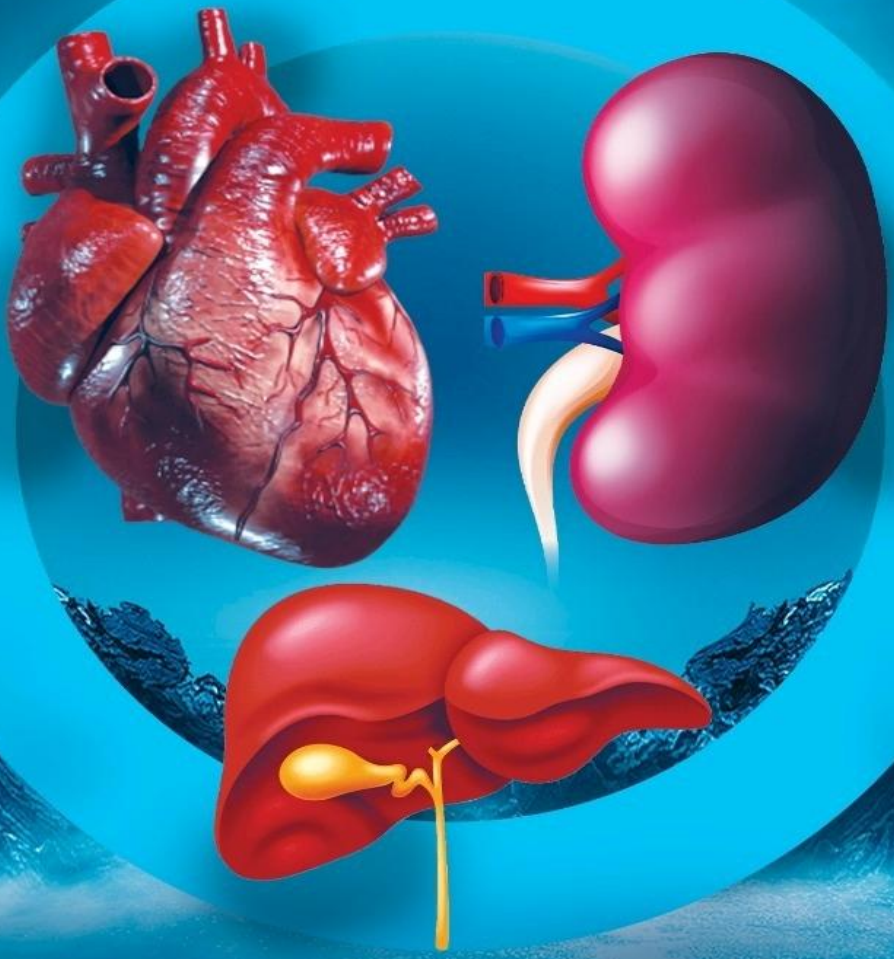
# 6th International DIABETES | 2026 CRM Forum

Sharkia Endocrinology & Diabetes Association (SHEDA)



## Where The Heart, Kidney, Liver and Diabetes
## Meet in Clinical Practice

**SHEDA President**
**Prof. Mohamed Kamar**

**Conference President**
**Prof. Mohamed Awad**

2026 30 April 1 May

PURE SPOT EVENTS MANAGEMENT

Cairo Marriott Zamalek Hotel

6th EGYPTIAN DIABETES | 2026 CRM Forum

Sharkia Endocrinology & Diabetes Association (SHEDA)

# 1st Day

## Thursday 30 April 2026

09:00 - 10:00 AM Registration

# Session 1: 10:00 - 11:30 AM

## Chairpersons (alphabetically)

Ashraf Okba, Assem Saif, Mohamed Awad, Noha Abbas

| | |
|---|---|
| 10:00 - 10:20 | Megahed Abo Elmajd – *Mansoura University*<br>What's New in the 2026 ADA Standards of Care—and What Does It Mean for Primary Care? |
| 10:20 - 10:40 | Hanan Gawish – *Mansoura University*<br>Type 2 Diabetes in the Lean?? |
| 10:40 - 11:00 | Ragaa Abd Elshahed – *Minya University*<br>Prediabetes Subphenotypes: Risk for Diabetes & Cardiometabolic Disease |
| 11:00 - 11:20 | Mohamed El-Kassas – *Helwan University*<br>EASL–EASD–EASO Clinical Practice Guidelines on the Management of Metabolic Dysfunction-Associated Steatotic Liver Disease (MASLD) |
| 11:20 - 11:30 | Discussion |

