10Th Annual conference of

Tanta Neurology and Psychiatry Department

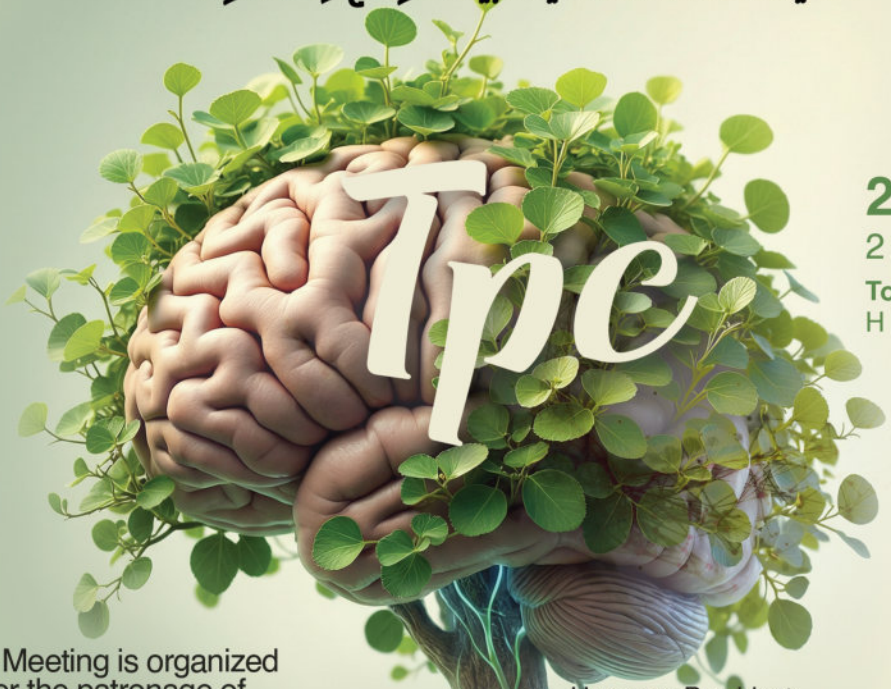
Psychiatry Conference (TPC)

In Collaboration with

The Egyptian Psychiatric Association

Mental Health Challenges: Bridging Reality and Hope

تحديات الصحة النفسية : بين الواقع والمأمول



23rd July 2026

Tolip El Narges Hotel

The Meeting is organized under the patronage of

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Head of Neurology and Psychiatry Department

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Distinguished Colleagues and Honored Guests,

On behalf of the Organizing Committee, it is our distinct honor and profound pleasure to welcome you to the Psychiatry Conference entitled:

"Mental Health Challenges: Bridging Reality and Hope"

تحديات الصحة النفسية: بين الواقع والمأمول

We are delighted to bring together clinicians, researchers, and mental health professionals for scholarly exchange on one of the most critical challenges confronting psychiatry in the contemporary era.

The theme of this conference reflects a dual responsibility. On one hand, it calls for a clear acknowledgment of the present realities of mental health care—including the increasing burden of mental disorders, limitations in service provision, stigma, and systemic challenges. On the other hand, it affirms the necessity of hope, founded upon scientific advancement, compassionate clinical practice, and collective responsibility. Bridging reality and hope signifies our resolve to transform challenges into pathways for progress through rigorous inquiry, collaboration, and innovation.

Throughout the scientific sessions, we will address contemporary research, evolving therapeutic approaches, and community-oriented models of care aimed at reducing the disparity between existing needs and attainable solutions. This congress also serves as an essential forum for constructive dialogue, through which diverse perspectives may converge to strengthen professional practice, inform policy development, and shape future directions in mental health care.

We are confident that your valued participation will enhance scholarly discourse and contribute to outcomes of enduring significance beyond this meeting. Together, we may advance a vision of mental health care that is evidence-based, ethically grounded, and responsive to the needs of our societies.

We extend our best wishes for an inspiring and rewarding congress.

Congress President

Prof. Mohamed Ahmed Abdelhay

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Registration : 08:30 - 09:30 AM

Hall A : Session 1
Brain and Psychiatry Session

Chairpersons:

Prof. Adel Badawy
Tanta University

Ass. Prof. Wesam Ghareeb
Tanta University

Dr. Noha Fawzy
Tanta University

Alzheimer's disease challenges: Bridging reality and hope

Ass. Prof. Wesam Ghareeb
Tanta University

(9:30 – 9:50 AM)

Electroencephalographic biofeedback in heroin craving

Dr. Noha Fawzy
Tanta University

(9:50 -10:10 AM)

Leucovorin: From Chemotherapy Adjuvant to Investigational Use in Autism Spectrum Disorder

