QIDA

Qualiobia Internal Medicine & Diabetes Association

Diabetes and Endocrinology Unit
Faculty of Medicine Banha University Annual Conference

11 May 2023
Misr Public Library In Benha

12 May 2023
Tolip Golden Plaza

Updates In Different Medical Diseases 2023



Conference President
Prof. **Mohamed Shawki**



Conference Vice President
Prof. **Ayman El Badawy**

DAY 1

THURSDAY
11th May 2023

Venue: Misr Public library Benha, Egypt

Registration (9:00 – 10:00 AM)
Welcome Speech & Opening Ceremony (10:00 – 10:15 AM)

SESSION 1

10:30 AM – 12:00 PM

CHAIRPERSONS	*Prof.* **Abdel Shafy Tabl** *(Benha University)* *Prof.* **Fawzy Megahed** *(Benha University)* *Prof.* **Nabil Khattab** *(Benha University)* *Prof.* **Tarek El Essawy** *(Benha University)*
10:30 - 10:50 AM	**Pre-diabetes and Microvascular disease: How early is early?** *Prof.* **Farid Fawzy** *(Zagazig University)*
10:50 - 11:10 AM	**Insulin Therapy: Future Perspectives** *Prof.* **Mohamed Shawki Elsayed** *(Benha University)*
11:10 - 11:15 AM	**Q&A**

PHARMA SESSION 1

11:15 – 11:50 AM

CHAIRPERSONS	*Prof.* **Abdel Kader Farrag** *(Consultant of Diabetes Banha Fever Hospital)* *Prof.* **Mohamed Abdel Salam** *(Benha University)* *Prof.* **Rasha Omar** *(Benha University)* *Prof.* **Mohamed Ahmed El Gazzar** *(Benha University)*
11:15 – 11:30 AM	**MAFLD Management** sanofi *Prof.* **Abdel Moneim Ahmed Abdel Moneim** *(Benha University)*
11:30 – 11:45 AM	**Glyxambi : maximum power with maximum protection** *Prof.* **Mahmoud Emara** *(Menofia University)* Boehringer Ingelheim
11:45 – 11:50 AM	**Q&A**

SESSION 2

11:50 AM – 12:35 PM

CHAIRPERSONS	*Prof.* **Loai El Ahwal** *(Tanta University)* *Prof.* **Mohamed Tanatwy** *(Benha University)* *Prof.* **Salah Shams** *(Consultant of Diabetes Banha Fever Hospital)*
11:50 AM – 12:10 PM	**Diabetes Remisdion** *Prof.* **Abdel Moneim Zaid** *(Zagazig University)*
12:10 -12:30 PM	**Non-Insulin therapy in T1DM** *Prof.* **Hosam Ghazy** *(Mansoura University)*
12:30 - 12:35 PM	**Q&A**

12:35 – 01:00 PM *Coffee Break*

PHARMA SESSION 2

01:00 – 01:50 PM

CHAIRPERSONS	*Prof.* **Nabil Khamis** *(Consultant of Diabetes Menofia)* *Prof.* **Mohamed Kamal Abdel Rahman** *(Consultant of Diabetes Insurance Hospital)* *Prof.* **Safwat Sultan** *(Consultant of Diabetes Benha)*
01:00 -01:15 PM	**Metformin-Empaglifozine Combination: Dual Power of Glycemic Control and beyond** *Prof.* **Mohamed Shawki Elsayed** *(Benha University)* EVA PHARMA
01:15 – 01:30 PM	**When does glycemic control mandate primary prevention – Dapagliflozin in clinical practice?** *Prof.* **Ayman El Badawy** *(Benha University)* sanofi
01:30 – 01:45 PM	**Introducing I-GLARLIXI and clincal data (Soliqua)** *Prof.* **Mostafa Abo Elyazied** *(Benha University)* sanofi
01:45 – 01:50 PM	**Q&A**

SESSION 3 — WORKSHOP OF INSULIN

01:50 – 02:55 PM

MODERATOR:	*Prof.* **Farid Fawzy** *(Zagazig University)*
CHAIRPERSONS	*Prof.* **Amira El Mohammady** *(Benha University)* *Prof.* **Loai El Ahwal** *(Tanta University)*
01:50 – 02:10 PM	**Continuous Glucose monitoring** *Prof.* **Yasser Hafez** *(Tanta University)*
02:10 – 02:30 PM	**Smart insulin delivery pumps and pens** *Prof.* **Khaled Shalaby** *(Tanta University)*
02:30 – 02:50 PM	**Insulin regimens** *Prof.* **Ahmed Eissa** *(Tanta University)*
02:50 – 02:55 PM	**Q&A**

