Sharkia Endocrinology & Diabetes Association
SHEDA
جمعية الغدد الصماء والسكر بالشرقية

A. MENARINI
FARMACEUTICA INTERNAZIONALE EGYPT

THHM

Towards Hypertension And Heart Failure Management



Conference President
Prof. Mohamed Awad



SHEDA President
Prof. Mohamed Kamar

30 October 2025

Police Officer Club - Zagazig

THHM
Towards Hypertension And Heart Failure Management

Scientific Committee (Alphabetically)



Dr. Arafa Elshabrawy



Dr. Khaled El Banna



Dr. Mahmoud Azgoula



Dr. Mohamed Awad



Dr. Mohamed Kamar



Dr. Tamer Moustafa



Dr. Yasser Abdelgaleel

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14:00-14:30 Registration and coffe break

Session 1 Cracking the Code: Recent Hypertension Guidelines

Chairpersons: Dr. Mohamed Awad - Dr. Khaled El Banna - Dr. Mohamed Kamar

14:30-14:55 Decoding the Latest Hypertension Guidelines: What You Need to Know
Dr Tamer Moustafa

5 Mins Discussion

Session 2 Balancing Blood Pressure and Heart Rate for Optimal Cardiometabolic Health

Chairpersons: Dr. Yasser Abdelgaleel - Dr. KhaledElbanna - Dr. Mohamed Kamar

15:00-15:20 The Smart Combo for Hypertension : OLM+AMLO
Dr Mahmoud Azgoula

5 Mins Discussion

15:25-15:45 Heart Rate & Hypertension: The 3rd Gen Beta-Blocker Edge
Dr. Arafa Elshabrawy

5 Mins Discussion

Session 3 Two Sides of the Coin: Hypertension and Comorbidity Management Cases

Chairpersons: Dr. Khaled Elbanna - Dr. Mohamed Kamar

15:50-16:05 Managing The Silent Pair : Hypertension Meets Diabetes clinical case
Dr. Mohamed Awad

3 Mins Discussion

16:08-16:23 Managing the hypertension-Heart Failure Challenge: A Clinical Case
Dr. Yasser Abdelgaleel

3 Mins Discussion

16:26-16:36 Closing Remarks

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