world diabetes day

Sharkia Endocrinology & Diabetes Association (SHEDA)

جمعية الغدد الصماء والسكر بالشرقية

SHEDA

Sharkia Endocrinology & Diabetes Association

Sharkia Endocrinology & Diabetes Association (SHEDA)

Celebrating: World Diabetes Day

CRM 2023 YEAR IN REVIEW

8 - 9 November, 2023 **Grand Nile Tower Hotel Cairo**



SHEDA President
Prof. Mohamed Kamar

Conference President
Prof. Mohamed Awad

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Day 1: Wednesday 8 November 2023

10:00 AM - 12:00 PM **Registration**

Session 1: (12:00 – 01:05 PM)

Chairpersons: (Alphabet)
- Eman El Shorbagy (Zagazig University)
- Farid Fawzy (Zagazig University)
- Mohamed Awad (Zagazig University)

12:00 – 12:15 PM	**Steatotic Liver Disease: 2023 Year in review** Mohamed El Kasas (Helwan University)
12:15 – 12:30 PM	**Insulin Resistance Reborn** Yasser Sheta (Zagazig University)
12:30 – 12:45 PM	**Diabetic foot 2023 year in review** Hanan Gawesh (Mansoura University)
12:45 – 01:00 PM	**Vonoprazan in GERD: fact or fiction** Mohamed Sarhan (Tanta University)
01:00 – 01:05 PM	**Q&A**

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Session 2: State of ART Lecture (01:05 - 01:30 PM)

Chairpersons: (Alphabet)
- Effat Eltony (Assiut University)
- Mohamed Awad (Zagazig University)

01:05 – 01:25 PM **Top 10 Questions About Management of DKD**
Osama Abdel Azim (Cairo University)

01:25 – 01:30 PM **Q&A**

Session 3: (01:30 -02:35 PM)

Chairpersons: (Alphabet)
- Emad Mishriki (Tanta University)
- Hanan Gawesh (Mansoura University)
-Yasser Shata (Zagazig University)

01:30 – 01:45 PM **HOMA for WHOM?**
Farid Fawzy (Zagazig University)

01:45 – 02:00 PM **Uncovering hidden thyroid disorders in practice**
Eman El -Shorbagy (Zagazig University)

02:00 – 02:15 PM **Glycemic Monitoring 2023 year in Review**
Ahmed El Sabawi National Institute of Diabetes and Endocrinology

02:15 – 02:30 PM **Early combination better outcome**
Ahmed Eissa Tanta University

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02:30 – 02:35 PM **Q&A**

Coffee Break (02:35 – 03:15 PM)

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Session 4: (03:15 – 04:35 PM)

Chairpersons: (Alphabet)

- Eman El Shorbagy (Zagazig University)
- Mohamed Awad (Zagazig University)
- Noha Abbas (Zagazig University)

03:15 – 03:45 PM	**Non-pharmacological Treatment Options in DM Management Dialogue** Emad Meshriki Nader El Garhy (Tanta University)
03:45 – 04:00 PM	**Nutrition tips in T1DM** Mona Abdel Motleb (National Diabetes Institute)
04:00 – 04:15 PM	**Obesity Omics** Iman Kamel (Dean of National Research Center)
04:15 – 04:30 PM	**The role of alpha lipoic acid in management of diabetic complications** Mohamed Awad (Zagazig University)
04:30 – 04:35 PM	**Q&A**

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Pharma Session (04:35 – 05:40 pm)

Chairpersons: (Alphabet)

- Eman El Shorbagy (Zagazig University)
- Noha Abbas (Zagazig University)
- Rania Bahariz (Mansoura University)

04:35 – 04:50 PM — **Vitamin D :A Global problem of today**
Heba Sedrak (Cairo University)

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04:50 – 05:05 PM — **Challenges in administration of vit. B12, How to overcome**
Nourhan Mohamed (Nerhadou Team)

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To Improve Your Health & Life

05:05 – 05:20 PM — **The Unique control fitting all**
Mohamed Awad (Zagazig University)

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05:20 – 05:25 PM — **Q&A**

05:25 PM End of first day & lunch

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Day2: Thursday 9 November 2023

08:30 – 09:30 AM **Registration**

09:30 – 11:00 AM **Egyptian Diabetes CRM Forum Celebrate World Diabetes Day 2023 on the Surface of the Nile**

AMRIYA PHARMACEUTICALS

Opening Ceremony (11:00 - 11:15 PM)

- Mohamed Kamar (SHEDA President) (Zagazig University)
- Mohamed Awad (Conference President) (Zagazig University)
- Eman El Shorbagy (Zagazig University)
- Farid Fawzy (Zagazig University)
- Saad Elash (Zagazig University)

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Session 1: (11:15 -12:35 PM)

Chairpersons: (Alphabet)

- Eman El Shorbagy (Zagazig University)
- Farid Fawzy (Zagazig University)
- Hanan Gawesh (Mansoura University)
- Manal Ezz Eldeen (Assiut University)
- Mohamed Awad (Zagazig University)

