9TH CONGRESS OF UPPER EGYPT SOCIETY OF CLINICAL NUTRITION AND METABOLISM

UESCNM 2026

MAY 6-7, 2026 | ADMINISTRATIVE BUILDING, ASSIUT UNIVERSITY, ASSIUT- EGYPT











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UESCNM 2026

WED MAY 6, 2026

08:00 - 08:30 AM	**REGISTRATION**
08:30 - 09:00 AM	**ORIENTATION**

09:00- 09:45 AM	**SLEEP, DIET & MICROBIOTA: THE CIRCADIAN AXIS OF HEALTH** MODERATORS: **PROF. MEDHAT ELARABY - DR. SARAH HUSSAM**

PANELISTS & SPEAKERS	PROF. TAREK RAGEH
	PROF. KHALED KHASHAB
	PROF. MARWA FAYEZ
	PROF. EMAN ROSHDY
	PROF. MEDHAT ELARABY

09:45- 10:30 AM	**REPRODUCTIVE HEALTH NUTRITIONAL PANEL** CHAIRPERSONS (ALPHABETICALLY ARRANGED) **PROF. AHMED HANY - PROF. AHMED OBAIDALLAH - PROF. DOAA GHANEM - PROF. NOSHY ZAKI - PROF. OMAYMA ELGEBALY - PROF. RANDA SHAMS** MODERATORS: **PROF. HEBA HAMED - DR. HEND HAKAM**

PANELISTS & SPEAKERS	PROF. MAHMOUD ABDELALEEM
	PROF. KHALED KHASHAB
	PROF. AHMED HOSNY

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UESCNM 2026

10:30- 11:00 AM	**MINISTRY OF HEALTH INITIATIVES** CHAIRPERSONS (ALPHABETICALLY ARRANGED): DR. AHMED SAYED- PROF. EMAD SHAABAN- PROF. MEDHAT ELARABY- DR. MENNA MOSTAFA- PROF. MOHAMED GAMAL- PROF. MOHAMED ZEIN- PROF. OSAMA AL ASHEER
10:30- 10:40 AM	**DR. MONA KHALIFA** The New Frontline: Upper Egypt's Fight Against Diabesity Through Presidential Initiatives
10:40- 10:50 AM	**DR. SAFINAZ ISMAEEL ALI** Institutional Excellence: Integrating Strategy and Execution Toward Sustainable Impact
10:50- 11:00 AM	**DR. NANIS ABDELMOHSEN** Newborn Screening in Egypt: From the Beginning to an Inspiring Success Story
11:00- 12:00 PM	**OPENING CEREMONY**
12:00- 01:30 PM	**PEDIATRIC SESSION 1** CHAIRPERSONS (ALPHABETICALLY ARRANGED) PROF. ABDELLATEEF ABDELMOEZ - PROF. EMAD ELDALY - PROF. HOSNY ELMASRY - PROF. KHALED FATHY - PROF. MAGDY MOSTAFA KAMEL - PROF. HOSNY EL MASRY - PROF. MONTASER ELDABAH - PROF. MUSTAFA ELSAEED
12:00- 12:15 PM	**PROF. MOSTAFA ELMOHAMADY** Meningitis: A Serious Disease, But Preventable
12:15- 12:30 PM	**PROF. ESLAM ELBAROUDY** Picky Eaters: Basics & Beyond!
12:30- 12:45 PM	**PROF. WALAA ELAMIR** From Atopic March to Allergic Rhinitis: Understanding the Allergic Progression
12:45- 01:00 PM	**PROF. MOHAMED OMAR** (NERHADOU SYMPOSIUM) Tiny Dose, Big Impact: Oral Dispersible Paracetamol in Pediatric Care
01:00- 01:10 PM	**PROF. NAGLAA SAMY** (IPC SYMPOSIUM) The First 1000 days with Trevis, The Strongest
01:10- 01:30 PM	**PROF. DALIA MOSALLAM** (LIPTIS SYMPOSIUM) From Prematurity and Low Birth Weight to Healthy Growth

