11th Annual Conference of SHAD 2026

DIABETES IN REAL PRACTICE

12 - 14 AUGUST 2026 - SHARKIA CLUB, ZAGAZIG



Honorary Presidents

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PURE SPOT EVENTS MANAGEMENT

WEDNESDAY | 12 AUGUST 2026

REGISTRATION
08:30 – 09:30 AM

OPENING CEREMONY

Welcome Message from Conference Board

A JOURNEY ACROSS THE ENDOCRINE GALAXY

SESSION 1
10:00 – 11:00 AM

CHAIRPERSONS:
PROF. HAMED DERAZ | PROF. AHMED SHAWKY | PROF. MAHMOUD ABDOU
PROF. WALEED ELDEWY

PROF. ALY ASHRAF
10:00 – 10:20 — HYPERCALCEMIA APPROACH AND MANAGEMENT

PROF. IBRAHIM ELNABTITY
10:20 – 10:40 — CUSHING DISEASE: DIAGNOSTIC CHALLENGES AND CURRENT THERAPIES

PROF. AHMED ATEF
10:40 – 11:00 — OSTEOPOROSIS: WHO TO SCREEN AND HOW TO TREAT

WEDNESDAY | 12 AUGUST 2026

SESSION 2 | PITUITARY SESSION
11:00 – 12:50 PM

CHAIRPERSONS:
PROF. ASHRAF SOLIMAN | PROF. KHALED ELBANA | PROF. MOHAMED ASSY
PROF. NAGWA SAMY

11:00 11:20	PITUITARY PUZZLE: SOLVING PROLACTINOMA CLINICAL CASES	PROF. MOHAMED GABER
11:20 11:40	SIAD: AN ENDOCRINE ENIGMA IN REAL PRACTICE	PROF. MEGAHED ABO ELMAGED
11:40 12:00	ENDOCRINOLOGY AND FEMALE HYPOGONADISM: A CLINICAL ROADMAP	PROF. ARAFA ELSHABRAWY
12:00 12:20	THYROID HEALTH IN INFLAMMA TORY BOWEL DISEASE	PROF. AFIFY FAHMY

12:20 – 12:50 PM
Coffee Break

WEDNESDAY | 12 AUGUST 2026

SESSION 3
12:50 – 02:10 PM

CHAIRPERSONS:
PROF. AHMED ZAGHLOUL | PROF. AMIRA AHMED | PROF. NAHLA ABDELKERIM
PROF. NEVEEN FOUAD

12:50 01:10	PITFALLS IN REPLACEMENT THERAPY OF PRIMARY AND CENTRAL HYPOTHYROIDISM	PROF. MAYADA MOUSA
01:10 01:30	THE HARMONY BETWEEN B12 & FOLATE IN TREATMENT OF DIABETIC PERIPHERAL NEUROPATHY	PROF. MOHAMED SALAM
01:30 01:50	THYROID DISORDER WITH PREGNANCY	PROF. FAWZY EL MESELLAMY
01:50 02:10	THYROID NODULE	PROF. NERMEEN RASHAD

WEDNESDAY | 12 AUGUST 2026

SESSION 4 | WHERE HORMONES MEET MEDICINE
02:10 – 02:50 PM

CHAIRPERSONS:

PROF. ABDALLAH SHEWIKH | PROF. ELSAYED ELMOR | PROF. FAWZY EL MESALLAMY
PROF. MARWAN ELGOHARY

PROF. HODA ABDEL AZIZ

02:10
02:30

MASLD UPDATES

PROF. REDA KHODERY

02:30
02:50

GROWTH ASSESSMENT: CLINICAL APPROACH TO SHORT STATURE

THURSDAY | 13 AUGUST 2026

SESSION 1 | NEW HORIZONS IN METABOLIC CARE
10:00 – 11:20 AM

CHAIRPERSONS:

PROF. ATEF GOUDA | PROF. HALA ALLAM | PROF. MAGDA MAHROS
DR. MAY TEMRAZ | PROF. RODALIA MESALLAM | PROF. SAMAR MEHASEB

10:00 10:20	ANTIOXIDANTS STILL DIGGING IN DIABETES AND ENDOCRINE	PROF. AZZA HASSAN (AUG PHARMA)
10:20 10:40	ANTIOXIDANTS STILL DIGGING IN DIABETES AND ENDOCRINE	DR. SARA OSAMA (AUG PHARMA)
10:40 11:00	ADIPOSE TISSUE AS TARGET FOR MANAGEMENT TYPE 2 DIABETES	PROF. KHALED HADHOUD
11:00 11:20	ONE CLASS, MULTIPLE ORGANS: SGLT2 INHIBITORS IN CARDIO-RENAL-METABOLIC CARE	PROF. FAWZY EL MESSALLAMY (Boehringer Ingelheim)

