UPPER EGYPT DIABESITY, METABOLIC & NUTRITION INTERPLAY

UEDMN 2024

The 7th Congress of Upper Egypt Society
Of Clinical Nutrition And Metabolism

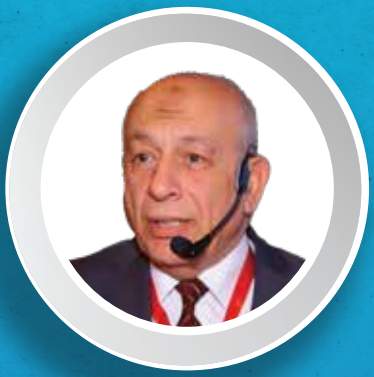
FROM GUIDELINES TO CLINICAL PRACTICES

May 29-30, 2024

Administrative Bulding, Assiut University,
Assiut, Egypt



HONORARY PRESIDENTS



PROF.
AMR **MATTER**

PRESIDENT OF EGYPTIAN SOCIETY OF PARENTERAL AND ENTRAL NUTRITION (EGSPEN)
VICE PRESIDENT OF THE EGYPTIAN MEDICAL ASSOCIATION FOR THE STUDY OF OBESITY (EMASO)



PROF.
MUSTAFA **ELSAID**

PROFESSOR OF PEDIATRICS AND PEDIATRIC PULMONOLOGY (ASSIUT UNIVERSITY)

CONGRESS PRESIDENTS



PROF.
MEDHAT **ELARABY**

MASTER OF ENDOCRINOLOGY, SOUTH WALES, UK
DIPLOMA OF DIABETES CARE, WARWICK UNIVERSITY, UK
PROFESSOR OF CLINICAL NUTRITION ASSIUT UNIVERSITY
MEMBER OF THE EGYPTIAN BOARD OF CLINICAL NUTRITION FELLOWSHIP
VICE PRESIDENT OF UPPER EGYPT SOCIETY OF CLINICAL NUTRITION & METABOLISM



PROF.
OSAMA **EL-ASHEER**

PROFESSOR OF PEDIATRICS (ASSIUT UNIVERSITY)
HEAD OF CLINICAL NUTRITION UNIT ASSIUT UNIVERSITY CHILDREN HOSPITAL
PRESIDENT OF UPPER EGYPT SOCIETY OF CLINICAL NUTRITION AND METABOLISM (UESCNM)

DAY 1

WEDNESDAY | MAY 29, 2024

UPPER EGYPT DIABESITY, METABOLIC & NUTRITION INTERPLAY

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The 7th Congress of Upper Egypt Society
Of Clinical Nutrition And Metabolism



WEDNESDAY | MAY 29, 2024

08:00 - 08:45 AM — **Registration**

08:45 - 09:00 AM — **Orientation**

SESSION 1: NEONATAL NUTRITION AND PEDIATRIC

08:00 - 08:45 AM

CHAIRPERSONS: (ALPHABETICAL) **Prof. Abdel Latif Abdel Moaz, Prof. Ahmed Mahmoud Ali, Prof. Amira Shalaby, Prof. Hosny El Masry, Prof. Magdy Mostafa Kamal, Prof. Moahmed Gamil, Prof. Nafisa Hassan.**

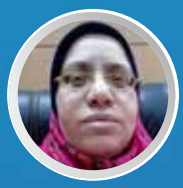


09:00 - 09:15 AM

Prof. **Dalia Mosallam**

Cairo University

Assessment of Neonatal Nutritional Status .



09:15 - 09:30 AM

Prof. **Magda Farghaly**

Aswan University

TPN in neonates. Practical application



09:30 - 09:45 AM

Prof. **Mohamed Hussein**

Ain Shams University

Entral Feeding in the NICU: Follow the Nature.



09:45 - 10:00 AM

Prof. **Khalil Abdel Khalek**

Cairo University

Preterm postdischarge nutrition optimization.



09:45 - 10:00 AM

Aptamil

Prof. **Ahmed Badr**

Cairo University

Infant Formula Boosting the Immune System.

OPENING CEREMONY

08:45 - 09:00 AM

PANEL DISCUSSION | EVA PHARMA, EVANEOTRIM

08:00 - 08:45 AM

11:00 - 11:15 AM

Prof. **Medhat El Araby**

Assiut University

Evaneotrim: Panel Discussion



11:15 - 11:30 AM

Prof. **Doaa Genena**

Alexandria University

Evaneotrim: Panel Discussion



11:30 - 11:45 AM

Prof. **Mona Abdel Mottaleb**

National Institute of Diabetes and Endocrinology.

