7th Annual Conference of
Tanta Neuropsychiatry Department
"Psychiatry Conference"

In collaboration of

The Egyptian Psychiatric Association

Psychiatry Main Theme

Mental Health Literacy in Egypt; Challenges and Future Prospects

محو الأمية النفسية في مصر: التحديات و الآفاق المستقبلية

22 **August**
Pre-conference Workshops
Tanta University

24-25 **August**
Triumph Hotel,
5th Settlement, Cairo



Under Patronage of

Prof. **Mahmoud Zaki**
President of Tanta University

Prof. **Kamal Okasha**
Vice President for Graduate Studies Affairs

Prof. **Ahmed Ghonim**
Dean of the Faculty of Medicine

Prof. **Mohamed Hantera**
Vice Dean for Graduate Studies and Research

Conference President

Prof. **Hosam El-Sawy**
Head of Neuropsychiatry Department and
Conference President

Main Topics

- Addiction and Concurrent Disorders
- Youth and Student Mental Health
- Child Psychiatry
- Schizophrenia and Psychotic Disorders
- Comorbidity of Mental and Physical Diseases
- Mood Disorders
- Trauma
- E-Mental Health
- Neurocognitive Disorders
- The Future of Psychotherapy
- Challenges to Provide Mental Health Services
- Bipolar Disorders
- Personality Disorders
- Forensic Psychiatry
- Culture Psychiatry

Scientific Committee (alphabetical)

Prof. Ahmed Mobarak
Prof. Ehab Elbaz
Prof. Hany Hamed
Prof. Hesham Ramy
Prof. Maha Elsayed
Prof. Mahmoud Elwasefy
Prof. Mohammad Seleem
Prof. Mohamed Abdelhay
Prof. Mohamed Elmahdy
Prof. Mohamed Nasr
Prof. Mohamed Reda
Prof. Mostafa Shahin
Prof. Nivert Zaki
Prof. Samir Aboelmagd
Prof. Tarek Melokhia
Prof. Tarek Okasha

Organizing Committee (alphabetical)

Prof. Adel Badawy
Dr. Ahmed Osama
Dr. Amr El Sernagawy
Assist. Prof. Amr Heiba
Dr. Fatma El Deeb
Prof. Gamal Shama
Prof. Mai Issa
Dr. Mai Salem
Dr. Mustafa Mamdoh
Dr. Noha Fawzy
Assist. Prof. Reham Amer
Assist. Prof. Wesam Ghareeb

Welcome Message

Dear Professors and Colleagues

On behalf of Tanta Neuropsychiatry Department, We have the honor to invite you all to the

7th Annual Conference of Tanta Neuropsychiatry Department

In collaboration with

The Egyptian Psychiatric Association

Which will be held on

August 22 **Pre-Conference Workshops - Tanta University**

24-25, 2023. **Triumph Hotel, 5th Settlement, Cairo**

the Scientific Program will include updates and recent advances in different fields of Psychiatry Under the title of

"Mental Health literacy in Egypt; Challenges and Future Prospects"

محو الأمية النفسية في مصر: التحديات و الآفاق المستقبلية

High quality and clinically relevant lectures will be provided by Eminent speakers. We wish to make the Conference a huge success with cooperation from all of you.

You are cordially invited not only to participate in our conference but also to contribute actively to scientific deliberations by presenting your last scientific data and clinical studies.

We look so forward to Meeting and Welcoming you

Best Regards,



Prof. **Hosam El-Sawy**

Head of Neuropsychiatry Department and
Conference President

Honorary Presidents



Prof. Ahmed Okasha
Past President of World Psychiatry Association



Prof. Momtaz Abd El-Wahab
President of Egyptian Psychiatry Association



Prof. El Sayed Gad
Professor of Neuropsychiatry

Conference Coordinators



Prof. **Mohamed Abdelhay**



Prof. **Adel Badawy**



Prof. **Mohammad Seleem**
Scientific Coordinator



Prof. **Mai Issa**
Conference Secretary General

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PRE-CONFERENCE WORKSHOPS

Tuesday - August 22nd 2023 Psychiatry Center, Tanta University

Registration 9:00AM - 10:00AM

CHILD PSYCHIATRY WORKSHOP

Hall A

Collaborative Psychiatric Care for Orphaned and Vulnerable Children

Moderator: Mohammad Seleem (Tanta University)

