Nutri Egypt 2023

1ST CONGRESS OF NUTRI EGYPT ASSOCIATION

SEPTEMBER **14-15,** 2023
ASSIUT UNIVERSITY, EGYPT

Conference Presidents

DR. HEBA ELGALFY
PHYSICAL THERAPIST CONSULTANT
MASTER DEGREE OF NUTRITION CAIRO UNIVERSITY
APPLIED NUTRITIONAL DIPLOMA CAIRO UNIVERSITY
CERTIFIED HEALTH COACH ICF

DR. AMY ANIS
PHYSICAL THERAPIST CONSULTANT
MASTER DEGREE OF NUTRITION CAIRO UNIVERSITY
NUTRITION DIPLOMA CAIRO UNIVERSITY
NUTRITION DIPLOMA AINSHAMS UNIVERSITY




WELCOME TO
ASSIUT
Egypt

CONFERENCE PRESIDENT

DR. **HEBA ELGALFY**

- Physical therapist Nutritionist consultant
- Master degree of nutrition Cairo university
- Applied Nutritional diploma Cairo university
- Certified Health coach ICF



HEBA ELGALFY

CONFERENCE PRESIDENT

DR. **AMY ANIS**

- Physical therapist and nutrition consultant
- Master degree of nutrition Cairo university
- Nutrition diploma Cairo university
- Nutrition diploma AinShams university



AMY ANIS

SEPTEMBER 14, 2023

DAY

3
SESSIONS

15
LECTURES

1
WORKSHOP

09:00 AM – 10:00 AM	**REGISTRATION**
10:00 AM – 10:20 AM	**OPENING CEREMONY**

SESSION 1

CHAIRPERSONS *(ALPHABETICALLY ARRANGED):*
PROF. MERVAT ABDELRAHMAN, PROF. MONA SAYED AHMED MAHMOUD, DR. SHYMAA SALEM

10:20 AM – 10:40 AM	**Lifestyle Modification For Healthy life** **DR. BESHOY NAN** Consultant Physiotherapy and Treatment of Obesity and Malnutrition Diseases. Clinical Nutrition Diploma Ain Shams University. Applied Nutrition Diploma Cairo University. Board Member of Egyptian Society for Nutrition and Obesity (ESNO)
10:40 AM – 11:00 AM	**Pitfalls and Miss interpretation of Clinical Trials, Old but always New** **DR. WAEL MORTAGY** Internal Medicine department Eleman General Hospital
11:00 AM – 11:20 AM	**Effect of obesity on type 2 DM** **DR. MARIAN MAGDY** Internal Medicine consultant Nutrition consultant
11:20 AM – 11:40 AM	**The missing part for the success of obesity surgeries** **DR. EMY ANIS** Physical therapist and nutrition consultant Master degree of nutrition Cairo university Nutrition diploma Cairo university Nutrition diploma AinShams university

SESSION 2

CHAIRPERSONS *(ALPHABETICALLY ARRANGED):*
DR. HALA MOHAMED HASSANIN, PROF. NESSREN MAHMOUD ABD EL-RADY, DR. MERVAT ABDELRAHMAN

11:40 AM -12:00 PM	**Obesity & Cancer** **PROF. DOAA MAXIMOS** Professor of Surgical oncology Assuit university
12:00 PM – 12:20 PM	**Nutritional Issue in cancerPatients** **DR. HANAN ELTAYEB** Assist prof of medical oncology South Egypt Cancer institute Assuit university
12:20 PM – 12:40 PM	**Evaneotrim " New Era in Your Obesity Management Journey"** **DR. HEBA ELGALFY** Physical therapist Nutrition Master Degree of nutrition Cairo university Applied nutritional diploma Cairo university Certified Health Coach ICF
12:40 PM – 01:00 PM	**Tackling obesity the evidence & the uncertainty** **DR. SAMAR HAMDOUN** President of Egyptian society for Nutrition and Obesity ESNO Msc of physical therapy Cairo university Diploma of Nutrition and weight management NNi Certified health coach ICF
01:00 PM – 01:20 PM	**Applied micronutrients puzzle in bone disease** **DR. AHMED ELKHATEB** Clinical nutrition consultant Lecturer faculty of medicine pharmacology Department
01:20 PM – 01:30 PM	**Greeno Talk**
01:30 PM – 01:45 PM	**Break**

