19th

Annual International AASD Conference of

Arabic Association for the Study of Diabetes and Metabolism (AASD)

الجمعية العربية لدراسة أمراض السكر والميتابوليزم

Member of International Diabetes Federation, IDF

24 - 26 October 2023

Grand Nile Tower, Cairo, Egypt.

HYBRID

Program Accredited from the CPD

Welcome Letter

Dear professors and colleagues,
It gives us a great pleasure to welcome you in 19th Annual International Conference of Arabic Association for the Study of Diabetes and Metabolism (AASD 2023).

On behalf of AASD board and members, we appreciate the strong participation and support of International Diabetes Federation, IDF. AASD as a member of IDF puts a great responsibility on all AASD members and board to do extra efforts for the cause of Diabetes.

On behalf of AASD, let me express our gratitude to Prof. Peter Schwarz, President elect of the International Diabetes Federation for his extraordinary support of all AASD activities. We also appreciate the dedication of Prof. Schwarz to all IDF member associations and diabetics all over the world.

Due to Covid 19 pandemic, AASD has decided to host its 19th Annual International Conference as a hybrid one with more than 4000 virtual registrations as well as 2000 Physical registrations

We appreciate the presence of our eminent guest speakers from United Kingdom, USA, Croatia, Germany, Macedonia, Russia, Greece, India, Italy and Serbia for their presence to share in this Outstanding scientific event. Their participation added a great scientific value to the conference.

On behalf of my colleagues, board and members of AASD, let me express my gratitude to all Egyptian professors & speakers who agreed to join us and Co- chair the Advisory board and National Faculty in this scientific event.

AASD as one of the leading Diabetes Associations has been recognized in December 2017 as an IDF center of education and our continuous scientific and patient activities aim to share in:

1. Public awareness and patient education with the aim of prevention and optimum management.
2. Medical conferences intending to share knowledge and stimulate research.
3. Post graduate continuous medical education (AASD-CME).
4. Newsletters for health care professionals that intend to increase knowledge about the standards of medical care in diabetes and associated co-morbidities and complications.
5. Building the capacity of thousands of doctors, nurses and educating Patients which enhanced their knowledge to cope with diabetes.

Looking forward to seeing you in 2024 conference, In Shaa Allah

AASD & Conference President
Prof. Inass Shattout

AASD Annual Conferences:

1st AASD Annual Conference, Cairo	20-21 December 2006.
2nd AASD Annual Conference, Cairo	28-30 November 2007.
3rd AASD Annual Conference, Cairo	29-31 October 2008.
4th AASD Annual Conference, Cairo	18-20 November 2009.
5th AASD Annual Conference, Cairo	08-10 December 2010.
6th AASD Annual Conference, Cairo / Red Sea	16-18 June 2011.
7th AASD Annual Conference, Cairo/ Porto Marina	12-16 September 2012
8th AASD Annual Conference, Cairo/ Hurghada	17-21 December 2013
9th AASD Annual Conference, Cairo/ Red Sea	29 October – 2 November 2014
10th AASD Annual Conference, Cairo/Red Sea	20-22 October 2015
11th AASD Annual Conference, Cairo	11-13 October 2016
12th AASD Annual Conference, Cairo	11-12 October2017
14th AASD Annual Conference, Cairo	23-26 October 2018
15th AASD Annual Conference, Cairo	23-25 October 2019
16th AASD Annual Conference, Cairo	28-31 October 2020
17th AASD Annual Conference, Cairo	26-29 October 2021
18th AASD Annual Conference, Cairo	26-28 October 2022
19th AASD Annual Conference, Cairo	24-26 October 2023

AASD National Conferences:
More than 43 conferences till now

EASD / AASD Postgraduate Course:

AASD / EASD postgraduate course	16 – 18 November, 2017
AASD / EASD postgraduate course	12 – 14 April, 2020

AASD Diabetes Co-Morbidities and Fasting Conferences:

1st Annual Conference, Aug 2008	2nd Annual Conference, July 2009
3rd Annual Conference, July 2011	4th Annual Conference, June 2012
5th Annual Conference, June 2013	6th Annual Conference, June 2014
7th Annual Conference, May 2015	8th Annual Conference, May 2016
9th Annual Conference, May 2017	10th Annual Conference, April 2018
11th Annual Conference, April 2019	12th Annual Conference, April 2021
13th Annual Conference, March 2022	18th Annual Conference, March 2023

AASD Contact:

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YouTube.com/AASD Diabetes Linkedin.com/in/AASD Diabetes

Conference Board



IDF President Elect
Prof. Peter Schwarz



AASD & Conference President
Prof. Inass Shaltout



Conference Vice-President
Prof. Mohamed Hassanein

General Secretaries



Prof. Abdel Khalek Hamed



Prof. Amr El Meligy



AASD Treasurer
Dr. Sayed Gad



Scientific Committee Moderator
Prof. Yasser Abdel Hamid

Scientific Committee Chairmen



Prof. Amin Roushdy



Prof. Amr Gad



Prof. Mohamed-Naguib



Prof. Hany Hammad



Prof. Hesham Magd Eldin



Prof. Hazem Ashmawy



Prof. Hussein Elfishawy



Dr. Mazen Attia



Prof. Nehal Hamdy



Prof. Iman El Sherif



Prof. Maha Assem

Conference Organizing Committee



Prof. Mahmoud Ezzat



Dr. Hisham Habib



Dr. Ayman Elmenoufy



Prof. Ghada Rabie



Prof. Rasha Sobh



Dr. Mohamed Oraby










17 Annual International AASD Conference 2021


17th Annual International
AASD Conference 2021
Member of
International Diabetes Federation (IDF)




18 Annual International
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EASD


17 Annual International AASD Conference 2021
PURE SPOT

International Faculty (alphabetically)