Chairpersons
(Alphabetical)

- **Prof. Ahmed Mubarak** - Tanta University
- **Prof. Hosam Elsawy** - Tanta University

Prof. Soad Moussa - Cairo University	**10.00AM - 11.00AM**
Mental Health of Children in Residential Care: Challenges and Pitfalls	
Dr. Eman Gaber - GSMHAT	**11.00AM - 11.30AM**
Children in Residential Care: Mental Health Care Pathways	
Dr. Hadeer Medhat - Dr. Sara Seleem - Tanta University	**11.30AM - 12.00PM**
Case 1	
Dr. Salma Wesam - Dr. Asmaa Elshazly - Tanta University	**12.00PM - 12.30PM**
Case 2	
Prof. Mohammad Seleem - Tanta University	**12.30PM - 1.30PM**
Comments and Discussion	

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Hall B

Moderator: Noha Fawzy (Tanta University)

Chairpersons
(Alphabetical)

- **Prof. Elsayed Gad -** Tanta University
- **Prof. Gamal Shamma -** Tanta University
- **Mai Issa -** Tanta University

Prof. Ehab Ramadan - Tanta University — 10.00AM - 12.00PM

Interviewing Skills of Psychiatric Patient

Dr. Noha Fawzy - Kafr El-Sheikh University — 12.00PM- 2.00PM

Mindfulness and Emotion Regulation Skills in Treatment of Addiction.

Closing and Discussion 2.00PM- 2.30PM

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Thursday August 24th 2023
Triumph Hotel, Fifth Settlement - Imperia Meeting Room

Registration 9:00AM - 10:00AM

Session 1

Chairpersons
(Alphabetical)

- **Prof. Adel Badawy -** Tanta University
- **Prof. Gamal Shamma -** Tanta University

Dr. Dalia Mostafa - Tanta University — **10.00AM - 10.20AM**

Psychological and Radiological Study of Cognitive Impairment Among Diabetic Patients

Asst. Prof. Reham Amer - Tanta University — **10.20AM- 10.40AM**

Electrophysiological and Psychological Testing In Children With ADHD

Prof. Ehab Shawky - Tanta University — **10.40AM- 11.00AM**

Immune Mediated Psychotic Episode

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Opening Session

11.00AM - 11.30 AM

Prof. Mahmoud Zaki
President of Tanta University

Prof. Kamal Okasha
Vice president of Tanta University

Prof Ahmed Ghonium
Dean of Faculty of Medicine, Tanta University

Prof. Momtaz Abdel-Wahab
President of The Egyptian Psychiatric Association

Prof. Hosam Elsawy
Head of Neuropsychiatry Department, Tanta University

Prof. Mostafa Shaheen
Professor of Psychiatry, Cairo university

Prof. Mai Issa
Congress Secretary General

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"Psychiatry Conference"

Session 2
(Plenary Lecture)

Chairpersons
(Alphabetical)

- **Prof. Afaf Hamed -** Ain Shams University
- **Prof. El Sayed Gad -** Tanta University
- **Prof. Menan Abdel-Maksoud-** Ain Shams University
- **Prof. Noha Sabry -** Cairo University

Prof. Mai Issa - Tanta University — **11.30AM - 12.00PM**

Mental Health Literacy; Challenges and Future Perspectives

Session 3
(Plenary Lecture)

Chairpersons
(Alphabetical)

- **Prof. Hany Hamed-** Bani Swef University
- **Prof. Hosam Elsawy-** Tanta University
- **Prof. Mostafa Shaheen -** Cairo University
- **Prof. Nahla El Sayed -** Ain Shams University

Prof. Hisham Ramy - Ain Shams University — **12.00PM - 12.30PM**

Emerging trends in management of depression: The Untold story

Prof. Ahmad Mubarak - Tanta University — **12.30PM - 1.00PM**

Stigma as a barrier to mental health service

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Session 4
(Expert View)

Chairpersons (Alphabetical)
- **Prof. Manal El-Attar**
- **Prof. Mohammad Abdel-Hay** - Tanta University
- **Prof. Salwa Tobar** - Mansora University

Prof. Mohammed Adel El-Hadidy - Mansoura UniversityUniversity — 1.00PM - 1.20PM

Sexual Health Literacy in Egypt: Psycho-Social Factors Affecting Sexual Dysfunctions (PS-FASD)

Prof. Soheir Elghonemy - Ain shams University — 1.20PM - 1.40PM

Crystal Myth (Methamphetamine) What Should You Know ?

