropathy; How to Predict, Detect and Reactn? (Panel Discussion).
Panelists
Dr. **Wael Mortagy**
Dr. **Paula Rofaeel Sedky**
Dr. **Emy Anis**



09:30-09:45

Impact of Nutra ergonomics on work place productivity.
Dr. **Nisreen Abbas**



09:45-10:00

Leave the Weight platu .. or leave the patient.
Prof. **Ahmed El Khateeb**



11:00-11:15

Dietary Insights in Neurological Diseases.
Prof. **Ahmed Nasr El Dien**



10:15-10:30

Primary Prevention of Type 2 DM

Prof. **Magdy Mostafa**



10:30-10:45

Eating for your happiness - (Food for your mood).

Dr. **Walaa El Kobessy**



10:45-11:00

What is the Link between endometriosis and nutrition?

Dr. **Thoria Hassan Thabet**

11:00-11:10

Health Life Symposium

Session 02:
11:15-13:00

CHAIR-PERSONS



Dr. **Nabila Ahmed**



Dr. **Samia Shwkat Abul Magd**



Prof. **Doaa Maximos**



11:15-11:30

Unlocking Nutritional Challenges in Short Bowel Syndrome.

Prof. **Heba Abdel Latif Zien**



11:30-11:45

Does Obesity raises cancer risk Evidence based facts?

Prof. **Mohga Samy**



11:45-12:00

Nutrition for Osteoarthritis.
Dr. **Samar Hamdoun**



12:00-12:15

Insulin resistance true or trend.
Dr. **Mohamed Abdel Samad**



12:15-12:30

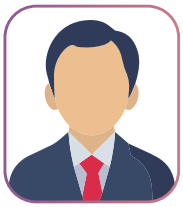
Dietary supplements for obesity.
Dr. **Aya Khattab**



12:30-12:45

Toxic Diet
كيف عالجت الدراما و السينما مشكلة السمنة
Dr. **Azza Abdallah**





12:45-12:55

Zyma slim , lose weight ... feel great.
Dr. **Samar Hamdoun**
Dr. **Ahmed Helmy**

ZYMA
PHARMA

12:55-13:30 Break

Session 03:
13:30-14:30

CHAIR-PERSONS


Prof. **Adel Gabr**


Prof. **Mayada Fawzy**


Prof. **Ahmed Refaat**


Prof. **Maged Abdel Fattah**


Dr. **Rabab Mohamed**


Dr. **Abdallah Hedaya**



13:30-13:45

Impact of nutrition in cancer survival

Prof. **Hanan Ahmed El Tayeb**



13:45-14:00

Awareness of cancer related malnutrition

Dr. **Nada Mohammad Hussien**



14:00-14:15

Special Diet in Cancer Patients

Dr. **Lama Ali**



14:15-14:30

Enteral and Parental nutrional support in cancer patients

Dr. **Fatma Zakaria**

Session 04:
14:30-16:10

CHAIR-PERSONS


Dr. **Asmaa Maraaey**


Dr. **Ashraf Makram**


Dr. **Remon Ramsis**



14:30-14:45
Role of Naltrexone /Bupropion in Obesity Management - Eva Symposium
Prof. **Ghada El Khateeb**

EVA PHARMA



14:45-15:00
Carbohydrates, Eat or Cut ?!
Dr. **Besohy Nan**



15:00-15:15
WT gain with pcos.
Dr. **Mina Safwat**



15:15-15:30
Physical Therapy Rehabilitation Post Prostatectomy.
Dr. **Andrew Anis**



15:30-15:45
Fibromyalgia what to eat what to avoid.
Dr. **Amy Anis**



15:45-15:55

Head of geriatric care unit in Eleman General hospital.
Dr. **Shery Yousif**

15:55-16:05

Ultimate Solution Symposium

Session 05:
16:05-17:50

CHAIR-PERSONS



Dr. **Mary Mikhail**



Dr. **Rada Bahnous**



Dr. **Lucienda Ibrahim**



16:05-16:20

Tips for Clinic & Time Management.
Dr. **Mohamed El Shafie**



16:20-16:35

Fueling or Fooling? Sports Supplements and Ergogenic Aids.
Dr. **Fady Nagy**



16:35-16:50

Jouva Symposium
Dr. **Samar Hamdoun**



16:55-17:10

Bye bye cellulite; can we get rid of dimbles, bumps & lumps ??

Globe Symposium



17:10-17:25

Foster your Meso-practices.

Dr. **Mohamed El Deeb**



17:25-17:40

Coaching challenges for weight management

Dr. **Heba El Galfy**

17:40-17:50

Bee Group Symposium

13:30-15:00

Workshops

17:50

CLOSING

Distributing Gifts

THE WORKSHOP
13:30-15:00



13:30-14:00
Management of Underweight Workshop
Dr. **Yahya Sadek**



14:00-14:30
Local Obesity Workshop
Dr. **Enas Kamer**



14:30-15:00
New Era in Body Contouring Workshop
Dr. **Nada M. Darwish**

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الخميس
٨ أغسطس ٢٠٢٤

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8 AUG 2024

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