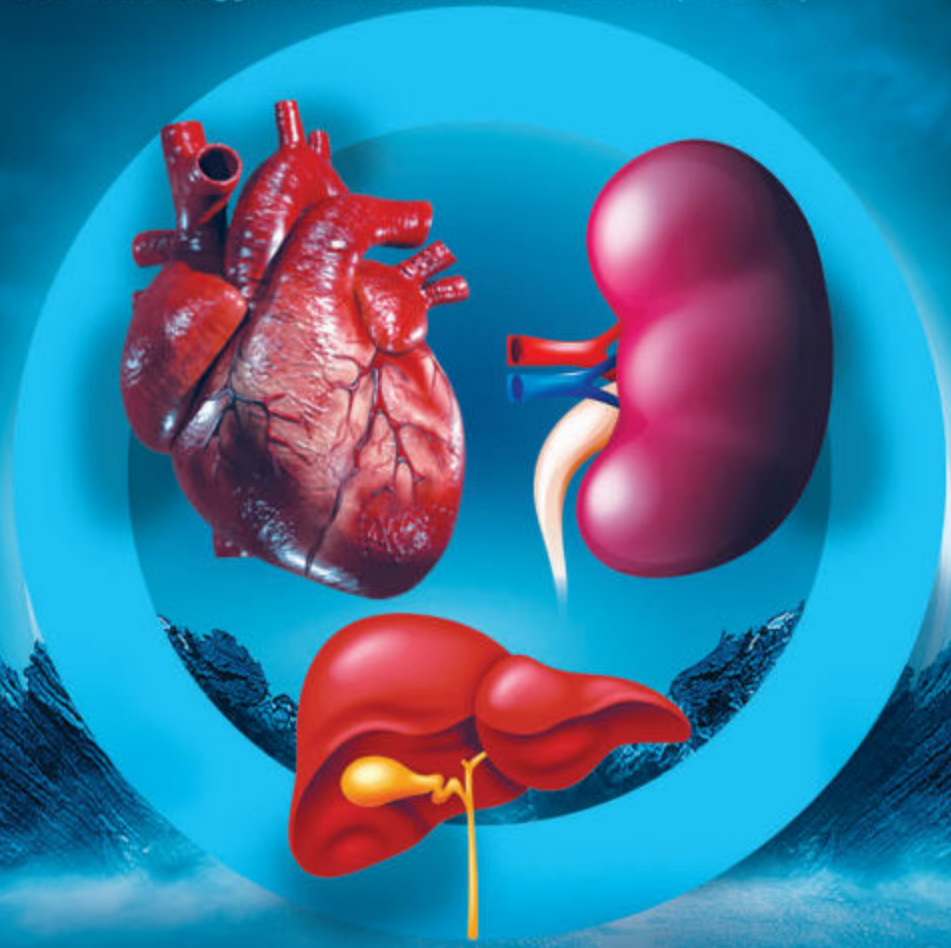
5th International DIABETES | 2025 CRM Forum

Sharkia Endocrinology & Diabetes Association (SHEDA)



Where The Heart, Kidney, Liver and Diabetes
Meet in Clinical Practice

SHEDA President
Prof. Mohamed Kamar

Conference President
Prof. Mohamed Awad

7-9 MAY 2025

Golden Jewel
Alexandria - Egypt

5th EGYPTIAN DIABETES | 2025 CRM Forum

Sharkia Endocrinology & Diabetes Association (SHEDA)

Day1: Wednesday 7 May 2025

11:00 AM - 12:00 PM Registration

Session 1: (12:00 - 01:30 PM)

Chairpersons: (alphabetically)

Farid Fawzy, Zagazig

Kamel Hemida, Alexandria

Mohamed Awad, Zagazig

Noha Gaber, Alexandria

12:00 – 12:15 PM	**Ashraf Talaat 's Memorial Lecture: Targeting Mitochondrial Dysfunction for the Prevention and Treatment of Metabolic Disease** Mohamed Awad, Zagazig
12:15 – 12:30 PM	**Thyroid and liver: what's the link** Eman El Shourbagy, Zagazig
12:30 – 12:45 PM	**Recent Advances in Management of Diabetic Peripheral Neuropathy** Hanan Gawesh, Mansoura
12:45 – 01:00 PM	**Breaking Barriers: Menin Inhibition as a Novel Strategy for Type 2 Diabetes** Hossam Ghazi, Mansoura
01:00 – 01:15 PM	**Mastering Diabetes Control (Copad)** Mohamed Zeitoun, Alexandria
01:15 – 01:30 PM	**Metformin and vitamin B12: Current recommendation (Al Esraa)** Arafa Shabrawy, Zagazig