SESSION 3

CHAIRPERSONS *(ALPHABETICALLY ARRANGED):*
DR. HANAN BAHAA, DR. MOHAMMED HASSAN, DR. SHYMAA SALEM

01:50 PM – 02:10 PM	**Breast feeding &Nutrition for children** **PROF. MARY MICHEAL** Pediatrics & neonatology consultant International breastfeeding consultant IBCLC
02:10 PM – 02:30 PM	**Physiotherapy & Nutrition in MSUD** **DR. SALLY REFAAT MAHMOUD** Master degree of Therapeutic nutrition & Obesity Cairo university Clinical diploma of nutrition Ein shams University
02:30 PM – 02:50 PM	**Nutrition for pregnant woman** **DR. MINA SAFWAT** Obstetrics gynacology & IVF Specialist Hope clinic for infertility & antenatal Care
02:50 PM- 03:10 PM	**Obesity &pelvic floor dysfunction** **DR.THORAIA HASSAN** Assist lecture of women`s health Shphinx university
03:10 PM – 03:20 PM	**Aleta Talk** **DR. MADONNA MAGDY** Product Manager
03:20 PM – 03:40 PM	**Chronic Fatigue Syndrome** **DR. WALAA ELKOBESSY** Clinical nutrition consultant Master`s degree of Endochinology ESPEN &NNI diploma
03:40 PM – 04:00 PM	**Causes and problems of mainutrition in geriatrics** **DR. SHERY YOUSIF** Geriatric Care Specialist Head Of Geriatric Care Unit in Eleman General Hospital Assiut
04:00 PM – 04:30 PM	**WorkShop |** **Weight loss plateaus:why they happen and what to do** **DR. SAMAR HAMDOUN** President of Egyptian society for Nutrition and Obesity ESNO Msc of physical therapy Cairo university Diploma of Nutrition and weight management NNi Certified health coach ICF



SEPTEMBER 15, 2023

DAY 2

3
SESSIONS

13
LECTURES

2
WORKSHOP

SESSION 1

CHAIRPERSONS *(ALPHABETICALLY ARRANGED):*
PROF. ALAA ABDELRAHEEM MOHAMMED, DR. MOHAMMED GAMAL, DR. WAEL MORTAGE

10:00 AM – 10:20 AM	**OPENING CEREMONY**
10:20 AM – 10:40 AM	**Thyroid & Weight are there any inrtriguing links?** **PROF. GHADA EL-KHATEEB** Prof of Diabetes and Endocrinology Assiut University President of the Egyptian Thyroid Association Head of Scientific Committee of Arab Thyroid Association
10:40 AM – 11:00 AM	**Neurolgical Manifestations of Gastrointestinal & Nutritional Disorders** **PROF. AHMED NASRELDIN** Associate Professor of Neurology, Assiut University
11:00 AM – 11:20 AM	**H.pylori between the underweight & Insulin resistsnce** **DR. RAMY MICHEAL** Consultant of Physical therapy & Nutrition

SESSION 2

CHAIRPERSONS *(ALPHABETICALLY ARRANGED):*
DR. AMY ANIS, PROF. AMAL TAHA ABOU ELGHAIT, DR. ESRAA MOHAMMED ABDELRAZEK

11:20 AM – 11:40 AM	**Life style & Infertility** **DR. ISLAM SAID** Consultant of infertility and IVF
11:40 AM – 12:00 PM	**Fertility nutrition** **DR. AYA KHATAB** PHD cardiopulmonary physiotherapy Head of nutrition department SCA
12:00 PM – 12:20 PM	**From Plate to pimple** **DR. DOOA A.OSMAN TENTAWY** Consultant of dermatology & andrology &ve-nereology Assuit Police Hospital Master's degree in dermatology andrology &venereology
12:20 PM – 01:30 PM	**Break**



SESSION 3

CHAIRPERSONS *(ALPHABETICALLY ARRANGED):*
DR. ASHRAF MAKRAM SHENOUDA, DR. MICHAEL ADEL ATALLAH

01:30 PM – 01:50 PM	**Effect of body weight on patient with knee problems** **PROF.TAREK NABIL** Lecturer of orthopedics & traumatology Assuit university	
01:50 PM – 02:10 PM	**Knee Osteoarthristis _Physical therapy point of view** **DR. HAZEM ABD EL SALAM** PT Cairo university Doctor of physical therapy (clinical) Master degree of physical therapy Cairo university	
02:10 PM – 02:30 PM	**Effect of circadian rhythm on metabolic profile** **DR. MOHAMED ABDELSAMAD** Consultant of physical therapy & nutrition	
02:30 PM – 02:50 PM	**General Physical Therapy role in Lymphedema** **PROF. ANDREW ANIS FAKHRY** Lecture of integumentary physical therapy Faculty of physical therapy Merit University	
02:50 PM – 03:10 PM	**WorkShop |** **Personal Branding & Marketing** **DR. BOSHRA RAOUF** HR Director	
03:10 PM – 03:20 PM	**Orsojoints Talk** **DR. MADONNA MAGDY** Product Manager	
03:20 PM – 04:10 PM	**WorkShop |** **Non-invasive, Body contouring & Sclupting** **DR. HEBA ELGALFY** Physical therapist Nutrition Master Degree of nutrition Cairo university Applied nutritional diploma Cairo university Certified Health Coach ICF --- **DR. EMY ANIS** Physical therapist and nutrition consultant Master degree of nutrition Cairo university Nutrition diploma Cairo university Nutrition diploma AinShams university	



THANKS TO OUR SUCCESS PARTNERS









































NOTES

NOTES

SEE **YOU** AT
THE NEXT YEAR



PURE SPOT
EVENTS MANAGEMENT
www.purespot.org

HEADQUARTER
CAIRO: 62 MAKRAM EBEID ST., 6TH ZONE, NASR CITY, 4TH & 5TH FLOOR
(+20) 226718421 - 226721944
INFO@EGYPURE.ORG
ALEXANDRIA LUXOR DELTA ASYUT DUBAI

IAPCO ACCREDITED
ICCA

19 YEARS OF EXCELLENCE

PROJECT MANAGER
DR. MARIAM GAMAL
0106 266 3001
MARIAM.GAMAL@EGYPURE.ORG