1st Alexandria Pediatric Conference of Endocrinology and Diabetes

In Collaboration with

Egyptian Pediatric Association Alexandria

25th - 26th May 2023 | Convention Center- Faculty of Medicine - Alexandria University

APCED



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Day 1

25th May 2023

Registration 8:15 – 9:15 AM

Session 1 09:15 – 10:45

Chairpersons (Alphabetically)

Prof. Ehsan Wafa
Prof. Magdy Omar
Prof. Mahmoud Abdel Moneim
Prof. Manal Abdel Gawad
Prof. Mohy El Kersh
Prof. Salah Zaher

Time	
9:15 – 9:30	Opening and Welcome Word **Prof. Ahmed El Awwa** Alexandria University
9:30 – 9:45	DKA Practical Tips **Prof. Doaa Khater** Alexandria University
9:45 – 10:00	Central Precocious Puberty (CPP): Not always need a speed hump **Dr. Shaymaa Raafat** Alexandria University
10:00 – 10:15	Pediatric Osteoporosis: Because Bones Matter! **Dr. Yasmine Ashraf** Alexandria University
10:15 – 10:35	GH in genetic syndromes: Treat or not to Treat? **Prof. Shaymaa El Sayed** Alexandria University SANDOZ
10:35 – 10:45	Discussion Q&A

Day 1

25th May 2023

Plenary Lecture

Time	10:45 – 11:15	Growth and Pubertal Disorders in Patients with Beta Thalassemia Major **Prof. Ashraf Tawfik Soliman** (Hamad Medical Corporation - Qatar)

Session 2 11:15 – 12:30

Chairpersons (Alphabetically)

Prof. Ahmed Saad
Prof. Alaa Thabet
Prof. Mohamed Abo El Asrar
Prof. Mohamed Hazem Gouda
Prof. Mona Mamdouh

Time	11.15 – 11.30	Counting Macronutrients in Type 1 DM **Prof. Mohamed Abo El Asrar** (Ain Shams University)
Time	11.30 – 11.45	Diagnosis and Treatment of Pre-Diabetes: The Challenging Phase **Prof. Mona Mamdouh** (Cairo University)
Time	11:45 – 12:00	Roadmap to Diabetes Mellitus Target. **Prof. Shaymaa El Sayed** (Alexandria University) sanofi
Time	12:00 – 12:20	Time in range will make your insulin decision to change **Prof. Doaa Khater** (Alexandria University) sanofi
	12.20 – 12.30	**Discussion Q&A**

Day 1

25th May 2023

	12:30 – 1:00	**Opening Ceremony**

Session 3 1:00 – 2:45

Chairpersons (Alphabetically)

Prof. Abeer Abel Maksoud
Prof. Ashraf Ayaad
Prof. Ashraf El Sharkawy
Prof. Faten Emara
Prof. Gamal Ghareeb
Prof. Hassan Heshmat

Time	1.00 – 1.15	Hypothyroidism: Clinical messages **Prof. Ashraf El Sharkawy** (Mansoura University)
Time	1.15 – 1.30	The Butterfly effect **Dr. Dina Abdel Moneim Fawzy** (Alexandria University)
Time	1:30 – 1:45	Evaluation of Pediatric thyroid nodules **Prof. Nanees Abdel-Badie** (Mansoura University)
Time	1:45 – 2:00	When to think Endocrine in Pediatric Hypertension **Dr. Khaled El Khashab** (Cairo University)
Time	2:00 – 2:20	Medtronic Minimed 780 G What's new! **Dr. Mohamed Shaarawy** Pediatric Endocrinologist & Regional Consultant Insulin Pump Therapy & CGM Medtronic
Time	2:20 – 2:35	T2DM in children and adolescents: A different story **Prof. Yasmine El Henawy** (Ain Shams University)
	2:35 – 3:45	**Prayer & Coffee Break**

Day 1

25th May 2023

Time	2:45 – 3:45	Abbott Workshop Freestyle Libre: CGM from Concepts to Implementing Digital Health Tools in Clinic **Prof. Ahmed El Awwa** (For Workshop-Registered Doctors) *Coffee Break Served* Abbott

Session 4 3:45 - 5:00

Chairpersons (Alphabetically)

Prof. Ahmed El Kafoury
Prof. Hamouda El Gazaar
Prof. Hoda Attwa
Prof. Mohamed Abokifo
Prof. Randa Mattar
Prof. Shereen Abdel Ghaffar

Time	3.45 – 4:05	Childhood Obesity: Sparkle of hope **Prof. Shayma El Sayed** (Alexandria University) novo nordisk®
Time	4:05 – 4:20	Sick days Management in Children with Diabetes **Prof. Sherine Abd El Ghaffar** (Cairo University)
Time	4:20 – 4.35	The many faces of Neonatal Diabetes **Dr. Yasmine Ashraf** (Alexandria University)
Time	4.35 – 4.50	Exercise in children with diabetes: "The Perfect Blend Between Knowledge and Art " **Prof. Ahmed Arafa** (Tanta University)
	4:50 – 5:00	**Discussion Q&A**