# Session 2: 11:30 - 01:00 PM

## Chairpersons (alphabetically)

**Eman El Shourbagy, Hanan Gawesh, Farid Fawzy, Megahed Aboelmaged,**

| | |
|---|---|
| 11:30 - 11:50 | Ashraf Okba – *Ain Shams University*<br>**Phenotypes of Autoimmune Diabetes** |
| 11:50 - 12:10 | Assem Seif – *Cairo University*<br>**Peripheral Arterial Disease Prevention** |
| 12:10 - 12:40 | Prof. Tamer Elserafy – *Zagazig University*<br>Prof. Marwa Orabi – *Suez Canal University*<br>**The Diabetic Brain: Not Just Neuropathy** |
| 12:40 - 01:00 | **Discussion** |

# Pharma Session 1: 01:00 - 01:30 PM

## Chairpersons (alphabetically)

**Megahed Aboelmaged, Mohamed Awad**

| | |
|---|---|
| 01:00 - 01:15 | Amr Khalifa, *Alexandria University*<br>**Semaglutide: Saves Lives, Heart and Kidneys – Novo Nordisk** |
| 01:15 - 01:30 | Aliaa El Sherbiny, *Cairo University*<br>**The Benefits of Insulin Degludec in Meeting the Needs of T2DM Patients – Novo Nordisk** |

# Pharma Session 2: 01:30 - 02:00 PM

## Chairpersons (alphabetically)

**Ashraf Okba, Mohamed Awad**

| | |
|---|---|
| 01:30 - 01:45 | Assem Saif – *Cairo University*<br>**The Integrated Option for Management of T2DM – Xeedia** |
| 01:45 - 02:00 | Khaled Hadedy – *Beni-Suef University*<br>**Dapablix from Guidelines to the Real Practice – Elesraa Pharma Symposium** |

# Pharma Session 3: 02:00 - 02:30 PM

## Chairpersons (alphabetically)

Eman Elsourbagy, Mohamed Awad, Nermin Rashad

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| | |
|---|---|
| 02:00 - 02:15 | Fady Azmy, *Mansoura University*<br>Simplify to Amplify Fixed Ratio Combinations as a Modern Standard for Glucose Optimization |
| 02:15 - 02:30 | Arafa El Sabrawy, *Zagazig University*<br>Raising the Basal Standard : How GLA-U300 Redefines Stability Beyond First-Generation Insulins |

# Ashraf Talaat Memorial Lecture: 02:30 - 03:10 PM

## Chairpersons (alphabetically)

Eman Elsourbagy, Eslam Eid, Hanan Gawesh

| | |
|---|---|
| 02:30 - 02:50 | Mohamed Awad, *Zagazig University*<br>B-cell neogenesis: Charting The Future for curing diabetes |
| 02:50 - 03:05 | Mohamed Awad, *Zagazig University*<br>Jardiance Across CRM Patients |

Boehringer Ingelheim



## Opening Ceremony & Coffee Break

**03:05 - 03:45 PM**

# State of Art Lecture

### Chairpersons (alphabetically)

**Arafa El Shabrawy, Assem Saif, Eman El Shourbagy, Noha Abbas**

| | | |
|---|---|---|
| 03:45 - 04:15 | Mohamed Kamar – *Zagazig University* | **The Role of Adjuvant Therapy in the Management of Type 1 Diabetes** |

