EOS-ESCEO-IOF

OSTEOPOROSIS and OSTEOARTHRITIS

S U M M I T

AND THE 5TH ANNUAL EOS CONFERENCE



Dubai 11 - 12 OCTOBER 2024

Sofitel Dubai
The Obelisk

Summit Board



AbdulRahim Suhaili

- **President of EOS**
- **Chairman of the Conference**
- Director & Consultant, Nuclear Medicine, Burjeel Medical City, MBZ City, Abu-Dhabi.



Mustafa Al-Izzi

- **Vice President of EOS**
- Professor & Consultant Rheumatologist, Mediclinic Welcare Hospital, Dubai.



Ahmed El Serafi

- **Secretary General of EOS**
- **Organizing Committee Chairman**
- Consultant Radiologist
- Professor of Radiology, international Radiology Centre, Sharjah.



Luay Tapponi

- **EOS Cultural Committee Chairperson**
- Professor & Consultant Orthopaedic Surgeon, Specialized Medical Center, Sharjah.



Ahmed Zayat

- **Head of EOS Scientific Committee**
- Senior Consultant Rheumatologist, University Hospital Sharjah, United Arab Emirates.

International Speakers *alphabetically*



Bess Dawson-Hughes

- Director, Bone Metabolism Laboratory at the Jean Mayer USDA Human Nutrition Research Centre on Aging at Tufts University. USA
- Professor of Medicine at Tufts University School of Medicine Endocrine Division at Tufts Medical Centre.



Jean-Yves Reginster

- Emeritus Professor of Public Health, Epidemiology and Health Economics at the University of Liège, Belgium.
- Professor, Protein Research Chair, Biochemistry Dept, College of Science, King Saud University, Riyadh, Kingdom of Saudi Arabia.
- Director of the WHO Collaborating Centre for Epidemiology of Musculoskeletal Health and Aging.
- ESCEO President.
- IOF co-founder.
- IOF Executive Committee member.
- Deputy Editor Aging Clinical and Experimental Research.



John Kanis

- Emeritus Professor in Human Metabolism, and Director of the Centre for Metabolic Bone Diseases (Formerly WHO Collaborating Centre),
- University of Sheffield, UK and Professorial Fellow at the Australian Catholic University (Melbourne)
- Honorary President of the International Osteoporosis Foundation
- Chairman of the IOF Working Group on Epidemiology and Quality of Life.
- Honorary President of the European Society for Clinical and Economic Aspects of Osteoporosis and Osteoarthritis
- Editor in Chief of Osteoporosis International
- Editor in Chief of Archives of Osteoporosis



Majed Alokail

- BSc., Biochemistry, King Saud University in Riyadh, Saudi Arabia.
- MSc., Biochemistry, King Saudi University in Riyadh, Saudi Arabia.
- High diploma in Insulin Gene Therapy, Gunma University, Maebashi, Japan
- Ph.D in Molecular Pharmacology at University of Southampton, UK.



Nicholas C W Harvey

- **Director; Professor of Rheumatology and Clinical Epidemiology; MRC Investigator.**
- **Honorary Consultant Rheumatologist**
- **Chair, International Osteoporosis Foundation Committee of Scientific Advisors**
- **MRC Lifecourse Epidemiology Centre, University of Southampton, Southampton General Hospital, Southampton, SO16 6YD**



Olivier Bruyere

- CEO of ESCEO
- Scientific Director of the WHO Collaborating Centre for Epidemiology of Musculoskeletal Health and Aging, Liège, Belgium
- Head of the Research Unit in Public Health, Epidemiology and Health Economics, University of Liège, Belgium



Philippe Halbout

- CEO of the International Osteoporosis Foundation (IOF), Switzerland



Rene Rizzoli

- **Internist and endocrinologist, with a subspecialty focus on metabolic bone diseases, osteoporosis and disorders of mineral metabolism.**
- **Presently emeritus professor of medicine at the Geneva University Hospitals and Faculty of Medicine, Geneva, Switzerland.**
- **Treasurer and Executive Committee member of the International Osteoporosis Foundation.**
- **Chairman of the Scientific Advisory Board of the European Society for Clinical and Economic Aspects of Osteoporosis, Osteoarthritis and Musculoskeletal Diseases, and co-chair of the scientific program committee of the annual IOF-ESCEO World Congress on Osteoporosis.**
- **Editor-in-chief of Calcified Tissue International and Musculoskeletal Research, and associate editor of Osteoporosis International and of Aging Clinical and Experimental Research.**



Tommaso Bonanzinga

- Assistant Professor, Researcher and Adjunct Professor in Orthopedics and Traumatology at Humanitas University, Milan, Italy
- Fellowship in Sports Medicine and Arthroscopic Surgery, Beijing Jishuitan Hospital, China
- Fellowship in Orthopedic Surgery, Elios Endo-Klinic, Hamburg, Germany
- Active member of S.I.O.T., S.I.G.A.S.C.O.T., AISOT, and FORTE.
- Member of the editorial board of the international EFFORT open reviews.
- Reviewer for international journals including KSSTA, BMC Musculoskeletal Disorders.