11:15 – 11:30 AM	Diabetes Management :2023 Year in review Megahed Aboel Maged (Mansoura University)
11:30 – 11:45 PM	Changing The Paradigm for Management of Diabetes During Pregnancy Mohamed Kamar (Zagazig University)
11:45 – 12:00 PM	Role of Glycemic Control in Managing T2DM Heshm El Gayar (Ain Shams University) MSD
12:00 – 12:15 PM	Unveiling the significance of early glycemic control Lobna El Tony (Assiut University) SERVIER
12:15 – 12:30 PM	Heart Failure & Diabetes, Exploring Definitions & Optimizing Management - Case Scenario Omar Saleh (Suez Canal University) sanofi
12:30 - 12:35 PM	Q&A

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Session 2: (12:35 -01:55 PM)

Chairpersons: (Alphabet)

- Arafa El Shabawry (Zagazig University)
- Haitham Badr (Menofia University)
- Islam Maher (Zagazig University)
- Kamel Hemida (Alexandria University)
- Noshy Zaki (Ministry of Health)

12:35 – 12:50 PM	2023 ESC Guidelines for the management of cardiovascular disease in patients with Diabetes Hamza Kabeel (Damietta University)
12:50 – 01:05 PM	Concurrent diabetes and heart failure: interplay and novel therapeutic approaches Ali Youssef (Suez Canal University)
01:05 – 01:20 PM	Lipid Abnormalities and Cardiometabolic Risk in Patients with Thyroid Disease Khaled El Bana (Zagazig University)
01:20 – 01:35 PM	2023 Cardiology Snapshot: Advancements that Matter Ahmed El Bendary (Benha University)
01:35 -01:50 PM	Imagine What Dapablix Can Do! Mohamed Awad (Zagazig University)
01:50 – 01:55 PM	Q&A

ALESRAA PHARMACEUTICALS

01:55 – 02:15 PM Coffee Break

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Session 3: (02:15 – 03:35 PM)

Chairpersons: (Alphabet)

- Mohamed Kamar (Zagazig University)
- Noha Abbas (Zagazig University)
- Rania Bahariz (Mansoura University)
- Safaa Tawfeek (NNI)

02:15 – 02:30 PM	Pre-diabetes. Why are we bothered? Kamel Hemida (Alexandria University)
02:30 – 02:45 PM	Diabetic Enteropathy: From Molecule to Mechanism- Based Treatment Marwan El Gohary (Zagazig University)
02:45 – 03:00 PM	Diabetic patients receiving parental nutrition. What should we know and should we do? Amr Abdel Moneim (Cairo University)
03:00 – 03:15 PM	Impact of circadian disruption on glucose metabolism: implications for type 2 diabetes Islam Maher (Zagazig University)
03:15 – 03:30 PM	Empagloflozin: the road to glycemic control and more Arafa El Shabrawy (Zagazig University)
03:30 – 03:35 PM	Q&A

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Sanofi Session (03:35 - 04:25 PM)

Chairpersons: (Alphabet)
- Ashraf Okba (Ain Shams University)
- Ashraf Talaat (Damietta University)
- Hanan Gawesh (Mansoura University)
- Mohamed Awad (Zagazig University)

sanofi

03:35 – 03:50 PM	Diabetes & CKD Symposium Diabetes & CKD case scenario, Are We There Yet? Aya El Bialy (Mansoura University)
03:50 – 04:05 PM	Evidence-based choices on the path to insulin for patients uncontrolled on OADs Marwa Khalil (Mansoura University)
04:05 – 04:20 PM	Simplifying experiences through choice; What do data tell us about FRCs versus premix? Rania Bahariz (Mansoura University)
04:20 – 04:25 PM	Q&A

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Session 4: (04:25 – 05:30 PM)

Chairpersons: (Alphabet)

- Aya El Bialy (Mansoura University)
- Maged Naeem (Ministry of Health)
- Marwa Khalil (Mansoura University)
- Mohamed Awad (Zagazig University)
- Nada Hamed (NNI)
- Osama El Tony (Ministry of Health)

04:25 – 04:40 PM	Forxiga .. United for all CVRM patients Hossam Arafa Ghazi (Mansoura University)	AstraZeneca
04:40 – 04:55 PM	Jac of all Mohamed El Mery (Suez Canal University)	ATCO PHARMA
04:55 – 05:10 PM	Vildagliptin .. The point of balance Mayada Mousa (Zagazig University)	مدينة الدواء المصرية GYPTO PHARMA
05:10 – 05:25 PM	Noval therapy in diabetic neuropathy Walaa Khalifa (Assiut University)	
05:25 – 05:30 PM	Q&A	

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Pharma Session: (05:30 – 06:30 PM)

Chairpersons: (Alphabet)
- Arafa El Shabrawy (Zagazig University)
- Khaled El Banna (Zagazig University)
- Mayada Mousa (Zagazig University)

05:30 – 05:45 PM	It's Z time Ali Yousef	Xeedia Caring for life
05:45 – 06:00 PM	Xigduo .. Guidelines into practice Mohamed Kamar (Zagazig University)	AstraZeneca
06:00 – 06:15 PM	Diabetic peripheral neuropathy from guidelines to clinical practice Ashraf Talaat (Damietta University)	AMRIYA PHARMACEUTICALS
06:15 – 06:30 PM	The legendary type 2 diabetes management Haitham Badr (zeta) (Menofia University)	ZETA PHARMA
06:30 – 06:35 PM	Q&A	

06:35 PM CLOSING & LUNCH

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19 YEARS OF EXCELLENCE

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