Dr. Marwa Naser
Alexandria University - Maamora Hospital

(10:10 -10:30 AM)

Moods, Smokes, and Focus: The Multifaceted World of Bupropion (Elixir Symposium)

Prof. Adel Badawy
Tanta University

Elixir PHARMA

(10:30 -10:50 AM)

Hall B : Session 2
Scientific Research Session

Chairpersons:

Prof. Mai Eissa
Tanta University

Prof. Reham Amer
Tanta University

Ass. Prof. Fatema Eldeeb
Tanta University

Mapping the developing brain Functional MRI in ADHD and Bipolardisorder in children

Dr. Nehal Hatem
Tanta University

(9:30 – 9:50 AM)

Hidden in plain sight: Depressive Symptoms in Schizophrenia

Dr. Sahar Shaaban
Tanta University

(9:50 -10:10 AM)

Beyond Behavior: What Functional MRI Reveals About Conduct Disorder

Dr. Kareem El Shaer
Tanta University

(10:10 -10:30 AM)

Facing Greif in children and children with psychiatric condition.

Prof. Dalia Asfour
MD, consultant of Psychiatry, Mansoura

(10:30 -10:50 AM)

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Hall A : Session 3
Focus Lectures

Chairpersons:

Prof. Hosam El Sawy
Tanta University

Prof. Tagreed El Shafey
Al Azhar University

Prof. Shewikar El Bakry
Benha University

Brain Rot: The Attention Crisis in the Algorithmic Era

Prof. Shewikar El Bakry
Benha University

(10:50 - 11:10 AM)

PTSD in Women

Prof. Tagreed El Shafey
Al Azhar University

(11:10 -11:30 AM)

Nutritional Psychiatry: Decoding the Neurochemistry of Food, Mood, and Addiction

Prof. Hayam Elgohary
Zagazig University

(11:30 -11:50 AM)

Hall B : Session 4
Meet experts 1

Chairpersons:

Prof. Mohamed Seleem
Tanta University

Prof. Shaymaa Arafa
Al Azhar University

Prof. Wael Abo Hendy
Zagazig University

تصنيف مقترح لأعراض الوسواس القهري الدينية في المسلمين

ا.د/ وائل ابوهندى
أستاذ الطب النفسي- جامعة الزقازيق

10:50 - 11:10 AM

Mind and scalpel navigating Psychiatric Patient through Surgical Procedure

Prof. Ibrahem Hamdey Rashed
Mansura University

11:10 - 11:30 AM

Couple therapy and relationship dynamics

Prof. Shaymaa Arafa
Al Azhar University

11:30 - 11:50 AM

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Opening Session (11:50 -12:20 PM)

Prof. Mahamed Hussein
President of Tanta University

Prof. Mohamed Hantera
Dean of Faculty of Medicine, Tanta University

Prof. Momtaz Abdel Wahab
Professor of Psychiatry, Cairo University, President of the Egyptian Psychiatric Association

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Prof. Mostafa Shaheen
Professor of Psychiatry- Cairo University

Congress President:

Prof. Mohamed Abdelhay
Professor and Head of Neurology and Psychiatry Department

Congress Secretary General

Prof. Mai Eissa
Professor of Neurology and Psychiatry, Tanta University

Prof. Hosam El Sawy
Professor of Neurology and Psychiatry, Tanta University

Session 5: Plenary Lectures Session

Chairpersons

Prof. Afaf Hamed
Professor of psychiatry - Ain Shams University

Prof. Hany Hamed
Dean of faculty of Medicine - Beni Suef

Prof. Momtaz Abdel Wahab
Professor of Psychiatry, Cairo University, President of the Egyptian Psychiatric Association Cairo university

Prof. Hosam El Sawy
Professor of psychiatry Tanta University

Future prospective of mental health, challenges and opportunities

Prof. Ahmed Mubarak (12:20 - 12:50 PM)
Professor of Neurology and Psychiatry, Tanta University

New Labels, old questions: Escaping the Cycle of Pseudoinnovation in Psychiatry

Prof. Mohamed Abdelhay (12:50 - 1:10 PM)
Professor and Head of Neurology and Psychiatry Department, Tanta University

Hall A : Session 6
Keynote Lectures

Chairpersons:

Prof. Abdul Naser Omar
Ain Shams University

Prof. Ahmed Mubarak
Tanta University

Prof. Mai Eissa
Tanta University

Mental health challenges: Bridging reality and hope

Prof. Afaf Hamed
Ain Shams University

(1:10 - 1:30 PM)

Biology of suicide

Prof. Hany Hamed
Beni Suef University

(1:30 – 1:50 PM)

The Untold Stories of Women's Suffering

Prof. Mai Eissa
Tanta University

(1:50 - 2:10 PM)