Evaneotrim: Panel Discussion

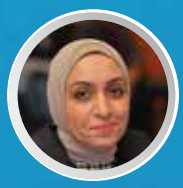


SESSION 2: DIABETES SESSION: INSULIN THERAPY HOW TO DEAL?

11:45 AM - 01:00 PM

MODERATOR: **Prof. Hend Abdel Hakem**

CHAIRPERSONS: (ALPHABETICAL) **Prof. Ashraf Othman, Prof. Effat El Tony, Prof. Lobna Abdel-Wahid, Prof. Sherif Kamel, Prof. Magda Shehata**



11:45 - 11:55 AM

Dr. **Marwa Ahmed**

Assiut University

Basal insulin in type 1 DM.



11:55 AM - 12:05 PM

Prof. **Aya Abd El Kader**

Assiut University

Insulin bolus practical tips



12:05 - 12:15 PM

Prof. **Tarek El Arainy**

Minia University

When to start insulin in type 2 DM?



12:15 - 12:25 PM

Prof. **Mona Abdel Mottaleb**

National Institute of Diabetes and Endocrinology.

Hyperglycemia and hypoglycemia managment



12:25 - 12:35 PM

Prof. **Sameh Tawfik**

Maadi Military Hospital

DKA diagnosis and managment

12:35 - 12:45 PM

Discussion

BREAK

12:45 - 01:00 PM

SESSION 3: SHORT STATURE, FACTS AND MYTHS?

01:00 - 01:45 PM

CHAIRPERSONS: (ALPHABETICAL) Dr. Aya Abdel Kader, Prof. Medhat El Araby, Prof. Mohamed Elshazly, Prof. Osama El-Asheer, Prof. Rania El Bakry, Prof. Saad Zaki, Prof. Zein El Abdeen



01:00 - 01:15 PM

Prof. **Khaled El Khashab**

Cairo University

Causes of short stature and how to manage.



01:15 - 01:30 PM

Prof. **Sameh Tawfik**

Maadi Military Hospital

Assessment of short stature.



01:30 - 01:45 PM

Prof. **Naglaa Edrees**

Assiut University

Advances in comprehensive laboratory; Assessment of short stature.

EXPERTS

MEET THE EXPERTS

01:45 - 02:00 PM



01:45 - 02:00 PM

Prof. **Mahmoud Abdel Aleem**

Assiut University

Insulin Resistance. A new player in adolescent health.

SESSION 4: PEDIATRIC HOT TOPICS

02:00 - 03:15 PM

CHAIRPERSONS: (ALPHABETICAL) **Prof. Azza Eltayeb, Prof. Doaa Raafat, Prof. Ghada El-Sadafi, Prof. Mohamed Abdel-Aal, Prof. Mostafa El-Saeed, Prof. Zeinab Mohi, Prof. Khaled Fathy Riad**



02:00 - 02:15 PM

Prof. **Rania Hegazy**

Cairo University

Cardiac Syncope The neede in the haystack



02:15 - 02:30 PM

Prof. **Rasha Emara**

Cairo University & 57357 Hospital

Congenital Heart Disease for General Pediatrician



02:30 - 02:45 PM

LIPTIS NUTRITION

Prof. **Sanaa Youssef**

Ain Shams University

Think Like a Baby: Case Scenario



02:45 - 03:00 PM

INFINITY

Prof. **Mohamed Omar**

Helwan University

Omega supplementation for optimum mental development



03:00 - 03:15 PM

Prof. **Mostafa Al Mohamady**

Cairo University

Rabies Vaccine



03:15 - 03:30 PM

SANDOZ

Prof. **Osama El-Asheer**

Assiut University

Probiotics: An army defending its land.

SESSION 5: HOT TOPICS IN NUTRITION THERAPY

03:30 - 04:30 PM

CHAIRPERSONS: (ALPHABETICAL) **Prof. Amir Aboelgheet, Prof. Doaa Ghanem, Prof. Doaa Hamed, Prof. Doaa Mohamed Abdelrahman, Prof. Osama Hegazy, Prof. Somia Badr, Prof. Tarek El Arainy.**



03:30 - 03:45 PM

Prof. **Doaa Genena**

Alexandria University

Sarcopenia: a current challenge in obesity management.



03:45 - 04:00 PM

Prof. **Rasha Genena**

Alexandria University

The psychiatric perspective"not prospective



04:00 - 04:15 PM

Prof. **Soheir Kasem**

Assiut University

Metabolic derangement after metabolic surgery: beyond surgical failure.



