REGENERATE · RESTORE · RENEW

membership@thevenus.org
VENUS REGENERATIVE MEDICINE INSTITUTE

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Regenerative Medicine Course

Scientific Programme

8 SEPTEMBER 2026

CAIRO · EGYPT

REGENERATE · RESTORE · RENEW

MORNING PROGRAMME — 8 SEPTEMBER 2026

08:30 - 09:00 Registration

09:00 - 09:15 — OPENING LECTURE

Understanding Longevity

MOHAMED ABOZEID

09:15 - 09:30 — KEYNOTE

The Regenerative Arsenal

BENJAMIN ASCHER

OFF-THE-SHELF REGENERATIVE INJECTABLES — 09:30 - 10:45

Sahar Ghannam: Aesthetic Medicine Unfiltered! What is new, what works, what's off-label and what we still don't know — *15 min*

Sophie Menkes: Stem Cell Derived Signals, Biostimulators and Peptides: The Next Frontier in Regenerative Aesthetics — *15 min*

Sahar Ghannam: Exosomes - Friends or Foe? — *15 min*

Steve Cohen: Our Clinical Experience with Hybrosomes (Hybrid Exosomes) — *15 min*

Questions & Answers — *15 min*

MY BLOOD - AUTOLOGOUS REGENERATION — 10:45 - 12:00

Tunc Tiryaki: Beyond PRP: What is the next generation of autologous regeneration — *20 min*

Steve Cohen: Autologous Secretomes Using an FDA-approved Device, Exocube — *20 min*

Sophie Menkes: From Millifat to PRP and Exosomes: Selecting the Right Autologous and Cellular Products for Facial Rejuvenation — *20 min*

Questions & Answers — *15 min*

12:00 - 12:30 Coffee Break · 30 min

AFTERNOON PROGRAMME — 8 SEPTEMBER 2026

FAT: THE CORE OF REGENERATION — 12:30 - 13:45

Aris Sterodimas: Fat transfer and Stem cell injections: How do I do it? — *15 min*

Steve Cohen: The evolution of regenerative surgery: From Nanofat to SVF and ITR2 — *15 min*

Tunc Tiryaki: Deep Plane Fat Transfer: Complexity Simplified — *15 min*

Aris Sterodimas: Cell Enriched Fat Transfer for the Body — *15 min*

Questions & Answers — *15 min*

13:45 - 14:45 Lunch Break · 60 min

ENERGY-BASED REGENERATION — 14:45 - 16:00

Steve Cohen: Total Facial Rejuvenation - Integrating Lasers, Surgery and Regenerative Aesthetics — *15 min*

Sophie Menkes: Genital regeneration: Combining biological signals and energy-based devices — *15 min*

Anna Peca: RF microneedling and bioengineered exosomes: The pearls of practice — *15 min*

Sahar Ghannam: Regenerative Chemical Peeling Techniques — *15 min*

Questions & Answers — *15 min*

16:00 - 16:30 Coffee Break · 30 min

FUTURE OF REGENERATION AND LONGEVITY PRACTICE — 16:30 - 17:45

Tunc Tiryaki: Incorporating Longevity Into Your Life and Clinical Practice — *15 min*

Steve Cohen: Inside to Outside Management of the Aesthetic Patient - Introducing Longevity in the Clinic — *15 min*

Sahar Ghannam: Skin Longevity and aging beyond the skin — *15 min*

Tunc Tiryaki: Regeneration and Longevity: From Vampires to Xenobots, the future of immortality — *15 min*

Questions & Answers — *15 min*

17:45 - 17:55 Closing Remarks & Key Takeaways