# Session 3: 03:45 - 05:15 PM

## Chairpersons (alphabetically)

**Arafa El Shabrawy, Assem Saif, Eman El Shourbagy, Ragaa Abdel Shaheed**

| | |
|---|---|
| 04:15 - 04:35 | Mahmoud Youssef – *Mansoura University*<br>Double Trouble: Managing Diabetic Emergencies in Patients with Heart Failure |
| 04:35 - 04:55 | Inass Shaltout – *Cairo University*<br>The Metabolic Reset: Unlocking the Full Potential of Anti-Obesity Medications |
| 04:55 - 05:10 | Fared Fawzi – *Zagazig University*<br>Cognitive Dysfunction in Diabetes – The 'Forgotten' Diabetes Complication |
| 05:10 - 05:15 | Discussion |

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Sharkia Endocrinology & Diabetes Association (SHEDA)

# Pharma Session 4: 05:15 - 06:00 PM

## Chairpersons (alphabetically)

**Mahmoud Hemida, Mohamed Awad, Noha Abbas**

| | |
|---|---|
| 05:15 - 05:30 | Mina Mekhael – *Ain Shams University*<br>**The Quantum Leap in T2DM Management** rameda |
| 05:30 - 05:45 | Inass Shaltout – *Cairo University*<br>**Dapaveldactin and it's role to unload the complications burden** rameda |
| 05:45 - 06:00 | Mohamed Awad – *Zagazig University*<br>**The Power of Precision: Advancing Insulin Therapy in Adults – EVA** EVAPHARMA Securing Your Health |

# Pharma Session 5: 06:00 - 07:00 PM

## Chairpersons (alphabetically)

**Ahmed Hemida, Ashraf Okba, Ebtisam Zakaria, Mahmoud Elsayed**

| | | |
|---|---|---|
| 06:00 - 06:15 | Assem Saif – *Cairo University*<br>Acino Symposium – Acino Services | acino Healthcare Group |
| 06:15 - 06:30 | Mahmoud Youssef – *Mansoura University*<br>SOKAPRIXAM Exclusive Benefits | BioMED |
| 06:30 - 06:45 | Amr Khalifa – *Alex University*<br>Not an ordinary drug: Why finerenone is a game changer Biomed Pharma Symposium | BioMED |
| 06:45 - 07:00 | Mohamed Awad – *Zagazig University*<br>Type 2 D Management : Where Strength Meets Protection | GLOBAL PHARMACEUTICAL GROUP |

**End of first day**

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# 2nd Day

## Friday 1 May 2026

# Session 1: 10:00 - 11:00 AM

## Clinical Diabetes Session

### Chairpersons (alphabetically)

**Eman Elshourbagy, Fady Azmy, Hanan Gawesh, Mohamed Awad, Ragaa Abdel Shahed**

| | |
|---|---|
| 10:00 - 10:15 | Aya El-Beily – *Mansoura University*<br>Bacteriophage Therapy in the Management of Diabetic Foot Ulcer Infections |
| 10:15 - 10:30 | Mahmoud Hemeida – *Al Azhar University*<br>Double Trouble: Diabetes & Falls |
| 10:30 - 10:45 | Mahmoud Azgoula – *Menoufia University*<br>Clinical Diabetes: The Impact of Diabetes Management on Retinopathy |
| 10:45 - 11:00 | Haitham Badr – *Menoufia University*<br>Reducing LDL-Cholesterol to Very Low Levels: Sailing Between Established Benefits and Potential Risks |

# Session 2: 11:00 - 12:00 PM

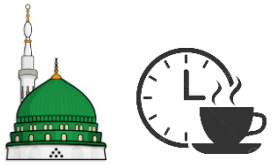
## Chairpersons (alphabetically)

**Ahmed Hemida, Amr Khalifa, Haitham Badr, Mahmoud Azgoula**

| | |
|---|---|
| 11:00 - 11:15 | Arafa El Shabrawy – *Zagazig University*<br>CGM: Precision Glycemic Control Mitigating Cardiorenal Metabolic Risk |
| 11:15 - 11:30 | Yasser Abdel Raouf – *Tanta University*<br>Cardiovascular and Renal Disease Burden in Type 1 Compared With Type 2 Diabetes |
| 11:30 - 11:45 | Hesham Metwally - *Suez Canal*<br>DM & CKD : KIDEGO 2026 |
| 11:45 - 12:00 | Mohamed Kamal Nassar – *Mansoura University*<br>Role of Metabolic Conditions in Renal Disease: Initiating Pathways and Therapeutic Targeting |
| 12:00 - 12:15 | Yasser Abdel Raouf – *Tanta University*<br>Single Pill Synergy of Empa/Lina/Met – EVA |