5th EGYPTIAN DIABETES | 2025 CRM Forum

Sharkia Endocrinology & Diabetes Association (SHEDA)

Session 2: (01:30 - 03:00PM)

Chairpersons: (alphabetically)

Hanan Gawesh, Mansoura

Eman El Shourbagy, Zagazig

Mohamed Awad, Zagazig

Mohamed Elsayed Abdalah, Mansoura

01:30 – 01:45 PM	GLP-1 Ra medicines: Are they different sides of the same card or different cards? Arafa El Shabrawy, Alexandria
01:45 – 02:00 PM	GLP-1 and SGLT-2 :The Dynamic Duo (Combination Therapy) Noha Gaber, Alexandria
02:00 – 02:15 PM	Peptide-based therapy for management of cardiorenal metabolic diseases: Where we stand Mohamed Zeitoun Alexandria
02:15 – 02:30 PM	First Impression Matters; The Power of Early Glycemic Control (Servier) Hend Abdel Moneim, Alexandria
02:30 – 03:00 PM	Jardiance across CRM patients Boehringer Ingelheim Azza Abdel Karem , Alexandria

COFFEE BREAK 03:00 - 03:30 PM

5th EGYPTIAN DIABETES | 2025 CRM Forum

Sharkia Endocrinology & Diabetes Association (SHEDA)

Session 3: (03:30 – 05:00 PM)

Chairpersons: (alphabetically)

Emad Mishriki, Tanta

Mohamed Zaitoun, Alexandria

Samir Rafla, Alexandria

Noha Gaber, Alexandria

03:30 – 03:45 PM	Precision in Diabetes Remission Kamel Hemida, Alexandria
03:45 – 04:00 PM	Food Is Medicine Strategies for Nutrition Security and Cardiometabolic Health Equity Emad Mishriki, Tanta
04:00 – 04:15 PM	Diabetic Kidney Disease: landmark clinical trials and tribulations Amr Khalifa, Alexandria
04:15 – 04:30 PM	Unravelling the cardio-renal-metabolic-foot connection Walaa Khalifa, Assiut
04:30 – 04:45 PM	Optimizing diabetes care (Xeedia) Mohamed Abdel Raouf, Menofia
04:45 – 05:00 PM	B for Better Nerves: Unlocking Vitamin B Complex in Diabetic Neuropathy Care (Al Esraa Pharma) Hossam Ghazy, Mansoura

5th EGYPTIAN DIABETES | 2025 CRM Forum

Sharkia Endocrinology & Diabetes Association (SHEDA)

Session 4: (05:00 – 06:30)

Chairpersons: (alphabetically)

Amr Khalif, Alexandria
Kamel Hemida, Alexandria
Mohamed Awad, Zagazig
Mohamed Kamr, Zagazig

05:00 – 05:15 PM	Closing the gaps in diabetes maps"(EGPI) Farid Fawzy, Zagazig	EGPI
05:15 – 05:30 PM	Expectations versus reality: VERIFY your Anti-Diabetic Strategy (FPI) Kamel Hemida, Alexandria	FPI
05:30 – 05:45 PM	Hitting Two Birds by one Stone (Multi Care) Mohamed Awad, Zagazig	MULTI Care
05:45 – 06:00 PM	GERD From Experts Point of View to Daily Practice (ACTO) Afifi Fahmy, Zagazig	ATCO
06:00 – 06:15 PM	Methylcobalamin from tongue to toes (Nerhadou) Noha Gaber, Alexandria	NERHADOU INTERNATIONAL To Improve Your Health & Life
06:15 – 06:30 PM	Pre diabetic (DBK) Noha Abbas, Zagazig	dBK Pharma S.A.E.

5th EGYPTIAN DIABETES | 2025 CRM Forum

Sharkia Endocrinology & Diabetes Association (SHEDA)

Day2: Thursday 8 May 2025

09:00 – 10:00 AM Registration

Session 1: (10:00 – 11:00 PM)

Chairpersons: (alphabetically)

Farid Fawzy, Zagazig

Mohamed Awad, Zagazig

Talaat Abdel Aty, Alexandria

Yehia Ghanem, Alexandria

10:00 – 10:15 AM	The Circadian Clock in Cardio-metabolic Diseases Megahed Aboel Maged, Mansoura
10:15 – 10:30 AM	Novel Insights into Diabetic Kidney Disease Osama Abdel Azeem, Cairo
10:30 – 10:45 AM	Thyroid and gut: what's the link Afifi Fahmy, Zagazig
10:45 – 11:00 AM	The gut-liver axis Mahmoud Hemida, Azhar