Prof. Peter Schwarz, Germany

• IDF President Elect
• Head of the Division for Prevention and Care of Diabetes.
• His research covers molecular and clinical mechanisms to treat and prevent type 2 diabetes.
• He is also developing and evaluating digital tools like mobile smartphone applications targeting the common lifestyle-associated risk factors of diabetes
• completed his dissertation in 2001. From 1999 - 2000 he worked as postdoc at the University of Chicago in a Howard Hughes Institute. Between 2000 and 2007 he worked as resident for the Department of Endocrinology and Metabolic Diseases at "Technische Universität". In 2007 he obtained his qualification as a specialist for Internal Medicine and was reseach direktor at the University of Helsinki. Since 2008, Prof. Schwarz is head of the division of Prevention and Care of Diabetes at the "Universitätsklinikum Carl Gustav Carus" in Dresden. In 2008 he obtained his postdoctoral lecture qualification and was appointed professor of prevention and care of diabetes. • In 2010 and 2012 he was president of the 6th World Congress on diabetes prevention and the National Diabetes Association Meeting in Germany. Prof. Schwarz also qualified as MBA for international business with focus on business strategies and leadership from HHL, Leipzig and EADA Barcelona. In the last 10 years Prof Schwarz has led a number of European and international research consortia as he was the Coordinator of the IMAGE consortium - to develop modern strategies for for diabetes prevention. He also coordinated the MANAGE CARE Consortium – to develop innovative strategies for Chronic Care Management for elderly diabetes patients in Europe.



Prof. Andrew J. Behnke, USA

•Assistant Professor of Internal Medicine at the Liberty University College of Osteopathic Medicine Education •MD, Pennsylvania State University School of Medicine BS, State University of New York at Buffalo Course Taught Internal Medicine· Endocrinology - ENDO •Professional Memberships •Lynchburg Academy of Medicine · Medical Society of Virginia American Diabetes Association Publications •Dietary Differences in Virginia Counties with Different Diabetes Rates" VCOM Research Meeting, 2019 •Population Differences in Diabetes in the Republic of Moldova" ADA Poster 2009 •Effect of BNP on the Treatment of Type 2 Diabetic Patients Receiving TZD Treatment" AACE poster, Annual Meeting 2007



Prof. Antonio Ceriello, Italy

•Head of the Diabetes Unit at IRCCS MultiMedica, Milan, Italy.
•Research Advisor at institut d'investigacions Biomediques August Pi I Sunyer (DIBAPS), Barcelona, Spain
•Research Advisor at IRCCS, Multimedica, Spain, Italy, in the Department of Diabetes and Cardiovasular Disease.

International Faculty (alphabetically)



Prof. Banshi Saboo, India

•Chief Diabetologist & Chairman of Diacare- Diabetes Care & Hormone Clinic at Ahmedabad
•International Diabetes Federation (IDF) Chair elect for South East Asian (2023-2024)
•Immediate Past President of RSSDI (Research Society for Study of Diabetes in India) 2019-2020
•President of AIAARO (INDIAN OBESITY SOCITEY) 2016-2020
•Hon. Vice-President of Diabetes in Asia Study Group (DASG)
•Hon. Secretary of Diabetes India
•Launched a Project "Diabetes Free India – 2030", acknowledged by Hon'ble President of India Shri Pranab Mukherjee •Founder of NGO, Diabetes Care India and India Sweet Registry Project



Prof. Dario Rahelic, Croatia

•Associate Professor and Head of Department of Endocrinology, Diabetes and Metabolic Disorders at Dubrava University Hospital, Zagreb, Croatia
•Director of Vuk Vrhovac University Clinic for Diabetes, Endocrinology and Metabolic Diseases, Merkur
•University Hospital, Zagreb, Croatia.
•President of the Croatian Society for Diabetes and Metabolic Disorders of the Croatian Medical Association.
•Board member and Secretary of IDF Europe in biennium 2015-2017.
•Chair of IDF Young Leaders in Diabetes Programme
•Executive Committee Member of the Diabetes and Nutrition Study Group of EASD, the Croatian Endocrine Society, the Croatian Society for Obesity and the Croatian Society for Endocrine Oncology.



Prof. Djuro Macut, Serbia

•President of Serbian Society for Reproductive Endocrinology.
•Professor of Internal Medicine and EndocrinologyFull Professor of Internal Medicine and Endocrinology at the University of Belgrade, Faculty of Medicine, Belgrade, Serbia.
•Head of Department of Endocrine Tumors and Hereditary Cancer Syndromes, and Deputy Director of the Clinic of Endocrinology, Diabetes and Metabolic Diseases, University Clinical Center of Serbia.
•Visiting Professor at the Athens University School of Medicine, Greece, and Faculty of Medicine, University of Skopje, North Macedonia.
•Elected Member of the ESE Executive Committee and ESE Treasurer
•Executive Committee member, European Society of Endocrinology"



Prof. Evgenya Sokolova, Russia

•Consultant Endocrinologist at the First St. Petersburg Medical University names after I.P. Pavlov
•a member of the advisory board of the education site for Russian diabetologists
•co-founder of the educational web-resource www.rule15s.com and educational social networks for Russian speaking diabetes patients,
•organizes on a regular basis, postgraduate courses for young diabetologists in St. Petersburg as well as an innovative course for CSII and ready-for-CSII young patients.

International Faculty (alphabetically)



Prof. George Mastorakos, Athens

•Professor of Endocrinology at National and Kapodistrian University of Athens, Faculty of Medicine
•Member of the European, the American, the French and the Hellenic Societies of Endocrinology.
•Served as President of the Hellenic Endocrine Society and and ex officio member of the ExCo of the ESE. •The first elected representative (chair) of the European Council of Affiliated Societies (ECAS) within the ESE. •Clinical Chair of the 25th European Congress of Endocrinology 2023 held in Istanbul
•Member of a number of important ESE Committees (Co-opt member of the ECAS for the creation of a European Network for Research and Education in Endocrinology; member of the stirring committee in Endo-ERN appointed by the ESE ExCo; member of the ESE Nominations Committee).
•Received the ESE Special Recognition Award Twice.



Prof. Mick Kumwenda, UK

•Director of Renal Services at Glan Clwyd Hospital NHS
•Consultant Nephrologist on the Betsi CadwalaDr. University Health Board.
•Holds multiple degrees including an MB, ChB, FRCPUK, and MSc from the University of Liverpool.
•Serves as the regional adviser for North Wales to the Royal College of Physicians
•President of the Kidney Patient Association for North Wales.
•Research Interests Include Diabetic Kidney Disease: Progression of CKD, Cognitive Dysfunction, The Role of the Kidney in Glucose Metabolism and Management of End Stage Kidney Disease in People with Diabetes.