04:15 - 04:30 PM

Prof. **Nosehy Zaki**

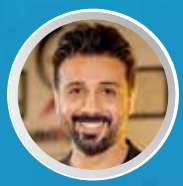
Assiut University

The Need to Rethink the Metabolic syndrome

EXPERTS

PANEL DISCUSSION, ASK TO THE EXPERTS IN SPORT NUTRITION

04:30 - 05:00 PM



04:30 - 05:00 PM

Dr. **Abdelrahman Saeed**

Nutritionist

Panel Discussion, Ask to the experts in sport nutrition.



04:30 - 05:00 PM

Dr. **Ahmed Ramadan**

Nutritionist

Panel Discussion, Ask to the experts in sport nutrition.



04:30 - 05:00 PM

Dr. **Shehab Kamal**

Nutritionist

Panel Discussion, Ask to the experts in sport nutrition.

LUNCH

05:00 PM

DAY 2

THURSDAY | MAY 30, 2024

UPPER EGYPT DIABESITY, METABOLIC & NUTRITION INTERPLAY

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THURSDAY | MAY 30, 2024

08:00 - 09:00 AM — **Registration**

SESSION 6: PEDIATRIC DIABETES BUT NOT TYPE 1

09:00 - 09:45 AM

CHAIRPERSONS: (ALPHABETICAL) **Prof. Amany Moahmed Ali, Prof. Dalia Galal, Prof. Doaa Ghanem, Prof. Farrag El-Sagheer, Prof. Heba Abd El Razik, Prof. Medhat El Araby, Prof. Mohammad Hassan Qayed**




09:00 - 09:15 AM

Dr. **Aya Abd El Kader** — Assiut University

Dr. **Walaa Elkobessy** — Nutritionist

Type 2 DM in Pediatrics



09:15 - 09:30 AM

Dr. **Eman Abo Zeid**

National Institute of Diabetes and Endocrinology

Mody Diabetes



09:30 - 09:45 AM

Prof. **Khaled El Khashab**

Cairo University

Neonatal diabetes.

SESSION 7: GROWTH FALTERING

09:45 - 11:45 AM

CHAIRPERSONS: (ALPHABETICAL) **Prof. Ahmed El Abed, Prof. Amira Hamed, Prof. Faisal Al Khattab, Prof. Ismail Lotfy, Prof. Mohamed Al-Amir Fathy, Prof. Mostafa Shafeek, Prof. Shaban Sarour.**



09:45 - 10:00 AM

Prof. **Enas Raafat**

National Research Centre (NRC)

Growth Faltering: Definition, Cause and Diagnosis

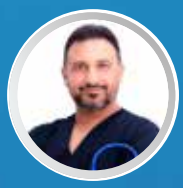


10:00 - 10:15 AM

Prof. **Wael Bahbah**

Menoufiya University

Egyptian Growth Charts



10:15 - 10:30 AM

Prof. **Eslam El-Baroudy**

Sheikh Khalifa Medical City (SKMC)

Growth Faltering Breaks: Art of Proper Weaning

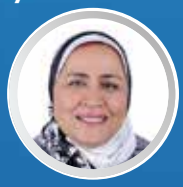


10:30 - 10:45 AM

Prof. **Khaled El Khashab**

Cairo University

Non Nutritional Short stature And Indication of Growth Hormone Therapy.



10:45 - 11:00 AM

Prof. **Gihan Fouad**

National Nutrition Institute

Toward better Nutrition & Future for our Children

EVA SYMPOSIUM

11:00 AM - 11:20 PM

11:00 AM - 11:20 PM



Prof. **Mohamed Awad**

Zagazig University

Diabetes Management Puzzle: A call to Action

NESTLE HEALTH SYMPOSIUM

11:20 AM - 11:40 PM

11:20 AM - 11:40 PM



Prof. **Doaa Zakaria**

Ain Shams University

10 things you should know about peptide based formula.

SESSION 8: PILLARS IN MANAGEMENT OF METABOLIC AND ENDOCRINE DISORDERS

11:40 AM - 12:40 PM

CHAIRPERSONS: (ALPHABETICAL) **Prof. Lobna Eltoony, Prof. Manal Ezz, Prof. Manal Darwish, Prof. Alaa Hayallah, Prof. Sherin Essa.**



11:40 - 11:55 AM

Prof. **Lobna Eltoony**

Assiut University

Dyslipidemia in endocrine disorders



11:55 AM - 12:10 PM

Prof. **Amr Abdel Monem**

Cairo University

Workout Paradox in obesity: too much of a good thing is bad thing.



12:10 - 12:25 PM

Prof. **Mohamed Awad**

Zagazig University

ADA 2024: What's New



12:25 - 12:40 PM

Prof. **Doaa Zakaria**

Ain Shams University

Thyroid obesity cross talks; A functional approach.