Day 1

25th May 2023

Session 5 5:00 – 6:15

Chairpersons (Alphabetically)

Prof. Ehab Abdel Hamed
Prof. Eman Moneir
Prof. Mona Attia
Prof. Rasha Tareef
Prof. Sameh Tawfeeq
Prof. Yasser Zaid

Time	5.00 – 5.15	Short stature diagnosis and referral **Prof. Ihab Abd El Hamid** (Zagazig University)
Time	5.15 – 5.30	Diagnostic tools for growth disorders and treatment options **Prof. Sameh Tawfeeq** (Military Medical Academy)
Time	5:30 – 5:45	Endocrinal Problems in Cancer Patients **Prof. Mona Attia** (Cairo University)
Time	5:45 – 6:00	Growth Hormone therapy in infants born SGA **Prof. Rasha Tarif** (Ain Shams University)
Time	06:00 – 06:05	Somatropin... When Time Countdown SEDICO Product Manager **Deena Fouad** SEDICO Pharmaceuticals
	6:05 – 6:15	**Discussion Q&A**

Day 1

25th May 2023

Session 6 6:15 – 7:30

Chairpersons (Alphabetically)

Prof. Hadeel Abo El Eneen
Prof. Kholoud Hassan
Prof. Mohamed Abdel Rahman
Prof. Mona Hosny
Prof. Omnia Magdy
Prof. Yasser El Miligy

Time	6:15 – 6.30	Disorder of Sex Development (DSD): Last mile in the management **Dr. Shayma Raafat** (Alexandria University)
Time	6.30 – 6.45	Hirsutism and PCOS, myths and facts **Prof. Mona Karem** (Suez Canal University)
Time	6.45 – 7:00	Hypoglycemia, A simplified approach **Prof. Hadil Abo Elenin** (Mansoura University)
Time	7:00 – 7:20	Measures to Detect and Prevent Glycemic Variability **Prof. Ahmed El Awwa** (Alexandria University)
	7:20 – 7:30	**Discussion Q &A** **Closing of Day 1**

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Lunch & End of Day 1

Day 2

26th May 2023

Registration 8.30 – 9.00 AM

Session 1 9:00 – 10:15

Diabetes Education Panel: Answer the FAQ

Chairpersons (Alphabetically)

Prof. Ahmed El Awwa
Prof. Hossam Kamal
Prof. Rasha Wafeek
Prof. Shaymaa El Refaay
Prof. Tamer Selim

Time	9:00 – 9:15	The role of Diabetes Educator in the Diabetes Management Plan CDE **CDE. Samar Ramsis**
Time	9:15 – 9:30	Glycemic Index Role in Avoiding Glycemic Variability in T1DM **CDE. Shaymaa El Adawy**
Time	9:30 – 9:45	Dealing with Highs and Lows: Prevent & Treat **CDE. Noha Ahmed Ali**
Time	9:45 – 10:15	Diabetes Education Book: Panel Q&A **The Chairperson Panel**

Day 2

26th May 2023

Session 2 10:15 – 11:45

Chairpersons (Alphabetically)

Prof. Ahmed Arafa
Prof. Amany El Hawary
Prof. Basma Abdel Moaez
Prof. Mona Karem
Prof. Neama Zeirban

Time	10.15 – 10.30	What could be behind Polyuria **Prof. Noha Arafa** (Cairo University)
Time	10.30 – 10.45	Vitamin D "A Double-edged sword" **Dr. Mohamed Helmy** (Tanta University)
Time	10.45 – 11.00	Electrolyte Disturbance: One face of multiple coins **Dr. Remon Magdy** (Fayom University)
Time	11:00 – 11:15	A case of Hypercortisolism: Approach to diagnosis **Dr. Ola Taha** (Tanta University)
Time	11:15 – 11:30	Delayed Puberty (Facts & Myths) **Dr. Radwa Shama** (Cairo University)
Time	11:30 – 11:45	Cases & Messages **Dr Dina Mamdouh** **Dr Maryaam Gaber** **Dr Salma Riyad** (Alexandria University)

Day 2

26th May 2023

Session 3 11:45 – 12:45

Chairpersons (Alphabetically)

Dr. Dina Fawzy
Prof. Doaa Khater
Dr. Esraa Abdel Aal
Prof. Shaymaa Elsayed
Dr. Shaymaa Raafat
Dr. Yasmine Ashraf

Time		
	11:45 – 12:45	Diabetes Technology Session: Insulin Pump and CGM from concepts to Integrated Practice **Prof. Ahmed El Awwa** (Alexandria University)
Time	12:45 – 1:00	**Closing Remarks**
	1:00 – 2:00	**Jumaa Prayer & Coffee Break & End of Day 2**

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