Prof. Rayaz A. Malik, UK

• Graduated in Medicine from the University of Aberdeen in 1991, Obtained MRCP in 1996, PhD from the University of Manchester in 1997 and Elected to Become a Fellow of the Royal College of Physicians in 2007.
•Consultant Physician and Senior Lecturer in 2001 and Professor of Medicine and Consultant Physician in 2008 in Central Manchester University Teaching Hospitals and the University of Manchester.
•Professor of Medicine at Weill Cornell Medicine in 2014 and Honorary Professor of Medicine and Consultant Physician at Central Manchester University Teaching Hospitals and University of Manchester and Visiting Professor of Medicine at Manchester Metropolitan University.
•Organizational Official for Weill Cornell Medicine in Qatar in November 2016.
•Pioneered the Use of Corneal Confocal Microscopy, A Non-Invasive Ophthalmic Instrument, to Quantify Diabetic and other Peripheral Neuropathies Over the last 15 years.
•Applied CCM to Establish it as a Surrogate for Neuronal Damage in Patients with Stroke, Multiple Sclerosis, Parkinson's Disease and Dementia.
•President of Neurodiab (The Diabetic Neuropathy Study Group of the EASD) from 2009-2012.

International Faculty (alphabetically)



Prof. Rajeev Chawla, India

•MBBS MD
•Immediate Past President – Research Society for the Study of Diabetes in India,
•Senior Consultant Diabetologist & Director - North Delhi Diabetes Centre, New Delhi
•Consultant in General Medicine Department in Maharaja Agarsen Hospital Punjabi Bagh, West Delhi.



Prof. Shalini Jaggi, India

•Consultant & Director, Lifecare Diabetes Centre, New Delhi
•Fellow of Royal Colleges of Physicians of London, Edinburgh & Glasgow.
•Fellow of the American College of Endocrinolog, USA
•Governing Council Member- DIPSI
•Secretary, RSSDI- Delhi Chapter
•Serving AACE Advisory Board Member- Diabetes Committee and the Lipid & CV Health Committee
•Member RSSDI National Taskforce on Women & Diabetes
•Ex- National Executive Council Member- RSSDI (2018-2022)



Prof. Tatjana Milenkovic, Macedonia

• Professor of Internal Medicine at the University "St Cyril and Methodius", Medical Faculty in Skopje.
•Works at the Clinic of Endocrinology, Diabetes and Metabolic Diseases since 1985.
•Established the Department of Education of People with Diabetes & the head of the Department Ever Since. •Member of the Executive Committee of Diabetes Education Study group (DESG).
•President of Macedonian Diabetes Association, since 2013.
•President of the Macedonian Scientific Association of Endocrinologists and Diabetologists since 2014. •Member of IDF Europe Board for Biennium 2020/2021.

National Faculty (Alphabetically)

Abdel Khalek Hamed
Ahmed Abdelsalam
Ahmed Hamam
Ahmed Shawky
Aliaa Elsherbieny
Amira Ahmed
Amr Almeligy
Amr Gad
Assem Saif
Atef Basiouny
Ayman Elmenoufy
Azza Abdelkareem
Bassem Zarif
Ehab Sharawy
Eman Elshorbagy
Essam Ali Hassan
Fady Azmy
Farid Fawzy
Gamela Nasr
Ghada Rabea
Hala Nagib Hosny
Hany Hammad
Hassan Hamdy
Hazem Ashmawy
Heba Sedrak
Hesham Elkhyat
Hesham Habib
Hesham Magdeldin
Hoda Goda
Hosny Salama
Hossam Ghazy
Hussein El-Fishawy
Iman El Sherif
Inass Shaltout
Islam Shawky
Khaled El Hadidy
Magdy Helmy
Maha Youssef
Mahmoud Ezzat
Manal Helal
Mazen Attia
Medhat El-Sahhar
Mohamed Assy
Mohamed Awad
Mohamed Fahmy Abdelaziz
Mohamed Hassanin
Mohamed Younis
Mohamed-Naguib Wifi
Mona Amin
Mona Hegazy
Nader Wadie
Nehal Hamdy
Omar Heikal
Rasha Azmy
Rasha Sobh
Rawia Khater
Sayed Gad
Sherif Hafez
Soad Soltan
Wael Kilany
Yasser Abdelameed
Yasser Huzayn

AASD Executive Committee

- Mr. Gamal Badry
- Mrs. Raneem Schurbaji
- Mr. Raafat Attia

Tuesday 24 October 2023

Registration 8:00AM -9:30AM

Hall A

Session 1 — Diabetes Comorbidities

9:30AM - 10:25AM

Chairpersons

Alphabetically:

Prof. Amr Almeligy
Prof. Hany Hammad
Prof. Hesham Habib
Prof. Hesham Magdeldin
Prof. Mahmoud Ezzat

9:30AM – 9:45AM	**Prof. Ahmed Hamam** Diabetes and the mind, psychological aspects
9:45AM – 10:00AM	**Prof. Nader Wadie** Diabetes and Elderly
10:00AM – 10:15AM	**Prof. Amr Gad (Cairo University)** Diabetic foot infection Updated management strategies.
10:15AM – 10:25AM	Discussion

Session 2 — Memorial Session

10:30AM - 11:10AM

To the Name of Late
Prof. Raafat Rashwan



Session 3 — Pharma Symposium — Hall A

11:15AM - 12:20PM

Chairpersons
Alphabetically:

Prof. Abdelkhalek Hamed
Prof. Ahmed Hamam
Prof. Hesham Magdeldin
Prof. Manal Helal
Prof. Nader Wadei

11:15AM – 11:35AM — **Prof. Hesham Magdeldin**
The current place of DPP4 inhibitors Advantages & expectation

11:40AM – 11:55AM — **Prof. Nourhan Mohamed**
Challenges in administration of vit. B12, How to overcome

12:00PM– 12:20PM — **Prof. Heba Sedrak**
Triglycerides the Hidden Box

Session 4 — Pharma Symposium

12:25PM - 1:10PM

Chairpersons
Alphabetically:

Prof. Abdelkhalek Hamed
Prof. Ahmed Abdelsalam
Prof. Aliaa Elsherbieny
Prof. Hesham Habib
Prof. Nehal Hamdy

12:25PM – 12:35 PM — VIATRIS

12:40PM – 12:50 PM — Biomed Symposium

12:55PM – 01:10 PM — **Prof Heba Sedrak**
Diglifloz ; A Strategic Pillar in T2DM & CKD

Tuesday 24 October 2023

Session 5 — Obesity Squad I — Hall A

novo nordisk

1:15PM - 2:30PM

Chairpersons

Prof. Antonio Ceriello
Prof. Hesham Elkhyat
Prof. Hosny Salama
Prof. Mohamed-Naguib Wifi

Alphabetically:

1:15PM – 1:35PM	**Prof. Antonio Ceriello (Italy)** Weight variability and diabetic complications
1:35PM – 1:55PM	**Prof. Hosny Salama (Cairo University)** Adipocytes in metabolic dysfunction
1:55PM – 2:15PM	**Prof. Hesham Elkhyat** Updated medical TTT of obesity and its impact on MAFLD
2:15PM – 2:30PM	Discussion
2:30PM – 2:50PM	Coffee Break

AASD – CRM FORUM

Where the heart, Kidney, liver, and diabetes meet in clinical practice

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Session 6 — The CRM management updates

2:55PM - 4:15PM

Moderators:

Prof. Antonio Ceriello (Italy)
Prof. Inass Shaltout
Prof. Wael Kilany

2:55PM – 3:20 PM	**Prof. Antonio Ceriello (Italy)** Modern Aspects of glycemic control and CVD in diabetes
3:20PM – 3:25PM	Discussion
3:25PM – 3:45PM	**Prof. Inass Shaltout (Cairo University)** Is It the time to challenge our practice? Spotlight on Guidelines updates
3:45PM – 3:50PM	Discussion
3:50PM – 4:10PM	**Prof. Wael Kilany, (Ain Shams University)** CV Risk Assessment, What's New ?
4:10PM – 4:15 PM	Discussion

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Session 7 — CKD Management

4:20PM - 5:10PM

Chairpersons
Alphabetically:

Prof. Aliaa El-Sherbiny
Prof. Hany Hammad
Prof. Hussein El-Fishawy

4:20 PM – 4:40 PM	**Prof. Hany Hammad (Cairo University)** **Prof. Aliaa El-Sherbiny (Ain Shams University)** Diabetic Renal Case Scenario: from guidelines to practice ✓ Nephrology perspective ✓ Diabetology perspective
4:40 PM– 4:45 PM	Discussion
4:45 PM– 5:05 PM	**Prof. Hussein El-Fishawy (Cairo University)** Kidney Dysfunction in patients with HF, from contraindication to therapy to an opportunity
5:05 PM– 5:10 PM	Discussion

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Session 8 — MASLD present status

5:15PM - 6:45PM

Chairpersons
Alphabetically:

Prof. Abdelkhalek Hamed
Prof. Hosny Salama
Prof. Mona Amin
Prof. Mona Hegazy
Prof. Omar Heikal

5:15PM – 5:30PM	**Prof. Abd Elkhalek Hamed (Military Medical Academy)** Natural history of steatotic liver disease, SLD, Should My Patients Worry?
5:30PM – 5:45PM	**Prof. Hosny Salama (Cairo University)** MASLD and metabolic syndrome
5:45PM – 6:00PM	**Prof. Mona Amin (Cairo University)** Role of inflammation in the pathogenesis of MASLD
6:00PM – 6:15PM	**Prof. Omar Heikal (Military Medical Academy)** MASLD as a further comorbidity for diabetic cardio renal diseases
6:15PM – 6:30PM	**Prof. Mona Hegazy (Cairo University)** Metabolic surgery for MASLD
6:30PM – 6:45PM	Discussion
	Lunch

Session 9 — Oral Research — Hall B

9:00AM - 10:15AM

Chairpersons

Prof. Sayed Gad
Prof. Maha Youssef

Alphabetically:

9:00AM – 9:10AM	**Dr. Ehsan Ahmed (Egypt)** Impact of different nutritional approaches on glycemic control and comorbidities among patients with type 2 diabetes
9:10AM – 9:20AM	**Dr. Manal Mohamed Elsayed Ahmed (Egypt)** New Biologics for Obesity Treatment
9:20AM – 9:30AM	**Dr. Mohamed Ahmed Sharawe (Egypt)** Frequency of Diabetic Kidney Diseases Among Diabetics on Sulfonylureas.
9:30AM – 9:40AM	**Asst.Prof. Darya S. Abdulateef (Iraq)** Detection of C-Peptide in Scalp Hair of Healthy Adults
9:40AM – 9:50AM	**Dr. Shadan J. Abdullah (Iraq)** Metabolic syndrome and Thyroid dysfunction in patients with Acromegaly in Sulaymaniyah
9:50AM – 10:00AM	**Dr. Abrar Abdulrahman Mohammed Noorain (Sudan)** Knowledge, attitude, and practice among diabetic patients about diabetic foot disease in Khartoum state primary health care centre, November 2022 Department of Community Medicine, Faculty of Medicine, University of Khartoum, Sudan
10:00AM – 10:15AM	Discussion

Session 10 — Oral Research — Hall B

10:15AM - 11:30AM

Chairpersons
Alphabetically:

Prof. Amira Ahmed
Prof. Maha Youssef
Prof. Sayed Gad

10:15AM – 10:25 AM	**Dr. Naima Eshwihdi (Libya)** First time experience with Weekly GLP-1RA as Add-on therapy for Type2 diabetes patients
10:25 AM – 10:35 AM	**Dr. Ghada Abdelaziz (Qatar)** Characteristics of Diabetes Mellitus Developed Post-COVID-19 Infection in Adults
10:35 AM – 10:45 AM	**Dr. Moustafa Kotb Abdelwahab Elmala (Iraq)** The use of Normal Saline Compared to Balanced Crystalloid in Children with Diabetic Ketoacidosis (DKA)
10:45 AM – 10:55 AM	**Dr. Mohamed Abdel-Samiee (Egypt)** The Circulating micro-RNAs (-122, -34a and - 99a) as Predictive Biomarkers for Non-Alcoholic Fatty Liver Diseases
10:55 AM – 11:05 AM	**Dr. Mohamed Abdel-Samiee (Egypt)** Role of resistin, IL-6 and NH2-terminal portion proBNP in the pathogenesis of cardiac disease in type 2 diabetes mellitus
11:05 AM – 11:15 AM	**Dr. Sherine Abdelmissih (Egypt)** Efficacy and cytotoxicity of metformin and misoprostol in VERO E6 cell line-infected SARS-CoV-2
11:15 AM – 11:30 AM	Discussion

