9TH CONGRESS OF UPPER EGYPT SOCIETY OF CLINICAL NUTRITION AND METABOLISM

UESCNM 2026

JUNE 3-6, 2026 | MÖVENPICK WATERPARK RESORT & SPA SOMA BAY, HURGHADA, EGYPT











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THURSDAY 4 JUNE. 2026

03:00 - 04:00 PM	**REGISTRATION**

04:00 - 05:00 PM	**PEDIATERIC SESSION 1** CHAIRPERSONS (ALPHABETICALLY ARRANGED): **DR. AHMED HASSAN - PROF. HAITHAM ABDEL RAOUF - PROF. ISMAIL LOTFY - PROF. MOSTAFA EMBABY - PROF. YOUSRIA EL SAYED**

04:00 - 04:15 PM	**PROF. NAGLAA SAMY** When Common Symptoms Hide Serious Pediatric Disease
04:15 - 04:30 PM	**DR. NOHA GAMAL** Feeding the Toddler: From Growth to Healthy Eating Habits
04:30 - 04:45 PM	**PROF. DIAA EL DIN TAMER** Clinical tips in PICU nutrition
04:45 - 05:00 PM	**PROF. OSAMA EL ASHEER** Catch the phantom thief - (Vitabiotica symposium)

05:00 - 05:30 PM	**OPENING CEREMONY**

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05:30 - 06:30 PM	**ADULTS SESSION 1** CHAIRPERSONS (ALPHABETICALLY ARRANGED) : **DR. AHMED EL NAHAS - PROF. MANAL EZZ - PROF. RANDA SHAMS - DR. REHAM MOHAMED - PROF. TAGHREED ABDEL AZIZ**
05:30 - 05:45 PM	**PROF. DOAA HAMED** Good food guide pyramid for renal disease what is new
05:45 - 06:00 PM	**PROF. EMAD SHABAAN** Nutrigenomics and Sports Performance: A New Era of Discovery
06:00 - 06:15 PM	**PROF. MEDHAT EL ARABY** Type 5 diabetes . Unresolved questions
06:15 - 06:30 PM	**PROF. DOAA GENENA** Redefining the Curve: Shifting from Weight Loss to Risk Reduction
06:30 - 07:30 PM	**PEDIATERIC SESSION 2** CHAIRPERSONS (ALPHABETICALLY ARRANGED) : **PROF. EMAD HAMMAD - PROF. HEKMA SAAD - DR. MAGDY MOUNIR - PROF. MOHAMED AMIR - PROF. MUSTAFA EL SAIED**
06:30 - 06:45 PM	**PROF. KOTB ABBASS** Pediatric Graves' Disease :A journey Through Diagnosis, Treatment and Hope
06:45 - 07:00 PM	**PROF. MOHAMED GAMIL** Challenges in neonatal nutrition
07:00 -07:15 PM	**PROF. DOAA RAFAAT** Growth concerns in children with CHD
07:15 - 07:30 PM	**PROF. OSAMA AL ASHEER** Nutritional Supplements ; Towards Clinical Revolution (Infinity symposium)

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PURE SPOT EVENTS MANAGEMENT

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07:30 - 08:30 PM	**ADULTS SESSION 2** CHAIRPERSONS (ALPHABETICALLY ARRANGED) : **PROF. ESSAM ABO EL MAGD - PROF. HASSAN EBRAHIM MEGALLY - PROF. HASSAN ABDEL LATIF - PROF. MEDHAT EL ARABY - PROF. OSAMA AL ASHEER**

07:30 - 07:45 PM	**PROF. AHMED SABAWY** Obesity and thyroid: all what you need to know
07:45 - 08:00 PM	**PROF. AHMED OBEIDALLAH** Hypertension in time sensitive Bariatric surgery A window of opportunity
08:00 - 08:15 PM	**PROF. RASHA GENENA** One Patient – Three Approaches
08:15 - 08:30 PM	**PROF. SAHAR ABDEL MOEZ** Trending, but is it true ?

08:30 PM	**CLOSING**

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