world diabetes day

Sharkia Endocrinology & Diabetes Association (SHEDA)

CELEBRATING WORLD DIABETES DAY

Empowering Diabetics Health

21 - 22 NOVEMBER, 2024

MARRIOTT ZAMALEK HOTEL - CAIRO

SHEDA President
Prof. Mohamed Kamar

Conference President
Prof. Mohamed Awad



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DAY 1: THURSDAY 21 NOV. 2024

10:00 - 11:00 AM **REGISTRATION**

SESSION 1: (11:00 AM – 12:10 PM)

Diabetes Management Multi Approach

Chairpersons: (Alphabet)

- Alyaa El Sherbiny (Ain Shams University)
- Arafa El Shabrawy (Zagazig University)
- Eman El Shorbagy (Zagazig University)
- Noha Abbas (Zagazig University)

11:00 – 11:15 AM Microvascular Disease in diabetes
Assem Saif Cairo University

11:15 – 11:30 AM Prevention and control of T2DM: role of health coaching
Nashwa Fouad Nutrition Consultant

11:30 – 11:45 AM Your food، your power managing your diabetes with nutrition
Iman Sultan National Nutrition Institute

11:45 AM – 12:00 PM First Impression Matters; the power of early glycemic control SERVIER
Azza Abdel Kreem Alexandria University

12:00 – 12:10 PM Q&A

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SESSION 2: (12:10 - 01:45 PM)

CRM 2024 Snapshots

Chairpersons: (Alphabet)

- Afifi Fahmy (Zagazig University)
- Assem Saif (Cairo University)
- Khaled Elbanna (Zagazig University)
- Nader El Shahat (Mansoura University)

12:10 – 12:30 PM	ADA - EASD Conference 2024 Snapshots Megahed Aboel Maged Mansoura University
12:30 – 12:50 PM	Nephrology Snap shots 2024 Osama Abdel Azeem Cairo University
12:50 – 01:10 PM	Cardiology Snap shots 2024 Ali Yousef Suez Canal University
01:10 – 01:30 PM	From CRM To CARAMEL Diseases: Exploring the Whole Story Mohamed Awad Zagazig University
01:30 – 01:45 PM	Update in management of diabetic neuropathy Alyaa El Sherbiny Ain Shams University

PHARCO CORPORATION

Coffee Break (01:45 – 02:15 PM)

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SHEDA

OPENING CEREMONY (02:15 - 02:30 PM)

- Mohamed Kamar (SHEDA President) (Zagazig University)
- Mohamed Awad (Conference President) (Zagazig University)
- Eman El Shorbagy (Zagazig University)

SESSION 3: (02:30 - 03:30 PM)

Sanofi Session

Chairpersons: (Alphabet)

sanofi

- Ali Youssef (Suez Canal University)
- Arafa El Shabrawy (Zagazig University)
- Mohamed Awad (Zagazig University)

02:30 – 02:45 PM	Transforming therapy with second Generation Basal Insulins! Unleash the Potential!	Mahmoud Hemida — Menofia University
02:45 – 03:00 PM	Are two better than one? Initial combination therapy in type 2 diabetes mellitus	Mohamed Sayed Abdallah Mansoura University
03:00 – 03:15 PM	The orchestra of heart failure management.	Nader El Shahat — Mansoura University
03:15 – 03:30 PM	Management of type 2 diabetic patients with multiple risk factors.	Ahmed Abdel Hakeem — Mansoura University

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SESSION 4: (03:30 – 04:45 PM)

From obesity to comorbidity

Chairpersons: (Alphabet)

- Eman El Shorbagy (Zagazig University)
- Eman Kamel (Medical Research and Clinical Studies Institute)
- Noha Abbas (Zagazig University)

03:30 – 03:45 PM	Key Advances in Gastroenterology & Hepatology 2024	
	Afifi Fahmy	Zagazig University
03:45 – 04:00 PM	Diabesity: between guidelines and pipelines!!	
	Kamel Hemida	Alexandria University
04:00 – 04:15 PM	Physiology of weight loss plateau and ways to break through	
	Doaa Genena	Alexandria University
04:15 – 04:30 PM	Social Media in the Management of Obesity and Diabetes	
	Iman Kamel	
	Medical Research and Clinical Studies Institute	
04:30 – 04:45 PM	Carbohydrate counting challenges and pitfalls; clinical application	
	Nebal Abdel Rahman	National Nutrition Institute