Session 11 — Oral Research — Hall B

11:30AM - 12:45PM

Chairpersons

Alphabetically:

Prof. Fady Azmy **Prof. Hazem Ashmawy**
Prof. Hany Hammad **Prof. Rasha Sobh**

11:30AM– 11:45 AM	**Prof. Maha Youssef (Cairo University)** Diabetes and elderly
11:45AM– 12:00 PM	**Prof. Heba Sedrak (Cairo University)** Pregnancy and gestational diabetes
12:00PM – 12:15 PM	**Prof. Banshi Saboo (India)** Role of CGM in diabetes with particular emphasis on TIR
12:15PM– 12:30 PM	**Prof. Mohamed Younis Makharita (Mansoura University)** Guidelines in Treatment of Herpes Zoster in Diabetic Patients
12:30PM– 12:45 PM	Discussion

Wednesday 25 October 2023

Session 12 — Challenges in Diabetes Management — Hall A

9:20AM - 10:20AM

Chairpersons

Prof. Atef Basiouny
Prof. Ayman Elmenoufy
Prof. Hala Nagib Hosny
Prof. Hazem Ashmawy

Alphabetically:

9:20AM – 9:35 AM	**Prof. Hesham Magdeldin (Cairo University)** Cost. Effectiveness of DM Management
9:35AM – 9:50 AM	**Prof. Magdi Elesseily (Oman)** Diabetes and pregnancy
9:50AM – 10:05 AM	**Prof. Evgenya Sokolova (Russia)** Longstanding T1D — main problems and solution Co-Authar Prof. Alexander Shishkin
10:05AM – 10:20 AM	Discussion

Session 13 — Opening Ceremony

10:25AM - 10:55AM

- **Prof. Inass Shaltout**
- **Prof. Mohamed Hassanein**
- **Prof. Abdelkhalek Hamed**
- **Prof. Amr Elmeligy**
- **Prof. Peter Schwartz, German** IDF President Elect
  IDF: The Global Challenges of Diabetes
- **AASD in 19 Years**

Wednesday 25 October 2023

Hall A

Session 14 — Diploma Graduation Ceremony

11:00AM - 11:30AM

- **Prof. Lamis Ragab**
  (Vice President of New Giza University)
- **Prof. Inass Shaltout**
- **Prof. Mohamed Hassanein**
- **Prof. Amr Elmeligy**
- **Prof. Abdel Khalek Hamed**

Session 15 — State of Art Lecture

11:35AM - 12:05PM

Chairpersons

Prof. Amr Gad
Prof. Inass Shaltout
Prof. Mohamed Hassanein
Prof. Yasser Abdelhamid

Alphabetically:

11:35AM – 12:00PM	**Prof. Rayaz A. Malik (UK)** Diabetic Neuropathy
12:00PM – 12:05PM	Discussion

Wednesday 25 October 2023

Session 16 — Plenary Session — Hall A

12:10PM - 1:20PM

Chairpersons
Alphabetically:

Prof. Amr Elmeligy
Prof. Islam Shawky
Prof. Mazen Attia
Prof. Mick Kumwenda (UK)
Prof. Yasser Abdelhamid

12:10PM – 12:30PM	**Prof. Mohamed Hassanein (UK)** Glycemic Control and CVD Risk Assessment
12:30PM – 12:50PM	**Prof. Rayaz A. Malik (UK)** Bariatric Surgery Vs Bariatric Medicine
12:50PM – 1:10PM	**Prof. Evgenya Sokolova (Russia)** Artificial Intelligence (AI) in Diabetology
1:10PM – 1:20PM	Discussion

Session 17 — AASD-CMRE joint Symposium

01:25PM - 2:25PM

Chairpersons
Alphabetically:

Prof. Amr Elmeligy
Prof. Ayman Elmenoufy
Prof. Iman El Sherif
Prof. Mazen Attia

1:25PM – 1:40PM	**Prof. Mohamed Hassanein (UK)** Screening and Diagnosis of GDM
1:40PM – 1:55PM	**Prof. Jaggi Shalini (India)** Management of GDM
1:55PM – 2:00PM	**Prof. Inass Shaltout (Cairo University)** Controversies in GDM
2:00PM – 2:15PM	**Prof. Chawla Rajeev (India)** GDM Is mother of NCD
2:15PM – 2:25 PM	Discussion

Wednesday 25 October 2023

Session 18 — Pharma Symposium — Hall A

2:30PM - 3:30PM

Chairpersons
Alphabetically:

Prof. Atef Basiouny
Prof. Ayman Elmenoufy
Prof. Hossam Ghazy
Prof. Iman El Sherif

2:30PM – 3:00PM — **Prof. Mohamed Zeitoun (Alexandria university)**
Unveiling the significance of early glycemic control

3:00PM – 3:15PM — **Prof. Nader Wadei**
The power to accomplish more " Synjardy & Glyxambi

3:15PM – 3:30PM — **Prof. Yasser Abdelhamid**
Jardiance for CKD patients " NOW APPROVED "

Session 19 — Pharma Symposium

3:30PM - 4:15PM

Chairpersons
Alphabetically:

Prof. Hazem Ashmawy
Prof. Hoda Goda
Prof. Iman El Sherif
Prof. Nehal Hamdy
Prof. Rawia Khater

3:30PM – 4:00PM — **Non Promotional Symposium**
Prof. Fady Azmy
Preventing Shingles: The Role of Adult Vaccination

4:00PM – 4:15PM — **Prof. Mohamed Awad**
The Unique Control fitting all

4:15PM – 4:30PM — Coffee Break

Wednesday 25 October 2023

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Hall A

Session 20 — Dyslipidemia

4:30PM - 5:30PM

Chairpersons

Alphabetically:

Prof. Ahmed Shawky | **Prof. Iman El Sherif**
Prof. Gamila Nasr | **Prof. Mick Kumwenda (UK)**

4:30PM – 4:45 PM	**Prof. Mick Kumwenda (UK)** Hypercholesterolemia: Focus on PCSK9 Inhibitors
4:45PM – 4:50 PM	Discussion
4:50PM – 5:05 PM	**Prof. Ahmed Shawky (Ain Shams University)** Case Scenario: When Good isn't good enough, the LDL new targets
5:05PM – 5:10 PM	Discussion
5:10PM – 5:25 PM	**Prof. Iman El-Sherif (Suez Canal University)** The Story of LP-a, why we are concerned?
5:25PM – 5:30 PM	Discussion

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Where the heart, Kidney, liver, and diabetes meet in clinical practice

Session 21 — Heart Failure

5:35PM - 6:15PM

Chairpersons

Alphabetically:

Prof. Bassem Zarif | **Prof. Yasser Abdelhamid**
Prof. Gamila Nasr | **Prof. Yasser Huzayn**
Prof. Mohamed Hassanein

5:35PM – 5:50PM	**Prof. Gamela Nasr (Suez Canal University)** HF Dialogue; Orchestra in Heart Failure Management
5:50PM – 5:55PM	Discussion
5:55PM – 6:10PM	**Prof. Yasser Huzayn (Ain Shams Medical School)** Early Detection of worsening Heart Failure
6:10PM – 6:15PM	Discussion

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Where the heart, Kidney, liver, and diabetes meet in clinical practice

Hall A

Session 22 — Hypertension

6:20PM - 7:00PM

Chairpersons
Alphabetically:

Prof. Azza Abdelkarim
Prof. Mohamed Hassanein UK
Prof. Yasser Abdelhamid

6:20PM – 6:35PM	**Prof. Mohamed Hassanein (UK)** Clinical Approaches for Hypertension in Diabetics
6:35PM – 6:40PM	Discussion
6:40PM – 6:55PM	**Yasser Abdelhamid (Cairo University)** Clinical Approaches for Hypertension in CKD patients
6:55PM – 7:00PM	Discussion

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Session 23 — CRM Approach on diabetes clinical practice

7:05PM - 8:15PM

Chairpersons
Alphabetically:

Prof. Assem Saif
Prof. Azza Abdelkarim
Prof. Fady Azmy

7:05PM – 7:25PM	**Prof. Azza Abdelkareem (Alexandria University)** The Diabetes Case, Shifting Thinking A look for the MRF T2DM patients
7:25PM – 7:30PM	Discussion
7:30PM – 7:50PM	**Prof. Assem Seif (Cairo University)** Diabetes & Heart Failure: Exploring Definitions & Optimizing management.
7:50PM – 7:55PM	Discussion
7:55PM – 8:10PM	**Prof. Fady Azmy (Mansoura University)** Diabetic PAD case Scenario: the winning formula
8:10PM – 8:15PM	Discussion
	Lunch

Session 24 Poster Session I — Hall B

9:30AM - 10:20 AM

Dr. Khaled Ibraheem Alqurashe (KSA)
Knowledge and Practice of Self Foot Care Among Type 2 Diabetic Patient Attending Aladil PHC In Makkah

Dr. Mona Mohamed Taha (Egypt)
Diagnostic efficacy of serum cystatin-c in association with ACE I/D and ACE G2350A gene as predictor of renal insufficiency in T2DM patients

Dr. Amira S. R. Eladl (Egypt)
Detection and Quantification of Some Ethanol-Producing Bacterial Strains in the Gut of Mouse Model of Non-Alcoholic Fatty Liver Disease: Role of Metformin

Dr. Mohamed Abdel-Samiee (Egypt)
A Gut Hormone may play a role in NAFLD

Dr. Ahmed Yassin
Usage of HbA1c as a Marker to Assess Progression of COVID-19

Session 25 Poster Session II

10:20 AM - 11:00 AM

Dr. Samia A Ali Elmiladi1 (Libya)
Impact of obesity in development and progression of retinopathy in Libyan patients with diabetes

Dr. Heba Moustafa El Refai
Impact of SNPs in the non-coding miR-146 on the progression of T2DM

Dr. Alaa Mohamed Saad Mohamed
Relation of Serum Magnesium Level with Type 2 Diabetes Mellitus

Dr. Tayseer Metwally
Prevalence of Foot Problems among Diabetic Patients, Suez Governorate, Egypt

Session 26 Controversies in Diabetes Management Hall B

11:00AM - 12:30PM

Chairpersons
Alphabetically:

Prof. Amira Ahmed
Prof. Mohamed-Naguib Wifi
Prof. Rasha Sobh
Prof. Yasser Abdelhamid

11:00AM – 11:15AM	**Prof. Mahmoud Ezzat (Al Azhar University)** Refractory hyperglycemia: Insulin is notalways the solution
11:15AM– 11:30 AM	**Prof. Iman El-Sherif (Suez Canal University)** Inflammation in Type 2 Diabetes
11:30AM – 11:45AM	**Prof. Fady Azmy (Mansoura University)** Dyslipedemia in DM
11:45AM – 12:00PM	**Prof. Amira Ahmed (Zagazig University)** Use of biomarkers in diabetes practice
12:00PM – 12:15PM	**Prof. Hossam Ghazi (Mansoura University)** Diabetes technology in elderly
12:15PM– 12:30PM	Discussion

Session 27 Oral Research

12:30PM - 1:35PM

Chairpersons
Alphabetically:

Prof. Amira Ahmed
Prof. Rasha Sobh
Prof. Yasser Abdelhamid

12:30PM – 12:40 PM	**Dr. Sama Atta Gitti (Iraq)** The effect of melatonin on body weight and the potential use of melatonin as an anti-obesity agent
12:40PM – 12:50 PM	**Dr. Hossam Eldeen Mahmoud Abdel Salam (Egypt)** Estimation of the glycemic index of some local meals in patients with type 2 diabetes mellitus by using the continuous glucose monitoring system
12:50PM – 1:00 PM	**Dr. Randa Kozman (Egypt)** Diabetic foot pitfalls to avoid to achieve best management in Alexandria

