world diabetes day

SHARKIA ENDOCRINOLOGY & DIABETES ASSOCIATION (SHEDA)

Celebrating

WORLD DIABETES DAY 2025

(DIABETES AND WELL-BEING)

CRM 2025 SNAPSHOTS



DATE: 13-14 NOVEMBER 2025

VENUE: HILTON GRAND NILE HOTEL, CAIRO

SHEDA PRESIDENT
PROF. MOHAMED KAMAR

CONFERENCE PRESIDENT
PROF. MOHAMED AWAD

Day 1: Thursday 13 Nov 2025

09:00 - 10:00 AM Registration

Session 1: (10:00 – 11:00 AM)

Chairpersons: (Alphabet)
- Farid Fawzy (Zagazig University)
- Mohamed Mekkawy (Police Hospital)

Time	Presentation Title	Speaker
10:00 – 10:15	ADA - EASD Conferences 2025 Snapshots	Megaed Abouelmaged Mansoura
10:15 – 10:30	Guideline-Recommended Disease-Modifying Therapies for Patients with Cardiorenal Disease: A Call-to-Action	Mohamed Awad Zagazig
10:30 – 10:45	Clinical Decision Updates in Thyroid Disease — Insights from ATA & NCCN 2025	Eman El Shourbagy Zagazig
10:45 – 11:00	Diabetes Technology 2025: Shaping the Future of Cardio-Renal-Metabolic Care	Hossam Arafa Mansoura

Session 2: (11:00 - 12:00 PM)

Chairpersons: (Alphabet)

- Noha Abbas (Zagazig)
- Safaa Tawfeek (NNI)

Time	Presentation Title	Speaker
11:00 – 11:15	Fructose: The Hidden Threat in the Western Diet Driving the Dual Epidemics of Diabetes and Fatty Liver	Eman Sultan NNI
11:15 – 11:45	Herbal medicine can have a role in diabetes with and against	Marian Ragi Samer Essam 57357
11:45 – 12:00	Fat Loss vs. Weight Loss: Understanding the Key Differences	Arafa El Shabrawy Zagazig

Session 3: (12:00 -01:00 PM)

Chairpersons: (Alphabet)

- Eman El Shourbagy (Zagazig)
- Mohamed Awad (Zagazig)

Time	Presentation Title	Speaker
12:00 – 12:15	From Powerhouse to Power Loss: Mitochondria at the Heart of Diabetes	Safaa Tawfeek NNI
12:15 – 12:30	Dapagliflozin: United for CVRM Patients	Arafa El Shabrawy Zagazig AstraZeneca
12:30 – 12:45	A Deep Dive Into Dyslipidemia Management	Aliaa El Sherbiny AstraZeneca
12:45 – 01:00	When One Wall Isn't Enough: Building Dual Barriers in Diabetic Hearts	Hossam Arafa Mansoura ALESTAA

Opening Ceremony: (01:00 – 01:45 PM)

Chairpersons: (Alphabet)
- Eman El Shorbagy (Zagazig University)
- Megahed Aboel Maged (Mansoura University)
- Mohamed Awad (Zagazig University)
- Mohamed Kamar (Zagazig University)

Time	Presentation Title	Speaker
01:00 – 01:10	A Tribute To Late Professor Osama Abdelaziem	Mona Mansour Cairo

Osama Abdelaziem Memorial Lecture

Time	Presentation Title	Speaker
01:10 – 01:30	Glucagon Receptor -1 Agonists Therapy : Beyond Glucose & Weight Management	Mohamed Kamar Zagazig
01:30 – 01:45	Recent FDA approvals: a deeper dive	Farid Fawzy Zagazig

01:45 – 02:30 Coffee Break

Session 5: (02:30 – 03:30 PM)

Debate: Insufficiently controlled glucose levels on a premix insulin regimen

Chairpersons: (Alphabet)

- Arafa El Shabrawy (Zagazig University)
- Hossam Ghazy (Mansoura University)
- Mohamed Mekkawy (Police Hospital)

Time	Speaker
02:30 – 02:50	Mohamed Awad Zagazig
02:50 – 03:10	Ahmed Eissa Tanta
03:10 – 03:30	Mohamed Elsayed Mansoura

Session 6: (03:30 – 04:30 pm)

Chairpersons: (Alphabet)

