# 8th Annual Conference of
## Tanta Neuropsychiatry Department
# Psychiatry Conference TPC

*In collaboration with*
**The Egyptian Psychiatric Association**

**Psychiatry in Hard Time; Navigating Mental Health Challenges**
**الطب النفسي في الأوقات الصعبة. التغلب على تحديات الصحة النفسية**

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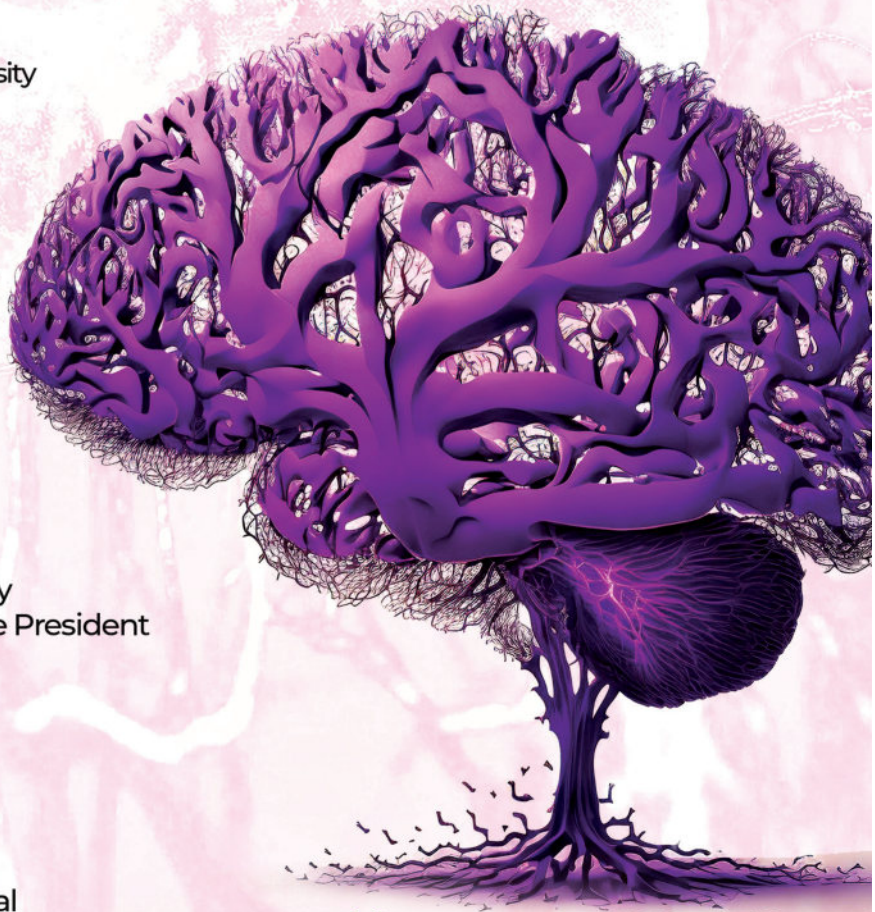
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Chairman of Neuropsychiatry Department and Conference President

Conference Coordinators
**Prof. Mohamed Abdelhay**

Chief Scientific Committee
**Prof. Adel Badawy**

Conference Secretary General
**Prof. Mai Eissa**



**27 August 2024**
**Pre-Conference Workshops**
Tanta University

**29 - 30 August 2024**
**Marriott Hotel, Cairo**

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Past President of World Psychiatry Association



**Prof. Momtaz Abdelwahab**
President of Egyptian Psychiatric Association



**Prof. El Sayed Gad**
Professor of Neuropsychiatry



**Prof. Ahmed Mubarak**
Professor of Neuropsychiatry, Tanta University

## Conference Coordinator



**Scientific Coordinator**
**Prof. Adel Badawy**



**Prof. Mohamed Abdel-Hay**



**General Secretary**
**Prof. Mai Eissa**

# Welcome Message

**Dear Professors and Colleagues**

**On behalf of Tanta Neuropsychiatry Department, We have the honor to invite you all to the**

**8th Annual Conference of Tanta Neuropsychiatry Department**

## Psychiatry Conference TPC

**In collaboration with**

**The Egyptian Psychiatric Association**

**Which will be held on August 27 Pre-Conference Workshops - Tanta University**

**29-30 August, 2024. Marriott Hotel, Cairo**

**the Scientific Program will include updates and recent advances in different fields of Psychiatry. Under the title of**

**"Psychiatry in Hard Time; Navigating Mental Health Challenges"**

**الطب النفسي في الأوقات الصعبة. التغلب على تحديات الصحة النفسية**

**High quality and clinically relevant lectures will be provided by Eminent speakers.**

**We wish to make the Conference a huge success with cooperation from all of you.**

**You are cordially invited not only to participate in our conference but also to contribute actively to scientific deliberations by presenting your last scientific data and clinical studies.**