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UESCNM 2026

01:30 - 02:00 PM	**BREAK**
02:00- 03:00 PM	**BURNING A NUTRITIONAL SESSION** CHAIRPERSONS (ALPHABETICALLY ARRANGED) PROF. DALIA GALAL - PROF. EKRAM ABDELKHALEK - PROF. EMAN MORSY - PROF. MAHA ABDELAATY - PROF. MAHMOUD ATTIA - PROF. MERET AZIZ - PROF. MOHAMED HASSAN KAYED - PROF. MOHY SELIM
SPEAKERS	**PROF. AMR MATTER** Entral and Parentral Nutrition in Burn Patient
	PROF. NIBAL ABDELRAHMAN Assessment of energy requirements in burn patients
	PROF. OSAMA TAHA YASSIN Plastic surgery appoaches in burn reconstruction
	PROF. MARIAM ROSHDY Micronutrients in Burn Recovery: Trace Elements, Big Impact
3:00- 03:30 PM	**MOUNJARO SYMPOSIUM** MODERATOR: **PROF. AMR MATTER**
PANELISTS & SPEAKERS	**PROF. MEDHAT ELARABY**
	PROF. DOAA GENENA

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03:30- 03:45 PM	**SEMAGLUTIDE: SAVES LIVES, HEART AND KIDNEYS (NOVO SYMPOSIUM)**
03:30- 03:45 PM	**PROF. TAREK AL AREENY**
03:45- 04:15 PM	**WEGOVY SYMPOSIUM** MODERATOR: **PROF. AMR MATTER**
PANELISTS & SPEAKERS	**PROF. GIHAN FOUAD**
	PROF. MEDHAT ELARABY
04:15- 05:30 PM	**PEDIATRIC SESSION 2** CHAIRPERSONS (ALPHABETICALLY ARRANGED) **PROF. AHMED SHARKAWY - PROF. ETMAD ELSHERIF - PROF. FARRAG ELSAGHEER - PROF. HOSNIA ABDEL MAGEED - PROF. SOHAIR KASEM - PROF. SOMAYA BADR- PROF. TAGHREED ABDELAZIZ**
04:15- 04:30 PM	**PROF. MOHAMED ELFARSY** (MODERN PHARMA SYMPOSIUM) Silent but Serious: Pediatric UTIs You Can't Miss
04:30- 04:45 PM	**PROF. MOHAMED HUSSEIN** Hexaxim Vaccine: Simplifying Protection, Maximizing Impact
04:45- 05:00 PM	**PROF. AYMAN EMIL** (SPLINDED SYMPOSIUM) Little Tummies, Big Care–Lactase Is There!
05:00- 05:15 PM	**PROF. YASMIN GAMAL** (UBM SYMPOSIUM) Nutritional immune shields
05:15- 05:30 PM	**PROF. MARWA ELDEEB** Rome V Has Arrived A new era in disorder of gut brain interactions

MAY 6-7, 2026 | ADMINISTRATIVE BUILDING, ASSIUT UNIVERSITY, ASSIUT- EGYPT

PURE SPOT

9TH CONGRESS OF UPPER EGYPT SOCIETY OF CLINICAL NUTRITION AND METABOLISM

UESCNM 2026

05:30- 06:30 PM	**PEDIATRIC ENDOCRINE SESSION 1** CHAIRPERSONS (ALPHABETICALLY ARRANGED) PROF. AHLAM BADAWY - PROF. AMANY MOHAMED ALI - PROF. DOAA RAAFAT - PROF. HIKMA SAAD - PROF. MOSTAFA SHAFIK - PROF. OMAYMA ABDELRAHMAN - PROF. SOMAYA HADHOD

