Diabetes in Ramadan in Arab countries

DIRIA 2023

23 February 2023 - Triumph Plaza, Cairo



Conference Presidents

Prof. Abbas Orabi

Prof. Ali Abdel Rahim

DIRIA 2023

09:30 – 10:30 AM Registration

Session1 (10:30 – 11:00 AM)

Opening

Chairpersons:
Prof. Abbas Orabi
Prof. Ahmed Dirar
Prof. Ali Abdel Rahim
Prof. Eman Rushdy
Prof. Hala Ali Gamal El Din

10:30 – 11:00 AM Opening Lecture
What do we need to establish the evidence for diabetes and fasting management
Prof. Adel Abdel Aziz

Session 2 (11:00 – 12:00 PM)

Physiological aspects of Ramadan

Chairpersons:
Prof. Eman Rushdy
Prof. Hala Ali Gamal El Din

11:00 – 11:15 AM Physiological aspects of fasting Ramadan.
Prof. Sir El Khatem Siry (Hybrid)
11:15 – 11:30 AM The challenges of fasting Ramadan in the diabetic patient.
Prof. Fawzy El Mosallamy
11:30 – 11:50 AM Who may fast, who should not fast Ramadan.
Prof. Ragab Boegila El Roaied (Hybrid)
11:50 – 12:00 PM Discussion

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Session 3 (12:00 – 01:05 PM)

Monitoring Diabetes in Ramadan

Chairpersons:
Prof. Ahmed Dirar
Prof. Mohamed Reda Halawa

12:00 – 12:15 PM	The concept of continuous glucose monitoring CGM Prof. Manal Abo Shady
12:15 – 12:30 PM	Monitoring glucose in the diabetic patients during Ramadan. Prof. El Tayeb El Faky (Hybrid)
12:30 – 12:55 PM	The technology, methodology and interpretation CGM. Prof. Ibrahim El Sherif (Hybrid)
12:55 – 01:05	Discussion

Session 4 (01:05 – 02:00 PM)

Management of Diabetes in Ramadan (1)

Chairpersons:
Prof. Emad Mishriki
Prof. Fawzy El Mosallamy

01:05 – 01:25 PM	Dietary control of the diabetic patient in Ramadan. Prof. Amal El Gharary (Hybrid)
01:25 – 01:50 PM	Modifying oral anti-diabetic therapies in Ramadan. Dr. Awad ElGhweiry (Hybrid)
01:50 – 02:00 PM	Discussion

02:00 – 02:30 PM Coffee Break

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Session 5 (02:30 – 03:15 PM)

Management of Diabetes in Ramadan (2)
Modifying Injectable therapy in Ramadan
(Endorsed by Eva Pharma)

Chairpersons:
Prof. Abbas Orabi

EVA PHARMA

02:30 – 02:45 PM Basal-Bolus Regimen
Prof. Mohamed Zaitoun

02:45 – 03:00 PM Premixed Insulin in Ramadan
Prof. Eman Rushdy

03:00 – 03:15 PM GLP1RA in Ramadan
Prof. Assem Seif

Session 6 (3:15 – 4:30 PM)

Tailoring treatment in diabetic patients in different situations

Chairpersons:
Prof. Asem Seif
Prof. Manal Abo Shady

03:15 – 03:30 AM Benefits of the intermittent fasting.
Prof. Emad Mishrik

03:30 – 03:50 PM Managing diabetes in type1 diabetic patient using insulin pump.
Prof. Al Bahlul Amer (Hybrid)

03:50 – 04:10 PM Managing diabetes in the pregnant women
Dr. Mohamed Sultan (Hybrid)

04:10 – 04:30 PM Managing diabetes in the elderly during Ramadan
Dr. Kamal Saleh

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Session 7 (04:30 – 06:00 PM)

Companies Session

Chairpersons:
Prof. Abbas Orabi
Prof. Ali Abedlrehim
Prof. Hala Gamal
Prof. Mohamed Reda Halawa

04:30 – 05:00 PM **MSD Symposium**
Sitagliptin Role in different types of T2DM patients
Prof. Mohamed Reda Halawa

05:00 – 05:20 PM **Boehringer Ingelheim Symposium**
Why Empa-Metformin combination can add ?
Prof. Ali Abdel Rahim

05:20 – 05:40 PM **Phoenix Symposium**
Addressing TG , how far may we improve the CV outcomes?
Prof. Abbas Orabi

05:40 – 06:00 PM **Biomed Symposium**
Do essential amino acids have a role in the diabetic patients ?
Prof. Manal Abo Shady

Chartoreg









-TELMESARTAN 40 MG & 80 MG
-AMLODIPINE 5 MG & 10 MG
-HCT 12.5 MG & 25 MG

COMING SOON

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