Prof. Rania Mamdouh - Cairo University — 1.40PM - 2.00PM

Knowledge, Attitudes and Practice of University Students Toward Substance Use: A Pilot Study

Break
2.00PM - 2.20PM

Session 5
(Meet the Experts)

Chairpersons (Alphabetical)
- **Prof. Ahmad Mubarak** - Tanta University
- **Prof. Fatima Sherif** - Zagazig University
- **Prof. Maha Sayed** - Ain Shams University
- **Prof. Soad Moussa** - Cairo University

Prof. Mohammad El-Mahdy- Al Azhar University — 2.20PM - 2.40PM

Investment in Mental Health

Prof. Nahla Elsayed - Ain shams University — 2.40PM - 3.00PM

Psychoeducation and effect on disease prognosis

Prof. Mohammad Abdel-Hay - TantaUniversity — 3.00PM - 3.20PM

The Ups and Downs in Models of Psychiatry: Past, Current and Future Directions

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Session 6
(Focus Lecture)

Chairpersons
(Alphabetical)

- **Prof. Gamal Shamma -** Tanta University
- **Prof. Mohammed Adel El-Hadidy -** Mansoura University
- **Prof. Wafaa El-Bahay -** Mansoura University

Prof. Nivert Zaki Hashem - Ain Shams University — **3.20PM - 3.40PM**

Menopause: A Pause to Reconsider Life

Prof. Wafaa El-Bahay - Mansoura University — **3.40PM - 4.00PM**

The Art of Prescribing Psychotropic Drugs to Patients with Chronic Medical illness: Why, When and How

Prof. Salwa Tobar - Mansoura University — **4.00PM - 4.20PM**

Do We Need to Learn How to Think?

Abbott

Prof. Hossam El Sawy - Tanta University — **4.20PM - 4.40PM**

Role of Fluvoxamine in Depression

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janssen
PHARMACEUTICAL COMPANIES OF Johnson&Johnson

Prof. Mai Eissa - Tanta University — **4.40PM - 4.55PM**

Help Them to Live; The Power of Psychiatrists to Change Their Patients Life

4.55PM - 5.10PM

Session 7
(Expert View)

Chairpersons
(Alphabetical)

- **Prof. Heba Elshahawi -** Ain Shams University
- **Prof. Lamyaa Al Hamarawy -** Menoufia University
- **Prof. Magda Fahmy-** Suez Canal University
- **Prof. Mohamed Seleemy -** Tanta University

Prof. Samir Abo El-Magd - Cairo University — **5.10PM - 5.30PM**

Borderline Personality Disorder: Under Diagnosis in Clinical Practice

Prof. Taghreed Elshafie - Al-Azhar University - Girls — **5.30PM - 5.50PM**

Relational Disorder DSM5

Prof. Alaa Darwish - Assuit University — **5.50PM - 6.10PM**

Impact of Social Media on Mental Health

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Session 8
(Focus Lecture)

Chairpersons
(Alphabetical)

- **Prof. Ahmed Eissa-** Port Said University
- **Prof. Alaa Darwish -** Assuit University
- **Prof. Mai Issa -** Tanta University
- **Prof. Taghreed Elshafie -** Al-Azhar University

Prof. Heba Elshahawi - Ain Shams University — **6.10PM - 6.30PM**

Gut Microbiota and Bipolar Disorder: An Overview on A Novel Biomarker for Diagnosis and Treatment

Prof. Ayman El-Hussieny- Al-Al-Azhar University — **6.30PM - 6.50PM**

Forgiveness: A Magic Bullet in the Heart of Depression

Prof. Eman Elsheshtawy - Mansoura University — **6.50PM - 7.10PM**

Mental Health Literacy of Depression and Suicide among Undergraduate Medical Students

End of Day One

7th

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"Psychiatry Conference"



Day (2)

7th Annual Conference of Tanta Neuropsychiatry Department "Psychiatry Conference"