*We look so forward to meeting and welcoming you*

**Best Regards,**



**Prof. Hosam El-Sawy**

**Chairman of Neuropsychiatry Department and Conference President**



## Scientific Committee

Prof. Gamal Shama
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# PRE-CONFERENCE WORKSHOPS

Tuesday - August 27th, 2024, Psychiatry Center, Tanta University

## Hall A

**8.30am -9.00 am** Registration

**9.00am - 11.00am** **Workshop 1**

**Cannabis and sexuality: Myth and truth**

**Chairpersons:**

**Prof. Ahmed Mubarak,**
Professor of Neuropsychiatry- Tanta University

**Prof. Adel Badawy**
Professor of Neuropsychiatry- Tanta University

**Speakers**

**Dr. Ahmed Usama**
Lecturer of Neuropsychiatry, Tanta University

**Dr. Mostafa El Kholy**
Ass Lecturer of neuropsychiatry, Tanta University

**11.00 am - 11.30 pm Coffee break**

**11.30am - 02.00PM** **Workshop 2**

**Mindfulness in substance use disorder**

**Chairpersons:**

**Prof. Mai Issa**
Professor of Neuropsychiatry- Tanta University

**Prof. Hosam El Sawy**
Professor and head of Neuropsychiatry Department- Tanta University

**Speakers**

**Dr. Mai Salem**
Lecturer of Neuropsychiatry- Tanta University
Effectiveness of mindfulness in substance use disorders

**Dr. Noha Fenon**
Lecturer of neuropsychiatry- Tanta University
Mindfulness: How to practice?

# PRE-CONFERENCE WORKSHOPS

Tuesday - August 27th, 2024, Psychiatry Center, Tanta University

## Hall B

**8.30am -9.00 am** Registration

**9.00 am -02.00 pm** **Workshop 3**

**Autism Spectrum Disorder**
**Concepts, Diagnosis and management**

ورشة عمل حول اضطراب طيف التوحد
المفهوم - التشخيص - العلاج
وتشمل
١- شرح لطبيعة التوحد وتشخيصه
٢- استعمال المقاييس في التوحد وشرح لمقياس كارس
٣- الاضطرابات الحسية والتكامل الحسي
٤- الحميات والمكملات الغذائية ودورها في التوحد وعلاجه
٥- مختصر عن البرامج المستعملة في العلاج

**Chairpersons**

Prof. Mohamed Ahmed Abdel Hay
Prof. Reham Abdel Rahman Amer

**Speakers**

Prof. Mohamed Ahmed Abdel Hay
Prof. Reham Abdel Rahman Amer
Dr. Aya Elneanay
Dr. Kareem El-Shaer

# CONFERENCE

Thursday August 29th, 2024 -Marriott Hotel, Cairo

## Hall A

**9:00 AM – 10:00 AM Registration**

### Focus Lectures 1

**Chairpersons:** Prof. Adel Bedawy — Tanta University
Prof. Reham Amer — Tanta University

**10:00AM-10.20AM** Prof. Wesam Ghareeb — Tanta University
Mental health care for elderly in hard times: recent advances and directions in clinical practice and research

**10:20AM- 10:40AM** Prof. Mai Issa — Tanta University
Unlocking the Potential of Olanzapine: Advances and Applications in Modern Psychiatry

MULTI Care

# Hall A

## Opening Session

10.40AM-11:30AM

**Prof. Mahamed Hussen**
Acting President of Tanta University

**Prof. Hatem Amin**
Vice President of Tanta University for postgraduate studies affairs

**Prof. Ahmed Ghonim**
Dean of Faculty of Medicine, Tanta University

**Prof. Mohamed Hantera**
Vice dean of Postgraduate studies and research

**Prof. Momtaz Abdel Wahab**
Professor of Psychiatry, Cairo University
President of the Egyptian Psychiatric Association

**Prof. El Sayed Gad**
Professor of Neuropsychiatry, Tanta University

**Prof. Mostafa Shaheen**
Professor of Psychiatry, Cairo university

Congress President
**Prof. Hossam El-Sawy**
Professor and Head of Neuropsychiatry Department
Director of Psychiatry and Neurology Center of Tanta University

Congress Secretary General
**Prof. Mai Essa**
Professor of Neuropsychiatry, Tanta University

# Hall A

## Plenary Lecture

**Chairpersons:**

| | |
|---|---|
| Prof. Afaf Hamed | Ain Shams University |
| Prof. El Sayed Gad | Tanta University |
| Prof. Mostafa Shaheen | Cairo university |
| Prof Mona El-Rakhawy | Cairo University |