- Eman El Shorbagy (Zagazig University)
- Heba Omar (Cairo)
- Iman Kamel (NRC)
- Noha Abbas (Zagazig University)

Time	Presentation Title	Speaker
03:30- 03:45	AI, promising tool in diabetes	Yasser Abdel Raouf Tanta
03:45 – 04:00	Diet quality and the risk of developing gestetional diabetes mellitus	Iman Kamel NRC
04:00 – 04:15	Nutrition in diabetic breast feeding	Gehan Fouad NNI
04:15 – 04:30	Type 5 diabetes and unresolved questions	Medhat Al Araby Assiut

Session 7: (04:30 – 05:30 pm)

Chairpersons: (Alphabet)

- Mohamed Elsayed (Mansoura University)
- Mohamed Kamar (Zagazig University)
- Yasser Abdel Raouf (Tanta University)

Time	Presentation Title	Speaker
04:30 – 04:45	New Horizons in gastroenterology and Hepatology: Precision, Microbiome, and Beyond	Afifi Fahmy Zagazig
04:45 – 05:00	The Power of Precision: Advancing Insulin Therapy	Ahmed Eissa Tanta EVAPHARMA Securing Your Health
05:00 – 05:15	Tirzepatide: Dual Agonism, Superior Outcomes	Mohamed Awad Zagazig EVAPHARMA Securing Your Health

Day2: Friday 14 Nov 2025

Workshop: (10:00 – 11:30 AM)

Diabetes Management, Between Nutrition and Technology

Workshop Moderators

- Noha Abbas - Zagazig
- Amira Nassar - NNI

Speakers

- Eman Rashed (Head of clinical nutrition unit at NIDE)
- Hosam Hosney (Lecturer of Diabetes and Endocrinology, NIDE

11:30– 12:30 Prayer & Coffee Break

Session 1: (12:30 – 01:30 PM)

Chairpersons: (Alphabet)
- Mohamed Awad (Zagazig University)
- Noha Abbas (Zagazig University)

Time	Presentation Title	Speaker
12:30 – 12:45	Impact of endocrine dysfunction on IVF outcomes	Shereen El Shazly Zagazig
12:45 – 01:00	Atco Symposium	Arafa El Shabraawy Zagazig
01:00 – 01:15	Debate secession After failure of triple therapy is it better to aid a fourth oral drug or injectable therapy ??	Khaled El Hedeidy Beni Suef Mohamed Mashahit Fayoum
01:15 - 01:30	Dapagliflozin's Journey in the Heart Failure Therapy	Ahmed Wafa Mansoura

Session 2: (01:30 -02:15 PM)

Chairpersons: (Alphabet)

- Khaled El Hedeidy (Beni Suef University)
- Mohamed Mashahit (Fayoum University)

Time	Presentation Title	Speaker
01:30 – 01:45	Should nutritionist be aware of metabolic memory of his diabetic patient living with obesity?A Case Study	Amr Abdel Moneim Cairo
01:45 – 02:00	When Good Turns Risky: Understanding Vitamin & Mineral Balance in Diabetes Care	Heba Maurice Alexandria
02:00 – 02:15	Tailoring the right Therapy for the right patient	Hala Kahla Cairo

Alesraa Session (02:15 -03:00 PM)

Chairpersons: (Alphabet)

- Mohamed Awad (Zagazig University)
- Noha Abbas (Zagazig University)

Time	Presentation Title	Speaker
02:15 – 02:30	Vitamin B12 & Diabetic Neuropathy: A Vital Connection	Heba Sedrac Cairo
02:30 – 02:45	Revive the core : Rebalancing Mitochondrial Bioenergetics with Imeglimin for T2D Contro	Waleed Mahrous Sohag
02:45 – 03:00	EP-CABs : The Next Chapterin The Story of Potent Acid Control.	Mahmoud Soliman Mansoura

Workshop: (03:15 – 05:15 PM)

Unlocking the Power of Hospital Nutrition in Diabetes Care Workshop

Workshop Moderators

- Noha Aboellail (SMC Head Assisstant)
- Noha Abbas (Zagazig)

Speakers

- Amr Elsharawy (Lecturer at NNI.)
- Mai Ramadan (Clinical Nnutrition Specialist)
- Mai Mostafa (Clinical Nutrition- AUC)
- Bakr Mahmood Bakr (Clinical Nutrition Consultant)

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