Friday August 25th 2023
Triumph Hotel, Fifth Settlement - Imperia Meeting Room

Registration 9:00AM - 10:00AM

Session 9
(Focus Lecture)

Chairpersons
(Alphabetical)

- **Col. Dr. Ehab El-Baz -** Armed Forces
- **Prof. Ehab Ramadan -** Kafr El-Sheikh University
- **Assist. Prof. Wesam Gareeb-** Tanta University

Prof. Nasser Zahran - G. M. of AH Psychiatric Center at GSMHAT **10.00AM - 10.20AM**

Public Attitudes Towards Mental Illness

Prof. Ehab Ramadan - Kafr El-Sheikh University **10.20AM- 10.40AM**

The Rewarding Systems of the Brain in Health and Disease

Prof. Shymaa Arafa - Al-Azhar University - Girls **10.40AM- 11.00AM**

Stress Benefits: How to Get Advantage from Stress?

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Session 10

Hot Topics in Child and Adolescent Psychiatry

Chairpersons
(Alphabetical)

- **Prof. Ahmed Mubarak -** Tanta University
- **Prof. Hala El-Boraey-** Mansuora University
- **Prof. Hala Taha -** Azhar-Girls University
- **Prof. Nelly Raafat -** Zagazig University

Prof. Soha Ghobashy- Alexandria University
Prof. Heba Abu Elwafaa - Alexandria University — **11.00AM - 11.30AM**

The Effect of Screens on Attention in Children and Adolescents: A Debate

Prof. Reda Ismail - Al-Azhar University - Girls — **11.30AM- 11.50AM**

Perinatal Mental Health

Prof. Nelly Raafat- Zagazig University — **11.50AM - 12.10PM**

Hyperactivity in ASD

Prof. Shimaa Younes - Al-Azhar University - Girls — **12.10PM - 12.30PM**

How Can We Help Kids With Self-Regulation?

Prof. Shewikar El Bakry - Benha University — **12.30PM - 12.50PM**

Fear of Missing Out

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GOMAA PRAYER& BREAK

12.50PM - 2.00PM

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Session 11
(Focus Lecture)

Chairpersons
(Alphabetical)

- **Prof. Mohammad Abdel-Hay -** Tanta University
- **Prof. Mohammad Gamal Sehlo -** ZagazigUniversity
- **Prof. Shymaa Arafa -** Al-Azhar University - Girls

Prof. Mahmoud Elwasify- Mansoura University — **2.00PM - 2.20PM**

Chicken or the Egg: Nutrition and Psychiatry

Prof. Mohammad Gamal Sehlo -Zagazig University — **2.20PM- 2.40PM**

Alternative Hypothesis and Types of Error in Psychiatric Research.

Asst. Prof. Ibrahim Elkala- Masoura University — **2.40PM- 3.00PM**

Psychiatric Malpractice

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Session 12
(Focus Lecture)

Chairpersons
(Alphabetical)

- **Asst. Prof. Reham Amer** - Tanta University
- **Prof. Shewikar El bakry** - Benha University
- **Prof. Reda Ismail** - Al-Azhar University - Girls
- **Prof. Walaa Sabry** - Military Academy

Prof. Wael Abou Hindy - Zagazig University — 3.00PM- 3.20PM

خلل الحس الداخلي في مرضى القلق واضطرابات طيف الوسواس القهري

Prof. Ayman El-Hadad - Menofya University — 3.20PM- 3.40PM

Misdiagnosis of OCD

Asst. Prof. Mohamed Al-Wasify - Mansoura University — 3.40PM- 4.00PM

Neurobiological and Treatment Advances of Obsessive- Compulsive Disorder

Prof. Amira Yousef - Zagazig university — 4.00PM- 4.20PM

Dialectical Behavior Therapy for Binge Eating Disorder

Session 13
(Public Session)

Chairpersons
(Alphabetical)

- **Prof. Ayman Elhadad** - Menoufia University
- **Prof. Ehab Ramadan** - Kafr Elshihk University
- **Prof. Mai Issa** - Tanta University

Dr. Alaa Farghaly- Consultant Psychiatrist, MOH — 4.20PM- 4.40PM

التأهيل النفسي للمقبلين على الزواج

Recommendations & Closing
4.40PM- 4.50PM

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PURE SPOT EVENTS MANAGEMENT

PROJECT MANAGER

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