27th Annual Conference

OF PORT SAID SOCIETY OF INTERNAL MEDICINE
IN COLLABORATION WITH PORT SAID UNIVERSITY

2-3 JULY 2026 GRAND HOTEL, PORT SAID





IN HONOR OF THE LATE

Prof. ABO EL MAATTY EL SHERIF

Former Conference President

UNDER THE PATRONAGE OF

Prof. SHERIF SALEH
PRESIDENT OF PORT SAID UNIVERSITY

Prof. EHAB EL HANAFY
DEAN OF FACULTY OF PORT SAID UNIVERSITY

Prof. HELMY EL EFENY
HEAD OF THE PORT SAID MEDICAL SYNDICATE

HONORARY PRESIDENT

Prof. ABBAS ORABI

CONFERENCE PRESIDENTS

Prof. AYMAN EL GENDY

Prof. Yousry Youniss

ORGANIZING COMMITTEE

Prof . Mahmoud Mahran
Prof . Sherif Shaban
Prof . El Sayed El Masry

Prof Mamdouh El Nahas
Prof Saad El Alamy
Prof . Hanzada Elmaghrabi

Thursday
2 July 2026

Program

Thursday
2 July 2026

11:00 AM – 12:00 PM **Registration**

Session 1 — Cardiology Session (1)

Chairpersons	**Prof. Ehab El-Hanafy,** Port Said **Dr. Mohamed Soliman,** Port Said **Dr. Tahsen Gomaa,** Port Said **Dr. Yousry Younis,** Port Said
12:00 – 12:15 PM	**Heart failure from basic to update or to do or not to do** **Prof. Mahmoud Youssef,** Mansoura
12:15 – 12:30 PM	**When and how to start treatment for hypertension?** **Dr. Azza El Iraqi,** Port Said
12:30 – 12:45 PM	**Stress induced heart failure stress** **Prof. Hamza Kabeel,** Mansoura
12:45 – 01:00 PM	**Can HDL-P Be Atherogenic?** **Prof. Megahed Abu El-Magd,** Mansoura
01:00 – 01:15 PM	**Cardiooncology guideline** **Dr. Ahmed Abu El-Maati,** Port Said

Program

Thursday
2 July 2026

Session 2 — Diabetes Session (1)

Chairpersons	**Prof. Abbas Orabi,** Zagazig **Dr. Mahmoud Mehran,** Port Said **Prof. Mahmoud Youssef,** Mansoura **Prof. Said Abadi,** Suez
01:15- 01:30 PM	**Novel Biomarkers in HF** **Dr. Taher El-Sayrafi,** Port Said
01:30 - 01:45 PM	**Adiposity based chronic disease ABCD** **Prof. Mohamed Shawky,** Benha
01:45 - 02:15 PM	**Opening Ceremony**

Coffee Break 02:15 – 02:35 PM

Program

Thursday
2 July 2026

Session 3 — Diabetes Session (2)

Chairpersons

Dr. Hesham Rafea, Ain Shams
Dr. Ismail Ali, Port Said
Prof. Mamdouh El-Nahhas, Port Said
Dr. Sherif Shaaban, Port Said

02:35 – 02:50 PM	Primary aldosteronism: step by step approach" **Prof. Farid Fawzy,** Zagazig
02:50 – 03:05 PM	Type 3c diabetes **Prof. Mohamed Assy,** Zagazig
03:05 – 03:20 PM	Male sexual dysfunction in diabetic patients **Prof. Fady Azmy,** Mansoura

Session 4

Chairperson

Prof. Abbas Orabi, Zagazig

03:20 – 03:35 PM	الصيام الآمن فى رمضان توصيات الملتقى العربى للسكر **Fasting Ramadan Safely FRS** **Dr. Awad Elghweiry,** Libya

Program

Thursday
2 July 2026

Industrial Symposium

Chairpersons	**Dr. Asmaa Nabil,** Port Said **Prof. Hesham Metwaly,** Suez Canal **Dr. Mohsen Selmy,** Port Said **Dr. Yousry Younis,** Port Said
03:35– 03:50 PM	**Hypertension management... What's behind guidelines (Rameda Symposium)** **Prof. Mohamed Imam,** Port Said
03:50 – 04:05 PM	**Jardiance across CRM patients Boehringer Symposium)** **Dr. Mohamed El-Shimy,** Port Said
04:05 – 04:20 PM	**SGLT-2 as the new standard of Care within the Cardio-Renal Metabolic diseases management. (Acino Symposium)** **Prof. Mohamed Assy,** Zagazig
04:20 – 04:35 PM	**(Utopia Symposium)** **Prof. El Sayed Abdelfattah,** Delta

MSD Symposium

Chairpersons	**Prof. Abbas Orabi,** Zagazig
04:35 – 05:05 PM	**Safety Profile For Cardiovascular Patients TECOS (MSD Symposium)** **Prof. Mamdouh El-Nahhas,** Port Said
05:05 – 05:35 PM	**Sitagliptin COMPOSIT Program (MSD Symposium)** **Dr. Hesham Rafea,** Ain Shams

Lunch 05:35 PM

Friday

3 July 2026

Program

Friday
3 July 2026

Session 5 — Cardiology Session (2)

