Annual Conference of

8th SHAD 2023

Diabetes in Real Practice

14-16 June 2023

Novotel Cairo Airport Hotel

SHAD President
PROF. MOHAMED ASSY

Head of Sharkia Medical Syndicate
PROF. KHALED SAFWAT

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PROF. ABBAS ORABI
PROF. RAAFAT RASHWAN

SHAD Vice-President
PROF. FAWZY EL MOSALLAMY

Conference President
PROF. MOHAMED SALLAM

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PROF. KHALED HADHOUD

Conference Moderator
DR. AHMED ZAGHLOUL

Organizing Committee
DR. AHMED SHAWKY
DR. AML KAMAL

Scientific Committee
DR. ESLAM MAHER

PURE SPOT EVENT MANAGEMENT

DAY 1

WEDNESDAY

14 JUNE 2023

WEDNESDAY – 14 JUNE 2023

10:00 AM – 11:00 AM : SESSION 1

CHAIRPERSONS
(ALPHABETICALLY ARRANGED)

PROF. ATEF GOUDA
PROF. HAMED DERAZ
PROF. MOHAMED ASSY
PROF. USAMA KHALEEL

10:00 AM – 10:15 AM	CASE 1 : DR. AHMED ATEF
10:15 AM – 10:30 AM	CASE 2 : DR.AHMED KOLALY
10:30 AM – 10:45 AM	CASE 3 : DR. AHMED GAMAL
10:45 AM – 11:00 AM	CASE 4 : DR. AHMED NOFAL

11:00 AM – 12:00 PM : CROSS – TALK BETWEEN THE IMMUNE AND ENDOCRINE SYSTEMS

CHAIRPERSONS
(ALPHABETICALLY ARRANGED)

PROF. AHMED SHAWKI
PROF. ESSAM LOTFY
PROF. SHEREIF SHAHIN

11:00 AM – 11:20 AM	**PROF. NEVIN FOAD** The crosstalk between thyroid gland and liver diseases.
11:20 AM – 11:40 AM	**PROF. SARA OSAMA** Grey zone of diabetes.
11:40 AM – 12:00 PM	**EVA SYMPOSIUM**

EVA PHARMA

12:00 PM – 1:00 PM : THE LIVER METABOLIC AXIS

CHAIRPERSONS
(ALPHABETICALLY ARRANGED)

PROF. EZZAT MOSTAFA
PROF. KHALED EL HEFNAWY
PROF. KHALED SAFWAT

12:00 PM – 12:20 PM	**PROF. ABBAS ORABI** The rational of cardiorenal high risk of diabetes.
12:20 PM – 12:40 PM	**PROF. AFIFI FAHMY AFIFI** Management of Nonalcoholic fatty liver disease in adults ؛
12:40 PM – 1:00 PM	**PROF. KHALED HADHOUD** Anti obesity treatment recent & emerging therapy؛

DAY 2

THURSDAY

15 JUNE 2023

THURSDAY – 15 JUNE 2023

09:00 AM – 10:00 AM : REGISTRATION

10:00 AM – 11:00 AM : SESSION 1

CHAIRPERSONS
(ALPHABETICALLY ARRANGED)

PROF. ESLAM SALEM
PROF. FAWZY EL MOSALLAMY
PROF. KHALED SAFWAT
PROF. MOHAMED ASSY

10:00 AM – 10:15 AM	**PROF. ESLAM MAHER** Endocrine secrets of hypertension.
10:15 AM – 10:30 AM	**PROF. AHMED ZAGLOL** Ketosis prone diabetes in the era of new classification.
10:30 AM – 10:45 AM	**PROF. BAHAA SHARAF ELDEEN** Is it diabetes?
10:45 AM – 11:00 AM	**PROF. HATEM SALEM** The maximum power with proven protection: Glyxambi. Boehringer Symposium.

Boehringer Ingelheim

11:00 AM – 12:00 PM : SESSION 2

CHAIRPERSONS
(ALPHABETICALLY ARRANGED)

PROF. ESSAM LOTFY
PROF. ESSLAM MAHER
PROF. HAMED DARAZ
PROF. USAMA KHALEL

11:00 AM – 11:15 AM	**PROF. EZZAT MOSTAFA** Post Transplant Diabetes.
11:15 AM – 11:30 AM	**PROF. NERMIN RASHAD** Diabetes and female fertility.
11:30 AM – 11:45 PM	**PROF. FAWZY EL MESSALLAMY** Hypertension managment for diabetic & CKD patients Sanofi Symposium.

sanofi

11:45 AM – 12:00 PM	**PROF. MOHAMED SALLAM** Dapagliflozin & Metformin: what beyond glycemic control? Sanofi Symposium.

sanofi

12:00 PM - 01:00 PM : SESSION 3

CHAIRPERSONS (ALPHABETICALLY ARRANGED)
PROF. EZZAT MOSTAFA
PROF. MOHAMED ASSY
PROF. MOHAMED KAMAR
PROF. MOHAMED SALLAM

12:00 PM – 12:20 PM **PROF. MEGAHED ABO EL MAGD**
Delayed puberty: Clinical cases.