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SESSION 5 (04:45 – 06:00 PM)

Chairpersons: (Alphabet)

- Afifi Fahmy (Zagazig University)
- Ahmed Abdel Hakeem (Mansoura University)
- Ahmed Behairy (Mansoura University)
- Mahmoud Hemida (Menofia University)

04:45 – 05:00 PM	Atypical Diabetes	
	Mohamed Kamar	Zagazig University
05:00 – 05:15 PM	Diabetes and infection: a bidirectional relationship	
	Ashraf Okba	Ain Shams University
05:15 – 05:30 PM	GLP1 agonists: current and future landscape of clinical trials for patients with metabolic dysfunction	
	Arafa El Shabrawy	Zagazig University
05:30 – 05:45 PM	Optimizing the Management of T2D; Early & Tight Glycemic Control is the Key! rameda	
	Ahmed Behairy	Mansoura University
05:45 – 06:00 PM	3in1: Lingalabs, Triple Combination for Maximum Efficacy BioMED Pharmaceutical Industries A Pledge For A Better Life	
	Khaled Elbanna	Zagazig University

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SESSION 6 (06:00 – 06:30 PM)

AstraZeneca

Chairpersons: (Alphabet)

AstraZeneca

- Eman El Shorbagy (Zagazig University)
- Mohamed Awad (Zagazig University)

06:00 – 06:15 PM	Lipid Disorders and cardiovascular risk: A Deep Dive into Dyslipidemia Management	
	Assem Saif	Cairo University
06:15 – 06:30 PM	DAPAGLIFLOZIN united for CVRM patients	
	Arafa El Shabrawy	Zagazig University

06:30 PM LUNCH & END OF FIRST DAY

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DAY2: FRIDAY 22 NOV. 2024

SESSION 1: (01:00 -02:00 PM)

Chairpersons: (Alphabet)

- Arafa El Shabawry (Zagazig University)
- Eman El Shorbagy (Zagazig University)
- Noha Abbas (Zagazig University)
- Sherry Nabil Rizk (Cairo University)

01:00 – 01:15 PM	Role of dietary antioxidants in diabetes	
	Safaa Tawfeek	(National Nutrition Institute)
01:15 – 01:30 PM	Impact of low carb diet on micronutrients intake in children with T1DM	
	Gihan Fouad Ahmad	National Nutrition Institute
01:30 – 01:45 PM	Energy transfer during exercise! Case studies	
	Amr Abdel Moneim	Cairo University
01:45 – 02:00 PM	Combination therapy in dyslipidemia: where arewe now?	
	Mohamed Awad	Zagazig University

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SESSION 2: (02:00 -03:00 PM)

Chairpersons: (Alphabet)

- Ashraf Okba (Ain Shams University)
- Khaled Elbanna (Zagazig University)
- Osama Eltouny (Ministry of Health)
- Mohamed Awad (Zagazig University)

02:00 – 02:15 PM	Diabetes Technology Snapshots 2024 Yasser Abdel Raouf Tanta University
02:15 – 02:30 PM	Type 1 Research Breakthroughs to Watch in 2024 Ashraf El Sharkawy Mansoura University
02:30 – 02:45 PM	The Trio. Why & When and How Arafa El Shabrawy Zagazig University EVA PHARMA
02:45 – 03:15 PM	The interplay of mental health and diabetes: A Perspective from Endocrinology and Psychiatry Mohab Fawzy - Nagwa Samy Zagazig University

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SESSION 3: (03:15-04:15 PM)

Chairpersons: (Alphabet)

- Ahmed Behairy (Mansoura University)
- Arafa El Shabrawy (Zagazig University)
- Nada Abdel Hameed (NHI)
- Yasser Abdel Raouf (Tanta University)

03:15 – 03:30 PM	The heart–gut cross talk Khaled Elbanna	Zagazig University
03:30 – 03:45 PM	Diabetic lung Disease Mohamed Mehrez	Zagazig University
03:45 – 04:00 PM	the topic: SGLT2 inhibitors the drugs that changed our minds. Fady Azmy	Mansoura University
04:00- 04:15 PM	Diabetic peripheral neuropathy a frequent and debilitating complication Inass Sabry	Ain Shams University

End of second day & Lunch 4:15 PM



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