5th EGYPTIAN DIABETES | 2025 CRM Forum

Sharkia Endocrinology & Diabetes Association (SHEDA)

Session 2: (11:00 AM – 12:00 PM)

Chairpersons: (alphabetically)

Islam Eid, Mansoura

Mahmoud Hemida, Azhar

Megahed Aboel Maged, Mansoura

Talaat Abdel Aty, Alexandria

11:00 – 11:15 AM	Prioritization in T2Dm Management: Weight - centric Approach Farid Fawzy , Zagazig
11:15 – 11:30 AM	Prioritization in T2Dm Management: Complication centric Approach Khaled El Hadidy, Beni Suef
11:30 – 11:45 AM	Prioritization in T2Dm Management Gluco centric approach for possible prevention and treatment of CRM patients Mohamed Awad , Zagazig
11:45 – 12:00 PM	Dapablix: Exploring the Pleiotropic Effects of Dapagliflozin (Al Esraa) Yehia Ghanemi, Alexandria

MSD

MSD Session (12:00 – 01:00 PM)

Chairpersons: Mohamed Awad, Zagazig **- Yehia Ghanem,** Alexandria

12:00 – 12:30 PM	Sitagliptin Role in management of newly diagnosed T2D patients Khaled El Hadidy, Beni Suef
12:30 – 01:00 PM	Sitagliptin Role in management of special population with type two diabetes Noha Gaber, Alexandria

5th EGYPTIAN DIABETES | 2025 CRM Forum

Sharkia Endocrinology & Diabetes Association (SHEDA)

Session 3: (1:00– 02:15 PM)

Chairpersons: (alphabetically)

Aboulmaaty El Sherif, MOH

Ahmed Shawky, MOH

Ayman El Gendy, MOH

Tamer Mostafa, Zagazig

Yehia Ghanem, Alexandria

1:00 – 1:15 PM	Gut–Kidney–Heart: A Novel Trilogy Haitham Badr , Menofia
1:15 – 1:30 PM	MASLD as a multisystem disease Mohamed Hegazy , Menofia
1:30 – 01:45 PM	Early initiate and shield your type-2 diabetic patient (Pharco) Talaat Abdel Aty , Alexandria
01:45 – 02:00 PM	Larosuzet: Overcoming inertia in dyslipidemia management (Al Esraa) Yasser Zakhary, Azhar
02:00 – 02:15 PM	Finerenone A great breakthrough with CKD & HFpEF Patients (Biomed) Sherif Sakr, Mansoura

Session Novo Nordisk (2:15– 02:55) PM

Chairpersons: Eman El Shourbagy, Zagazig **- Mohamed Awad,** Zagazig

2:15 – 2:35 PM	IDeg Asp an intensification option your patient can stay on Mamdouh el Nahas
2:35 – 2:55 PM	The benefits of insulin degludec in meeting the needs of T2DM patients Marwa Khalel

5th EGYPTIAN DIABETES | 2025 CRM Forum

Sharkia Endocrinology & Diabetes Association (SHEDA)

02:55 – 03:10 PM Opening Ceremony

Chairpersons: (alphabetically)

Eman El Shourbagy, Zagazig
Farid Fawzy, Zagazig
Mohamed Awad, Zagazig
Mohamed Kamar, Zagazig



COFFEE BREAK
03:10 – 03:30 PM



EVA PHARMA

EVA Session: (03:30– 04:00 PM)

Chairpersons: (alphabetically)

Arafa El Shabrawy, Zagazig
Farid Fawzy, Zagazig
Hanan Gawesh, Zagazig
Mohamed Kamar, Zagazig

03:30 – 03:45 PM Rationale for Timely Insulin Therapy in Type 2 Diabetes
Mohamed Awad, Zagazig

03:45 – 04:00 PM The benefits of insulin degludec in meeting the needs of T2DM patients
Azza Abdel Kreem, Alexandria

5th EGYPTIAN DIABETES | 2025 CRM Forum

Sharkia Endocrinology & Diabetes Association (SHEDA)

Sanofi Session: (04:00– 04:30 PM)

Chairpersons: (alphabetically)

Khaled El Banna, Zagazig
Haytham Badr, Menofia
Mahmoud Azqoula, Menofia
Mahmoud Hemida, Azhar

04:00 – 04:15 PM	Comparison of I-Glarilixi to other intensification options-Soli-D Hesham Rafea
04:15 – 04:30 PM	Diabetes and Dyslipidemia Mohamed Hegazy

Rameda Session: (04:30– 05:00 PM)

Chairpersons: (alphabetically)

