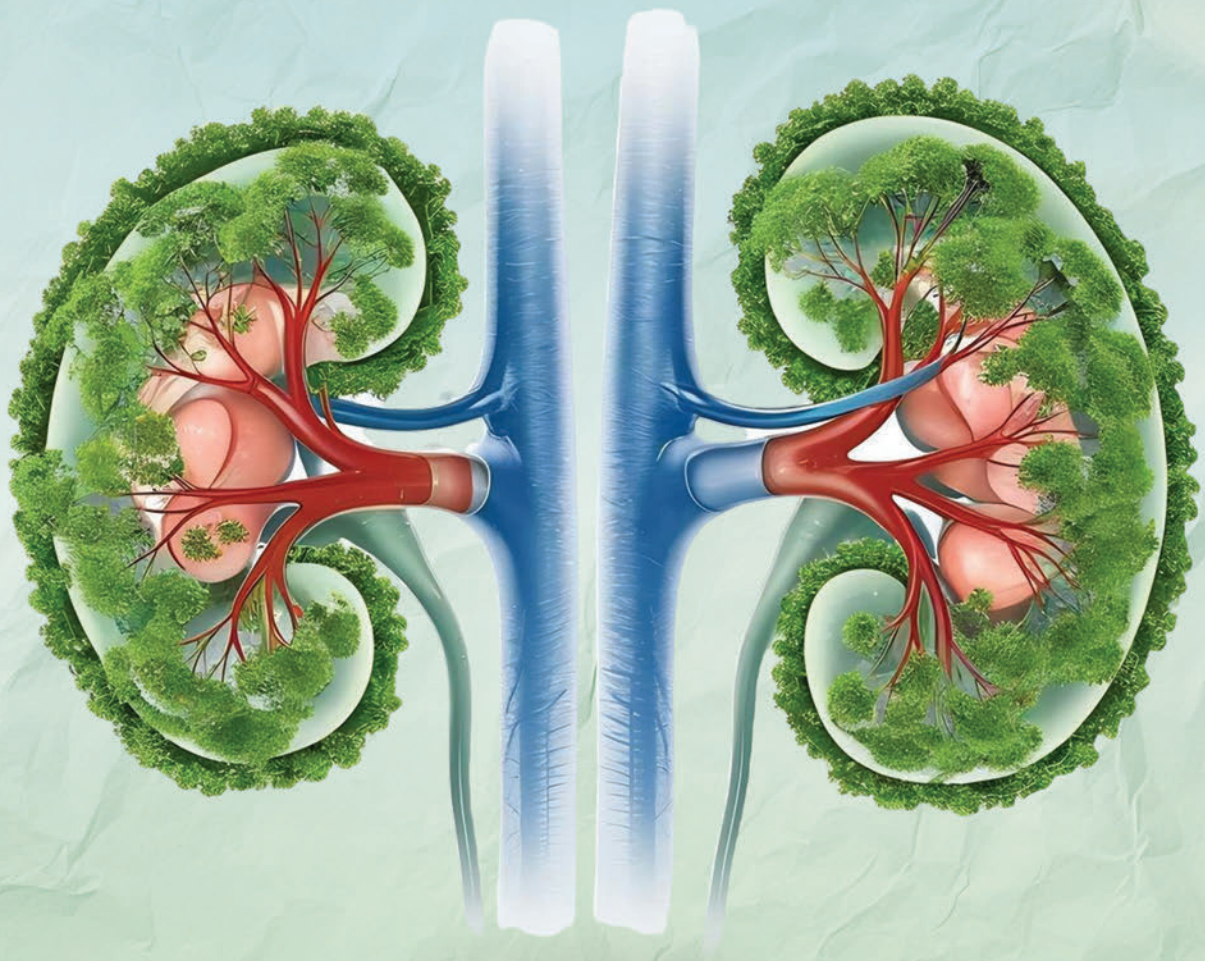
"The Renal Diet Decoded: Practical Tips for Kidney Health"

Mansoura - Nephrology & Dialysis Unit

2 June 2025 .

Graduate Studies Hall, Faculty of Medicine, Mansoura University



UNDER PATRONAGE OF

Prof. Sherif Khater
President of Mansoura University

Prof. Ashraf Shouma
Dean of Faculty of Medicine

Prof. Fayez Elkenawy
Head of Internal Medicine Department

workshop president
Prof. Alaa Sabry

Workshop Moderators
Ass.Prof. Mona Tawfik
Dr. Eman Nagy

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Graduate Studies Hall, Faculty of Medicine, Mansoura Uni-

Registration	**09:30 – 10:00**

10:00 – 12:00 **Session 1**

Time	Topic	Speaker
10:00 - 10:15	Introduction to renal nutrition	Prof. Alaa Sabry
10:15 - 10:40	Food and Kidney Health	Prof. Nagy Abdelhady
10:40 - 11:05	Dietary interventions in different kidney diseases: Nutritional Guidlines	Dr . Mona Tawfik
11:05 - 11:20	Amoun Talk	
11:20 - 11:40	The future of renal nutrition: Applied messages from recent litrature	Dr Eman Nagy

Discussion	**11:40 - 12:00**
Coffee Break	**12:00 - 12:30**

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Hand on Workshops

12:30 – 02:30	Session 2	
Time	**Topic**	**Speaker**
12:30 - 01:10	Workshop 1 Assessment of nutritional status of HD patients : Real Case	Dr. Shymaa Shabaka
01:10 - 01:50	Workshop 2 Diet planning for CKD and HD patient: case discussion	Dr. Eman Nagy
01:50 - 02:30	Workshop 3 Dietary recommendations and cooking tips for renal case	Dr. Mona Tawfik

ARCERA

AMOUN





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