OUR EXPERTS


Abdul Karim Msaddi


AbdulRahim Suhaili


Ahmed El Serafi


Ahmed Zayat


Ali Al Belooshi


Atheer Al-Ansari


Bess Dawson-Hughes


Hayder Alsaadi


Jean-Yves Reginster


John Kanis


Luay Tapponi


Mahdi Abusalameh


Maisam Musgrave


Majed Alokail


Mohammed khattab


Mustafa Al-Izzi


Nicholas C W Harvey


Olivier Bruyere


Philippe Halbout


Rene Rizzoli


Riyad Abbas Sulimani


Sameh Abolfotouh


Suad Hannawi


Tommaso Bonanzinga


Waleed Abdurrab Hafiz


Yasser El Miedan


Youssef Fallaha

هـيئـة الصـحـة بدبـي
DUBAI HEALTH AUTHORITY

10 CME HOURS
ACCREDITED BY DHA



DAY ONE FRIDAY 11TH OCTOBER

REGISTRATION 08.00 - 09.00 AM

Time	09.00 - 09.20 AM
Topic	**Welcome & Introduction.**
Speakers	**AbdulRahim Suhaili**, EOS President / **Zuhair Alfardan**, EMA Board Member and Chairperson of the Scientific Committee.

PLENARY LECTURE

Time	09.20 - 09.40 AM
Topic	**Artificial intelligence in musculoskeletal imaging.**
Speaker	**Ahmed Elserafi**, Secretary General EOS.

COFFEE BREAK 09.40 - 10.00 AM

SESSION ONE **Guidelines Session** 10.00 - 11.30 AM

CHAIRPERSONS

AbdulRahim Suhaili / Bess Dawson-Hughes.

Time	10.00 - 10.20 AM
Topic	**Recommendations for the management of osteoporosis: The ESCEO/IOF guidelines**
Speaker	**John Kanis**
Time	10.20 – 10.40 AM
Topic	**Identification of patients to be treated in osteoporosis: The European viewpoint**
Speaker	**Nicholas Harvey**
Time	10.40 – 11.00 AM
Topic	**Sequencing of osteoporosis therapies from the guideline's perspective.**
Speaker	**Mustafa Al-Izzi**
Time	11.00 – 11.20 AM
Topic	**Thematic Roundtable: Applicability of Osteoporosis Guidelines in clinical practice.**
Speakers	**John Kanis / Nicholas Harvey / Mustafa Al-Izzi.**

DISCUSSION Q&A 11.20 - 11.30 AM

SESSION TWO	Males Osteoporosis Session	11.30 AM - 01.00 PM

CHAIRPERSONS

Ahmed Zayat / John Kanis.

Time	11.30 - 11.50 AM
Topic	**Which men should be treated for osteoporosis: The European viewpoint.**
Speaker	**René Rizzoli**
Time	11.50 AM – 12.10 PM
Topic	**Recommendations for the management of osteoporosis in men with osteoporosis: The ESCEO/IOF guidelines.**
Speaker	**Nicholas Harvey**
Time	12.10 – 12.30 PM
Topic	**Approach to osteoporosis in men. EOS / regional viewpoint**
Speaker	**Maisam Musgrave**
Time	12.30 – 12.50 PM
Topic	**Thematic Roundtable: Males osteoporosis in clinical practice.**
Speakers	**René Rizzoli / Nicholas Harvey / Maisam Musgrave.**

DISCUSSION Q&A	12.50 - 01.00 PM
PRAYER TIME & LUNCH	01.00 - 02.30 PM

SESSION	Amgen Symposium	02.30 - 03.10 PM

CHAIRPERSON

Suad Hannawi.

Time	02.30 - 03.10 PM
Topic	**Building Stronger Bones: Strategies for Optimizing Bone Health**
Speaker	**Mahdi Abusalameh**

SESSION THREE	Epidemiology & FLS Session	03.10 - 04.40 PM

CHAIRPERSONS

Luay Tapponi / Nicholas Harvey.

Time	03.10 - 03.30 PM
Topic	**Epidemiology and burden of osteoporosis in Europe.**
Speaker	**John Kanis**
Time	03.30 - 03.50 PM
Topic	**Epidemiology and burden of osteoporosis in the GCC.**
Speaker	**Riyad Sulimani**
Time	03.50 - 04.10 PM
Topic	**Fracture liaison service, Régional Expérience.**
Speaker	**Yasser El Miedany**
Time	04.10 - 04.30 PM
Topic	**Thematic Roundtable: "Fracture Liaison Services: How does it work, how can we implement, how can we optimize, how can it help to better treat osteoporotic patients?"**
Speakers	**Philippe Halbout / Bess Dawson-Hughes / Riyad Sulimani.**

DISCUSSION Q&A	04.30 - 04.40 PM

SESSION FOUR	Osteoarthritis Session	09.00 - 10.30 AM

CHAIRPERSONS

Ahmed Zayat / Jean-Yves Reginster.