05:30- 05:45 PM	**PROF. OSAMA AL ASHEER** (GLOBE SYMPOSIUM) Optimizing Child Growth and Development
05:45- 06:00 PM	**PROF. KHALED KHASHAB** Delayed puberty in girls
06:00- 06:15 PM	**PROF. WESSAM MOHARRAM** Fueling the climb
06:15- 06:30 PM	**PROF. NORA BAKRY** When Girls Bloom Too Soon: Understanding Precocious Puberty

06:30- 07:30 PM	**BONE HEALTH PANEL** MODERATOR: DR. HALA SALEH - DR. AMANY MAHMOUD

PANELISTS & SPEAKERS	PROF. NIBAL ABDELRAHMAN
	PROF. MAHA MOWAFY
	PROF. AHLAM SABRA
	DR. HEBA YEHIA
	PROF. ALI NOUR

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UESCNM 2026

THUR MAY 7, 2026

08:30- 09:00	**REGISTRATION**
09:00 - 09:45 AM	**LIVING WITH FIBROMYALGIA, MORE THAN JUST PAIN: ROLE OF MEDICAL NUTRITIONAL THERAPY IN MANAGMENT (SPECIAL DIETS, MICRONUTRUENTS & ANTIOXIDANTS)** MODERATORS: PROF. DOAA ABDELRAHMAN - DR. SAMIRA FAWZY
PANELISTS & SPEAKERS	PROF. SAFAA MAHRAN
	PROF. FATMA ELNOUBY
	PROF. HODA HAMDY
09:45 - 10:00 AM	**SARCOPENIA IN CLINICAL PRACTICE** PROF. AMR MATTER
10:00- 10:15 AM	**HALEON SYMPOSIUM** PROF. MEDHAT ELARABY
10:15- 11: 45 AM	**PEDIATRIC SESSION 3** CHAIRPERSONS (ALPHABETICALLY ARRANGED) PROF. ABDELAZIM ELMAZARY - PROF EMAN FATHALLAH - PROF. FAISAL ELKHATEEB - PRO. HAITHAM ABDELRAOUF - PROF. KHALED ELSAYEH - PROF. SAFWAT ABDELAZIZ - PROF. SHAABAN SROUR - PROF. WAEL NAEEM

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9TH CONGRESS OF UPPER EGYPT SOCIETY OF CLINICAL NUTRITION AND METABOLISM

UESCNM 2026

10:15- 10:45 AM	**PROF. SANAA YOUSSEF** Growth Assessment
10:45- 11:00 AM	**PROF. NOHA GAMAL** (NESTLE SYMPOSIUM) Optimizing Nutritional Therapy in Pediatric Critical Illness
11:15- 11:30 AM	**PROF. OSAMA AL ASHEER** (SANDOZ SYMPOSIUM) Biotics in heath and Disease
11:00- 11:15 AM	**PROF. AHMED HAMDY** Chronic constipation in children: Fixing the misbelielfs
11:30- 11:40 AM	**BME TALK**

11:45- 01:00 PM	**PEDIATRIC ENDOCRIOLOGY 2** CHAIRPERSONS (ALPHABETICALLY ARRANGED) **DR. AHMED HASSAN - DR. ATHAR REDA IBRAHIM - PROF. DOAA ABDELRAHMAN - PROF. FARAG MOFTAH - PROF. TAGHREED ABDELAZIZ**

11:45- 12:00 PM	**PROF. KOTB ABBAS** Autoimmune diseases in children and adolescents with type 1 Diabetes Mellitus
12:00- 12:15 PM	**DR. EMAN ABO ZEID** Type 1 DM is it preventable?
12:15- 12:30 PM	**DR. NOHA OMAR SAYED** Nutritional Modulation of Growth Hormone Therapy: From Mechanisms to Clinical Practice
12:30- 12:45 PM	**DR. SHAIMAA KAMAL** The role of nutrition on pubertal time and progression
12:45- 01:00 PM	**PROF. SHEREEN ABDELGHAFAR** updates in management of type 2 diabetes in adolescents