THURSDAY | 13 AUGUST 2026

SESSION 2 | CARDIORENAL & METABOLIC INNOVATIONS SYMPOSIUM
11:20 – 01:00 PM

CHAIRPERSONS:
PROF. MAHMOUD ABDO ASHOUR | PROF. MOHAMED HASSAN
PROF. MOHAMED SALLAM | PROF. TAREK MOSTAFA

11:20 11:40	PROF. IBRAHIM EL-EBRASHY CLOSING THE GAP: ACHIEVING PHYSIOLOGICAL BALANCE WITH MODERN BIOSIMILAR BASAL INSULIN
11:40 12:00	PROF. TALAAT ABD ELATY THE COMPLEMENTARY APPROACH IN T2D MANAGEMENT
12:00 12:20	PROF. MAGDY HELMY SYNERGISTIC SOLUTIONS FOR PREMIUM MULTIMORBIDITY CARE
12:20 12:40	PROF. REDA KAMEL HPN & THE KIDNEY: TIPS AND TRICKS

12:40 – 01:00 PM
Coffee Break

THURSDAY | 13 AUGUST 2026

SESSION 3 | NAVIGATING COMPLEXITY IN TYPE 2 DIABETES MANAGEMENT
PM 02:20 – 01:00

CHAIRPERSONS:
PROF. ADEL GHORAB | PROF. EZZAT MOSTAFA | PROF. FAWZY EL MESSALLAMY
PROF. MOHAMED ASSY

01:00 – 01:20	PROF. MOHAMED KHATTAB (novo nordisk®) SEMAGLUTIDE: THE ONLY GLP-1 RA FOR THE CKM CONTINUUM
01:20 – 01:40	PROF. ALIAA ELAGHOURY (ZETA PHARMA®) CASE-BASED APPROACH TO TYPE 2 DIABETES MANAGEMENT: INSIGHTS FROM NICE 2026
01:40 – 02:00	PROF. MAHMOUD HEMEIDA (rameda) THE QUANTUM LEAP IN T2D MANAGEMENT
02:00 – 02:20	PROF. NASHWA FARRAG THE GUT-DIABETES CONNECTION: UNDERSTANDING DIABETES ENTEROPATHY

THURSDAY | 13 AUGUST 2026

SESSION 4 | BRIDGING GUIDELINES TO CLINICAL PRACTICE: INNOVATION IN DIABETES CARE | 02:20 – 03:40 PM

CHAIRPERSONS:
PROF. AHMED SHAWKY | PROF. KHALED ELHEFNAWY | PROF. NOHA OSAMA
PROF. WALID AFIFY

02:20 – 02:40	A DEEP LOOK INTO DM NEUROPATHY	PROF. MOHAMED ASSY
02:40 – 03:00	TRIPLE THERAPY: NEW ERA IN TREATMENT OF T2DM	PROF. ABD ELMONEIM ZEID
03:00 – 03:20	THE GOLD STANDARD SYNERGY: UNLOCKING CONTINUOUS GLYCEMIC CONTROL	PROF. HAYTHAM BADR
03:20 – 03:40	CGM	PROF. MOHAMED GAMAL KHALIFA

THURSDAY | 13 AUGUST 2026

SESSION 5 | BEYOND BLOOD GLUCOSE: THE EVOLUTION OF HEALTH TECH & DIGITAL SOLUTIONS IN DIABETES
03:40 – 05:00 PM

CHAIRPERSONS:
PROF. AZZA HASSAN | PROF. FAWZY EL MESSALLAMY
PROF. MOHAMED ASSY | PROF. OSAMA KHALIL

03:40 04:00	PROF. EL SAID ABDELFATAH	THE ROLE OF IMEGLIMIN IN T2DM MANAGEMENT
04:00 04:20	PROF. MOHAMED SALLAM	LESS RISK, MORE FREEDOM: MANAGING DIABETES WITH INSULIN DEGLUDEC
04:20 04:40	PROF. TAMER EL-SERBINY	MORE THAN METABOLISM : THE UNSTOPPABLE RISE OF SGLT2 INHIBITION
04:40 05:00	PROF. ALAA ABDELSALAM	THE CLINICAL VALUE OF VILDAGLIPTIN THROUGHOUT THE DIABETES JOURNEY

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