Ahmed Abdel Hakem, Mansoura
Haytham Badr, Menofia
Mohamed Awad, Zagazig

04:30 – 04:45 PM	The quantum leap in T2D management. The role of new molecules Alaa Abdel Salam, Menofia
04:45 – 05:00 PM	Dapaveldactin and its role in unloading the complications burden Amir Okail, Zagazig

5th EGYPTIAN DIABETES | 2025 CRM Forum

Sharkia Endocrinology & Diabetes Association (SHEDA)

Session 4: (05:00– 06:00 PM)

Chairpersons: (alphabetically)

Azza Abdel Kreem, Alexandria
Osama Abdel Azeem, Cairo
Talaat Abdel Aty, Alexandria
Walaa Khalifa, Assiut

05:00 – 05:15 PM	Discoveries from the study of long-standing type 1 diabetes Mohamed Kamar, Zagazig
05:15 – 05:30 PM	Cardiometabolic disease in young diabetics Inass Shaltout, Cairo
05:30 – 05:45 PM	Hypercortisolism: Impact on diabetes and cardiometabolic diseases Lobna El Touny, Assiut
05:45 – 06:00 PM	T2D Management: First Impressions. Last Forever (Atco) Mohamed Awad, Zagazig

5th EGYPTIAN DIABETES | 2025 CRM Forum

Sharkia Endocrinology & Diabetes Association (SHEDA)

Session 5: (06:00– 06:50PM)

Chairpersons: (alphabetically)

Bahaa Gordon, MOH

Hesham Metwally, Ismailia

Islam Eid, Mansoura

06:00 – 06:15 PM	Secondary Diabetes Amr El Melegy, Cairo
06:15- 06:30 PM	Role of sitagliptin/ Metformin in the management of T2DM (Adwia) Mohamed Elsayed , Mansoura
06:30 – 06:50 PM	Don't wait until it's too late (AstraZeneca) Mohamed Zaitoun, Alexandria

5th EGYPTIAN DIABETES | 2025 CRM Forum

Sharkia Endocrinology & Diabetes Association (SHEDA)

Day3: Friday 9 May 2025

Session 1: (02:00 – 03:00 PM)

Chairpersons: (alphabetically)

Eman Azzam, Alexandria

Mahmoud Hemida, Azhar

Mohamed Awad, Zagazig

02:00 – 02:15 PM	Lp (a) myth Tamer Mostafa, Zagazig
02:15 – 02:30 PM	HDL: Not usually beneficial: Yasser Zakhary, Azhar
02:30 – 02:45 PM	New Players in the Game Ahmed Bendary, Benha
02:45 – 03:00 PM	Balancing Heart Rate and Blood Pressure for Optimal Cardiovascular Health" (Menarini) Haytham Badr, Menofia

5th EGYPTIAN DIABETES | 2025 CRM Forum

Sharkia Endocrinology & Diabetes Association (SHEDA)

PHARCO CORPORATION

Pharco Session: (03:00 – 03:30 PM)

Chairpersons: (alphabetically)

Ahmed AbdelHakeem, Mansoura

Hesham Metwaly, Ismailia

Ahmed Eissa, Tnata

03:00 – 03:15 PM	Diabetic peripheral neuropathy Tips & tricks Mohamed Awad, Zagazig
03:15 – 03:30 PM	Symposium 2 Mohamed Hegazy,Menofia

Session 2: (03:30 – 04:15 PM)

Chairpersons: (alphabetically)

Ahmed Eissa, Tanta

Osama Abdel Azeem, Cairo

Talaat Abdel Aty, Alexandria

03:30 – 03:45 PM	GLP1 RA Is it a game changer in management of CKD Hesham Metwally, Ismailia
03:45 – 04:00 PM	SGLT2 Inhibitors: Reconsidering, Repurposing, Reimagining Khaled El Bana, Zagazig
04:00 – 04:15 PM	Lingalabs Plus: Triple Combination for Maximum Diabetes Control (Biomed) Ahmed Sabawy,

BioMED

5th EGYPTIAN DIABETES | 2025 CRM Forum

Sharkia Endocrinology & Diabetes Association (SHEDA)

Session 3: (04:15 - 05:00 PM)

Chairpersons: (alphabetically)

Osama Abdel Azeem, Cairo

Talaat Abdel Aty, Alexandria

04:15 – 04:30 PM	Diabetes and CKD :Are We There Yet? (Hikma) Mahmoud Hemida, Azhar	hikma.
04:30 – 04:45 PM	Dyslipidemia pearls in 2025 (Biofactor) Ibrahim Yousry , Mansoura	Marcyrl BIOFACTOR
04:45 – 05:00 PM	Sitagliptin/Merformin: Golden Card in The Diabetic Journey (EVA) Khaled El Bana, Zagazig	EVA PHARMA

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