PHARMA SESSION 3 — SPONSORED BY NOVO NORDISK

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02:55 -03:30 PM

CHAIRPERSONS	*Prof.* **Ahmed Ezzat** *(Benha University)* *Prof.* **Mokhtar Abdel Aty** *(Consultant of Diabetes Banha Fever Hospital)*
02:55 – 03:10 PM	**Oral Semaglutide: The first and only Oral GLP-1 RA** *Prof.* **Mohamed Shawky El Sayed** *(Benha University)*
03:10 – 03:25 PM	**Practicalities of intensification with IDegAsp** *Prof.* **Ayman El badawy** *(Benha University)*
03:25 – 03:30 PM	**Q&A**

SESSION 4

03:30 – 04:15 PM

CHAIRPERSONS	*Prof.* **Mohamed El Assal** *(Benha University)* *Prof.* **Ahmed Dabour** *(Benha University)* *Prof.* **Inas Mamdouh** *(Benha University)*
03:30 – 03:50 PM	**GI motility disorders & Diabetes (diagnostic approach)** *Prof.* **Mohamed Amer** *(Consultant of Hepatology & Gastroenterology Benha)*
03:50 – 04:10 PM	**GERD updates** *Prof.* **Magdy Abdel Mawgoud** *(Benha University)*
04:10 – 04:15 PM	**Q&A**

PHARMA SESSION 4

04:15 -04:50 PM

CHAIRPERSONS	*Prof.* **Mohamed Abdel Fattah Sakr** *(Consultant of Diabetes Banha Fever Hospital)* *Prof.* **Mohamed Abdel Alim Awwad** *(Consultant of Diabetes Banha Fever Hospital)*
04:15 – 04:30 PM	**Unlocking the Power of Early Glycemic Control** *Ass. Prof.* **Ahmed Salah Shams** *(Zagazig University)* SERVIER
04:30 – 04:45 PM	**IBS in New Century** *Prof.* **Amr El Rabbat** *((Mansoura University)* EUROPEAN PHARMACEUTICALS PHARCO
04:45 – 04:50 PM	**Q&A**

SESSION 5

04:50 – 05:35 PM

CHAIRPERSONS	*Prof.* **Amira El Alfy** *(Benha University)* *Prof.* **Mohamed Abdel Latif** *(Benha University)* *Prof.* **Mahmoud Hamdy** *(Benha University)* *Prof.* **Ahmed Refaat** *(Benha University)*
04:50 – 05:10 PM	**Endocrine disorders of liver disease** *Prof.* **Mahmoud Hemida** *(Azhar University)*
05:10 – 05:30 PM	**Interpretation of thyroid function tests** *Prof.* **Walaa Ibrahim** *(Benha University)*
05:30 – 05:35 PM	**Q&A**

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05:35 – 05:55 PM

CHAIRPERSONS	*Prof.* **Medhat El Amawy** *(Benha University)*
05:35 – 05:50 PM	**Optimal LDL-C for primary and secondary prevention: Start strong and keep going** *Prof.* **Haitham Badr** *(Menofia University)*
05:50 -05:55 PM	**Q&A**

PHARMA SESSION 5 B) SPONSORED BY AL ESRAA

ALESRAA PHARMACEUTICALS

05:55 – 06:15 PM

CHAIRPERSONS	*Prof.* **Mohamed Shawky El Sayed** *(Benha University)*
05:55 – 06:10 PM	**GERD** *Prof.* **Mohamed Hegazy**
06:10 – 06:15 PM	**Q&A**

06:00 PM *Lunch*

DAY 2

FRIDAY
12th May 2023

Venue: Tolip golden plaza- Cairo

SESSION 1

10:30 - 11:15 AM

CHAIRPERSONS	*Prof.* **Abdallah Shafeek** *(El Semad Hospital)* *Prof.* **Amr El Hammady** *(Benha University)* *Prof.* **Sherif Negm** *(Benha University)* *Prof.* **Yehia Seddiq** *(Benha University)*
10:30 - 10:50 AM	**Update in Diagnosis and Management of Cushing Syndrome** *Prof.* **Mohamed Yakot** *(Mansoura University)*
10:50 - 11:10 AM	**Antiobesity: Current and emerging therapy** *Prof.* **Khalid Hadhod** *(Zagazig)*
11:10 -11:15 AM	**Q&A**