EVAPHARMA
Securing Your Health

## Jumaa prayer & Coffee Break



12:15 - 01:30 PM

# Session 3: 01:30 - 02:30 PM

### Chairpersons (alphabetically)

Haitham Badr, Hesham Metwally, Mahmoud Hemida, Mohamed Awad

| | |
|---|---|
| 01:30 - 01:45 | Tamer Mostafa – *Zagazig University*<br>Role of Circadian Health in Cardiometabolic Health and Disease Risk |
| 01:45 - 02:00 | Yasser Abdel Galil – *Al Azhar University*<br>Metabolic Drivers of Cardiovascular Disease: Initiating Mechanisms and Targeted Interventions |
| 02:00 - 02:15 | Heba Sedrak – *Cairo University*<br>Control Without Compromise: A Case for Combining Beta 1-Selectivity with OLM/AMLO Synergy |
| 02:15 - 02:35 | Fady Azmy- *Mansoura University*<br>Synergistic solutions for premium multimorbidity care<br>SERVIER |

# Session 4: 02:35 - 03:45 PM

## Chairpersons (alphabetically)

**Hesham Metwally, Mohamed Awad, Mohamed Kamal Nassar**

| | |
|---|---|
| 02:30 - 02:45 | Mohamed Hegazy – *Menoufia University*<br>The Gut Microbiota–Metabolic Axis: Emerging Insights from Human Studies on Type 2 Diabetes Mellitus |
| 02:45 - 03:00 | Hany Shabana – *Mansoura University*<br>Vonoprazan & optimization of acid-related disease management |
| 03:00 - 03:15 | Mahmoud Azgoula – *Menofia University*<br>Shaping diabetes landscape |
| 03:15 - 03:30 | Mohamed Reda Halawa- *Ain Shams University*<br>Inspire Symposium |
| 03:30 - 03:45 | Mohamed Awad - *Zagazig University*<br>Putting The Pieces Of The Puzzle Together |

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# Pharma Session 1: 03:45 - 04:45 PM

## Chairpersons (alphabetically)

**Mahmoud Hemida, Mohamed Awad Samir Helmy**

| | | |
|---|---|---|
| 03:45 - 04:00 | Mamdouh El Nahas – *Port Said University*<br>**Uridine and cytidine monophosphate as a novel therapy for Diabetic peripheral neuropathy** | |
| 04:00 - 04:15 | Mohamed Awad – *Zagazig University*<br>**Management of Painful DPN** | |
| 04:15 - 04:30 | Aya El Bialy - *Mansoura University*<br>**Semaglutide 2.4 mg: Goes Beyond** | |
| 04:30 - 04:45 | Lobna El-Touni – *Assiut University*<br>**Cardiometabolic Risks in Gestational Diabetes Mellitus** | |

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# Pharma Session 2: 04:45 - 06:00 PM

## Chairpersons (alphabetically)

**Aya Elbialy, Mahmoud Azgoula, Osama Eltouny**

| | |
|---|---|
| 04:45 - 05:00 | Hala Kahla – *Cairo University*<br>Empagliflozin Range: Art of Tailoring |
| 05:00 - 05:15 | Mohamed Awad – *Zagazig University*<br>Marcyrl Fingerprint in Hyperlipidemia: Comprehensive Management |
| 05:15 - 05:30 | Marwa Khalil – *Mansoura University*<br>Pharco B Pharma Symposium |
| 05:30 - 05:45 | Mohamed Hany – *Product Manager Nerhadou*<br>Beyond the Sun: Rethinking Vitamin D3 |
| 05:45 - 06:00 | Dr Mohammad Said, *Multicare marketing staff.*<br>Control & Protection in managing Hypertension |
| 06:00 - 06:15 | Adwia Symposium |

## End of second day

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