**11:30AM-12:00PM** Prof. Ahmad Mubarak — Tanta University
Mental health challenges during hard times

## Keynote Lectures

**Chairpersons:**

| | |
|---|---|
| Prof. Ahmad Mubarak | Tanta University |
| Prof. Nahla El Sayed | Ain Shams University |
| Prof. Salwa Tobar | Mansoura University |

**12:00PM-12:20PM** Prof. Hisham Ramy — Ain Shams University
ADHD: the untold story

**12:20PM-12:40PM** Prof. Afaf Hamed — Ain Shams University
Cutting the body to heal the mind

**12:40PM-01:00PM** Dr. Hussen Hamdy and Dr. Hend Aref — Tanta University
Neurosurgery for Mental Illness; An Egyptian cohort

# Hall A

## Industry Symposium

BioMED Pharmaceutical Industries A Pledge For A Better Life

01:00PM-01:20PM **Prof. Mohamed Adel El-Hadidy** Mansoura University
Role of PEA in Psychiatric disorders

## Janssen Industry symposium

janssen PHARMACEUTICAL COMPANIES OF Johnson & Johnson

01.20PM -01.35PM **Prof. Mai Eissa** Tanta University
Advancement and efficacy of long-acting injectable antipsychotics in schizophrenia management

01.35PM-01:45PM **Prof. Hosam El-Sawy** Tanta University
Spravato role in treatment-resistant depression

**01:45PM-02:00PM Break**

# Hall A

## Focus lecture 2

**Chairpersons:**
Prof. Ehab Ramadan — Kafr El-Sheikh University
Prof. Mai Issa — Tanta University
Prof. Rania Mamdouh — Cairo University

02:00PM- 02:20PM **Prof. Dr. Mona El-Rakhawy** — Cairo University
Group Psychotherapy and Psychosocial Support in Schizophrenia: Why? What? and How?

02:20PM-02:40PM **Dr. Ahmad Dobea** — Mansoura University
Is it available to rewrite the memory during psychotherapy?

02:40PM-03:00PM **Prof. Hanan El-Shinawy** — Cairo University
Illness without warning

## Drug Addiction

**Chairpersons:**
Prof. Ehab Ramadan — Kafr El-Sheikh University
Prof. Mai Issa — Tanta University
Prof. Rania Mamdouh — Cairo University
Prof. Hanan ElShinnawy — Cairo University

03:00PM-03:20PM **Prof. Soheir Elghonemy** — Ain shams University
Medical hazards of stimulant use disorders

03:20PM-03:40PM **Prof. Rania Mamdouh** — Cairo University
Trauma, attachment, adverse childhood events and addiction severity in a sample of substance use disorders female patients in a recovery program in Cairo

03:40PM-0400PM **Prof. Mohamed Abdel Ghany** — Zagazig University
Breaking the cycle: how medication -assisted treatment (MAT) is revolutionizing management of opiod use disorders

# Hall A

## Geriatric Psychiatry

**Chairpersons:**

| | | |
|---|---|---|
| | Prof. Hosam El-Sawy | Tanta University |
| | Prof. Wesam Gareeb | Tanta university |
| | Prof. Mohamed Abdel Ghany | Zagazig University |

04:00PM-04:20PM Prof. Tarek Melokhia — Alexandria University
Advanced treatment of alzhimer disease

04:20PM-04:40PM Prof. Hala Taha — Al-Azhar University
psychopathological manifestations in Degenerative Diseases

04:40PM-05:00PM Prof. Reda Ismael — Al-Azhar University
Principles of psychopharmacology in elderly

## Meet the experts

**Chairpersons:**

| | | |
|---|---|---|
| | Prof. Mai Issa | Tanta University |
| | Prof. Tarek Melokhia | Alexandria University |
| | Prof. Reda Ismael | Al-Azhar University |
| | Prof Wafaa Hagag | Suez Canal University |

05:00PM-05:20PM Prof. Mahmoud Elwasify — Mansoura University
The Cinderella story of nutritional lithium

05:20PM-05:40PM Prof. Taghreed El-Shafey — Al-Azhar University
New look of antidepressants

05:40 PM-06.00PM Prof. Dr. Wafaa Haggag — Suez Canal University
Gut microbiota and its metabolites in depression: from pathogenesis to treatment

# CONFERENCE

Thursday August 29th, 2024- **Marriott Hotel, Cairo**

## Hall B

### Workshop
### Cognitive assessment in children

| | | |
|---|---|---|
| 09.40am-10.40am | Prof. Heba Abo El-Wafa | Alexandria University |
| | Prof. Soha Ghobashi | Alexandria University |
| | Dr. Aya Majed | Alexandria University |
| | Dr. Amira Khaled | Alexandria University |

### Industry symposium
### Al-Andalos

Al Andalous
For Pharmaceutical Ind.