NOVO NORDISK SYMPOSIUM

12:40 - 12:55 PM



12:40 - 12:55 PM

Prof. **Manal Ezzeldine**

Assiut University

Oral semaglutide: the 1st and only oral GLP1RA

BREAK

12:55 - 01:25 PM

XEEDIA PHARMA SYMPOSIUM

01:25 - 01:40 PM

Dr. Aya Abdel Kader, Dr. Ahmed Hassan, Dr. Walaa Elkobessy

CHAIRPERSONS:
(ALPHABETICAL)

01:25 - 01:40 PM



Prof. **Medhat El Araby**

Assiut University

Optimal Supplementation for men and women, When and How?

PANEL DISCUSSION: LIRAGLUTIDE 3.0 MG NAVIGATING THE OBESITY JOURNEY

01:40 - 02:00 PM

01:40 - 01:55 PM



Prof. **Gihan Fouad**

National Nutrition Institute

Liraglutide 3.0 mg in Adolescents obesity

01:55 - 02:10 PM



Prof. **Amr Abdel Monem**

Cairo University

Liraglutide 3.0 mg in women living with obesity and PCOs.

02:10 - 02:25 PM



Prof. **Medhat El Araby**

Assiut University

Liraglutide 3.0 mg pre and post Bariatric Surgery

02:25 - 02:30 PM

Discussion

SESSION 9: FOOD ALLERGY AND PEDIATRIC HOT TOPICS

02:30 - 03:30 PM

CHAIRPERSONS: (ALPHABETICAL) **Prof. Ashraf Elsagheer, Prof. Essam Fouad, Prof. Khalid El-Sayeh, Prof. Mohamed Abou-Elwafa, Prof. Naglaa Hassan, Prof. Shereen Mansour, Prof. Yasser Farouk**



02:30 - 02:45 PM

Prof. **Naglaa Samy**

Assiut University

Food Allergy listen to immune system



02:45- 03:05 PM

Prof. **Ahmed Hamdy**

Ain Shams University

Practical Tips in Diagnosis and management of cow milk allergy.



03:05 - 03:20 PM

sanofi

Prof. **Osama El-Asheer**

Assiut University

Probiotics in Spiring Success Story.

03:20 - 03:30 PM

Abbott Talk

SESSION 10: HERBAL MEDICINE IN METABOLIC DISORDERS

03:30 - 04:15 PM

CHAIRPERSONS: (ALPHABETICAL) Prof. Doaa Mohamed Abdelrahman, Prof. Emad Shaban, Prof. Mahmoud Attia, Prof. Osama Hegazy, Prof. Taghreed Abdel-Aziz



03:30 - 03:45 PM

Dr. **Ahmed El Khatteb**

October 6 University

Tips in using herbal products in weight disorders



03:45 - 04:00 PM

Prof. **Noha Abbas**

Zagazig University

Herbal Medicine in Diabetes and Metabolic diseases



04:00 - 04:15 PM

Prof. **Alaa Hayallah**

Assiut University

xanthines versus obesity: Caffeine -- not just a stimulant

SESSION 11: RISING STARS

04:15 - 04:30 PM

CHAIRPERSONS: (ALPHABETICAL) Dr. Ahmed Hassan, Prof. Alaa Hayallah, Prof. Amir Aboelgheet, Prof. Eman Fathalla Prof. Medhat El Araby, Prof. Noha Gamal, Prof. Osama El-Asheer



04:15 - 04:25 PM

Dr. **Walaa Elkobessy**

Nutritionist

Chronic Fatigue Syndrome



04:25 - 04:35 PM

Dr. **Amira Nassar**

Nutritionist

microbiota and cancer



04:35 - 04:45 PM

Dr. **Doaa Mohamed Abdelrhaman**

Assiut University

Medical Nutrition Therapy in Fibromyalgia



04:45 - 04:55 PM

Dr. **Samira Fawzy**

Nutritionist

Post bariatric surgery nutrition; Expectations and reality.



04:55 - 05:05 PM

Dr. **Mariam Roshdy**

Assiut University

New trendy uses of anti inflammatory diet



05:05 - 05:10 PM

Prof. **Noha Omar**

SVU

GLP-1 DIET



05:10 - 05:20 PM

Dr. **Hend Abdel Hakeem**

Nutritionist

Diet therapy in metabolic and endocrine disorders

THANKS TO OUR SUCCESS PARTNERS











































































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PROJECT MANAGER

MR. TAHA ESMAIL

01286211176

TAHA.ESMAIL@PURESPOT.ORG

ALEXANDRIA LUXOR DELTA ASYUT DUBAI

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