Sharkia Endocrinology & Diabetes Association (SHEDA)



INSULIN THERAPY; WHY, WHEN AND WHICH

14-15 MAY 2026

RESTA HOTEL, PORT SAID.

ONE OF OUR SUCCESS PARTNERS

sanofi

Health 2 Sync

NasCare
Smart Medical Solutions

Day 1

Registration		02:30 – 3:30 PM

Session 1		03:30 – 05:00 PM

Chairpersons in alphabetical order

Prof. Emad Meshrky, Tanta / **Prof. Mohamed Kamar**, Zagazig /
Prof. Mohamed Salama, Zagazig

TIME	TOPIC	SPEAKER
03:30 PM 04:00 PM	**Unmet Needs of Insulin Therapy**	**Prof. Mohamed Awad** Zagazig
04:00 PM 04:30 PM	**ADA 2026 Guidelines.**	**Prof. Mustafa Abolyazid** Banha
04:30 PM 05:00 PM	**Lifestyle Management of T2DM: Personalized Approach**	**Prof. Nermin Rashad** Zagazig

Session 2		05.00 – 07.00 PM

Chairpersons in alphabetical order

Prof. Emad Meshrky, Tanta / **Prof. Mohamed Awad**, Zagazig

TIME	TOPIC	SPEAKER
05.00 PM 05.30 PM	**Case1: Clinical Inertia Patient**	**Prof. Mahmoud Azgoula** Menoufia
05:30 PM 06:00 PM	**Case2: OAD UC. Patient**	**Prof. Haytham Badr** Menoufia
06:00 PM 06:30 PM	**Case3: Insulin In Undiagnosed Diabetes**	**Prof. M. Sayed Abdalla** Mansoura
06:30 PM 07:00 PM	**Company Symposium: SANDA Care**	

Day 2

Session 3 — 03:00 – 05:00 PM

Chairpersons in alphabetical order

Prof. Emad Meshrky, Tanta / **Prof. Mohamed Awad**, Zagazig

TIME	TOPIC	SPEAKER
03:00 PM 03:30 PM	**Case1: Sufficient controlled A1C with variable glucose levels.**	**Prof. Ahmed Eisa** Tanta
03:30 PM 04:30 PM	**Case2: Premixed uncontrolled Patient scenario**	**Prof. Ahmed Behery** Mansoura
		Prof. Fady Azmy Mansoura
04:30 PM 05:00 PM	**Lecture: Pit Falls in Insulin Therapy.**	**Prof. Mohamed Roshdy** Mansoura

Coffee Break — 05:00 – 05:30 PM

Chairpersons in alphabetical order

Prof. Mohamed Awad, Zagazig / **Prof. Mohamed Salama**, Zagazig

Session 4 — 05:30 – 06:30 PM

TIME	TOPIC	SPEAKER
05:30 PM 06:00 PM	**Sanofi Symposium 1-** **Simplify to Amplify:**	**Prof. Fady Azmy** Mansoura
06:00 PM 06:30 PM	**Sanofi symposium 2-** **Raising the Basal Standard:**	**Prof. Ahmed Elbehery** Mansoura

Sharkia Endocrinology & Diabetes Association (SHEDA)



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