12:20 PM – 12:40 PM **PROF. MOHAMED KHATAB**
Unlocking the Power of Early Glycemic Control
Servier Symposium

12:20 PM – 01:00 PM **PROF. EBRAHIM EL EBRASHY**
Sitagliptin/Metformin: Gold Never Rusts.
EVA Pharma Symposium

DISCUSSION

01:00 PM - 01:30 PM : SESSION 4

01:00 PM - 01:30 PM : OPENING CEREMONY & STATE OF THE ART LECTURE

CHAIRPERSONS (ALPHABETICALLY ARRANGED)
PROF. FAWZY EL MESSALLAMY
PROF. HATEM SALEM
PROF. MOHAMED ASSY
PROF. MOHAMED SALLAM

01:00 PM – 01:30 PM **PROF. MOHAMED KAMAR**
Future therapy of type 2 diabetes.

01:30 PM - 02:00 PM - COFFEE BREAK

02:00 PM - 03:00 PM : SESSION 5

CHAIRPERSONS (ALPHABETICALLY ARRANGED)
PROF. EZZAT MOSTAFA
PROF. HAMED DARAZ
PROF. MEGAHED ABO EL MAGD
PROF. MOHAMED KAMAR

02:00 PM – 02:15 PM **PROF. ADEL ABD EL AZIZ**
Weight Management in type 2 Diabetes.

02:15 PM – 02:30 PM **PROF. ALI ABD EL REHEEM**
The legendary T2DM.
Zeta Pharma Symposium.

02:30 PM – 02:45 PM **PROF. MOHAMED ASSY**
Oral Semaglutide the first and only Oral GLP-1 RA.
NOVO Symposium.

02:45 PM – 03:00 PM **PROF. HESHAM EL HEFNAWY**
Practicalities of insulin intensification with IDegAsp.
NOVO Symposium.

03:00 PM - 04:00 PM : SESSION 6

CHAIRPERSONS
(ALPHABETICALLY ARRANGED)

PROF. ADEL ABD EL AZIZ
PROF. ALI ABD EL REHEEM
PROF. KAMAL SALEH
PROF. MAHMOUD HEMIDA

03:00 PM – 03:15 PM **PROF. USAMA KHALEL**
Can we really be obese and healthy?

03:15 PM – 03:30 PM **PROF. MARAWAN EL GOHARY**
GERD & peptic ulcer in diabetic patients.

03:30 PM – 03:45 PM **PROF. SAID ABD EL FATTAH**
Early combinations for better outcomes
Al Esraa Symposium.

03:45 PM – 04:00 PM **PROF. MAHMOUD ABDO ASHOUR**
GERD
Al Esraa Symposium.

04:00 PM - 05:00 PM : SESSION 7

CHAIRPERSONS
(ALPHABETICALLY ARRANGED)

PROF. HESHAM EL HEFNAWY
PROF. LOBNA EL TONY
PROF. MOHAMED ASSY
PROF. MOHAMED SALLAM

04:00 PM – 04:15 PM **PROF. ALIAA AL AGORY**
Autoimmune Polyglandular Syndrome Update.

04:15 PM – 04:30 PM **PROF. MIADA MOUSA**
Ups and downs in management of hypothyroidism.

04:30 PM – 04:45 PM **PROF. MOHAMED ABD EL RAOUF**
Role of glycemic control in management of T2DM complications - early and tight.
MSD Symposium.

04:45 PM – 05:00 PM **PROF. ALAA WAFA**
Update in management of elderly diabetic patient
MSD Symposium.

05:00 PM - 06:00 PM : SESSION 8

CHAIRPERSONS
(ALPHABETICALLY ARRANGED)

PROF. EFFAT ELTONY
PROF. HESHAM METWALLY
PROF. MOHAMED SALLAM
PROF. WALID ELDEWY

05:00 PM – 05:15 PM	**PROF. AMR MAHFOUZ** Endocrine disorders with T1DM.
05:15 PM – 05:30 PM	**PROF. RANDA DARWISH** Transition clinics beyond T1DM.
05:30 PM – 05:45 PM	**PROF. AHMED EL SABAWY** The Era of Technology in T1DM management.
05:45 PM – 06:00 PM	**PROF. FAWZY EL MESSALLAMY** Update in management of elderly diabetic patient Atco Symposium.