PHARMA SESSION 1 SPONSORED BY AL ESRAA

ALESRAA PHARMACEUTICALS

10:30 - 11:15 AM

CHAIRPERSONS	*Prof.* **Abdallah Shafeek** *(El Semad Hospital)* *Prof.* **Hesham Metwally** *(Consultant of Diabetes & Nephrology Suez Canal Authority)*
11:15 – 11:30 AM	**Comprehensive management update of type 2 DM** *Prof.* **Mohamed Yaqout** *(Mansoura University)*
11:30 – 11:35 AM	**Q&A**

SESSION 2 — ENDOCRINE CASES 1

11:35 AM – 12:30 PM

CHAIRPERSONS	*Prof.* **Ahmed Dabour** *(Benha University)* *Prof.* **Mohamed Yaqout** *(Mansoura University)*
11:35 – 11:55 AM	Case 1 *Dr.* **Hind Refaat** *(Benha University)*
11:55 AM – 12:15 PM	Case 2 *Dr.* **Marwa Soliman** *(Benha University)*
12:15 – 12:20 PM	**Q&A**

PHARMA SESSION 2 — SPONSORED BY MSD

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12:20 – 01:00 PM

CHAIRPERSONS	*Prof.* **Ayman El Badawy** *(Benha University)*
12:20 -12:35 PM	Role of Sitagliptin in newly diagnosed patients *Prof.* **Mohamed Shawky El saied** *(Benha University)*
12:35 – 12:50 PM	Role of Sitagliptin in special population *Prof.* **Hisham Metwally** *(Consultant of Hepatology & Gastroenterology Mansoura)*
12:50 – 12:55 PM	**Q&A**

01:00 - 02:00 PM
GOMA PRAYER & COFFEE BREAK

SESSION 3

02:00 – 02:45 PM

CHAIRPERSONS	*Prof.* **Fawzy El Mosallamy** *(Zagazig University)* *Prof.* **Mohamed Emam** *(Consultant of Diabetes Zagazig)* *Prof.* **Sherif Sabry** *(Consultant of Diabetes Cairo)* *Prof.* **Sameh Bahgat** *(Benha University)*
02:00 -02:20 PM	AACE consensus statement: Diabetes management 2023 update *Prof.* **Ihab Salem** *(Zagazig)*
02:20 – 02:40 PM	Glucose Variability; the fourth pillar of glycemic tetrad *Prof.* **Sayed Abdelfattah** *(Delta University)*
02:40 – 02:45 PM	**Q&A**

PHARMA SESSION 3

02:45 – 03:50 PM

CHAIRPERSONS	*Prof.* **Amr El Hammady** *(Benha University)* *Prof.* **Sherif Sabry** *(consultant cairo)* *Prof.* **Abdallah Shafeek** *(Elsemad Hospital)*
02:45 – 03:00 PM	Entresto Across EF spectrum *Prof.* **Ahmed El Bendary** *Novartis symposium* NOVARTIS
03:00 – 03:15 PM	Diabetes a vascular Disease *Prof.* **Ayman El Badawy** *(Benha University)* EVA PHARMA
03:15 – 03:30 PM	Role and fit of premixed insulin in T2D management *Prof.* **Mahmoud Hemida** *(Azhar University)* EVA PHARMA
03:30 – 03:45 PM	*Toujeo: evidence based choices on the path to insulin for patients uncontrolled on OAD* *Prof.* **Hesham Metwally** *(Consultant of Diabetes & Nephrology Suez Canal Authority)* sanofi
03:45 – 03:50 PM	**Q&A**

SESSION 4

ENDOCRINE CASES 2

03:50 PM

CHAIRPERSONS	*Prof.* **Mohamed Shawki Elsayed** *(Benha University)* *Prof.* **Sameh Bahgat** *(Benha University)* *Prof.* **Sherif Negm** *(Benha University)* *Prof.* **Yehia Seddiq** *(Benha University)*
03:50 – 04:10 PM	Case 3 *Dr.* **Aya Nabil** *(Benha University)*
04:10 – 04:30 PM	Case 4 *Dr.* **Rania Wasel** *(Benha University)*
04:30 – 04:35 PM	**Q&A**

04:35 PM
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HbA_{1c} reduction at 18 weeks[a]

(N=559)

Reference

1.Reasner et al. The effect of initial therapy with the fixed dose combination of sitagliptin and metformin compared with metformin monotherapy in patients with type 2 diabetes mellitus.Diabetes, Obesity & Metabolism 13: 644 - 652, 2011

MSD 67, 90th Street, New Cairo
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Reference

1. Reasner et al. The effect of initial therapy with the fixed dose combination of sitagliptin and metformin compared with metformin monotherapy in patients with type 2 diabetes mellitus.Diabetes, Obesity & Metabolism 13: 644 - 652, 2011

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