10.40am- 11.00am **Prof. Mai Essa** — Tanta University

**Unveiling Lurasidone: Innovative Approaches in the Management of Schizophrenia and Bipolar Depression**

# Hall B

## Hot Topics in Psychiatry

| | | |
|---|---|---|
| **Chairpersons:** | Prof. Hany Hamed | Bani Swef University |
| | Prof. Hosam Elsawy | Tanta University |
| | Prof. Taghreed Elshafie | Al-Azhar University - Girls |
| | Prof Safeya Effat | Ain Shams University |
| 12.00PM-12.20PM | Prof. Maha Sayed | Ain Shamus University |
| | Burnout syndrome the impact on patient and caregiver | |
| 12.20PM-12.40PM | Prof. Safya Efat | Ain Shams University |
| | Trauma exposure and post-traumatic stress disorders in children and adolescents: risk factors and management | |
| 12.40PM-01.00PM | Prof. Shewekar Al bakry | Baha University |
| | Can Family help in trauma therapy | |

## Industry symposiums
## Otsoka

Otsuka

| | | |
|---|---|---|
| 01.00PM-01.20PM | Prof. Hosam El-Sawy | Tanta University |
| | Aripiprazole LAI: A new hope for schizophrenia patients | |

## Industry symposiums
## Penta Pharma

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| | | |
|---|---|---|
| 01.20PM-01.40PM | Prof. Hosam El-Sawy | Tanta University |
| | Depression: Deprezopent | |

**1:30PM - 02.00PM Break**

# Hall B

## Meet the experts II

**Chairpersons:**

| | |
|---|---|
| Prof. Tarek Melokhia | Alexandria University |
| Prof. Mahmoud El-Wasify | Mansoura University |
| Prof. Lamyaa Al Hamarawy | Menoufia University |
| Prof. Wafaa El-Bahay | Mansoura University |
| Prof. Alaa Darwish | Assiut University |
| Prof Hala El-Boraey | Mansora University |

**02.00pm- 02.20pm** Prof. Mohamed Elmahdi — Al-Al-Azhar University
Humanistic Wisdom Vs. Artificial Intelligence in Psychiatric Practice

**02.20pm-02.40pm** Prof. Salwa Tobar — Mansoura University
Etiology of psychiatric disorders: beyond the receptors

**02.40pm-03.00pm** Prof. Ayman El-Hussieny — Al-Al-Azhar University
Perfectionism as a transdiagnostic process: a multidimensional approach

## Challenge Session

**Chairpersons:**

| | |
|---|---|
| Prof. Ahmed Mubarak | Tanta University |
| Prof. Ahmed Eissa | Port Said University |
| Prof. Maha Sayed | Ain Shamus University |
| Maj General Dr Ehab El-Baz | Ain Shamus University |

**03.00pm-03.20pm** Prof. Wafaa El-Bahay — Mansoura University
Impact of stress on cognition

**03.20pm-03.40pm** Prof. Soha Ghobashi — Alexandria University
The life changing power of early intervention

**03.40pm-04.00pm** Prof. Mohamed Adel Al hadidy — Mansoura University
Psychiatry and palliative care

# Hall B

## Meet the experts III

**Chairpersons:**
Prof. Mohamed Adel Al hadidy — Mansoura University
Prof. Soad Moussa — Cairo University
Prof. Soha Ghobashi — Alexandria University

04.00PM-04.20PM — Prof. Hanan Azam — Ain Shams University
Parenting in times of war

04.20PM-04.40PM — Prof. Alaa Darwish — Assiut University
Psychiatric aspects of war

04.40PM- 05.00PM — Major general Prof. Ehab El Baz — Armed Forces
Adjustment disorder in the military context

## General psychiatry

**Chairpersons:**
Prof. Amro heiba — Tanta University
Dr. Fatema El Deeb — Tanta University
Dr. Noha Fenon — Tanta University
Prof. Soheir ElGhonaemy — Ain Shams University

05.00PM- 05.20PM — Prof. Adel Badawy — Tanta University
Mind after midnight: Suicide and sleep disturbances

05.20PM -05.40PM — Dr. Aya Elneanay — Tanta University
The potential role of GLP agonists in psychiatric disorders and ongoing investigations

05.40PM-06.00PM — Prof. Dr. Mohamed Elwasify — Mansoura University
Nothing Personal: Diagnosis and Treatment of Personality Disorders

06.00PM — Meeting of the Egyptian Society of Child and Adolescent Psychiatry

# Thank you

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