UPPER EGYPT SOCIETY OF CLINICAL NUTRITION AND METABOLISM

In collaboration with

ASSIUT ASSOCIATION PHYSICIANS OF CLINICAL NUTRITION

DEBATES AND UPDATES

IN MEDICAL & NUTRITIONAL & METABOLIC DISORDERS

C O N F E R E N C E

26, DECEMBER 2024 | ADMINISTRATIVE BUILDING - ASSIUT UNIVERSITY



PROGRAM

Scientific Day Presidents

PROF. MEDHAT EL ARABY

PROF. OSAMA EL - ASHEER

PURE SPOT EVENTS MANAGEMENT

THURSDAY

December 26th, 2024

Registration 08:00-09:00 AM

Debates & Updates in Type II D.M

PANEL DISCUSSION 1

Moderator: Hind Abdel Hakam

CHAIRPERSONS *Alphabetical*

Prof. Hosny El Masry
Dr. Ahmed Abo El Soud
Prof. Doaa Abdel Rahman
Prof. Effat El Tony
Prof. Mariam Roshdy

TIME	TOPIC	SPEAKER
09:00-09:10	Cardio-Protective effect of anti Diabetic Drugs	Prof. Sohair Kasem *Assiut University*
09:10-09:20	Updates in metabolic Syndrome	Prof. Noshey Zaki *Assiut University*
09:20-09:30	Herbal Management of type II Diabete-Facts of Ficition	Prof Alaa Hayllah *Assiut University*
09:30-09:40	Nutritional Management of Diabetic Nephropathy	Prof. Doaa Hamed *National Institute of Nutrition*
09:40-09:50	Exercise affects mitochondria in diabetes 2: what does it mean?	Prof. Emad Shabaan *Assiut University*

Debates and updates in Type I D.M

PANEL DISCUSSION 2

Moderator: Dr. Aya Abdel Kader

CHAIRPERSONS

Alphabetical

Prof. Abdel Reheem Sadek
Prof. Emad El Daly
Dr. Faten Salama
Dr. Tamer Saloom
Dr. Noha Omar

TIME	TOPIC	SPEAKER
10:00-10:10	When to give growth hormone in Type 1 Diabetic Child	Prof. Khaled El khashab *Cairo University*
10:10-10:20	Where to manage DKA : (home or hospital)	Dr. Eman Abo Zaid *National Institute Of Diabetes And Endocrinology*
10:20-10:20	Celiac Disease in type I Diabete	Prof. Hatem Husein *Zagazig University*
10:30-10:40	Thyroid dysfunction in children with type 1DM	Prof. Kotb Abbass *Assiut University*
10:40-10:50	Updates in Type II D.M in Children	Dr. Aya Abdel Kader *Health Insurance Institution*
11:00-12:00	Opening Ceremony	



Increaten Therapy in Medical & Metabloic Disorders

PANEL DISCUSSION 3

Moderator: Prof. Medhat El Araby

CHAIRPERSONS

Alphabetical

Prof. Amany El Awamy
Prof. Doaa Ghanem
Prof. Manal Ezz El Din
Prof. Shaimaa Sayed
Prof. Zeinab Mohey El Dien

TIME	TOPIC	SPEAKER
12:00-12:15	What the evidence say in GLP 1 RA in polysystic ovarian syndrome (PCOS)	Prof. Mahmoud Abdel Aleem *Assiut University*
12:15-12:30	GLP 1 RA in management of pre-diabetes: What is the evidence say	Prof. Ahmed Obidallah *Assiut University*
12:30-12:45	Role of GLP 1 RA in Childhood Obesity and associated metabolic disorders	Prof. Yasmine Gamal *Ain Shams University*
12:45-01:00	Role of GLP 1 RA in Metabolic Associated Steatitic Liver Disease: Debates and Updates	Prof. Doaa Genena *Medical research center* *Alexandria University*



Special Pediatric Medical Problems
SESSION 4

CHAIRPERSONS *Alphabetical*

Prof. Abdel Latif Abdel Moez
Prof. Ahlam Badawy
Dr. Amira Hammad
Prof. Taghreed Abdel Aziz
Prof. Hamdy El Ghazaly

TIME	TOPIC	SPEAKER
01:00-01:15	Gene Counsling for child with type 1 diabetes	Prof. Mohamed Abo Bakr *Assiut University*
01:15-01:30	Hypoglycemia ....How to deal?	Prof. Rofaida Magdy *Sohag University*
01:30-01:45	Nutritional Challenges in CKD Children Nestle Sypmoisum N	Prof. Ahmed Badr *Cairo University*
01:45-02:00	Eva Symposium Limiltless-Eva Logo	Eva Scientific Team
02:00-02:15	DBK Symposium-New Insights in Diatery Management of Obesity & Metabolic Disorders	Prof. Medhat El Araby *Assiut University*



Lactose intolerance Rameda

PANEL DISCUSSION 5

Moderator: Prof. Medhat El Araby

CHAIRPERSONS

Alphabetical

Prof. Abo El Ella Ahmed
Prof. Ahlam Sabra
Prof. Marwa Makhlouf
Prof. Mostafa El Saied
Prof. Sherif Kamel

TIME	TOPIC	SPEAKER
02:15-02:25	Lactose Intolerance in Children	Prof. Ayman Emil *Cairo University*
02:25-02:35	Cow-milk Allergy Vs Lactose intolerance	Prof. Ahmed Hamdy *Cairo University*
02:35-02:45	Elimination Diet as a tool of lactose intolerance management	Prof. Doaa Genena *Medical research center Alexanderia*
02:45-02:55	Cosequences of untreated lactose intloerance	Prof. Saad Zaki *Assiut University*
02:55-03:05	Treatment of lactose intolerance (Ramelact change the game)	Prof. Medhat El Araby *Assiut University*



Pediateric growth Faltering
PANEL DISCUSSION 6

Moderator: Prof. Osama El Osheer

CHAIRPERSONS *Alphabetical*

Prof. Abdel Reheem Sadek
Dr. Ahmed Hassan
Dr. Catherine Seddik
Prof. Magdy Mostafa
Dr. Noha Gamal

TIME	TOPIC	SPEAKER
03:15-03:25	Growth Faltering overview	Prof. Osama El Osheer *Assiut University*
03:25-03:35	Egyptian Guildines for growth Faltering	Prof. Khalil Abdel Khalek *Cairo University*
03:35-03:45	Nutritional Growth Faltering	Prof. Dalia Mosallam *Cairo University*
03:45-03:55	Tips and tricks in PICU nutrition	Prof. Mohamed Omar *Helwan University*
03:55-04:05	Indications of Growth Horomone Therapy	Prof. Khaled El Khashab *Cairo University*
4:30 PM	Closing	



SUCCESS PARTNERS



NOTES

NOTES



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20 YEARS OF EXCELLENCE

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