Long acting antipsychotics: what we need to know
(Johnson & Johnson Symposium)

Prof. Hosam El Sawy
Tanta University

(2:10 -2:25 PM) Johnson&Johnson

The Next Frontier in Treatment-Resistant Depression (Johnson & Johnson Symposium)

Prof. Mai Eissa
Tanta University

(22:25 - 2:40 PM) Johnson&Johnson

Hall B : Session 7
Updates in Addiction

Chairpersons:

Prof. Nahla Elsayed
Ain Shams University

Prof. Gamal Shama
Tanta University

Prof. Abdullah Mecky
Al Azhar University

Families of addiction patients how do they affect recovery

Prof. Nahla Elsayed
Ain Shams University

(1:10 - 1:30 PM)

Modern Challenges in Substance Use disorder

Prof. Soheir H. Elghonemy
Ain Shams University

(1:30 – 1:50 PM)

When Healers Need Healing: Addressing Substance Use Disorders in Health Care Professionals

Prof. Mohmed Abdelghany
Professor of Psychiatry, Zagazig University

(1:50 - 2:10 PM)

Beyond the Needle: Unlocking the Full Potential of Long-Acting Injectables
Otsoka Symposium

Prof. Mohamed Elwasify
Mansoura University

(2:10 -2:25 PM) Otsuka

Structural brain changes in mania in bipolar disorder

Prof. Lamiaa El Hamrawy
Menofia University

(2:25 - 2:40 PM) Otsuka

Break (2:40- 3:00 PM)

Hall A : Session 8
Meet Experts 2

Chairpersons:

Prof. Gamal Shama
Tanta University

Prof. Reda Ismael
Alazhar University

Ass. Prof. Amr Heiba
Tanta University

The Spectrum of Self-Harm and Suicidal Behaviors:Identification and Treatment

Prof. Reda Ismael
Al-Azhar University

(3:00 - 3:20 PM)

The synergistic burden of COMISA: A precision therapy approach

Dr. Ahmed Eid EL Aghoury
Consultant Psychiatrist- Abbasia Hospital, Cairo(MOHP), on behalf of The Egyptian Sleep Society (ESS)

(3:20 - 3:40 PM)

Hall B : Session 9
Updates in Child Psychiatry

Chairpersons:

Prof. Ahmed Mubarak
Tanta University

Prof. Mohamed Seleem
Tanta University

Prof. Soha A Ghobashy
Alexandria University

Navigating Somatic Symptoms Among Children and Adolescents

Prof. Soha A Ghobashy
Alexandria University

(3:00 - 3:20 PM)

The "Bad Boy": Stigma in Child Psychiatry

Prof. Mohamed Seleem
Tanta University

(3:20 - 3:40 PM)

From Distraction to Direction: A Practical Guide to Diagnosing and Treating Adult ADHD

Prof. Mohamed Elwasify
Mansoura University.

(3:40 - 4:00 PM)

Hall A : Session 10
Meet Experts 3

Chairpersons:

Prof. Ehab Ramadan
Kafr Elsheikh University

Prof. Alaa Darwish
Assuit University

Ass Prof. Wesam Ghareeb
Tanta University

Dichotomy of anxiety: neurotic and psychotic interface

Prof. Ehab Ramadan
Kafr Elsheikh University

(4:00 - 4:20 PM)

Stem cell therapy for neurological repair in schizophrenia

Prof. Alaa Darwish
Assuit University

(4:20 - 4:40 PM)

Behavioral experiments in CBT

Prof. Dr. Aymen Elhoseny
Al Azhar University

(4:40 - 5:00 PM)

Hall B : Session 11
Scientific Debate Session

Chairpersons:

Prof. Suaad Mousa
Cairo University

Prof. Mohamed Abdelhay
Tanta University

Is it the responsibility of child and adolescent psychiatry to care for youth with moderate and severe disruptive and delinquent behavior?

Pros:
Prof. Mohmaed Seleem
Tanta University

Cons:
Prof. Reham Amer
Professor of Psychiatry Tanta University

(4:00 - 5:00 PM)

Hall A : Session 12
Meet Experts 4

Chairpersons:

Prof. Wafaa Hagag
Suez Canal University

Prof. Mai Eissa
Tanta University

Prof. Hala El Borae
Mansoura University

Current Challenges and Emerging Trends in Psychiatry

Prof. Wafaa Hagag
Suez Canal University

(5:00 -5:20 PM)

Internet addiction disorder

Dr. Alaa Farghaly
Consultant Psychiatrist

(5:20 - 5:40 PM)

Cerebellar cognitive and affectivefunctions in cerebellar stroke patients

Dr. Yomna Ahmed Kadry
Master Neuropsychiatry Capital University

(5:40 -6:00 PM)

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