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PURE SPOT

9TH CONGRESS OF UPPER EGYPT SOCIETY OF CLINICAL NUTRITION AND METABOLISM

UESCNM 2026

01:00- 01:15 PM	SIMPLIFY TO AMPLIFYFIXED RATIO COMBINATIONS AS A MODERN STANDARD AFTER PREMIX THERAPY PROF. MEDHAT ELARABY
01:15- 01:30 PM	ADVANCING STABILITY IN T1DM: MOVING FROM 1ST GENERATION TO GLA-300 DR. AYA ABDELKADER
01:30- 02:00 PM	**BREAK**
02:00- 02:15 PM	**PARKVILLE SYMPOSIUM**
02:00- 02:15 PM	PROF. MEDHAT ELARABY
02:15- 03:15 PM	**LIPIDEMIA PANEL** MODERATOR: DR. NOHA OMAR SAYED- DR. SARAH HOSSAM
PANELISTS & SPEAKERS	PROF. DOAA GENENA
	PROF. SAFAA MAHRAN
	PROF. MOHAMED ELYOUNSY
	PROF. ALI NOUR
03:15- 03:30 PM	**EVA SYMPOSIUM**
03:15- 03:30 PM	PROF. MOHAMED AWAD DAPAGLIFLOZIN KINGDOM : STILL ACQUIRING NEW LANDS

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03:30- 04:00 PM	**NEW GUIDELINES IN DIABESTES MANAGEMENT** CHAIRPERSONS (ALPHABETICALLY ARRANGED): **PROF. MEDHAT ELARABY - DR. NOHA OMAR**
	PROF. MOHAMED AWAD Charting the future of diabetes medication
04:00- 05:00 PM	**PEDIATRIC SESSION 4** CHAIRPERSONS (ALPHABETICALLY ARRANGED) **PROF. ABDELHASEEB MOHAMED - PROF. ASHRAF ELSAGHEER - PROF. AZZA ELTAYEB - PROF. MOSTAFA EMBABY - PROF. SHEREEN MANSOUR- PROF. YASSER FAROUK - PROF. YASSER GAMAL**
04:00- 04:15 PM	**PROF. AHMED HAMDY** Functional dyspepsia in children : How to diagnose and treat?
04:15- 04:30 PM	**PROF. EMAN FOUDA** (SPLINDED SYMPOSIUM) Bactoblis: breakthrough in URTI prevention
04:30- 04:45 PM	**PROF. HANAN IBRAHIM** (MODERN PHARMA SYMPOSIUM) Empowering Young Minds
04:45- 05:00 PM	**DR. MARIAN FAKHRY** From Numbers to Meaning: A Practical Approach to Faltering Growth
05:00- 05:15 PM	**EVA GIT SYMPOSIUM**
05:00- 05:15 PM	**PROF. MEDHAT ELARABY**

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UESCNM 2026

05:15- 06:15 PM	**GIT SESSION** CHAIRPERSONS (ALPHABETICALLY ARRANGED) **PROF. ASHRAF OTHMAN - PROF. EKRAM ABDELKHALEK - PROF. MAGDA SHEHATA - PROF. NAHED MAKHLOUF - PROF. SAAD ZAKI - PROF. SAHAR HASSAN- PROF. SHERIF KAMEL- PROF. ZEIN ELABDEEN**

05:15- 05:30 PM	**DR. MAHA GOUDA** Egyptian MASLD Burden: Insights from the First National MASLD Study
05:30- 05:45 PM	**DR. AMIRA ELSAYED** Diagnosing MASLD in the Modern Era: From Detection to Precision Care
05:45- 06:00 PM	**DR. MARWA MAKHLOUF** Management of MASLD
06:00- 06:15 PM	**DR. REHAM MAHMOUD** Nutritional Management of MASLD, Evidence Based Strategies For Better Outcomes

CLOSING