06:00 PM - 07:00 PM : SESSION 9

CHAIRPERSONS
(ALPHABETICALLY ARRANGED)

PROF. AMAL KAMAL
PROF. HAMED DARAZ
PROF. HOSSAM HOSNY
PROF. MAHMOUD ABDO ASHOUR

06:00 PM– 06:15 PM	**PROF. ASHRAF TALAT** Thyroid diseases in pregnancy.
06:15 PM – 06:30 PM	**PROF. AZZA HASSAN** Epicardial fat thickness as a biomarker for insulin resistance.
06:30 PM – 06:45 PM	**PROF. HAITHAM BADR** Atco Symposium.
06:45 PM – 07:00 PM	**AMRIYA PHARMACEUTICALS** Amriya Pharmaceuticals.

7:00 PM - LUNCH

DAY 3

FRIDAY

16 JUNE 2023

FRIDAY - 16 JUNE 2023

09:00 AM - 10:00 AM : REGISTRATION

10:00 AM - 11:00 AM : SESSION 10

CHAIRPERSONS
(ALPHABETICALLY ARRANGED)

PROF. ESSAM LOTFY
PROF. EZZAT MOSTAFA
PROF. MARAWAN EL GOHARY
PROF. USAMA KHALEL

10:00 AM – 10:15 AM	**PROF. KHALED EL HEFNAWY** Glycemic metrics and targets in kidney disease.
10:15 AM – 10:30 AM	**PROF. EL SAIED EL NAHAL** Diabetes Kidney Disease; Practical lessons from ADA 2023
10:30 AM – 10:45 AM	**PROF. EFFAT EL TONEY** Fatty kidney; a possible future for CKD.
10:45 AM – 11:00 AM	**PROF. AHMED SALAH SHAMS** Utopia Symposium.

UTOPIA
THE LIFE YOU DESERVE

11:00 AM - 12:00 PM : SESSION 11

CHAIRPERSONS
(ALPHABETICALLY ARRANGED)

PROF. FAWZY EL MESSALLAMY
PROF. MAYADA MOUSA
PROF. MOHAMED SALLAM
PROF. NERMIN RASHAD

11:00 AM – 11:15 AM	**PROF. KHALED EL HADIDI** Primary Hyperaldostornism guidelines.
11:15 AM – 11:30 AM	**PROF. MARAM MAHER** Fertility in Congenital Adrenal Hyperplasia patients.
11:30 AM – 11:45 AM	**PROF. NABIL EL KAFRAWY** Hypertensive diabetics; A promise from ADVANCE Servier Symposium.
11:45 AM – 12:00 PM	**PROF. MOHAMED MASHAHET** EMPAGLIFLOZIN: Glycemic control and more EVA Symposium.

SERVIER
EVA PHARMA

12:00 PM – 01:00 PM : SESSION 12

CHAIRPERSONS (ALPHABETICALLY ARRANGED)

PROF. ABD ALLAH NAWARA
PROF. AHMED ZAGHLOL
PROF. HAMED DARAZ
PROF. WALID ELDEWY

12:00 PM – 12:15 PM	**PROF. TALAT ABD EL ATTY** Control at the heart of T2DM, Zeta Symposium.
12:15 PM – 12:30 PM	**PROF. MOSTAFA ABO EL YAZED** Metabolic Syndrome.
12:30 PM – 12:45 PM	**PROF. HODA ABD EL AZIZ** Diabetes and Gut Cancer.
12:45 PM– 01:00 PM	**DISCUSSION**

ZETA PHARMA

01:00 PM – 02:00 PM : PRAYER TIME & BREAK

02:00 PM – 03:00 PM: SESSION 13

CHAIRPERSONS (ALPHABETICALLY ARRANGED)

PROF. AHMED SALAH SHAMS
PROF. FAWZY EL MESSALLAMY
PROF. MOHAMED ASSY
PROF. MOHAMED SALLAM

02:00 PM – 02:15 PM	**PROF. WALID ELDEWY** Recovered Heart Failure.
02:15 PM – 02:30 PM	**PROF. SARA HASSAN GAD** Diabetes and atherosclerosis crosstalk.
02:30 PM – 02:45 PM	**PROF. HOSSAM HOSNY** Graves management and diagnosis from guidelines to reality.
02:45 PM – 03:00 PM	**PROF. FARID FAWZY** 1) TSHomas: rare but there.

3:00 PM – LUNCH & CLOSING

HOPE TO SEE YOU ALL WELL IN
SHAD 9TH ANNUAL CONFERENCE 26-28/06/2024



PURE SPOT
EVENTS MANAGEMENT

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19 YEARS OF EXCELLENCE

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