1:00PM – 1:10 PM **Dr. El Aameri Mohammed (Morocco)**
Value of assessing chronic complications in type 2 diabetic subjects

1:10PM – 1:20 PM **Dr. Marwa Fathy (Egypt)**
Rare case of cushing with papillary thyroid cancer

1:20PM – 1:35 PM Discussion

Session 28 Case Presentation

1:35PM - 2:30PM

Chairpersons
Alphabetically:

Prof. Fady Azmy
Prof. Ghada Rabea
Prof. Hoda Sayed
Prof. Sayed Gad

1:35PM – 1:50 PM **Dr. Majid Alabbood (Australia)**
Post COVID-19 Autoimmune hypoglycemia: A case report

1:50PM – 2:05 PM **Dr. Wesam Salah Mohamed Ibrahim (Egypt)**
Challenges of Diabulimia Case

2:05PM – 2:20 PM **Dr. Ramy Mohamed (Egypt)**
Management of Malnutrition and Sedentary Behavior in Obese Adolescents

2:20PM – 2:30 PM Discussion

Thursday 26 October 2023

Session 29 — Diabetes Update — Hall A

9:15AM - 10:00AM

Chairpersons
Alphabetically:

Prof. Eman Elshorbagy | **Prof. Hoda Goda**
Prof. Hazem Ashmawy | **Prof. Mohamed Assy**

9:15 AM – 9:35 AM	**Prof. Farid Fawzy (Zagazig University)** Present, and future of insulin
9:35 AM – 9:55 AM	**Prof. Mohamed Awad (Zagazig University)** Glucagon & T2D: The Mysterious Story
9:55 AM– 10:00 AM	Discussion

Session 30 — Diabetes and Comorbidities

10:05AM - 11:15AM

Chairpersons
Alphabetically:

Prof. Magdy Helmy | **Prof. Mohamed Fahmy Abdelaziz**
Prof. Mohamed Hassanein | **Prof. Rawia Khater**

10:05AM – 10:25 AM	**Prof. Dario Rahelic (Croatia)** The role of microbiota in the pathophysiology and the treatment of type 2 diabetes
10:25AM – 10:45 AM	**Prof. Mick Kumwenda (UK)** Strategies to Address Resistant Hypertension
10:45AM – 11:05 AM	**Prof. Tatjana Milenkovic (Macedonia)** Sarcopenia in elderly with diabetes
11:05AM – 11:15 AM	Discussion

Thursday 26 October 2023

Session 31 — Glycometabic Changes During Woman's Life — Hall A

11:20AM - 12:20PM

Chairpersons
Alphabetically:

Prof. Amr Elmeligy
Prof. Dario Rahelic (Croatia)
Prof. Inass Shaltout
Prof. Rawya Khater
Prof. Tatjana Milenkovic (Macedonia)

11:20 AM – 11:45 AM	**Prof. Djuro Macut (Serbia)** Polycystic ovary syndrome as a prediabetes condition
11:45 AM – 12:10 PM	**Prof. George Mastorakos (Greece)** Transition of T2DM in menopause
12:10 PM – 12:20 PM	Discussion

Session 32 — Sanofi Symposium

12:25PM - 1:35PM

Chairpersons
Alphabetically:

Prof. Eman Elshorbagy
Prof. Farid Fawzy
Prof. Hesham Habib
Prof. Mahmoud Ezzat
Prof. Mohamed Assy
Prof. Soad Soltan

12:25 PM – 12:45 PM	**Prof. Inass Shaltout** Treatment Simplification a less is more approach
12:45 PM – 1:05 PM	**Prof. Magdy Helmy** 2nd Generation Basal Insulin Innovation to fulfill needed Benefits
1:05 PM – 1:15 PM	Discussion
1:15 PM – 1:25 PM	**Senior Business Development Manager for H2S company** **Prof. Hao-Wei Huang**
1:25 PM – 1:35 PM	**Prof. Ehab Sharawy** The integrated care & innovation lead at Sanofi Egypt

Thursday 26 October 2023

Session 33 — Novo Nordisk Symposium — Hall A

1:40PM - 2:25 PM

Chairpersons
Alphabetically:

Prof. Abdelkhalik Hamed
Prof. Magdy Helmy
Prof. Mohamed Awad
Prof. Rasha Azmy
Prof. Sayed Gad

1:40 PM – 2:00 PM	**Prof. Assem Seif** Liraglutide 3.0 mg: obesity and your patient
2:00 PM – 2:20 PM	**Prof. Aliaa El Shirbeeny** Oral Semaglutide, a scientific breakthrough
2:20 PM– 2:25 PM	Discussion
2:25 PM– 2:45 PM	Coffee Break

Session 34 — MSD Symposium

2:50PM - 3:20 PM

Chairpersons
Alphabetically:

Prof. Eman Elshorbagy
Prof. Rasha Azmy
Prof. Sayed Gad

Moderator — Prof. Sherif Hafez

2:50PM – 3:05 PM	**Prof. Khaled El Hadidy** Role of Sitagliptin in newly diagnosed T2DM patients
3:05PM – 3:20 PM	**Prof. Assem Seif** Role of Sitagliptin in special population

Thursday 26 October 2023

Session 35 — Obesity Squad II — Hall A

novo nordisk

3:25PM - 5:00 PM

Chairpersons

Alphabetically:

Prof. Evgenya Sokolova (Russia)
Prof. Inass Shaltout
Prof. Magdy Helmy
Prof. Tatjana Milenkovic (Macedonia)
Mohamed Naguib Wifi

3:25 PM – 3:45 PM	**Prof. Magdy Helmy (Alexandria University)** Insulin Resistance/Obesity in Clinical Practice: What? Why? How?!
3:45 PM – 4:05 PM	**Prof. Evgenya Sokolova (Russia)** Obesity in T1D patient
4:05 PM – 4:25 PM	**Prof. Inass Shaltout (Cairo University)** Obesity and Women
4:25 PM – 4:45 PM	**Prof. Tatjana Milenkovic (Macedonia)** New horizon in the treatment of diabetes and obesity"
4:45 PM – 5:00 PM	Discussion

