POST CONFERENCE WORKSHOP

HYBRID

ESPED

ORGANIZED BY (ESPED)

THE EGYPTIAN SOCIETY OF PEDIATRIC ENDOCRINOLOGY AND DIABETES

IN CELEBRATION OF **THE WORLD DIABETES DAY**

12th November 2021

Grand Nile Tower Hotel, Cairo-Egypt

Hand in Hand for a Better Future

For Children Living With Diabetes



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Welcome

In the name of the Egyptian Society of Pediatric Endocrinology and Diabetes (ESPED) we would like to welcome all members and delegates of the society to actively participate in the post conference workshop held by ESPED under the name “Hand in hand for a better future for children living with diabetes” in celebration of world diabetes day for year 2021.

We intend to make it a fruitfully interactive event and with the spirit of the “100 years of insulin anniversary” and the IDF theme “Access to diabetes care”,We encourage participating by the exchange experience and challenges related to diabetes care for children and adolescents from all around Egypt.

Organized by



Prof. Mona Salem
President of ESPED and Workshop



Prof. Mona Mamdouh Hassan
Workshop Moderator
Head, Diabetes Endocrine &
Metabolism Pediatric Unit (Cairo University)

International Speakers



Julie Taplin (UK)

Registered dietician specialized in diabetes in the Medtronic UK team. Responsible for the training and onboarding of HCPs and device users on the range of Medtronic insulin pump and CGM therapies.



Dr Fiona Campbell (UK),

Consultant Paediatric Diabetologist, Leeds Children's Hospital, Leeds, UK. She is the Associate Medical Director at Leeds Teaching Hospitals NHS Trust responsible for Children and Young People's Services and Trust-wide Clinical Lead for Transition.



Prof. Silva Arslanian, MD (USA)

Professor of pediatrics and clinical and translational science at the University of Pittsburgh School of Medicine.

She holds the Richard L. Day Endowed Chair in Pediatrics at the UPMC Children's Hospital of Pittsburgh.

She is the director of the National Institutes of Health (NIH), and **the scientific director of the Center for Pediatric Research in Obesity** and Metabolism at the University of Pittsburgh and UPMC Children's Hospital of Pittsburgh.

She was the founding director of the Weight Management & Wellness Center.

08:30 – 09:30	**Registration**
09:30 – 10:00	**Welcome and Opening**

10:00 – 11:30 Session I: Continuous Subcutaneous Insulin Infusion CSII

Chairpersons: (alphabetical)

Prof. Ahmad ElAwa
Prof. Ashraf Elsharkawy
Prof. Faten Emara
Prof. Mahmoud Elhelaly
Prof. Mona Attia
Prof. Safinaz Elhabashy

10:00 – 10:30	A walkthrough the MiniMed 780G - Advanced Hybrid Closed Loop Insulin Delivery System. **Julie Taplin** Medtronic Med Consult For Medical Services
10:30 – 10:40	**Q & A**
10:40 – 11:00	Insulin pump secrets and tricks: A practical guide to a successful glycemic control. **Prof. Nancy Elbarbary**
11:00 – 11:20	Advanced Hybrid Closed Loop: is it a matter of age or dose? **Dr. Yasmine Elhenawy**
11:20 – 11:30	**Q & A**
11:30 – 13:00	**Friday Prayer and Coffee Break**

13:00- 13:50 Session II: Glucose monitoring technology

Chairpersons: (alphabetical)

Prof. Basma Abdelmoez
Prof. Eman Munir
Prof. Hoda Attwa
Prof. Shereen Abdelghafar

13:00 – 13:30	Review on clinical evidence of flash glucose monitoring technology in pediatric population **Dr. Fiona Campbell** Abbott
13:30 – 13:40	Demonstration of features and benefits of Flash CGM **Dr. Manal AlJammal**
13:40 – 13:50	**Q & A**

13:50- 15:00 Session III: Issues in comprehensive diabetes management.

Chairpersons: (alphabetical)

Prof. Doaa Khater
Prof. Ghada Anwar
Prof. Mohamed Abulasrar
Prof. Mohamed Abukefo
Prof. Sameh Tawfik
Prof. Soha Abdeldayem

13:50 - 14:05	Pitfalls in insulin therapy in type 1 diabetes. **Dr. Hanan Hassan**
14:05 - 14:20	Which protocol should survive? Low CHO diet vs CHO counting in type 1 diabetes management. **Dr. Mohamed Ismail**
14:20 – 14:35	Hypoglycemia: A red flag for developing diabetes. **Dr. Radwa Shamma**

14:35 – 14:50	Pitfalls and precautions related to screening for diabetes complications. **Dr. Shimaa Atef**
14:50 – 15:00	**Q & A**

15:00-15:50 Session IV:
Updates in diabetes management in children

Chairpersons: (alphabetical)

Prof. Magdy Omar
Prof. Mona Hafez
Prof. Mona Salem
Prof. Randa Mattar

15:00 – 15:40	Updates in diabetes management in children **Prof. Silva Arslanian** SANOFI
15:40 – 15:50	**Q & A**

15:50- 17:30 Session V:
Challenges and frequently asked questions in Diabetes Care

Chairpersons and Panelists: (alphabetical)

Prof. Amany Elhawary
Prof. Hanaa Abdelatif
Prof. Hossam Kamal
Prof. Mona Mamdouh
Prof. Mona Salem
Prof. Shaymaa Elsayed

15:50 – 16:00	Case study: Can insulin pump help in challenging cases with diabetes? **Dr. Kholoud Mohamed**
16:00 - 16:05	**Q & A**
16:05 - 16:15	Panel Discussion: Are vaccinations required and safe in children with diabetes. **Prof. Hanaa Abdel Latif**
16:15 - 16:20	**Q & A**
16:20 - 16:30	Sick days management in children with diabetes: What do we need to know? **Prof. Hossam Kamal**
16:30 - 16:35	**Q & A**
16:35 - 16:45	The challenge of managing obesity in the child with diabetes? **Prof. Amany Elhawary**
16:45 - 16:50	**Q & A**
16:50 - 17:00	The challenge of managing exercise in the child with diabetes. **Prof. Shaymaa Elsayed**
17:00 - 17:05	**Q & A**
17:05	**Recommendations and closing**

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