Chairpersons
Prof. Hatem Salem
Dr. Mohamed Asal
Dr. Mohamed Soliman
Dr. Yousry Younis, Port Said

11:30 – 11:45 AM	Perivascular fat and cardiovascular risk **Prof. Gamila Nasr,** Suez Canal
11:45 AM – 12:00 PM	Dyslipidemia 2026 **Prof. Mohamed Imam,** Port Said
12:00 – 12:15 PM	In coronary artery disease, does intervention improve survival ? **Dr. Mohamed El Mery,** Suez Canal

Gomaa Prayer & Coffee Break 12:30 - 01:15 PM

Memorial Session Honoring Prof. Abo El Maaty ElSherif
01:15 - 01:30 PM

Session 6 — Diabetes 3

Chairpersons
Dr. Ibrahim Badr, Port Said
Dr. Mahmoud El Fawy, Port Said
Prof. Mohamed Abdel Ghany, Mansoura
Dr. Yousry Younis, Port Said

01:30 – 01:45 PM	Prediabetes; Treating the Roots **Prof. Emad Mashreki,** Tanta
01:45 – 02:00 PM	Beyond the Diagnosis: How Family Dynamics Shape Anxiety and Depression in Diabetes Care **Dr. Tayser Metwally,** Suez
02:00 – 02:15 PM	Non-albuminuric DKD **Dr. Maisa Ibrahim,** Suez

Program

Friday
3 July 2026

Session 7 — Obesity Session

Chairpersons	**Prof. Emad Mashreqi** **Dr. Mohsen Selmy,** Port Said **Dr. Yousry Younis,** Port Said
02:15 – 02:30 PM	**Muscle mass preserve during weight reduction.** **Dr. Ahmed El-Sabawy**
02:30 – 02:45 PM	**Weight regain dilemma after successful reduction!** **Prof. Hesham Shoman,** Zagazig

Session 8 — MASH Session

Chairpersons	**Prof. Abbas Orabi,** Zagazig **Dr. Saad El-Alamy,** Port Said **Dr. Sayed El-Masry,** Port Said
02:45 – 03:00 PM	**Evolution of MASH** **Dr. Fatma Rageh,** Suez Canal
03:00 – 03:15 PM	**Screening for MASH in Patients with Diabetes** **Dr. Mohamed Wageh,** Suez
03:15 – 03:30 PM	**Reversibility of MASLD and MASH, When and how?** **Prof. Mahmoud Abdo Ashour,** Zagazig
03:30 – 03:45 PM	**Management of MASH in Diabetes** **Dr. Mohamed El Husseiny,** Suez
03:45 – 04:00 PM	**Case based discussion in an important topic in gasteroentetology** **Dr. Walid El-Agawe,** Mansoura

Program

Friday
3 July 2026

Session 9 — CKD Session

Chairpersons
Dr. Ayman El Gendy, Port Said
Dr. Hanzada Elmaghrabi, Port Said
Prof. Mamdouh El-Nahhas, Port Said

04:00 – 04:15 PM	**DKD in Type 1 Diabetes vs Type 2 Diabetes** **Prof. Hatem Salem,** Zagazig
04:15 – 04:30 PM	**Visceral Fat: The Hidden Driver of Metabolic Disease** **Prof. Amira Ahmed,** Suez
04:30 – 04:45 PM	**The Dilemma of Vitamin D** **Prof. Mohamed Fawzy,** Suez
04:45 – 05:00 PM	**Surveillance of antimicrobial resistance in healthcare settings** **Prof. Said Abadi,** Suez

Program

Friday
3 July 2026

Industrial Symposium

Chairpersons	**Dr. Ayman El Gendy,** Port Said **Dr. Hanzada Elmaghrabi,** Port Said **Dr. Yousry Younis,** Port Said
05:00 – 05:15 PM	**Targomash: is there an ideal Blood pressure? (Mash Symposium)** **Dr. Ayman El Gendy,** Port Said
05:15 – 05:30 PM	**Dapagliflozin: One Molecule, Multiple Destinations (EVA Symposium)** **Prof. Emad Mashreki,** Tanta
05:30 – 05:45 PM	**Sitagliptin/Metformin: Golden Card in the Diabetic Journey (EVA Symposium)** **Prof. Hatem Salem,** Zagazig
05:45 - 06:00 PM	**"Hit early Hit hard: optimize treatment in T2D Patients with CKD" (Bayer Symposium)** **Prof. Mohamed Abdel Ghany,** Mansoura
06:00 - 06: 15 PM	**Case-Based Approach to Type 2 Diabetes Management: Insights from NICE 2026 (Zeta Symposium)** **Prof. Ahmed El-Sabawy,** NIDE

Lunch 06:15 PM



PROJECT MANAGER

MR. OMAR MOHAMED 010 00988976 OMAR.MOHAMED@EGYPURE.ORG

MR. KARIM ATEF ANWER 01000988963 KARIM.ATEF@PURESPOT.ORG

HEADQUARTER: 62 MAKRAM EBEID ST., 6TH ZONE, NASR CITY, 4TH & 5TH FLOOR.

CAIRO ALEXANDRIA LUXOR DELTA ASYUT DUBAI

FOLLOW US

22 YEARS OF EXCELLENCE

PURE SPOT EVENTS MANAGEMENT

www.purespot.org