Session 36 — Obesity Squad III

novo nordisk

5:05PM - 6:40 PM

Chairpersons

Alphabetically:

Prof. Amr Elmeligi
Prof. Dario Rahelic (Croatia)
Prof. Evgenya Sokolova (Russia)
Prof. Shaymaa Abdelmaaboud (Bahrin)

5:05 PM– 5:25 PM	**Prof. Evgenya Sokolova (Russia)** Insulin Resistance/Obesity and Cardiometabolic risks in Adolescents
5:25 PM – 5:45 PM	**Prof. Dario Rahelic (Croatia)** Remission of type 2 diabetes – myth or reality?
5:45 PM– 6:05 PM	**Prof. Amr Elmeligi (Cairo University)** Anti -Obesity drugs, classes, indications and efficiency
6:05 PM – 6:25 PM	**Prof. Shaymaa Abdelmaaboud (Bahrin)** Focus on combined impact of obesity, diabetes & cardiovascular disease, prevention and management"
6:25 PM– 6:40 PM	Discussion

Session 37 — Diabetes Technology — Hall A

6:45PM - 7:30 PM

Chairpersons
Alphabetically:

Prof. Magdy Helmy
Prof. Mazen Attia
Prof. Mohamed-Naguib Wifi

6:45PM – 7:00 PM	**Prof. Hazem Ashmawy (Zagazig University)** Step Counting Technology Can be a Useful tool in Managing Diabetes
7:00PM – 7:20 PM	**Prof. Andrew Benkhe (USA)** CGM - Changing the World
7:20PM – 7:30 PM	Discussion

Session 38 — Gastroenterology and Diabetes

7:35PM - 8:30 PM

Chairpersons
Alphabetically:

Prof. Essam Ali Hassan
Prof. Hassan Hamdy
Prof. Sherif Hafiz

Moderator

Prof. Mohamed-Naguib Wifi

7:35PM - 7:50 PM	**Prof. Medhat El-Sahhar (Police Authority Hospitals)** Clinical approach to a patient with Diabetic Gastroparesis
7:50PM – 8:05 PM	**Prof. Hassan Hamdy (Ain Shams University)** Diarrhea and DM
8:05PM – 8:20 PM	**Prof. Essam Ali Hassan (Fayoum University)** Constipation and DM
8:20PM – 8:30 PM	Discussion
	Lunch

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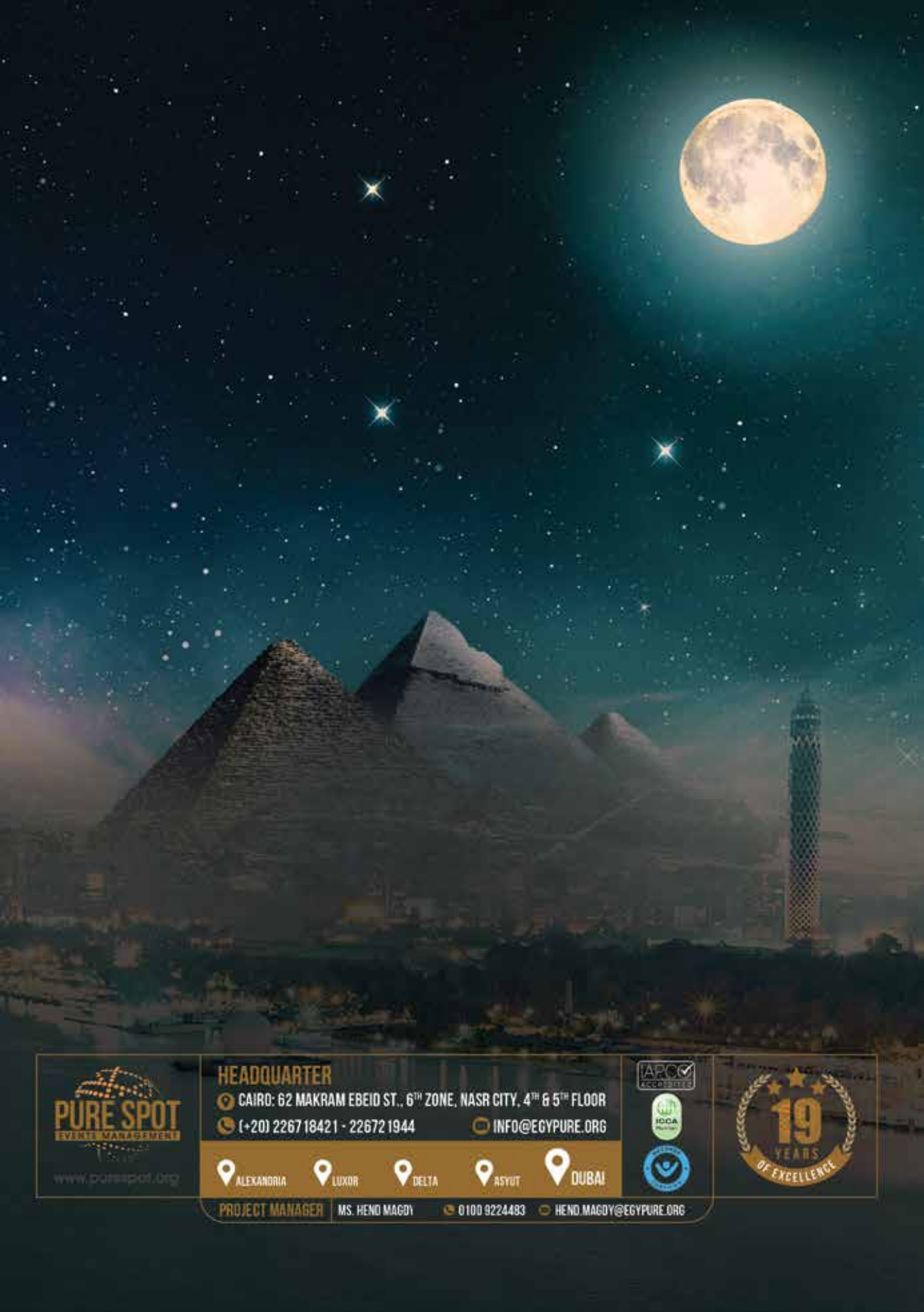
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