Time	09.00 - 09.30 AM
Topic	**Treatment of osteoarthritis: How and how long? The European viewpoint**.
Speaker	**Jean-Yves Reginster**
Time	09.30 - 10.00 AM
Topic	**Treatment of osteoarthritis: Who and when? The EOS / GCC viewpoint**.
Speaker	**Ali Al Belooshi**
Time	10.00 - 10.20 AM
Topic	**Thematic Roundtable on Osteoarthritis**.
Speaker	**Jean-Yves Reginster / Ali Al Belooshi.**

DISCUSSION Q&A	10.20 - 10.30 AM
COFFEE BREAK	10.30 - 10.50 AM

SESSION FIVE	Vitamin D & Sarcopenia Session	10.50 AM - 12.20 PM

CHAIRPERSONS

Ahmed Elserafi / Philippe Halbout.

Time	10.50 - 11.10 AM
Topic	**Role of Vitamin D in the prevention and management of osteoporosis and sarcopenia: The ESCEO/IOF viewpoint.**
Speaker	**René Rizzoli**
Time	11.10 - 11.30 AM
Topic	**How can we define and treat sarcopenia: The European viewpoint.**
Speaker	**Jean-Yves Reginster – Majed Alokail**
Time	11.30 - 11.50 AM
Topic	**Controversies on Vitamin D therapies.**
Speaker	**Atheer Alansari**
Time	11.50 AM - 12.10 PM
Topic	**Thematic Roundtable: Nutritional aspects of the management of osteoporosis, osteoarthritis and sarcopenia.**
Speakers	**Bess Dawson-Hugues / René Rizzoli / AbdulRahim Suhaili / Atheer Alansari.**

DISCUSSION Q&A	12.10 - 12.20 PM

SESSION	Triangle Symposium	12.20 - 12.50 PM

Time	12.20 - 12.50 PM
Topic	**Optimizing Knee Function: The Innovative Role of Hyaluronic Acid and Polypeptides in a Topical Treatment.**
Speaker	**Tommaso Bonanzinga**

LUNCH	01.00 - 02.00 PM

SESSION SIX	Rheumatology Session	02.00 - 03.40 PM

CHAIRPERSON

Mustafa Al-Izzi / **Nicholas Harvey**.

Time	02.00 - 02.20 PM
Topic	**Osteoporosis and RA, pathogenesis, and effect of advanced medications.**
Speaker	**Ahmed Zayat**
Time	02.20 - 02.40 PM
Topic	**Osteoporosis in Spondyloarthritis.**
Speaker	**Suad Hannawi**
Time	02.40 - 03.00 PM
Topic	**Lupus, Bone health & Osteoporosis**.
Speaker	**Waleed Abdurrab Hafiz**
Time	03.00 - 03.30 PM
Topic	**Thematic Roundtable: Osteoporosis in chronic rheumatological disorders.**
Speakers	**Nicholas Harvey / John Kanis / Ahmed Zayat / Suad Hannawi / Waleed Abdurrab Hafiz.**

DISCUSSION Q&A	03.30 - 03.40 PM

SESSION SEVEN	Osteoporotic Fractures Session.	03.40 - 04.50 PM

CHAIRPERSONS

Abdul Karim Msaddi / Mohamed Khattab.

Time	03.40 - 04.00 PM
Topic	**Surgical management of vertebral fractures.**
Speaker	**Sameh Abolfotouh**
Time	04.00 - 04.20 PM
Topic	**Role of Orthopedic Surgeon in prevention of Orthogeriatric Fractures.**
Speaker	**Hayder Al Saadi**
Time	04.20 - 04.40 PM
Topic	**Surgical management of the limb's osteoporotic fractures.**
Speaker	**Youssef Falaha**

DISCUSSION Q&A	04.40 - 04.50 PM
CLOSING REMARKS	04.50 PM

MAIN SPONSORS

1 AMGEN

2 NOVARTIS

3 Triangle

PARTNERS

ABDIIBRAHIM

Julphar

شركة صيدلية المدينة
CITY PHARMACY CO.



PURE SPOT
EVENTS MANAGEMENT

www.purespot.org

DUBAI BRANCH : DUBAI AIRPORT FREE ZONE AREA (DAFZA)

BUILDING 8W, 5TH FLOOR, REGUS BUSINESS CENTER OFFICE 511

+971 50-949-0425 / +971 50 554 6063 INFO@PURESPOT.ORG

ALEXANDRIA LUXOR DELTA ASYUT DUBAI

IATA

IAPCO ACCREDITED

ICCA Member

20 YEARS OF EXCELLENCE

PROJECT MANAGER

MR. OMAR MOHAMED +97143211283 OMAR.MOHAMED@PURESPOT.ORG